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S. STOTT

The Happiness of Service.

BY RUTH CAMERON.



So long as we love, we serve; so long as we are loved by others, I would almost say that we are indispensable; and no man is useless while he has a friend. — Stevenson.

Once upon a time there was a young woman who wished she were not needed so much.

"I wish I were free," she said, "to follow my own will. If my father and mother did not feel they would be too lame without me, and my little sister did not need my financial help, and my married sister did not depend on me so much, I think I should go far away and seek my fortune. Oh, dear, I do love my people very dearly, but sometimes I wish I were not needed quite so much."

I wonder if there was ever a man or woman with many ties who has not sometimes felt that way. "I wish I were not needed quite so much. I wish I were more free."

Was there ever a human being who was not bound by any ties, but was at liberty to make and mould his life as he wished; has not sometimes wished that he, too, were a little more independent?

My friends, it is not possible to be needed too much. You think of the needs of others as chains upon you.

They are that, but not in the sense you think them. Everyone who needs you is a golden chain that binds you to happiness.

And furthermore, any chain of this sort is an ornament. The women of the orient wear chains of gold, sometimes encrusted with jewels, as ornaments. They are not half so great an adornment as these chains you wear, for these are forged in the workshop of human needs out of the precious metal of your unselfishness and your usefulness.

The most tragic thing in life is not to be needed, not to have any of these more than golden chains to wear.

You will notice that almost everyone who finds himself, by force of circumstances, robbed of these precious adornments, immediately tries to forge new chains of one kind or another. The woman who has no children tries to make herself necessary to some club or philanthropy or to some social group. And, believe me, my friends, these artificial chains which she forges with so much effort, are not half so beautiful as the chains which have been forged for you in the workshop of human needs.

Says a wise writer, "Only the selfish and the useless are ever free. Those who are worth anything in this world are bound by a hundred chains upon them."

Remember this when you hanker for independence, and remember also that every one of the hundred chains are golden chains binding you tight to happiness.

Ruth Cameron

How The Body Kills Germs.

Germs that go into the body are killed in two ways—by the white corpuscles of the blood, and by a germ-killing substance that is in the blood. Just what this substance is, we do not know. The blood of a healthy person always has some germ-killing substance in it to ward off the attack of disease. The fountain head of this is the stomach. A man who has a weak and impaired stomach and who does not properly digest his food will soon find that his blood has become weak and impoverished, and that his whole body is improperly and insufficiently nourished. To put the body in healthy condition, to feed the system on rich, red blood and throw out the poisons from the body, nothing in the past forty years has excelled Dr. Pierce's Golden Medical Discovery, a pure glyceric extract (without alcohol), of bloodroot, golden seal and Oregon grape root, stone root, mandrake and queen's root with black cherry bark.

My husband was a sufferer from stomach trouble and impure blood," writes Mrs. JAMES H. MARTIN, of Frankfort, Ky. "He had a sore on his face that would form a scab which would dry and drop off in about a month, then another would immediately form. It continued this way for a long time. He tried every remedy that any one would suggest, but found no relief. He then tried Dr. Pierce's Golden Medical Discovery which completely cured him. He has started cured now for two years, and recommends this valuable medicine for impurities of the blood."

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules.

Household Notes.

Wet shoes should be stuffed with paper before putting away. It will absorb the moisture and prevent the shoes from becoming hard.

Some people use the whites, as well as the yolks of eggs in making mayonnaise. Just before serving the mayonnaise the white of the egg is whipped stiff and beaten into the dressing.

A reliable cement for glass ornaments is found in white of egg, which dries so neatly that the breakage may easily escape detection. This, of course, is suitable only for articles that are to be washed.

To shade lace, mix 3 cents worth of yellow ochre with an equal quantity of rice powder and put into a jar. Put in the lace and shake it up. Wash off all the powder possible. It will be a fast color.

