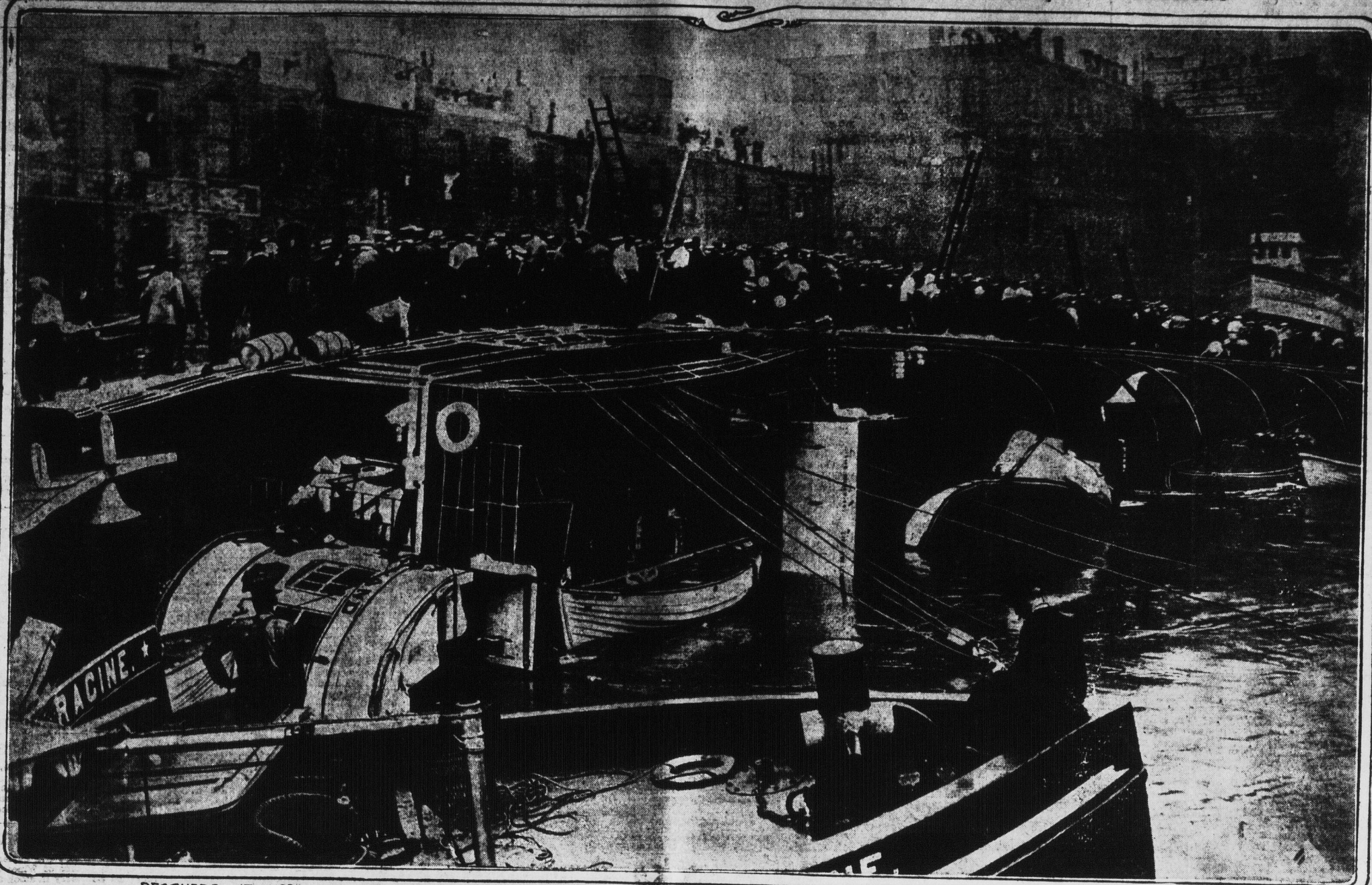


RECOVERING BODIES OF ILL-FATED EXCURSION STEAMSHIP EASTLAND, AT CHICAGO



RESCUERS AT WORK ON THE STEAMSHIP EASTLAND A FEW MINUTES AFTER SHE TURNED OVER IN THE CHICAGO RIVER.

