DOCTOR BRIGHAM SAYS

MANY PHYSICIANS PRESCRIBE

Lydia E. Pinkham's **Vegetable Compound**

The wonderful power of Lydia E. Pinkham's Vegetable Compound over the diseases of womankind is not because it is a stimulant, not because it is a palliative, but simply because it is the most wonderful tonic and reconstructor ever discovered to act directly upon the generative organs, positively curing disease and restoring health and vigor.

Marvelous cures are reported from all parts of the country by women who have been cured, trained nurses who have witnessed cures and physicians who have recognized the virtue of Lydia E-Pinkham's Vegetable Compound, and are fair enough to give credit where it

If physicians dared to be frank and open, hundreds of them would acknowledge that they constantly prescribe Lydia E. Pinkham Vegetable Compound in severe cases of female ills, as they know by experience it can be relied upon to effect a cure. The following letter proves it.

Dr. S. C. Brigham, of 4 Brigham Park Fitchburg, Mass., writes:

"It gives me great pleasure to say that I have found Lydia E. Pinkham's Vegetable Compound very efficacions, and often pe-scribe it in my practice for female difficulties. "My oldest daughter found it very benefi-cial for female trouble some time ago, and my youncest daughter is now taking it for a female vicakness, and is surely gaining in health and strength.

"I freely advocate it as a most reliable specific in all diseases to which women are subject, and give it honest endorsement."

Women who are troubled with pain Women who are troubled with pain-ful or irregular periods, bloating (of flatulence,) weakness of organs, displace-ments, inflammation or ulceration can be restored to perfect health and strength by taking Lydia E. Pinkham's Vegetable Compound. If advice is needed, write to Mrs. Pinkham, at Lynn, Mass. She is daughter-in-law of Lydia E. Pinkham, and for twenty-five years has been advis-ing sick women free of charge. No other living person has had the benefit of a wider experience in treating female ills. She has guided thousands to health. Every suffering woman should ask for and follow her advice if she wants to be strong and well.

Guide-Adaocate.

Watford, Ont. PUBLISHED EVERY FRIDAY.

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Guide-Advocate.

WATFORD, JUNE 22, 1906.

Good Farm Prices Promised

A sharp rise in grain futurer has been brought about at Chicago by crop damage reports from the middle and southern states. In instances the condition of the wheat crop has been lowered over ten per cent. in the month and that of oats in even greater proportion. During the early portion of the season a period of drought caused anxiety, but this was relieved by rainfall, which in turn developed in sections into a deluge. In parts of Texas fields of grain are practically floating and the extent of damage is hard to estimate. Canadian grain prices have responded to the up turn in the American markets and both Ontario and Manitoba wheat are firmer at higher quotations. Reports from the Canadian west thus far are good. In Ontario a certain amount of winter damage is beyond repair, but the wea-ther conditions latterly are favorable to crop development. As far as can at present be seen another year of good prices for cereals is promised. The British grain markets had a steadily firm undertone which can only be varied by some unusual happening- Re ports from Russia promise a larger wheat crop from the southern districts than that of last year, but against this there is a small Argentine exportable surplus. For many years Europe received from 150,000,000 bu. to 200, 000,000 bu, of wheat from the United States. In 1904 this was brought down to one third of this amount and

last year barely half. The continual ly larger consumptive demand of the States will make larger inroads on the exportable surplus, and it is but a question of time when Europe will have eliminate the States from its list of granaries. Firm prices for wheat naturally to stimulate the prices of other grains, and it begins to look as though the Canadian farmer will have a ready and profitable market for this season's grain crops.—World.

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its steepes, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroring the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. of testimonials.

Address F. J. Cheney & Co., Toledo, O.

Sold by all druggists, 75c.

Take Hall's Family Pills for consti-

Man's Life is Full of Troubles. Man that is born of his parents is

of few days and full of microbes. He goeth to school when a youngster and gets the seat of his pants paddled for something he didn't do until he is sick at heart. He growth up like a weed in a back yard, and soon reaches the age when he is composed largely of feet, freckles and an appetite for pie. About the time he gets too long for short trousers and not long enough for long ones he goeth away to college, learneth how to monkey with a three dollar mandolin and play whiskey pok-er. He cometh home a bigger fool than every and marrieth a sweet young thing whose pa is supposed to be weal-thy, but whom he subsequently ascertaineth, couldn't buy the prize rooster at a county fair. He worrieth along from year to year gradually acquiring offspring, until his house resembles a Sunday class just before Christmas. He fretteth through the day and lieth awake nights trying to figure out how to keep himself and his dependent population out of the poorhouse. Efforts are rewarded by have ing his daughters run away and get married and bring home" a nice son-in-law every few days to feast at his board. His sons grow up and call him governor and set him back a five spot every day or two. About the time he has acquired enough lucre to make it worth while for his heirs to quarrel over, he contracts a cold and is hurried away before he has time to have a talk with his family. His sons blow in his estate on bad whiskey and plug

ing the hired man. Parents buy Mother Graves' Worm Exterminator because they know it is a safe medicine for their children and an effectual

hats, and his wife puts the finishing

touches to his career by marry-

A big gang of G. T. R. workmen are now extending a switch at the Strathroy yards. The two grain elevators have been moved back a considerable distance.

Miss Bradbury has filled the position of librarian in the Forest library for sixteen years. Durieg that period only six books were missing from the library.

Sunlight Soap is better than other soaps, but is bost when used in the Sunlight way. Buy Sunlight Soap and follow directions. Gil Monroe's whey express had a run-away last week. The wagen was upset, and the road sprinkled with dairy juice. Gil picked out a soft spot to land.

A ton of steel made into hairsprings for watches is worth about \$7,000,000—same weight of pure gold.