To fill floor cracks, get a pound of blue putty and stand over night covered with water. Then pour off the water and stir it into a pound of corn starch. Fill the cracks with this and smooth off with a knife.

After frying doughnuts, place the bottle of hot grease out of doors and pour in a little cold water, enough to make the grease bubble. This will take out the burnt taste, and the grease may be used again.

ASK YOURSELF THESE QUESTIONS

Find out if you have kidney disorders. Also make this test: Do you pain in the back over the kidneys?

Do you suffer from severe headache, dizziness or defective eyesight?

Do you skin dry and harsh?

Do you falling in health and strength and swelling of the limbs?

Are there a few of the symptoms of kidney disease, and here is the test: Twenty-four hours is cloudy, milky and has particles floating about in it. If there is a sediment in the bottom of the vessel, your kidneys are diseased.

There is no time to lose in beginning the use of Dr. Chase's Kidney Pills. They will help you more than any treatment you can give, and that is one reason why they are so successful and popular.

A. W. Chase's Kidney-Liver Pills, a dose, 25 cents a box. Dealers, or Edmonson, Bates & Son.

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will drain out of them and they will quickly dry. If they are laid on their backs the water will soak into the wood, loosening the bristles, whether they are glued or wired.

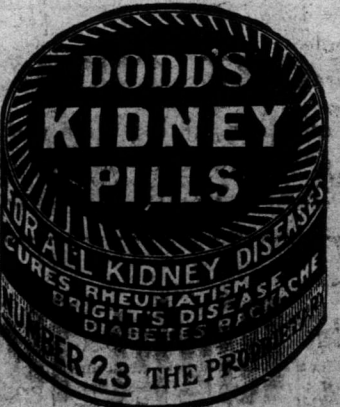
To clean white marabou feathers, dissolve a teaspoonful of washing powder in a pint of boiling water and let it partly cool. Hold the feathers by the stems and swish them gently in the suds for a few minutes. Rinse in the same manner and shake gently in the open air or in a warm place indoors until they dry.

The Umpire.

BY H. L. RANN.



The umpire is a mild-mannered individual with the fear of sudden death constantly before his eyes, and a hide like an alligator's. Off the field he is as conciliatory and approachable as a high-license candidate in a prohibition town, but when in action he is as haughty and reserved as a lady barber. When the home team is ahead, the umpire is a high-minded gentleman of unimpeachable veracity and courageous purpose. When the home team is behind, he is a peak-headed brigand with the moral turpitude of a shoat. If the umpire undertook to keep a scrapbook containing all of the humane and soothing references to his physique, eyesight and past life that are handed to him after a close decision at the plate, he would be kept busier than a cross-eyed man at a three-ring circus. The umpire is usually a graduate from some team which has grown tired of carrying excess baggage. His spare time is employed in reading up on the rules and applying a caustic liniment to any bumps or contusions that he may have picked up during the day. Very few umpires go out at night without leaving word as to where they would prefer to have the funeral held. On account of the hazardous nature of his occupation, the umpire is not looked upon as an insurable risk by anybody but a tornado mutual, and sometimes he has hard work breaking in to that. Every now and then some umpire forgets that he was hired to favor the home team, and utters a line of decisions which cause staid business men to rise up and paint a dark brimstone fringe on the grandstand, after which he is followed to his hotel by excited fans and the reproachful voice of the soft-boiled egg. There is a great demand for umpires who can please people who judge balls and strikes from the grandstand, from behind a cement post, but so far none has been found this side of the pearly gates.



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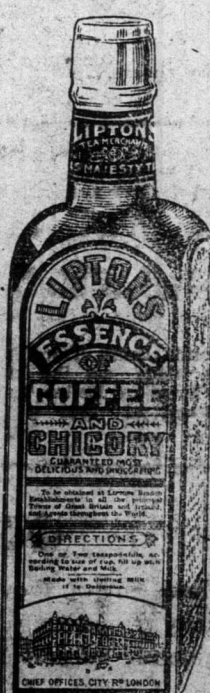
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HENRY BLAIR.

