

HOUSEHOLD.

The Mother's Psalm.

We find this acrostic arrangement of passages from the Psalms on the back of a convention programme. May its sentiments animate all Mothers' Societies of Christian Endeavor!

That our sons may be as plants grown up in their youth. Ps. cxliv., 12.
Hear our prayer, O Lord. Ps. cxliii., 1.

Every day will I bless thee. Ps. cxlv., 2.
My help cometh from the Lord. Ps. cxxi., 2.
O how love I thy law! it is my meditation all the day. Ps. cxix., 97.
The earth is full of thy mercy: teach me thy statutes. Ps. cxix., 64.
His work is honorable and glorious. Ps. cxi., 3.
Enter into his gates with thanksgiving. Ps. c., 4.
Rest in the Lord. Ps. xxxvii., 7.
Surely his salvation is nigh them that fear him. Ps. lxxxv., 9.

Stand in awe, and sin not. Ps. iv., 4.
O Lord, my God, in thee do I put my trust. Ps. vii., 1.
Cause me to hear thy lovingkindness in the morning. Ps. cxliii., 8.
I love the Lord because he had heard my voice. Ps. cxvi., 1.
Exalt the Lord or God, and worship at his holy hill. Ps. xcix., 9.
The Lord is merciful and gracious. Ps. cxliii., 8.
Yea, the Lord shall give that which is good. Ps. lxxxv., 12.

O, how great is thy goodness which thou hast laid up for them that fear thee! Ps. xxxi., 19.
For the word of the Lord is right, and all his works are done in truth. Ps. xxxiii., 4.
Consider and hear me, O Lord, my God. Ps. xliii., 3.
Examine me, O Lord, and prove me. Ps. xxvi., 2.
—'Golden Rule.'

Self-Control.

From our own mistakes we elders are sometimes fitted to give a word of caution to the younger generation. Therefore, I would offer a few hints regarding the child as it arrives at the age when its will begins consciously to conflict with the others. These conflicts will occur in even the 'best regulated families,' and how shall they be met by a mother burdened oftentimes beyond her strength by the multitude of household and other cares?

Dear young mother, when one of these occasions arises consider for a moment that no other duty is just then equal in importance to this, and, with a silent prayer for guidance, take the matter in hand at once. We will suppose that your child knows, so far as may be, your love for him. Then do not, in your insistence upon obedience, give him the least ground for supposing that it is in order to have your own way. Give him to understand that the work of control is for him to do, and that you are the loving, sympathetic adviser and helper. Don't be afraid to tell him that you had such struggles yourself when you were little. After a word or two of this sort a good way is to tell him to run away into a room by himself—don't forcibly shut him up—and when he feels pleasant again he can come out. If he is old enough to have learned to ask his Heavenly Father to help him, a word and look rightly given will tell him what to do when alone there. And his smiling, loving face when he comes back, and you receive him into your arms, more than repays the interruption and time taken from other duties.

Don't 'lecture' much at the time of his excitement. Wait till the quiet bedtime hour when his heart is tender with your brooding and with the thought of the dear Jesus who so loves the little children. Then carefully and wisely bring up the day's experiences; show him the danger of yielding to his temper and how every victory is going to make him stronger next time. You can make a story of it sometimes—a fight with a big lion, or some such figure that will appeal to his imagination.

If the child is quite young it may be well

to give him something to divert his mind at the time until he is calm and you are at liberty to attend to the matter. This is not the 'let alone' policy by any means. Sometimes he will set up his will against yours when it is impossible to wait for him. Then just take him without a word and bear him where he must go; show him your power and authority, but don't scold. Surprise at his naughtiness and sorrow at his opposition to you who loves him so much are far better weapons than harshness. As for scolding, it never did a particle of good anywhere under any circumstances. It is the outcome of your own nervousness, and it is for you to subdue.

A word as to the general training of these high-tempered, headstrong natures. Such children usually have good points equally strong. Work upon the child through these. He is almost sure to be warm-hearted and affectionate. Give him a pet, if only a kitten, and put the responsibility of its comfort and happiness, so far as you can, in his hands. This will help develop control of himself.

Do we mothers sufficiently realize what life means to a young child? He has his own thoughts, tastes and desires, innocent enough usually. He sees everyone around him doing, as he supposes, what they like, but as soon as he endeavors to act upon some desire for knowledge, some plan which he thinks will give him pleasure, he is met with denial, often hasty and thoughtless. He is merely carrying out the law of his own being, his natural method of growth, in much that he does. Give yourself time to consider why he wants to do what you think he ought not and in most cases you will find this impulse of his can be satisfied in some other way without conflict. That little girl gave an unconscious rebuke to her friends who, when asked what her name was, said: 'I guess it's Don't! That's what they most always call me.'

