

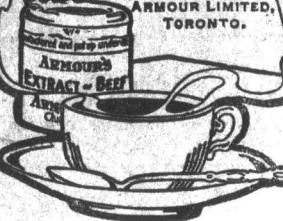
Use Only 1/4 Teaspoonful
of Armour's Extract of Beef for a cup of Beef Tea. Yes, some require a whole teaspoonful—but they are not Armour's.

ARMOUR'S Extract of Beef
is the different and better kind. It contains all the strengthening properties—all the rich, delicious flavor—of prime roast beef.

Test it yourself—see how much more tasty soups, sauces, and gravies are—and how much longer it lasts—when you use ARMOUR'S.

Sold by all Grocers and Druggists

ARMOUR LIMITED, TORONTO.



23,166 Died of Snake Bites.

During 1902 no fewer than 26,002 persons were killed by reptiles and wild animals in India, according to a statistical abstract issued the other day. This total is made up as follows: By tigers, 1,048; by leopards, 509; by wolves, 377; by other wild animals, 904; by reptiles, 23,166.

To be a mendicant in India is to be a member of an officially recognized profession, for in a volume of statistics relating to our Indian Empire from 1893-1894 to 1902-1903 it is stated that the number of non-religious mendicants is 2,483,115, of whom 1,572,479 are males.

Another curious item in this remarkable volume, which reduces the country, its people, its trade, and everything connected with it to tables and figures, is that in 1902, 23,168 criminals were sentenced to be whipped.

More Powerful Searchlight.

The most powerful searchlight ever designed or built was recently finished at the famous Schuckert works at Nuremberg, Germany, where the manufacture of giant searchlights has been made a specialty. Some idea of the illuminating power of the great instrument may be gained from the fact that it is possible to set it upon a hill or tower 300 feet high its rays could be detected from a distance of nearly eighty-five miles. Its candle power, at 316,000,000, is so great as to be almost incomprehensible in figures. When the searchlight for the Heiligand lighthouse was turned out at the Schuckert Works some time ago it was considered a wonder, but its candle power is only 10,000,000.

Australian Postcards.

Official recognition of the popularity of the picture postcard has been made by the Australian Postmaster-General, who has invited competitive designs for pictorial postcards, to be printed and issued by his department for use throughout the Commonwealth. Premiums of £10, £5 and £3 respectively will be paid for three series of twelve designs each adjudged by the Postmaster-General to be first, second and third in order of merit in the case of each State. The designs will consist exclusively of Australian subjects.

Still Instilling.
Bill—A man wouldn't expect to be cheated in church, now, would he?
Jill—No, not unless he was married there.

ABSOLUTE SECURITY.

Genuine
Carter's Little Liver Pills.

Must Bear Signature of
Dr. J. C. Carter

See Fac-Simile Wrapper Below.

Very small and so easy to take as sugar.

CARTER'S LITTLE LIVER PILLS.

FOR HEADACHE, FOR DIZZINESS, FOR BILIOUSNESS, FOR TORMID LIVER, FOR CONSTIPATION, FOR SALLOW SKIN, FOR THE COMPLEXION.

GUARANTEED PURELY VEGETABLE. *Dr. J. C. Carter*

CURE SICK HEADACHE.

CARTER'S LITTLE LIVER PILLS.

FOR HEADACHE, FOR DIZZINESS, FOR BILIOUSNESS, FOR TORMID LIVER, FOR CONSTIPATION, FOR SALLOW SKIN, FOR THE COMPLEXION.

GUARANTEED PURELY VEGETABLE. *Dr. J. C. Carter*

CURE SICK HEADACHE.

To Look Clean
Is gratifying.

To be Clean
Is satisfying. You will enjoy both when you place your linen with us, for we do our work by the most modern methods known to our

The Parisian Steam Laundry Co. Phone 20

HOME DENS FOR ALL

COZY NOOKS AND RETREATS IN WHICH TO FOLLOW FAVORITE PURSUITS.