Wholesale and Retail Agent for Lipton, Limited.

Another View.

Editor Evening Telegram.

Dear Sir,—In a late issue of the Western Star and by the way printed on paper as green as its author, appears a little lawyer's twaddle under the heading of "Alliance between Coaker and Bond. What is the next?" The writer attempts to prove that Coaker is now willing to hand the F. P. U. bag and baggage, over to Sir R. Bond, and that this bodes the destruction of the F. P. U. It has been wisely said that fools boldly venture where angels fear to tread, and always proves the saying is a truism. Cannot the author of that verdant twaddle discern that Coaker would show wisdom, and his sincere desire to ensure a successful campaign to his Union brethren if he could consummate such an alliance? Coaker is surely too wise to venture his F.P.U. ship on the untried-seas of politics without appointing a tried and trusty master to safely navigate his craft amid the rocks and shoals of such an uncharted sea; and the F. P. U. are to be highly congratulated on having a President so unselfish, so earnest in his desire at all cost to benefit the F. P. U., as to think of placing his candidates under the leadership of such an astute statesman as the Right Honourable Sir R. Bond, K.C.M.G., P.C. "Coaker unmasked"! and what appears simply "Coaker," a plain, unpretending gentleman, working for the uplift of our hardy fishermen—not attempting to barter away their rights, not working sly games behind their backs, but openly and with their full knowledge and consent, straining his every nerve of mind and body to conserve their interests and ensure the success of their desires both politically and otherwise, and such an alliance if consummated would simply and surely spell fullest success to the F. P. U. and its wise, unselfish President.

Follow your President's lead, fishermen of the F. P. U., and be sure that no act of his is not made purely and solely for your benefit. Pay not attention to the attacks of such "greenies" as those referred to in this short note. Bond is all right. Coaker is all right; the F. P. U. is all right and bound to win. Hurrah! Hurrah! Hurrah! D.P.N.E.T.

Light, Warmth and Food.

These three words embrace the most urgent necessities of Life, and it is an extraordinary thing that in each case our thoughts turn to Gas; this, after all, is but natural. We want Light, gas gives us the best, cheapest, and healthiest artificial light known. Again, we want Warmth, and the gas fire is at hand to give it in its best form; and, lastly, we must have Food, and here the gas cooker never fails us. All this is absolutely true, as we have shown over and over again. If, however, any of our customers are in the least doubtful on any of these points, we cordially invite them to consult us. In the meantime, our advice is to get good burners and buy mantles of well-known makes, to use modern gas fires and cookers, and, above all, to keep your gas appliances (whether old or new) in good order, for in this is the true secret of efficiency and complete satisfaction.

ST. JOHN'S GAS LIGHT CO.,
Board of Trade Building,
—mar15,ftu,3mos

Southern Shore Notes.

The scholars that attend the school at Bay Bulls are giving a good account of their studies and prove a credit to their attentive teachers. To encourage them the Rev. Father McCarthy is offering prizes.

At Bay Bulls the railroad depot will be situated near the Cross.

The pretty church erected by the esteemed pastor of Toad's Cove and situate at St. Michael's is a credit to the parish. The ceremony of consecration will be performed in the early autumn by His Grace the Archbishop.

Father Rawlins is ornamenting the consecrated grounds around the church at Cape Broyle.

Preparations are being made for a concert during May, and much pleasure is anticipated.

CORRESPONDENT.
La Manche, April 27th, 1912.

ARE YOU DRIFTING

into the crowd of weak, weary, depressed; or are you filled with vitality and energy?

Health is the foundation of success.

Nerves, Brain, and Body should be staunchly dependable.

Scott's Emulsion
the best of food-tonics, is the firm footing for health.

ALL DRUGGISTS 11-54