

SIMEON'S PROPHECY. (By Jeanette Collier.) Who is the man whose snow-white

beard Descends upon his breast? And who the maid, with modest mien Of beauty fair possessed? What Child so fair, with golden hair, Upon her bosom pressed?

This is the Babe of Bethlehem, His mother, Mary, mild, And Joseph, who with loving care, Protects both Maid and Child. (And oh, how blest to be the guest Of three so undefiled!)

'Twas Simeon who saw the three Apart from all the rest, Who hastened out with happy heart And to his aged breast The beauteous Child, Who sweetly smiled

With tender love, he pressed. Raising his eyes to heaven above

His thanks to God he gave, That he had lived to see the One Sent all mankind to save. "Now after this, O Lord, dismiss Thy servant to the grave.

"Lo, Thou Thy promise hast fulfilled; Mine aged eyes have seen The little King, Whose humble birth Long heralded has been. And thou, fair Maid, be not afraid, For thou art Heaven's Queen.

From wickedness and sin; He comes unto His own, but they Will not receive Him in; But by His life of bitter strife Pardon and peace will win.'

The Virgin Mother knew full well The prophecies he spake. She knew, alas, the sacrifice That she had come to make; All he would tell, she knew full well

Her throbbing heart would break. But Simeon paused. The Virgin spoke: 'Why art thou silent now?" He raised his head, within her eyes And on her saintly brow Courage and love sent from above Blend in a heavenly glow.

"Since God so wills," the old man said,

"Thy soul a sword shall pierce Serrow and pain and suffering Shall rend in anguish fierce His Sacred Heart, of thine a part Throughout the coming years."

IN ASSOCIATION WITH NON-CATHOLICS.

It is not the correct thing: To be unable to give a lucid explanation of one's belief. To be fond of arguments and religious discussions.

Church or her ministers.

falsehood. which the Church never taught.

FIVE-MINUTE SERMON.

(By Paulist Fathers.)

Men and women in the world are so it is truly necessary for them to have such a season in the year as Lent. true and proper sacrifice; and says it is one and the same Victim and With the care and anxiety which every person experiences making a livery person experience person experiences and a livery person experience person experiences a livery person experience ing, there must be joined a sort of fered Himself on the cross, only the But to thee, O Heaven-sent leader, we check-rein to prevent him from forgetting entirely his one great purall Christians are expected to call a offering c a substantial thing made Let the others keep their lucre—ours halt; to consider spiritual matters, and if necessary, make the needed its destruction, or equivalent destrucchanges in life.

Were a great bargain-sale announced by some department store every year,

How Is

Every place you go you hear the same dead question asked. Do you know that there is nothing so dangerous as a neglected cold?

Do you know that a neglected cold will tura into Caronie Bronchitis, Pneumonia, disgusting Catarrh and the most deadly of Many a life history would read different ter; (3) there is the mystical hestrucif, on the first appearance of a cough, it tion in the consecration of bread and had been remedied with wine; (4) Mass is offered to God

Dr. Wood's Norway Pine Syrup

which make the pine woods so valuable in means a disordered stomach, and a the treatment of lung affections.
Combined with this are Wild Cherry

For Coughs, Colds, Bronchitis, Pain in the Chest, Asthma, Croup, Whooping Cough, Hoarseness or any affection of the will follow their use. Throat or Lungs. You will find a sure cure in Dr. Wood's Norway Pine Syrup. Mrs. C. N. Looner, Berwick, N.S., writes: "I have used Dr. Wood's Norway Pine Syrup for coughs and colds, and have always found it to give instant relief. I also recommended it to one of my neighbors and she was more that pleased with the other day a neighbor visited the other day and the other

Dr. Wood's Norway Pine Syrup 25 cts. | an with interest, she asked the litwrapper, and three pine trees the trad:
mark. Refuse substitutes. There is one's
one Norway Pine Syrup and that one is
D. Wood a.

or were the hippodrome to throw open its doors for forty days every year just to let people enjoy themselves, no doubt these chances would not be overlooked. And more than once a week the people would attend. There would be crowds and crowds of the same people appreciating their opportunities.