Beloved of the Literary Member of the Family, the Handicraftsman and the Artist—Occasional Corners For Sewing, Tete-a-tetes and Naps.

Some place other than the formal parlor or ordinary sitting room is found in many homes for a cozy retreat. If it is tucked away on the top floor there is more chance of its being fitted up unconventionally and with originality. It may belong to the literary member of the family or it may be the workshop of some zealous handicraftsman or per-



AN INTERESTING END OF A ROOM.

haps basket making or pyrography has cast its spell so deeply that the room must be devoted to one of these pursuits. A den under these conditions achieves a much more interesting expression than when it is used merely to sit in. But to whatever purpose the den is put there are always numerous questions to be settled on its behalf. What shall be done with its walls? What shall be laid over the floor? What kind of furniture should be adopted?

Few homemakers realize the power that the wall covering exerts over the rest of the furniture. If this were clearly understood there would be more money spent upon the wall coverings and less in proportion upon the furniture and carpets, for the wall is the chief harmonizing factor in every apartment. The old phrase, "A little knowledge is a dangerous thing," is never more true than when applied to house furnishing and especially the department of wall coverings. To know that a red paper looks well in one room in a certain house is too often to discover that the same paper looks very badly when introduced in another room in a different house. Many points must be thought over and many considerations be studied before the correct decision can be made about a wall hanging. Color effect from the walls of the den can be best secured with a plain paper or a pattern that is printed in two shades of one color. Red in its brightest tone is so popular at the present time that its other and more beautiful shades, orange, russet, brick and mahogany, are quite forgotten.

Yellow woodwork is one of the conspicuous failings in cheaply built houses. This is found in cypress, pine and sycamore when it is finished in the natural color with chellac or oil. It is a sorry mistake to disregard this woodwork in selecting the wall paper. In red none but a very dull shade agrees with it artistically. Green is the safest choice, although buff and yellow or a good tapestry can be used creditably.

The den can fortunately utilize many articles that do not withstand the criticism of the other rooms in the house. In one home an old green carpet was sent away to be cut into strips and be reweaved into rug shape. In its new state the rug made a mossy looking covering for the den, both soft and serviceable.

A comfortable divan should be procured for the den, and one of the box lounge variety can be filled with blankets and pillows, ready at an instant's notice to make up into an extra bed.

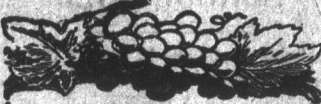
Outside of the den there are opportunities for making pleasant little



A MAN'S UPSTAIRS DEN.

nooks for reading, conversation, sewing or study. The illustrations suggest what has already been done in both these directions. Sometimes only a chair and a table, if properly adjusted, are the making of a delightful nook beside an open window or a hospitable fireplace—Designer.

There's Nothing Like Leather.
Leather is more than ever in evidence for purposes of decoration and utility. Its decoration is accomplished by the various processes of tooling, embossing, burning, silvering, gilding, staining and painting.



An Improvement on Nature.

Nature gives us fruit to keep us healthy. But fruit can't bring back health after we lose it. It takes something more effective than fresh fruit to cure Stomach, Liver and Kidney Diseases.

Fruit-a-tives

or Fruit Liver Tablets

are fruit juices in tablet form. We improve on nature by our secret process. By it, we so change the medicinal action of the fruit, that "Fruit-a-tives" are rendered effective enough to cure Constipation, Biliousness, Torpid Liver, Indigestion and Sick Kidneys. If you want to be rid of these troubles, ask your druggist for a box of "Fruit-a-tives." They never fail. 50c. a box.

FRUITATIVES, Limited, OTTAWA.

Fan Wall Pockets.

