ay 10 1894.

it lengthwise : For each half tter and three e juice of one , add the juice e fruit ; dredge ite sugar, and

of sugar, oneeaspoonfuls of Flour enough e spoon. Stir ns. Fill bute hour. This Eat hot with kind of rich

l of lemon and n. To a teat a third of a think you have

with gelatine cool line the with slices of tle of the jelly ut in another il the dish is 7e. You can

into a double utter and one add to the cens. Season a light brown. while it is hot the dish, and of the milk, ilk, and serve

dozen eggs, ld ; then peel e with butter dish. Put in read crumbs, ed, the bread Pour in a cup top layer of s brown. If d.

camphorated ten parts of tton is saturand it is also relieved as if tion it often

as for straw-

May 10, 1894.]

Children's Department.

K ODAK CAFETV A FILM

The Secret.

We all know how children, as well as grown people, and especially little girls, are curious to find out a secret where there is a suspicion of one. Lucy Mitchell in this was not above the weakness of her sex.

"Do you know, mamma," she exclaimed one day, "I am sure Mina has a secret !"

Mina Harrison was the child of Mrs. Mitchell's sister, who had lately come on a visit to Lucy.

"Why do you think so, my dear?" replied Mrs. Mitchell, smiling; "I never met a more truthful or candid child than Mina."

"I don't know," returned Lucy, shaking her wise little head. "I often see her smiling, as if at something only known to herself, and once when I asked her what she was thinking about she would not tell; no, not for anything.'

"I dare say you are right," said Mrs. Mitchell, after a pause. "I think Mina has a secret ; suppose we ask her."

"No, not for the world !" exclaimed Lucy. Then as curiosity got the better of her alarm, she added, "very well; do."

In a few minutes Mina entered the room without being summoned, when her aunt said to her,-

"Come here, dear. Lucy thinks you have a secret which you keep from her. She says you seem to enjoy it very much, and would not disclose your thoughts when asked; probably feeling they at least were your own."

Mina looked surprised, but after a moment's reflection, said : "I don't think I should have been ashamed to tell them, aunt. I was speaking to my best Friend, and hearing Him speak to me."

Mrs. Mitchell took her niece's hand in hers.

4 Tonic

For Brain Workers, the Weak

and Debilitated.

Saved Her Life

Surgical Operations and **Best Medical Treatment** Failed

An Almost Miraculous Cure by Hood's Sarsaparilla.



Chicago, Illinois.

C. I. Hood & Co., Lowell, Mass.:

"Beginning in February, '92, I was very sick for two months. Slowly I got better but was confined to my bed. A physician said I had a

Pelvic Abscess in My Side. After an operation I did not improve, the abscess continuing to discharge even more freely than before. In two months time three operations were performed and tubes inserted to carry off the impurities, but all in vain. Finally it was decided that my life depended upon another operation and that I must be removed to the hospital. About three weeks previous to this I had noticed an advertisement in the Daily News of a case where Hood's Sarsaparilla had cured a boy somewhat similarly afflicted in Trenton, N. J., and I decided to give it a trial. When the time decided upon for me to go to the hospital arrived I had been taking Hood's Sar-saparilla about two weeks.

I Was Cetting Better

and the abscess had already began to discharge less freely. I felt stronger and had a terrible appetite. Previous to this I had given up to die. When I had taken the second bottle I was able to sit up and accordingly I was not taken to the hospital and the final operation was deferred. Now I have taken six bottles and the abscess has entirely healed. I am well and go every where. My friends think it is a miracle to have me restored to them again so healthy and even younger in looks than before my sickness.

I Feel Better Than Ever I did in my life and weigh over 130 pounds, the heaviest in my life. I do a big day's work and

am gaining in strength every day. My mother worried and worked herself almost sick in car-ing for me. She has since taken Hood's Sarsa-parilla and it has done her much good. We praise Hood's Sarsaparilla to everybody, for

I Know it Saved My Life.

I am 27 years old, and a stranger to look at me now would not think I ever had a day's sick-ness. Even the doctors are surprised at the success of Hood's Sarsaparilla in my case. Mother and myself continue to take the medi-

Hood's Sarsa Cures cine regularly and we earnestly recommend Hood's Sarsaparilla." MRS. MOLLIE WENDT, 568 West Eighteenth Street, Chicago, Illinois.

