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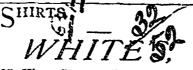
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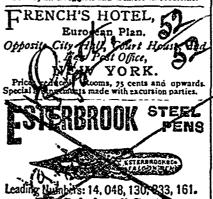
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BAKED STONGE PUDDING.—Three eggs, their weight each in butter, sugar, and flour, beat the eggs very light, and the butter beaten to a cream, and sugar and flour; this will make four large cups; fill them half full, and bake in a moderate oven ten minutes. and bake ... Wine sauce.

RICK MUFFINS .- Boll toft and dry one half cup rice, stir in three spoonfuls sura piece of butter size of an egg, and a litt salt, one pint of sweet milk, one cup yeas two quarts flour. Let it rise all night sour in the morning, add a little soda div solved in milk, and bake in musin rings.

Lamon Sales. One cupful of boning water, one tablespoonful of flour and a lemon. Mix the flour smoothly with a little cold water, and aut into the boiling water. Add the sugar and the juice and thin rind at the lemon. Bull gently for twenty minutes. This sauce is nice for any kind of pudding From Aliss M. Parloa's Recipes.

WASHING-FLUID.—A correspondent of the Toledo Blade says: "I have an excellent recipe for washing fluid which some one may like to try. I have tried several, and like the much the best. It does not rot the clother, but loosens the dirt and bleaches the clother. but loosens the dirt and bleaches the clother. Take 2 oz. of aqua ammonis, 2 oz. salts of tastar, and t box of coacentrated lye. Dissolve the lye in 1 gallong of sain water, and she salts of tastar in another and pour both in a two-gallon jug; add the ammonia and cost well; use it teat their in the first suds, and the same amount in the boiling suds; rinse and blue well, artifair result will be satisfactory, I think."

PANDOWDY. — Five moderate-tized apples, two tablespoonfuls of finely-chopped sue, three eggs, three tablespoonfuls of flour, one pint of milk, a little grated nutmeg. Musthe flour to a smooth batter with the milk, add the eggs, which should be well whisked, and put the batter into a well-buttered piedsth. Wipe the apples, but do not part them; cut them in halves, and take out the cores; lay them in the batter, rind uppermost; shake the suet on the top, over which also grate a little nutmen; bake in a moderate. also grate a little nutneg; bake in a mod erate oven for one hour, and cover, when served, with sifted loaf sugar. This pudding is also very good with the apples pared, sliced and mixed with the batter.

is also very good with the apples pared, sheed and mixed with the batter.

The Execution of Readers.—A write in the "Library Journal," calls attention to the danger which readers run of injuring their eyesight by the use of a bad light. He remarks that engravers, watchmakers, and all others who use the eyes constantly in their work, take extra care to preserve them by getting the best possible light by day, and using the best artificial light at night. The great army of readers are careless, and have, sooner or later, to pay the penalty of their carelessness by giving an nightwork entirely, and sometimes reading except at short intervals and under the ext conditions. All departures from common type, making the matter more difficult for the eyes to take in increase the Japper. The magnitude of the physical labour of reading is not appreciated. A book of five hundred pages, forty lines to the page and fifty tetters to the line, contains a mid-ion letters, all of which the eye has a take in, identify, and combine each with it neighbour. Yet many readers will go through such a book in a day. The task is one he would shrink from, if he should stop to measure it beforehand. The best position and hest lights, clear type, plain inks, with the best paper of yellowish tints, and abustant space between the lines, afford the best safeguards against harm.

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