But what about the facts of real living? Is it no little matter to improve the condition of our souls? Sick people must put aside the cares and worries of this world so that their health may be restored. Peace, quiet and a certain diet are necessary to regain strength. It is no different with the life of the soul. We all know the good, the value of a reformed life; and there are very few of us who can neglect the care of our hearts more than a week without being worse off. Let us be wise in things that pertain to God and our souls, let us not miss the opportunities of progressing toward a purer heart, by making good use of Lent. This is the bargain season of the soul-do not neglect this annual chance to come nearer to God. And how are you going to do this? The answer is a question: How to keep Lent? The Church lays down for us all certain regulations which are wise and founded on an experience un-der the guidance of the Holy Spirit. Her laws are not made to suit the whims and fancies of everybody, but made for the spiritual benefit of all the faithful. She gives us the law, but like a kind, good mother, "Thy Son is sent this world to save makes allowance for those of her children who are weak and, owing to their conditions and surroundings, are unable to keep the strict observance. How should you keep Lent? Stand faithfully to the law if you can, and the keeping of it will bring you nearer to God. If you cannot do so, and must make use of the generous dispensations the Church has granted, then, I say, you should do your best to show you want to enter into the spirit of this holy season by beginning and ending it in the spirit of penance. Hence you must, if you would follow the example and command of our Lord, deay yourself. If you cannot abstain from meat, you can abstain from intoxicating drinks. If you cannot fast from your ordinary food, cut out the mary luxuries you

THE DOCTRINE OF THE SACRI-FICE OF THE MASS. (Sacred Heart Review.)

little over it, you can spend mary an

vices that are usually given to social

visits. Think well over this question,

how to make use of Lent, and fol-

low out the inspirations you get af-

ter careful prayer.

The Eucharist is both secrament and sacrifice. There are several points To agree weakly to slanders on the of difference between the Eucharist But they scarcely felt the pain—their their employment, or would endanger reputation and integrity of the as a sacrament and as a sacrifice. The efficacy of the sacrifice lies in To manifest surprise or impatience its being offered, and of the sacrament at the failure of any one to grasp a in its being received. The Eucharist truth that seems so plain to one's as a sacrament increases our merit, For a Catholic to say that one ages that food gives to the body. As Church is as good as another; for a sacrifice the Eucharist is not only every intelligent Protestant knows a source of merit but also of satisfaca consistent Catholic cannot tion for sin. Again the Eucharist as think so, and that a Catholic who a sacrament benefits only the person When they perished—humble martyrs, says he does is telling a deliberate who communicates; if it obtains graces and blessings for others, this To try and find excuses for doctrines happens only through the goodness of God. But as a sacrifice the Euchar-To go to a Protestant church and ist is offered for and benefits the And no diamond the Orient, then neglect to mention the fact in whole Catholic Church, and its satisconfession, on the plea that one only factory power is extended to all faithwent "to look on," "to pass away ful Christians living and dead. Lastthe time," "to listen to the music," ly, the chief end of the Holy Euch- Oh! "to see what it was like," "because arist as a sacrament is our own sanca friend desired it," etc., and not to tification, while its chief end as a take part in the service .- Missionary. sacrifice in the Mass is the supreme worship of God. There is conse quently a clear difference between the Who can touch our silent harp-strings? Eucharist as a sacrament and as a sacrifice.