A very handy thing is a wall pocket for letters and small articles, and it can be made very attractive by using one large and one small folding fan. A wire is run in and out through the large open fan one inch from the edge and covered with narrow ribbon, which is slipped through the same holes. The small fan is treated in the same way. The small fan is then placed upon the large one and the ends firmly wired together. The wire near the edge of the small fan is bent to allow the fan to form a curved pocket, and the ends are fastened to the sticks of the large fan, which forms the back. Ribbon bows are fastened over the joinings at the sides, and a length of ribbon extends from one to the other and a little above the top of the back to hang it by. A large bow conceals the fastening at the lower point of the pocket.

MEN RESTORED

MEN WHO ARE WRAK, BROKEN DOWN, DISCOURAGED, men who suffer from the effects of disease, overwork, worry from follies or excesses, failure of vital forces—all such men should "come to the fountain head" for a scientific method of marvelous power to vitalize, restore and sustain. On request we will send description, with testimonials, in plain sealed envelope. (No C.O.D. imposition or other deception.) This Company is one of the oldest and best known in the country. Address—

ria Medical Co. Buffalo, DEPT. N. Y.

Favorite Pieces in Fur.

The many clever and becoming small pieces provided by the furriers this season will prove exceedingly convenient.

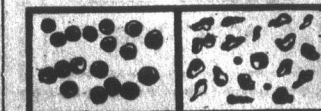


MARMOT TIE AND SQUIRREL MUFF.

lent in the late winter and early spring days, when more cumbersome ones are not so desirable. A favorite among these pretty adjuncts is the little tie here shown of marmot apparently combined with ermine. A squirrel lock muff, with handsome chenille ornaments, is another taking piece.

BLOOD CELLS.

IN HEALTH. IN DISEASE.



Man is a millionaire many times over in the possession of blood cells. Woman is not quite so rich, for scientists have proven that the normal number of red blood cells in adult men is five million; in women four and a half million, to the square millimeter.

The normal cell is not absolutely round in health, but, in disease, becomes extremely irregular in shape. Every one can be in perfect health and possess the millions of rich red blood corpuscles if they only know how to go about it. Dr. R. V. Pierce, consulting physician to the Invalids' Hotel and Surgical Institute, at Buffalo, N. Y., advises every man and woman to prepare for a long life by observing nature's laws. In the first place, if your digestion is faulty, and the food you eat is not taken up by the blood and assimilated properly, you need a tonic and digestive corrector, something that will increase the red blood corpuscles; he believes in going about this in nature's own way. Years ago, in his active practice, he found that an alternative extract of certain herbs and roots, put up without the use of alcohol, would put the liver, lungs and heart into fuller and more complete action. This medicine he called Dr. Pierce's Golden Medical Discovery. By assimilating the food eaten, it nourishes the blood, and, instead of the ill-shaped corpuscles, the person's blood takes on a rich red color and the corpuscles are more nearly round. Nervousness is only the cry of the starved nerves for food, and when the nerves are fed on rich red blood the person loses those irritable feelings, sleeps well at night and feels refreshed in the morning.

KNOWLEDGE IS POWER.

If you want to know about your body, read Dr. Pierce's Common Sense Medical Adviser, which can be had for the cost of mailing, 50 cents in one-cent stamps for the cloth-bound book, or 31 stamps for the paper-covered volume, 1000 pages. Address Dr. R. V. Pierce, Buffalo, N. Y. Dr. Pierce's Pleasant Pellets cleanse the bowels and stimulate the sluggish liver.

WOMAN IN WHITE.

A Tremendous Vogue For Lingerie Blouses—White Velvet Redingotes. All the most fashionable white silks and satins have an exceedingly brilliant luster finish. They are qualified by the terms oriental, lustrous and argent.

Very pretty are the youthful white lingerie waists, two-thirds in lace in settings, and the tops of the full sleeves, trimmed with shower groups of narrow bebe ribbons, curled on the edges by a hot iron or a pipe stem. This curling process one may do for herself. A few such ribbon strands are sewed on the full sleeve close to the gauntlet and pipe stemmed in the same way.

