

## RAISED \$5,000 FOR RUSSIAN RELIEF

What John and Eunice Buchanan, of Waterville, N. S., Accomplished.

(Halifax Echo.)  
"There are two honest men in King's county, and whichever side of politics they happened to be on, if they would stand as candidates, I would vote for either of them with all my heart." So said a discerning apple-grower to the writer when names were being proposed

Millions Every Year End  
Stomach Trouble  
By Taking  
**TANLAC**  
25,000,000 Bottles Sold

for the recent Dominion election. One "honest man" was John Buchanan, the "Honest John" of King's county. The other name may be supplied by the honest men of King's county whose number, I know, is legion, but this particular name it is not my purpose to reveal just now.

## What Proper Shampooing Will Do for Your Hair



How You Can Make Your Hair Beautiful—Keep It Soft and Silky, Bright, Fresh-Looking, and Luxuriant.

THE beauty of your hair depends upon the care you give it. Shampooing it properly is always the most important thing.

It is the shampooing which brings out the real life and lustre, natural wave and color, and makes your hair soft, fresh and luxuriant.

When your hair is dry, dull and heavy, lifeless, stiff and gummy, and the strands cling together, and it feels harsh and disagreeable to the touch, it is because your hair has not been shampooed properly.

When your hair has been shampooed properly, and is thoroughly clean, it will be glossy, smooth and bright, delightfully fresh-looking, soft and silky.

While your hair must have frequent and regular washing to keep it beautiful, it cannot stand the harsh effect of ordinary soaps. The free alkali in ordinary soaps soon dries the scalp, makes the hair brittle and ruins it.

That is why discriminating women, everywhere, now use Mulsified coconut oil shampoo. This clear, pure and entirely greaseless product cannot possibly injure, and it does not dry the scalp or make the hair brittle, no matter how often you use it.

If you want to see how really beautiful you can make your hair look, just follow this simple method:

**A Simple, Easy Method**  
FIRST, put two or three teaspoonfuls of Mulsified in a cup or glass with a little warm water. Then wet the hair and scalp with clear warm water. Pour the Mulsified evenly over the hair and rub it thoroughly all over the scalp and throughout the entire length, down to the ends of the hair.

**MULSIFIED  
COCONUT OIL SHAMPOO**



he sent \$300 and wrote the British Friends Society (Quakers) offering to go to Russia himself to help in distribution of needed. (Mr. Buchanan belongs to the family of Buchanans, the cocoa and chocolate manufacturers of Glasgow, and, like practically all the British cocoa firms, his sympathies are with the Society of Friends.) His personal service was not called for then.

In Canada no organization seemed to be doing anything to meet the situation. The government was investigating, but months after months passed, carrying thousands of men, women and children over the brink of death, their pitiful cries unheard by Canadian ears. So in the fall John Buchanan gathered a little committee of sympathizers, people well known in the district, and styling himself "John Buchanan, Collector," he went out on as holy a crusade as ever was undertaken. How many scores of times he heard this—"Well, I don't care anything about these Russians, but since it's your, John, here's a dollar (or three, or five, as the case might be)!" For the first few weeks whatever the subscriptions lacked each week of \$100 was made up to that amount by "John and Eunice Buchanan," so that at last the total is some \$5,000, and the fund that was begun in Waterville is merged in the "Save the Children Fund," having headquarters at Ottawa.

"Who is Eunice Buchanan?" was a question asked me by a Halifax gentleman the other evening. Eunice Buchanan is the wife of John Buchanan, and a wonderful helpmeet in this as in other matters. Mrs. Buchanan is a lady of high educational attainments, a skillful writer, both of fiction and of valuable scientific articles in such journals as "The Canadian Horticulturist." Whatever she does is done well. Her skill as a landscape gardener is well known in the Valley, and quite recently she was awarded a prize of \$50 in open competition for photography.