The Council of Trent (sess. xxii. the same Offerer now offering by the manner of offering is different." Council has not defined a sacrifice. Sacrifice is commonly held to be an to God by a fitting minister through tion. Sacrifice is made to God alone His supreme dominion over life and death is shown in the destruction of Holy Patrick! Great Apostle! thou the victim, to acknowledge God's supreme dominion and to appease Divine Justice when sin has been com-

The Mass, according to the penny Catechism, is the Sacrifice of the Your Cold? Body and Blood of Jesus Christ, really present on the altar under the appearance of bread and wine, and offered to God for the living and the

In the Mass there is all that we need for a true sacrifice: (1) a visi-ble thing, i.e., the Body and Blood of Christ under the appearance of bread and wine; (2) the offering is made by Christ through His minisalone-never to saints or to our Lady; (5) Mass is offered for the living and dead, "for all faithful Christians living and dead," as the Church says at the offertory.

For the Overworked .- What are the causes of despondency and melancholy? This wonderful cough and cold medicine A disordered liver is one cause and contains all those very pine principles a prime one. A disordered liver disordered stomach means disturbance of the nervous system. This brings Bark and the soothing, healing and expectorant properties of other pectoral herbs and barks. melee's Vegetable Pills are a recognized remedy in this state and relief

ITS STOPS.

Little Tillie had received from her father a short time ago a toy organ.

The other day a neighbor visited Tillie's mother. Examining the or-

Don't Walk the Floor With Baby of flesh meat may be used in prepar- of guidance for experts, such sum-

But put your treasure in our **Little Beauty** Hammock Cot

where babies never cry.

NOTE Double springs attached to the bassinette hang from the standards and respond to the slightest movechild.



your time is valwith other duties amusements. need your rest.

The Geo. B. Meadows Toronto Wire. Iron and Brass Works

67 Wellington Place

To Saint Patrick

(By D. F. Hannigan.) Holy Patrick! Great Apostle, called by God to save our nation From the hideous yoke of heathendom, the servitude of sin!

inspired with glorious visions be called the Isle of Saints.

some mighty artist paints! And, when free, in thine own country, porticos of the Church.

still thy heart was drawn to Ire-In thy dreams she rose before thee, lovely as the Virgin Dawn;

Ah! how fruitful was thy mission! Eagerly did Ireiand's daughters,

Conquered by the Saviour's Gospelthen no more dark feuds and slaughters! For the Island thrilled and trembled

with a joy sereme and sweet! so often indulge in. If you think a hour in prayer and at the church ser- All the fabled gods our fathers wor-

> where thy footsteps passed; Every Irish heart responsive, quiver- law, in favor of those who are not tention, modesty and piety. ed when the Lord had spoken, they will hold it to the last.

Vain were cruel persecutions to de-obliged to make long and painful jourstroy that Faith eternal;

rose up triumphantly to God!

and gives to the soul all the advant- For the fragrance of the lily cannot typify the beauty Of the home our homeless fathers found when famine chilled their it; Christian mortification being at

> facing death as if 'twere duty-Oh! I know these deaths have purchased some imperishable good!

no pearl beneath the ocean, Can be weighed in the same scale with gems hid acep in Irish souls.

the angels gather up that wealth coined by such rare devotion! It enriches even the heavens counted on God's judgment rolls!

Who can write our Island's story?

who can paint the wondrous picture of our monks, our vestals' lives busy with their countless affairs that can. 22) defines the Mass to be a That rise up like star-eyed spirits robed in everlasting glory-Like some sun with light too blinding that our mortal frailty rides?

> owe all that makes our nation Foremost in the high achievements of the knighthood of the cross!

the heav'nly exaltation That makes suffering a splendor that consoles us for all loss!

wilt be with us for ever, For not dead, but ever-living, art thou now, beside God's throne! All the evil of the ages, us from thee will fail to sever

Thou hast won as We have won thee. Saint, and thou art ours alone! Toronto, St. Patrick's Day, 1908.

that causes ill-health. One great render the fast fruitless, merely to cause of disease in children is worms, weaken the body, without fortifying in this palisade? Remove them with Mother Graves'

99.90% Pure

St. George's **Baking Powder**

so satisfactory. It is the purest Cream of Tartar Baking Powder that Science can make. Send for our free Cook-Bookfull of choice new recipes.