There is a tremendous vogue for lingerie blouses this winter and, truth to tell, it is a wiser mode than one would at first imagine. They are always fresh and dainty, not at all perishable and as warm as any of the lighter weight silks when worn over one of the well cut linings of heavy india silk. Then, again, they may be worn all through the year and in character of fabric answer a certain hint of informality in the nature of the blouse proper. At any rate, modish women are buying them by the wholesale and seem to like the innovation of wearing batiste and linen in midwinter.

An illustration of very dainty lingerie is here reproduced from Vogue, in which also these various items of white fashions are gleaned. This is a chemise of fine white linen lawn, with yoke pieces inset between insertions of real valenciennes, which at the sides have narrow panels of hand run tucking between. Lace and insertions border the neck, with ribbon run lace heading between, and a lace frill finishes the sleeve. The embroidery on the yoke is in the finest French handwork; the design sprays of roses with buds and foliage. Below are short groups of hand run tucks at the front, the fullness at the back being gathered. The skirt is of nainsook in five goes, with a deep flounce tucked in points at the



EXQUISITE LINGERIE.

top, and in plaid effect in the medallions that are inset between the valenciennes lace insertions. A wide lace ruffle finishes the skirt, and the two ruffles beneath are edged with lace to match in two different widths.

There is no longer the least question of the foremost place having been given to velvets for ceremonious day wear at functions of whatever kind as well as for visiting. Besides the complete velvet costumes in two pieces, still later in points of irreproachable style are velvet and cloth redingotes worn with taffeta skirts of the same tones.

Fashion's Echoes.

For finger rings the emeralds are said to lead all precious stones.

Among the novelties of the season is a material called voile d'hiver (winter veiling).

The iridescent garnishes are among the loveliest trimmings for evening gowns, and for them opalescent effects prevail.

A small bonnet is so much worn now for the theater and evening concerts that it threatens to become the only kind of headgear that can be worn.

Dyed laces remain in high favor, and there are sets comprising gallions, insertions and edgings of various widths in modish tones.

Among the newest wrap materials there is a beautiful plush that very strongly resembles fur. In gray tones it suggests squirrel.

Cashmere promises to be highly fashionable for the coming spring costumes. As newly revived it is softer, more supple and delightful than even of old.

In juvenile wear the kimono shape is shown in all sizes, even to that of the smallest baby.

A five pocket director's coat is a pleasing Parisian invention, comprising two large hip pockets, one breast pocket and one pocket in the turnover cuff of each sleeve.

A bonnet made entirely of small ostrich tips on a white silk foundation is the latest of dainty affairs for a baby's wardrobe.



No! I never thought I'd come to polishing my own shoes until I tried this. You'd shine yours if you ever tried.

2 in 1

It only takes a minute in the morning for either Black or Tan Shoes. It's a genuine pleasure to have your boots polished as you want them, and you don't waste time at a shoe-shining stand either.

Black and Tan—10 and 25 cent boxes and 15 cent collapsible tubes. At all dealers.

Ownership of the London Times.

The following letter was recently published in his paper by Mr. A. P. Walter, chief proprietor of The Times: "The control of The Times has been in my hands for a good many years past. It is there now, and there it will remain until events over which mortals have no control shall place it in the hands of my successor. Until that happens you may rest assured that no outside influence of any kind or of any origin will ever be permitted to affect the character of the great institution which was founded by my great-grandfather 120 years ago, and which has never for a moment passed from under the control of his lineal successors, and which I, in my turn, have the honor and the responsibility of conducting to-day."

YOUNG AGAIN AT SEVENTY-TWO

How Oaxite Richard J. P. Feels After Using Dodd's Kidney Pills.

They Make the Kidneys Strain out of the Blood all the Seeds of the Diseases that Trouble Old Folks.