World's Shipping News

MINIATURE ALMANAC.

July—Phase of the Moon.
 Last quarter, 4th 1h. 54m. p.m.
 New moon, 12th 5h. 31m. p.m.
 First quarter, 19th 5h. 9m. a.m.
 Full moon, 26th 8h. 11m. p.m.

...of W.
 ...Sun Rise
 ...Sun Set
 ...H. Water, a.m.
 ...H. Water, p.m.
 ...L. Water, a.m.
 ...L. Water, p.m.

30 Fri 6.11 7.49 2.01 14.31 8.28 20.49
 31 Sat 5.12 6.48 2.30 15.19 9.13 21.36

PORT OF ST. JOHN.

Arrived Thursday, July 29.
 Steamer Nevada, 794, Willett, Parrsboro, R.P. & W.F. Starr, coal and cleared.

DOMESTIC PORTS.

Newcastle—Old stmr Altibar, Huworth, Manchester.
 Dalhousie, July 26.—Arrd stmr Thekla (Nor), Copenhagen; Hatholman (Nor), Aalborg; Norden (Dan), Chatham; Georgetown (Am), Quebec.
 Old July 27, stmr Olga (Rus), Preston; Georgetown (Am), Niagara Falls.

BRITISH PORTS.

Liverpool, July 28.—Arrd stmr Engelman, Montreal; 25th, stmr Niels P. Finzen (Dan), Olsen, Campbellton, N.B.
 London, July 28.—Arrd stmr Monmouth, Montreal.
 Cardiff, July 24.—Sld stmr Allie (Dan), St. John.
 Auckland, July 26.—Arrd stmr Canastota, Doty, New York for Sydney, N.S.W.; Makura, Phillips, Vancouver, B.C., via Honolulu.
 Leith, July 24.—Sld stmr Rapidan, Davies, Baltimore and Philadelphia.
 London, July 27.—Sld stmr Escalona, Parsell, New York.
 Liverpool, July 28.—Arrd stmr Cabotia, Mitchell, Newport News; Me-gantic, Metcalf, Montreal.
 Liverpool, July 29.—Arrd stmr Sagamore, Boston.
 London, July 29.—Arrd stmr Huronian, New York.
 Plymouth, July 29.—Arrd stmr Glenstrae, Montreal; Hesperian, Montreal; Hesperian, Montreal.

FOREIGN PORTS.

New York, July 27.—Arrd schrs Wm. H. Davenport, St. John, N.B.; W. M. Richards, Bear River, N.S.; Carrie E. Look, Bridgewater; Helen Montague, Chatham, N.B.
 Boston, July 28.—Arrd schrs Elsie A. Bayles, St. John, N.B.
 Boothbay Harbor, July 27.—Sld schrs

Carrie C. War, Bridgeport, Conn.

Princess of Avon, Boston.
 Machiasport, July 27.—Arrd schrs Edna, Eastport; Abbie S. Walker, Vinalhaven.
 Sld July 27, schr Lydia Grant, Jonesport.
 Genoa, July 20.—Arrd schrs Georgia D. Jenkins, McLean, Pensacola.
 City Island, July.—Arrd schrs H. S. M. Port Johnson for Yarmouth, N.S.; Jeremiah Smith, Perth, Amboy for Halifax, N.S. (both schooners anchored).
 New York, July 27.—Arrd schrs W. M. Richard, Bear River; Carrie E. Look, Bridgeport; Helen Montague, Chatham, N.B.
 Elizabeth, July 27.—Arrd schr Glyndon, Ship Harbor.

MARINE NOTES.