"You remind me of a verse in God's word," she replied : "" The secret of the Lord is with them that fear Him, and He will show them His covenant.' You have been well instructed, Mina. Do you know what a covenant is?" And the little girl answered, "An

CANADIAN CHURCHMAN.

agreement between two parties." " That is -----?" questioned her aunt. The answer was very low but steady.

"Between God and me." "You have heard the secret," said Mrs. Mitchell to Lucy; "may you, my

darling, learn it by heart. May God show you His covenant with His Son for your eternal safety and joy."

The Sparrow-Hawk.

The sparrow-hawk does not bear the best of characters; indeed, one writer says it is "the wildest, most intractable, most ungrateful, and most temper-trying of all birds." But though some may speak so hardly of it, it is well known to be most courageous, and when once trained is very valuable to the falconer.

It is a handsome little bird, though plainly dressed in dark brown, which turns grey as it grows old. It is found in almost all parts of Europe, also in India and other Asiatic countries. Although it is common in England, it is not often seen; for, notwithstanding its bravery, it is a most shy, wild bird, and never ventures near human beings unless it is very hungry. though it has been known to dash furiously at a man who tried to save a small bird it had attacked. It hides itself among the trees, or high up in the air, and suddenly pounces down on the unfortunate sparrows or other small birds that are hopping about, quite unsuspecting any foe. Most birds are afraid of the sparrow-hawk, and utter loud cries whenever they see it circling overhead. The nest of the sparrow-hawk is always placed in some elevated spot, and contains three greyish eggs, tinged with blue, having large dark brown spots. The bird seldom builds a nest of its own, but takes possession of any empty one that a rook or crow has left.

A True Tale of a Cat. .

One summer a party of ladies who were staying at Windermere, England, went for a long drive in a carriage hired from a hotel near. They drove round by Rydal and Grassmere, and



are all intimately connected practically inseparable. Though the fact is often ignored, it is nevertheless true that a good complexion is an impossibility without good digestion, which in türn depends on good food.

There is no more common cause of indigestion than lard. Let the bright housekeeper use



The New Vegetable Shortening and substitute for lard, and her cheeks, with those of her family, will be far more likely to be "Like a rose in the snow."

COTTOLENE is clean, delicate, healthful and popular. Try it.

Made only by N. K. FAIRBANK & CO., Wellington and Ann Streets, MONTREAL.

Pale Faces

show Depleted Blood, poor nourishment, everything They are signs of bad. Anæmia.



the Cream of Cod-liver Oil. with hypophosphites, enriches the blood, purifies the skin, cures Anæmia, builds up the system. Physicians, the world over, endorse it.

301

nd butter and ed banana to iberally with e sweet cream rt cake while

scolored it is and air. llon of warm rpets; it will

immediately. sary anxiety at once.

d Bitters beth wonderful sy, backache ppeared after tters. I cany. Georgina

ad best cure sore throat e 25 and 50c.

1a, and bronod's Norway

Horsford's Acid Phosphate is, without exception, the Best Remedy for relieving Mental and Nervous Exhaustion; and where the system has become debilitated by disease, it acts as a general tonic and vitalizer, affording sustenance to both brain and body.

Dr. E. Cornell Esten, Philadelphia, Pa., says: "I have met with the greatest and most satisfactory results in dyspepsia and general derangement of the cerebral and nervous systems, causing debility and exhaustion."

Descriptive pamphlet free. Rumford Chemical Works, Providence, R. I.

Beware of Substitutes and Imitations.

Corroborates the Above,

C. I. Hood & Co., Lowell, Mass.: "Dear Sirs: - I am a drug clerk and have sold Mrs. Mollie Wendt many bottles of Hood's Sar saparilla and can sertify that she was cured by the use of it." F. C. BILLERBECK, 530 West Eighteenth Street, Chicago.

Hood's Pills cure liver ills, jaundice, billousness, sick headache and constipation. 25c.

FOR THE TEETH & MISS DALTON 356% YONGE STREET, TORONTO. ALL THE SEASON'S GOODS NOW ON VIEW

MILLINERY, DRESS AND MANTLE MAKING.

The Latest Parisian, London and New York Styles.



SOLE OF THE BUMYER

A SWELL AFFAIR.

DENT'S TOOTHACHE CUM

(GUARANTEED)

Don't be deceived by Substitutes Scott & Bowne, Belleville. All Druggists. 50c. & \$1.