National Drug & Chemical Co. 21 of Canada, Limited, Montreal

Write a postcard asking for our booklet of "Babies' Sleep."

Limited - TORONTO, Ont.

(From the Appendix to the Ritual,

The Holy Season of Lent

p. 238.) The Church commands us to begin, of the faithful, and allowed to assist Christ, after having died to sin dur- hatchet sin inches by three, a pipe at the divine offices only under the ing those penitential days.

than if she had been thy sireland, unto dust thou shalt return." These tion. Thou didst vow to save her maidens words should recall to our memory Every day, as far as your occu- me. It is strange that neither Mr. You should endeavor, brethren, to you may ever see.

sanctify yourselves by the fast of Beware of being drawn into the fatto deserve His grace.

And our people held the Faith—as also the same indulgence to nurses bishop of Toronto.] twenty-one years of age; she grants and pregnant women, to the infirm and valetudinarians; to such as are Ah! how many died in anguish who by fasting would be render-since thy feet our green fields trod! ed unable to discharge the duties of eyes were fixed on Reakns Super- their health. Everyone is obliged to consult his own confessor, to listen And their souls, released by Death, to his advice, and to beware of follewing his own sensual inclinations. Fasting may be observed entirely, or in part, by such as are under twenwhen they are strong enough to bear

> every age an important duty. instructed with regard to the duty of case." the mind by the word of God, which

meditate on, every day. We must remind you here of the rules established in this diocese, with respect to fasting and abstinence, during the holy time of Lent. 1. All days of Lent except Sundays

are fast days. 2. On these days only one full meal is allowed, and it is to be taken about noon, unless a change in the hour is approved by the Pastor or

Confessor. 3. They who fast may take a cup of tea or coffee with a small piece of bread or biscuit-nothing else-in the morning, and in the evening a collation of about eight ounces of food.

4. The following persons are not obliged to fast: All under 21 and all over 60 years of age; the sick and infirm; women nursing or bearing children; and all engaged in servile or Confessor is to be consulted.

abstinence, but by special Indult the faithful of the Diocise are permitted to use flesh meat as often as they wish on Sundays and at the principal meal on Mondays, Tuesdays, Thursdays and Saturdays, except the Sat-

ing food. 8. The Faithful are recommended ing: Cross.

Communion ma, be fulfilled any day from Ash Wednesday until Trinity Sunday, both these days included. By fulfilling it early in Lent our acts

ous for ourselves. tices, or servants, you are obliged in covered on the hill-top, save ironscience to have them instructed in axes, and why, I shall explain later and strength, and induce them by that his observations were too superyour advice and example to make a ficial. fit preparation for their Easter con- On the very morrow after the dis-

fession and communion, on Ash Wednesday, the holy time of to confession, to prepare yourselves water, and myself, returned to the Lent. It is called Ash Wednesday, for this great duty, and to accom-Thou didst carry to our fathers the glad tidings of salvation;

Thou didst teach them how by faith

Thou didst teach them how by faith because the Church puts blessed ashes plish it as soon as possible, that your Rummaging in a tomato patch in the on the heads of the faithful. The fast, being observed in the state of southeast corner of the Martyrs' Hills and love the bliss of Heaven to has established this ceremony to excite, in the souls of those who receive the ashes on their heads, senti-Thou, enslaved in pagan Ireland, wert ments of humility, penance and mor- engaged in bad habits, or who live in of these were potsherds, some of which tification. By this pious practice, she enmity; that we may not be under I collected myself and have them still Of a future when our country should intends to retain come traces of her the painful necessity of seeing you at ancient custom and discipline with re- that time, deprived of the happiness picked up later, are two axes from When in spite of bloody frays and spect to public sinners, who being of making your Easter Communion; the high level plateau, fragments of vengeful hates and base derisions, covered with sackcloth and ashes, but we wish that, on the contrary, clay pipes and potsherds from the Ireland should be like the Paradise were separated from the Communion you may all rise again in Jesus south-east corner. This summer a