The Song of the Hair

There are four verses. Verse 1. Ayer's Hair Vigor stops falling hair. Verse 2. Ayer's Hair Nigor makes the hair grow. Verse 3. Ayer's Hair Vigor cures dandruff. Verse 4. Ayer's Hair Vigor makes the scalp healthy, and keeps it so. It is a regular hair-food; this is the real secret of its wonderful success.

The best kind of a testimonial—"Sold for over sixty years." Made by J. C. Ayer Oc., Lowell, Me SARSAPARILLA.

FILLS.

CHERRY PECTORAL HE TO THE WAR HOLD WORKEN TO SHEET MAN AND THE PARTY OF T

Increased Cost of Living.

No wonder the nousewife now demands an increased allowance for table and other domestic expenses The cost of running a house is steadily advancing. Dun's Index Number shows that commodity prices in the month of May reached a new high record for a period of over twenty-two years. The principal alterations during the month were in breadstuffs, dairy and garden products. Building materials are higher to day than at any time since 1874. Dun's pub lication figures it out on the per centum basis that the total cost of all commodities in most common use is now 106.79, as compared with 98.75 on June 1, 1902. This indicates a remarkable advance in the past twelve months.

A Bad Bruise.

Often causes a good deal of trouble. The best cure is a prompt application of Nerviline which instantly stops the pain, prevents swelling, removes all blackness and discoloration. Nerviline is antiseptic—prevents blood poisoning. No liniment so strong, so penetrating, so swift to destroy pain. You miss a lot of comfort by not using Polson's Nerviline. For nearly fitty years it has been the standard family liniment of Canada.

Weak on The Three R's.

Reading, writing spelling we say it regretfully, are no longer thoroughly taught in the public schools; laments the Philadelphia Record. The trustees of Cooper Union, in New York, declare that the young men and women who come to them for instruction in the property of the control of the con ion in telegraphy, stenography and type-writing, though of good ability and general information, are lamentably deficient in the fundamentables of the English language. They especially cannot spell. Out of thirty or forty words in ordinary use sometimes one half or even two-thirds are mis-spelled. "This experience of the trustees nearly every newspaper publisher will stand ready to avouch from sore experience," adds the Record. "The common schools no longer teach the common rudiments."

A WIDE SPHERE OF USEFULNESS .- The consumption of Dr. Thomas' Eclectric Oil has grown to great proportions. Notwith-standing the fact that it has now been on the market for over thirty-one years, its prosperity is as great as ever, and the de-mand for it in that period has very greatly increased. It is beneficial in all countries, and wherever introduced fresh supplies are constantly asked for.



Are you a success as a breadmaker? Is your cake and pastry complimented by your friends?

If not, whose fault is it-yours or the miller's. If you are successful in other lines, your reputation as a cook is vindicated, and it is plainly the fault of the flour.

Look up the good bread and pastry makers of your acquaintance and get their flour experience. You will find that most of them

are using Royal Household Flour gladly paying a little more per barrel for it and getting for that extra cost a purer, better flour. For bread or pastry, it has no equal.

Ogilvie's Royal Householdrepeat the name to your grocer. Ogilvie Flour Mills Co., Ltd. Montreal.

"Ogilvie's Book for a Cook," con-tains 130 pages of excellent recipes, some never published before, Your grocer can tell you how to get it FREE, 153

NORTH END

We were never better prepared to supply the wants of the public in everything expected to be found in an up-to-date

Bakery and Confectionery

Candies of All Kinds Fruits in Season.

Nuts From All Nations. Cigars That Please Particular Smokers.

Wedding Cakes That Delight Bride and Groom. - x x -

Your Orders will Receive Prompt and Careful Attention.

S. E. THOMPSON.





Builders' Supplies

Estimates furnished for all classes of work.

LANING MILL IN CONNECTION.

LAWRENCE.

Established

-AND

Ice Cream Soda.

Choice Confectionery, Bon Bons,

Fruits and Nuts. Fresh Crop. — x x —

CIGARS

The Best Brands, popular with smokers who appreciate something good. - x x -

Special attention paid to WEDDING CAKE ORDERS.

- x x -Everything Fresh and Reliable.

PEARCE BROS. South End Bakery.

The Lax-ets Formula Show the formula which appears on every box of Lax-ets to any physician. Ask him if thero is a better medicine to move the bowels naturally—gently yet surely. Lax-ets simply prompt the forces of Nature—free from all gribing or pain. Put up in the form of candy tablets—pleasant to take and pleasant in effect—convenient in form. One Lax-et taken before meals or on retring always brings relief. In a handy metal case only 5 cents a box. Sold by

T. B. TAYLOR.

Delicious Ice Cream MUSICAL

HEADQUARTERS.

Summer Beverages of All Kinds Schlemmer's New Store PIANOS, ORGANS,

SEWING MACHINES. THE EFELL PIANO. Made in Canada.

Unsurpassed by any.

Leading Makes in Organs We handle the Sewing Machines that

satisfy. Reliable, Tested and Substantial.

Everything in the line of sheet music and musical supplies at popular prices. Sole Agent for **Herrimer** and **Victor** Gramophones — Get the Best.

Agent for CHATHAM INCUBATOR. ed. Schlemerr.

OPPOSITE SWIFT BROS.

STACE LINES.

LYATFORD AND WARWICK STAGE LEAVES Y Warwick Village every morning except Sun-lay, reachim Watford at 11.30 a, m. Returning earse Watfort at 3,45 p. n. Passengers and freight cureyed on r asonable terms, D. M. Ross, Pop'r.

WATFORD AND ARKONA STAGE LEAVES WATRONA at 9 a. m. Wisheach at 10,10 a. m. Returning leaves Watfor: at 3:46 p. m. Passenge freight conveyed for reasons terms.—These strenges.