

of gardens. On the site of Beauport the English were defeated by the French in the attack made by Wolfe, on the 31st July, 1759, in which disastrous encounter the English lost nearly 700 men. At about the distance of seven miles from the city are the Falls of Montmorency, which can be seen from either above or below. The views from both places being so grand, the visitor is advised not to neglect a sight which has hardly a parallel. Leaving the Hotel on the farther bank of the rushing river, he descends by a flight of steps on which is constructed a stand, commanding a view of the summit of the Falls, the sound of whose roar in that locality is more than bewildering. The wild leap of the mad waters dazzles the brain and creates a whirl in the mind which is not easily forgotten. The view from below is even more magnificent and grand, for the water descends as if from some unknown height, and seems to threaten with destruction the beholder.

It often happens that the stranger neglects to visit a place of great interest, the Natural Steps, whose beauties can hardly be described. They are not further situated than about half a mile above the Falls, and are reached by a delightful pathway through the woods and fields. It is an irregular formation of stone steps, being perfectly horizontal, and descending to the bank of the mad rapids. On one side the precipitous banks, reaching to over 100 feet, frown down upon the dark threatening water, and are crowned and fringed by the evergreen fir-trees and the delicate fern. The scenery in the vicinity of the Falls is superb, and if the visitor be a follower of Isaac Walton, he may take a chance of a trout in the wild rapids of the Natural Steps.

THE SECOND DRIVE recommended to the visitor is that of the Citadel, and in passing to it through St. Louis street, is the house in which Montgomery was laid out; and at the foot of the hill leading to the Citadel is where the brave officer was buried, from which place his corpse was removed on 16th June, 1818, to be buried in St. Paul's Church Cemetery, N.Y. The entrance to the Citadel is through the Chain Gate, and afterwards Dalhousie Gate, where a guide will be furnished. Immediately opposite are the Officers' Quarters, in which the Princess Louise resided while in the city. Within the walls are casemated barracks, loop-holed for musketry and commanding the trenches, with which the Citadel is surrounded, and the whole country landwards. The Harbour is commanded by strong batteries, on which are mounted two Armstrongs and

This is not talk but truth, sick headache cured by