The priest, in putting ashes on the ing mercy from God. Behold the days bone, glass and stone, enough for a heads of the faithful, makes use of of Salvation. We exhort you not to string four inches long, were picked these remarkable words taken from receive the graces of God in vain, up at the same spot, and are now in the 3rd chapter of Genesis: "Re- but to do all in your power to em- my possession. Other axes belonging And with love more deep and tender member, man, that thou art dust, and ploy them properly for your salva- to different persons, and which were

fair, her sons of dauntless brawn! the sentence pronounced by God pation will permit, you should assist Morrison nor Mr. Canavan, both of against mankind on account of sin, at Mass and at the public prayers. whom have worked the farm, should and teach us to submit to that sen- Pass the three days before Lent in have been questioned by Mr. Andrew tence, and prepare ourselves for it, prayer, begging of God the grace to Hunter, who was so painstaking on Delicately-veined princesses, war-by a penitential life, remembering make a good use of the holy time, the occasion of his visit. rior kings, fall at thy feet, that the moment thereof is uncertain. which perhaps will be the last Lent that the moment thereof is uncertain. which perhaps will be the last Lent

Lent, to bring forth worthy fruits of al custom of worldlings, who pass penance, to return to God, and strive these days in criminal excesses, in idle amusements, and in all sorts of During that time, you are obliged scandalous disorders. Remember that Township, p. 29, No. 25. There is to fast every day (Sundays excepted) you have renounced all these things shipped then were crushed and from Ash Wednesday to Easter Sun- at your baptism, and that you are This is the general law pre-obliged to regulate your conduct as Druids flung aside their idols gladly scribed by the Church for her children. children of God and of the Church, at Nevertheless she dispenses with this all times and places, with strict at-

MARTYRS' SHRINE

(Continued from page 6.)

gave a list of ten sites: "Amongst Martyrs' Hill, the author tells us; the villages that in this way prove (?) to have been palisaded were: Nos. 9, 11, 22, 23, 21, 25, 26, 13, 35 and iron knives and iron tomahawks, the A very convenient way.

OH, MR. ANDREW HUNTER! ty-one years of age, or above sixty, determined that these ten sites and ert Lockhart (lot 4, east half), (now. all the others in Tiny and Tay, set the Martyrs' Hill) were some refuse

day commanded, unless he is excused petent person" bases his judgment stances, upon an old lake terrace." broken by making an entire evening meal, or by eating indifferently of all months before this visit "the land had erected. (The "red bollyhocks" besorts of food; 3rd. That it is a duty been mostly plowed for crops, and hind the barn). for the faithful to submit to the ex- turned up to a depth of six or seven amination and determination of their pastors, whether their work or their journey be incompatible with fasting; 4th. That it is a criminal complais-

after meals. It also derogates, at one buried deep in the earth.

Six or seven inches of excavation producing evidence of occupation. criminal excesses; for the end of the palisaded. To prove a negative is east half of lot 34, concession Help your children to grow strong and robust by counteracting anything works. In a word, that it is to pose, in Tay, Tiny or Medonte. And 16: p. 28, No. 20 et passim). now what if there were no post-holes Of this out-dwelling there are num-

Worm Exterminator. It never fails, you should frequently hear, read and preciate at their just value, without Indian villages of Huronia.

TIRED freshment from sleep.

They have a dizzy sensation in the head, the heart palpitates; they are irritable the lightest household duties during the day seem to be a drag and a burden.

MILBURN'S HEART AND NERVE PILLS

are the very remedy that weak, nervous, In case of doubt the Pastor then the blessings of good health.