British schooner, 389 tons, lumber, Gulf to north shore Cuba, three trips, private terms; British schooner, 198 tons, coconuts, Ruatan and Belize to New York, private terms; schooner, 246 tons, coal, New York to St. John, N.B., thence Herring Cove to Philadelphia, lath, private terms; schooner Harold B. Cousins, 360 tons, same; schooner Moana, 384 tons, same; schooner R. B. White, 411 tons, from New York to Charlottetown, P.E.I., \$2.10 and back, Miramichi to New York, with lath, \$1.

STEAMER CAPTAINS COMPLAIN.

Much complaint has been made the present season by many of the masters of steamers coming over the shoals in relation to the practice of sailing vessels anchoring directly in the channel used by the coastwise steamers, several very narrow escapes from collision having occurred within the past few months during foggy weather. To remedy this the government is considering the adoption of rules which will make it obligatory on vessel commanders to use anchorage grounds on Nantucket and Vineyard Sounds, and prohibit the anchoring of vessels in the principal sailing routes.—Portland Argus.

DODD'S KIDNEY PILLS
 FOR ALL KIDNEY DISEASES
 CURES RHEUMATISM, BRUISES, DIABETES, GRAVEL, ETC.

FRUIT AND VEGETABLES WILL BE APPRECIATED BY MEN OF THE FLEET

People at home can help vary the rations of Jack Tar in War time.

Everybody knows that the personnel of the navy, who are waiting and watching for the day when the continuance of the Empire may depend upon what they do and how they do it, require plenty of fresh fruit and vegetables. Why is this produce not supplied to them by the Admiralty? Why is the official vegetable ration restricted to potatoes?

The answer is simple. It is that whilst the fleet is on active service the Admiralty must limit itself to supplies which it knows can be got regularly. If supplies varied from time to time, still more from ship to ship, discipline would be created which might become dangerous to discipline and contentment. There is no question of the Admiralty shirking its duty, for economical or any other reasons. When the vessels are at sea the principle that must be adopted is that of the fixed ration. Potatoes are the only article of produce which will keep and upon the supply of which the Admiralty can count absolutely.

At the same time the Admiralty is most anxious that the fleets should receive fresh fruit and vegetables. How can this be done? Obviously by means of a private, civilian association, which can send such produce as a gift; an extra course for officers and men which does not conflict with but is additional to the fixed ration and which the personnel must receive as a gift, the amount and the regular or irregular arrival of which can in no circumstances be a cause of grievance.

A Dominion Man's Work.

Canada, Ceylon, the Cape Natal, the Straits Settlements, the West Indies and other parts vied with one another in sending help. Here again the committee's wish for economy received recognition. The Great Steamship Lines followed the example of the British and Irish railways. The committee's, or rather, the navy's consignments were carried free. Business men know what this means with freight charges and space scarcely what they are.

Decentralisation and Thrift.

The work is so far an unqualified success. Sheaves of letters are received from the fleets expressing gratitude and appreciation. The medical director-general of the navy, Sir A. May, has written to the committee stating that in his deliberate opinion the fitness and good health of the men are largely due to what the committee has done. Admiral Sir John Jellicoe has cordially confirmed this. Up-to-date considerably over 3,000,000 lbs. weight of fruit and vegetables have been sent and "record" was reached in the week ending July 10th, when upwards of 200,000 lbs. weight was sent to the North Sea fleet. The produce most needed is apples, pears, oranges, apricots, grape fruit, carrots, parsnips, white turnips, and last, and perhaps most important, onions.

One reason for the committee's success is the cause itself. No man or woman of British descent needs to have that point laboured. But even a great cause can be hampered by unintelligent methods of work. A subsidiary reason for success is undoubtedly the decision to leave each branch to work on its own account. In its own way, and to retain every penny subscribed by its members to be expended in buying supplies from the local farmers and market gardeners, should the members not be producing enough themselves. A word as to this latter point. One of the committee's objects is to stimulate national thrift in using for food growing purposes every yard of land which can be so used. As a result some thousands of its members have set aside pieces of ground which they call "navy plots," and on these fruit and vegetables are being produced for the Empire's naval personnel.

