

The Home Study Quarterly

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How Girls Can Help

By Mrs. John Neil

Can young girls help in the work of the church? I think there is a special place for these bright young lives, full of eager enthusiasm in everything they undertake to do. May I show them some ways in which they may be very helpful in the church?

What a help and comfort you may be to your Sabbath School teacher, if you come with well prepared lessons, and show a real interest in what she is teaching you! Let her know and feel that you respect and love her, and that she is helping you. That is the best way of helping her. Have you not a friend whom you can bring with you to the class, that she too may be helped by your teacher? And can you not pray each Sabbath, that some truth in the lesson may come home to all who are studying it?

In Christian Endeavor Society, Guild, or Mission Band, what a help you may be to the leader, by your regular attendance and punctuality, and by your interest in the course of study taken up at the meetings! There is nothing more inspiring to a teacher or Mission Band leader, than to see before her those who she knows are loyal to her, upon whom she may depend to help in any way she asks, and, above all, who she knows are praying for her.

This is just the time to learn to lead in prayer. It is much easier to start now, than ten years later. Perhaps you say, "Oh, I could never do that." You dread the sound of your own voice, and you are afraid that those who hear you may make fun of you. Ask Jesus to help you and to put words into your mouth, and keep before your mind the

thought that you are talking to God. That will help you to shut out from your mind the feeling that there are others around you. Commence with one sentence, and gradually you will lose the feeling of shyness. Soon you will gain courage to add one petition to another. God always answers our prayers when we look to Him for guidance and strength.

Another way you can help is by bringing some friend to the meetings. Tell her how much you enjoy them, and how you want her to come and enjoy them too. Do your best to make the singing hearty. That always helps a meeting. And whatever work is planned for you, do it loyally, and in the very best way you can, not only because you are asked to do it, but because Jesus wants you to do it.

There are many girls who think that to be a Christian one must be priggish and unnatural. Show them how sweet and bright the Christian life is, by living close to Jesus, and letting His love shine in your face. May He come into your heart, and so fill every nook and corner of it with His love, that everything you do you may do it as unto Him!

Toronto

Glimpses of Early Chinese History

By Rev. Harold M. Clark, B.A.

When a Chinese boy begins to study the history of his native land, he must go back for the beginning to a time almost five thousand years ago. It is said that the first Chinese emperor, Fu Hsi, began to reign 2,852 years before Christ, and since that time the history of China extends in an unbroken