They give sound, restful sleep, tone up years. 5. All the days of Lent are days of bestinence, but by special Indult the hithful of the Diocese are permitted the process of the nerves, strengthen the heart, and make rich blood. Mrs. C. McDonald, ithful of the Diocese are permitted to the process of the nerves, strengthen the heart, and make rich blood. Mrs. C. McDonald, leave the process of the nerves of the n troubled with shortness of breath, palpitation of the heart and weak spells. I get four boxes of Milburn's Heart and Nerve Pills, and after taking them I was

mary pronouncements as the follow--"At other palisaded villages during Lent to abstain from all in- sites of the Hurons in the same town-During the day toxicating drinks in remembrance of ships, the palisade lines are readily the Sacred Thirst of Our Lord on the traceable at this day, and they could be traced here also (at Martyrs' Hill) uable, taken up 9. They will take no part in public if it were not an imaginary site... Even if the village were no older than-10. They will assist regularly at the the beginning of the winter thereand at night you Lenten devotions held in the Parish would be village debris and palisades church, and will recite in their homes lines, and the preposterous assumpat least a third part of the Rosary tion as to the absence of anything off during the family night prayers. this kind is too ridiculous to 11. The obligation of the Easter any serious attention, etc., etc." this kind is too ridiculous to merita.

NOW FOR THE RED HOLLY-HOCKS.

I come now to the question of ashof penance and of other virtues, done beds, refuse heaps, and the remnantsin the state of grace, will be more usually found in such deposits. pleasing to God and more meritori- which are somewhat analogous to the kitchen-middens of Northern European If you have any children, appren- countries. None has yet been disthe knowledge of God, the mysteries on. Mr. Andrew Hunter is at faults of religion, and in the maxims of the if he supposes none exists on the Gospel. You must likewise give farm "too hastily purchased in be-them the means of accomplishing the half of the Corporation of St. Mary's Lenten duties according to their age College of Montreal." This shows

covery of the site, Father Quirk, Mr. We exhort you not to put off going J. C. Brokowski, barrister of Cold-Among the objects in my collection, bowl in clay with a human head, the This time is propitious for obtain- familiar bugles and beads of shell, found on the farm, have been shown

MR. HUNTER SAW THEM.

But what is stranger still, is that' Mr. Andrew Hunter seems to have overlooked what he himself placed on record in his monograph on Tav question here of 'he meeting of four farms, Mr. Robert Warden's land lying adjacent to Mr. Patrick Canavan's in concession viii., on the east side of the road, and Mr. John Morrison's lying adjacent to Mr. Robert Lochart's (the present Martyrs' Hill, the site of the shrine) on the west side. After speaking of the rather surprising ashbeds found by Mr. Warden, he was digging the cellar for his dwelling house, which situated, as in so many other instances, near the "Numerous relics were also found, including beads (native and European). latter in considerable numbers. Across the road in Concession 7, near the boundary between the farms of John Well, well' So when Mr. Hunter Morrison (lot 2, east half) and Robdown as palisaded, were so in reality, mounds. And in the adjoining cor-he had done no delving, "this was ner of Patrick Canavan's land (south It is necessary for you to be well not attempted by the writer in any west quarter of lot 4, concession 8); a few relics have been picked up. It It is certain: 1st. That I think that settles the question of is estimated that the camp here every Christian commits a mortal sin palisading. Hereafter we shall know covered about fifteen acres altogethas often as he fails to fast on each just on what a "real expert" "a com- er, situated, as in so many other inby some lawful reason, or such as when he decides that a village was Precisely. Here are the middens, and may be judged so, in doubtful cases, palisaded or was not palisaded. Mr. here the camping grounds which the by those who are charged with the Andrew Hunter visits the "Martyrs' army of workmen, French and Hucare of souls; 2nd. That the fast is Hill." Now, at last, we shall have rons, occupied at the time the palis-