HAD DYSENTERY. WAS VERY BAD WITH IT.

Mrs. G. A. McKnight, Mulvihill, Man. writes: "I have used Dr. Fowler's Extract of Wild Strawberry for nine years, and I would not be without it in the house. I was very bad with dysentery; a friend gave me a dose of 'Dr. Fowler's,' and told me to get a bottle right away, which I did, and it did me lots of good. My brother was bad too, and I told him to take it, and he was cured. I hope there are others who will get 'Dr. Fowler's' and keep it in the house, for it will surely save doctor's bills."

Dr. Fowler's Extract of Wild Strawberry has been on the market for the past 70 years, and has been used in thousands of Canadian homes during that time. You do not experiment when you buy it. See that you get what you ask for, and if your dealer tries to palm off a substitute on you, insist on getting "Dr. Fowler's," or go where you can get it.

The genuine is manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

Price, 35c.

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A Further Appeal.

What more can be done? Well, certain facts are self-evident. One is that the longer men are at sea the greater becomes their need for fresh and vegetable foods. The navy has now been at sea for over a year. Another fact is that the long strain of watching and waiting for German movement is bound to tell upon the constitution of the strongest. A third fact is that it behooves those of us who are not in the fighting lines on sea or land to do what we can to strengthen and encourage those who are upon whom we rely for liberty and prosperity. It would be venturesome to prophesy as to how much longer the fleets will be at sea but the committee does not wish supplies to be found lacking. Sympathizers in the Dominions and colonies have already helped generously. It asks them to help afresh; to form branches worked on similar lines to those in the

British Isles; to send forward vegetables and fruit, or, if colonial sympathizers prefer it, donations with which these things are purchased at the lowest market rates. Lord Charles Beresford, at 1, Great Cumberland Place, London, W., will gladly receive cheques or drafts crossed "Vegetable Products Committee," and he, or the Honorary Secretary, Mr. E. Jerome Dyer, (the latter at the offices in Alderman's House, Alderman's Walk, London, E.C.) will promptly answer any inquiries as to the formation of branches, delivery of produce and so forth.

To save time, however, it may be suggested that bills of lading of consignments may be sent to the Vegetable Products Committee, and shipped to either London or Liverpool. The P. and O. Blue Funnel Line, the Burns Line, the Laird Line, White Star, and Union Castle Mail Steamship Company, Royal Mail Steam Packet Company, City of Dublin Steam Packet Company, Canadian Pacific Steamers, have hitherto generously given free conveyance to gifts for the fleet sent across the sea to the Vegetable Products Committee and doubtless, in recognition of the freedom of the seas secured to them by our glorious navy, they will do the same again, while it is to be hoped that others will kindly follow their good lead.

FUNERALS.

The funeral of Robert H. Grant took place yesterday afternoon from his parents' residence, 301 City Road, Rev. J. A. MacKeigan conducted the services. Interment in Fernhill cemetery. The funeral of Charles Tom took place from the Brussels street Baptist church, where services were conducted by Rev. B. H. Wentworth. A large number of fellow-countrymen were present. The remains were interred in the Methodist burying ground.

MIRAMICHI CONFIRMATIONS.

On Sunday, Bishop O'Leary, of Chatham, conducted confirmation service in Newcastle district. At St. Mary's Church 107 received the sacrament, while at St. Anne's Church, Bel Grand, there were 19 candidates, and at Bridgetown 14 more, making a total of 140 in all.

NOTICE TO MARINERS.

Portland, July 27, 1915.
 Portland Harbor, Me.
 House Island Light extinguished this date, having been found extinguished.

Cowan's Maple Buds

They're worth trying always.
 Eat plenty—



Little Miss MAIDEN CANADA Registered