Acadie Siding, Kent Co., N. B., Feb. 13.—(Special).—After suffering for forty years from Kidney Trouble, Oaxite Richard, the well known Justice of the Peace here, is fully recovered and he says that Dodd's Kidney Pills cured him. "Yes," says Mr. Richard, "I had Kidney Trouble over forty years, with the result that I was a worn out man at seventy-two. Then I started taking Dodd's Kidney Pills, and the result is that the pain is gone from my back, and I am able to work again."

Dodd's Kidney Pills make the old feel young again. They make the Kidneys sound, and sound Kidneys strain out of the blood the seeds of the diseases to which the old are subjected, such as Backache, Rheumatism, Urinary and Bladder Troubles, etc.

A Nightmareless Rabbit.

A bachelor whose skill at getting up dainty supper dishes assures him plenty of company in the evenings is responsible for a substitute for the Welsh rabbit that is free from nightmare. He covers lightly toasted bread with finely grated cheese and instead of slipping it in the oven places it beneath the flame of the gas broiler until the cheese has been toasted a light brown.

If a good cream cheese is used there is not the slightest suggestion of soginess or greasiness, and even those to whom a rabbit means a night of troubled dreams may indulge in this with no fear of evil consequences.

The trick lies in the grating of the cheese. Broken into bits, it would melt into a pasty mass. Finely divided, each particle should be individually toasted before it has a chance to melt down, and in that state it is readily assimilated.

The biggest sins are the ones for which we have no appetite.

Lime, Cement AND Cut Stone.

We keep the best in stock at right prices.

JOHN H. OLDERSHAW,
Thames Street,
Opposite Police Station...

Glenn & Co.,

WILLIAM ST

Import direct the finest Ceylon, Assam and China Tea, Black Gunpowder and Young Hyson, Best English Breakfast Tea 35c and 40c.

Robert Riddell & Sons

—JOBBER OF—
Blacksmith and Machine Work

SAWS GUMMED while you wait

Shop on King St., opp.
C. P. R. Depot, - Phone 363

Muscles In Tension.

The Revue Scientifique has been asking what muscles tire soonest, with the conclusion that it is not the muscles in use, but those under tension, although doing no work. The writer urges us to use the arms and legs less and the back and neck more, for on them comes the greatest strain. He has been asking men of all occupations the same questions:

When you have worked much, where do you feel tired?

Before you were trained did fatigue show itself in the same regions?

All the answers point to the same conclusions. The baker who kneads dough all night complains of fatigue in his legs.

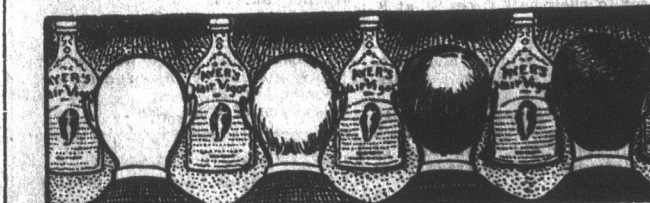
The blacksmith is tired, not in his arms and shoulders, but in his back and loins.

The young soldier, after a march, is especially tired in the back of the neck, even if he has carried no knapsack.

The oarsman who is in perfect training after prolonged exercise gets tired in his calves and insteps.

These facts point to the conclusion that in any continued effort we should try to alter the habit of contraction. That is to say, the body, like the mind, needs change of work.

Minard's Liniment Cures Burns, etc.



This your head to the left?

Then there's no use trying. It's too late! Nothing in the world can make hair grow on a bald scalp that has been smooth and shiny for years. It's too late! No use trying now!

Or is this yours to the right?

Good. Only look out for dandruff! It leads straight to baldness. But there's use trying now, for Ayer's Hair Vigor cures dandruff, keeps the scalp clean and healthy, and checks falling hair.

Made by the J. C. Ayer Co., Lowell, Mass.
Also manufacturers of
AYER'S SERRAVALLE—For the blood.
AYER'S CHERRY PECTORAL—For coughs.
AYER'S AGUE CURE—For malaria and ague.