ance to break the fast, in order to sunk in the ground rots sooner at the Oh, no, but he must forestall i any please a friend who may invite us, or surface, when in contact with the air, use being made of it: "It will not whom we may invite to eat before or and unprotected from moisture, than be sufficient," so he rules, "to say there are sites in the neighborhood make use of intoxicating liquors, would not suffice to read any re- That is, translated into schoolboy without necessity, out of mealtime; and, indeed, the fast may be greatly infringed by so doing: 5th. That it is siming against the object of the require much examining with a spade cession road had any retroactive effast and the intention of the Church, to find the palisade of any particular fect on the Indian sites of two hunmerely to abstain from the use of site," which invigorating process was dred and fifty-eight years ago? Modflesh-meat and to frequent gambling-not so congenial, nor as expeditious, ern fences are no bar to him when it houses, to give ourselves up to world-as taking a mental snapshot of the suits his convenience, and when he ly diversions, to evil company, to use- position and pronouncing judiciously does not write for effect. Instance, less or idle conversations, to hatred, both upon its commanding position on page 34, same Monograph, No. 41; to enmity, to impurity, and to other and upon the fact of its having been "A similar small site occurs on the fast is, to humble us, to mortify our not an easy matter, and to demons- In the extreme southeast corner, the passions, and to destroy sin in our souls; 6th. That it is to render the fast useless, to suffer with murmur- to dig all around the brow of the hill joining land of Joseph Greatrix." So ings and impatience the inconvenien- and all over the level approach at it does, and so does the same campces which accompany it; 7th. That the rear. But this he has refrained ing-ground extend over the four cornthe fast is carnal, when it is not join- from doing either at the place in ques- ers and into the four farms mention-

> erous instances, owing to various rea-Hereafter we shall be able to ap- sons, no doubt, throughout the many Mr. Hunter, for reasons best known

> to himself, has not always been so WEAK How many women positive in deciding that they did not belong to an adjacent site: "But whether they were outlying habita-tions of the last mertioned site (No. They wake in the morn- 18) or a distinct site altogether, WOMEN ing and feel tireder than have not been able to decide. (Monograph on Tay, p. 27, No. 19). Still, taken altogether, and in comparison with what is to be met and nervous, weak and worn out, and with elsewhere, the tokens of lodge fires are not plentiful around the Martyrs' Hill, howsoever ratensive the land surface may be over which they were scattered, for many have disappeared totally, washed out by the rains of over two centuries and a half. They had not had time toaccumulate or to reach the thickness: of deposits which are to be found ora other village sites, where the occu-

pancy had lasted eight, ten or fifteen (To be Continued.)

A SECONDARY AMBITION.

A Washington lad was being catechised one day by a well-meaning visweek.
6. Fish and flesh-meat are not to be used at the same meal on any day of Lent, Sunday not excepted.

Nerve rins, and after taking them I was completely cured.

Price 50 cents per box or three boxes for \$1.25, all dealers or the The T. Milburn Co., Limited, Toronto, Ont.

Nerve rins, and after taking them I was said the lady, "don't you think you have a chance to be President of the United States?" "Oh, Z don't know" answered Harry carelessly. "Maybe I'll try for it after I get to all the lady, "don't you think you have a chance to be President of the United States?" "Oh, Z don't know" answered Harry carelessly. "Maybe I'll try for it after I get to all the lady, "don't you think you have a chance to be President of the United States?" "Oh, Z don't know" answered Harry carelessly. "Maybe I'll try for it after I get to all the lady, "don't you think you have a chance to be President of the United States?" "Oh, Z don't know" answered Harry carelessly. "Maybe I'll try for it after I get to all the lady, "don't you think you have a chance to be President of the United States?" "Oh, Z don't know" answered Harry carelessly. "Maybe I'll try for it after I get to all the lady, "don't you think you have a chance to be President of the United States?" "Oh, Z don't know" answered Harry carelessly. "Maybe I'll try for it after I get to the house." itor to the house. "Well, Harry,"