How many fine natures must have been sadly injured by the old-time system of 'breaking the will.' These children with strong wills are to make the strong men and women of their generation. Let us feel our obligation to teach them to control and properly direct this God-given instrument of power.—'Congregationalist.'

Mothers and Schools.

At the National Congress of Mothers at Washington on Feb. 17, Mrs. Wilbur F. Crafts, Superintendent of the Sabbath-school department of the World's W. C. T. U., and president of the International Primary Union of Sabbath-school teachers, presented the subject of 'Mothers and schools,' and in the course of her address paid the following deserved tribute to Mrs. Mary H. Hunt: 'Parents, particularly mothers, should put in the list of their solemn obligations: 1. Frequent visitation of the schools attended by their children; 2. Thorough acquaintance with the teachers of their children; 3. Co-operation with the school plans. As mothers have given a science to education it would be well to give mothers places upon school boards as is done in London, and some other large cities. What mothers might be able to accomplish may be shown by a reminder of what one mother has been able to do.—Mrs. Mary H. Hunt, of Boston, through whose efforts Scientific Temperance Instruction concerning the effect of alcohol and narcotics upon the human system has been secured to sixteen millions of children in the public schools of forty-two states and all of the territories. If one mother could do so much, what might not the whole glorious company of mothers do.'

The Nightingale.

A pretty wrap for an invalid who cannot well be disturbed by putting on a sacque in bed, is made by taking two yards of single width flannel, of any desirable quality or color—for a gentleman a dark grey being possibly the most suitable, whilst a lady can have a white or very light colored one. Hold the flannel together, end to end, and from one side cut a slit of six inches in depth into the middle crease. The corners are turned back to form a collar. The corners at each end on the same selvedge side are turned back to form the cuff, through which the hands can be thrust. The edges can be finished off in any desirable fashion, by catch stitching, binding, edging, by lace or any such way. Three or four button holes can be made down the front, and narrow

ribbons confine the wrap at the neck. This is a pretty and convenient wrap for a sick person.

Give Them Letters.

The 'Congregationalist' gives a sensible piece of advice to parents and others who complain that young people coming to great cities are coldly received in churches. The thing to do is, not merely to provide the boys and girls themselves with letters of introduction to some pastor in the place they are going to, but to write to the pastor independently, giving him the young friend's name and address and soliciting his kindly interest. Such requests are always received by city pastors with peculiar satisfaction and are never neglected. But to find out new-comers and get hold of them without any clue is difficult and often impossible. Don't blame the city churches for what they can't help, but help them in what they are longing to do.

Home Comfort.

Clustering in the country store at nightfall, because there they can hear what all boys delight in, the animated conversation of men—there are waifs and strays from well to do homes, where a bright fire, a bright lamp, nuts and apples, leave to play a game or two, and have an innocent frolic, would transform the house and the boy. It is hard to find patience with people who can afford to take comfort with their children, and for the sake of a paltry saving shut up their best rooms, and stew over kitchen fires during long winter evenings. Of what avail will be the land, added acre to acre, the lengthened account in the bank, when, one of these days, the boys who ought to have been educated for a large, usefulness, shall be narrow and selfish, or, reacting from the closefisted economy of their homes, become bankrupts in that which constitutes the best manhood?—Margaret E. Sangster.

Selected Recipes.

Indian Pudding.—One quart boiling milk, three tablespoonfuls meal, one-third cup of molasses, one egg, a little salt. Mix all well together with a little milk, pour into the boiling milk, and boil a minute or two; pour into a dish, put in one cup of cold milk, a small piece of butter, a little nutmeg or lemon. To be eaten with sauce.

Crust Pudding.—Ingredients: Crusts of bread, hot milk, two eggs, quarter of a pound of raisins, one teaspoonful of sugar, a little flour, half a nutmeg grated. Put the crusts and any stale pieces of bread you may have into a basin and pour over them as much hot milk as they will absorb, cover closely, and let them soak all night; beat thoroughly the eggs; add the raisins, stoned and chopped, and the sugar, work in a little flour to solidify the rest of the ingredients, butter a mould and boil for from one and a half to two hours.

Gingerbread Rolls.—One-half cup of cream, one-half cup of molasses, one-half cup of sour milk, one-half cup of sugar, one teaspoon of ginger, three cups of flour, one teaspoon of soda and a little salt. Bake in gem irons.

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