When Mrs. Buchanan became secretary of the Waterville committee she at once showed the same wonderful efficiency. She selected towns and villages on the map, then commenced a "barrenment" with written appeals and literature. Many did not respond, and those who did were often long in doing so. Mrs. Buchanan made a practice of answering every letter with her pen, though the typewriter would have been much easier, because she felt that a personal letter was more telling. In acknowledging money she wrote one sheet (more or less) and said what the money would accomplish, also enclosing literature and asking the people to pass it on. But Mrs. Buchanan never wrote a begging letter.

Here is an extract from a personal letter to the writer that will help better than anything else to answer the question with which this paragraph began: "I've had a hard day, washing clothes, cooking for two extra men who came to see wood, then, the letters to answer, teaching the children and putting them to bed." The writer will be so glad for giving these personal details, but they are necessary to answer the question in the minds of very many who read their daily paper. It might be added that Mr. and Mrs. Buchanan feel very grateful as well as to other papers that have co-operated in the work of collecting funds.

Mr. Buchanan believes that Nova Scotia ought to send \$100,000 to Russia. This month he and his wife borrowed \$1,000 at 7 per cent. interest, and gave it to the Russian famine fund. In February, Sir Benjamin Robertson, K. C. M. G., the British famine commissioner, said "35 given now is worth \$800 given a month hence." In the light of that it will be seen of what great value Mr. and Mrs. Buchanan's splendid work has been. They have been the heralds of a day of great things for Russian relief in our province, a day begun so well by the moving appeal addressed by his honor the lieutenant governor to the people of Nova Scotia on behalf of the "Save the Children Fund."

**MONCTON AND ST. JOHN DRAW**  
Moncton, April 5.—In the basketball game here tonight between St. John and Moncton ladies, the result was a draw, the score being 14 to 14, in six minutes overtime play.

## Why You Should Use

# Abbey's EFFERVESCENT SALT

A Torpid Liver, a Constipated or Dyspeptic condition, is the *real* cause of the ordinary "indisposition".

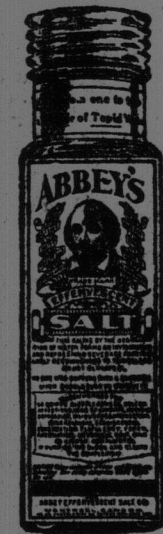
If these conditions are neglected, even temporarily, they lead to an entire derangement of the system, and cause Biliousness, Headaches, Gas in the Stomach, Heartburn, Acidity and an impure condition of the blood.

"ABBEY'S EFFERVESCENT" is the *ideal* preparation to use in order to avoid these conditions. It fulfils Nature's requirements as Nature intended.

"ABBEY'S EFFERVESCENT" is also a Diuretic, increasing the excretions from the Kidneys, and is most beneficial in all Kidney Troubles.

It keeps the complexion clear by natural means only.

"ABBEY'S EFFERVESCENT" is agreeable and pleasant to the taste—and is suited to the use of every member of the family.



Recommended by Physicians and Druggists.

## THE UNITED STATES LOOKS TO MEXICO

The Country With Which the Canadian Government Plans Steamship Service.

(A. G. Cameron, in Forbes Magazine)  
Attention to the economic potentialities of Mexico is called in an interesting article by A. Guyot Cameron in the current issue of Forbes Magazine (N.Y.). In view of the possibility of early recognition of the Obregon Government by the United States, what this authority says is particularly timely.

"In 1907," the writer points out, "American capital invested in Mexico was estimated at \$750,000,000 of which two-thirds was in railroads. In 1918 our Government calculated our investments at \$1,067,770,000. To this must be added the enormous developments of the Mexican oil-fields, very largely exploited by the initiative and the capital of the United States.

"A catalogue of Mexican soil products, from metals and marbles to edible and commercial growths, is a story of the lavishness of Nature.

"Mexico grows values of \$900,000,000 per annum, yet exports only 2 per cent. of this and imports offset that 2 per cent. It produces almost every substance needed by mankind. Mexico, a country denuded of its forestation by a frightful waste for centuries, needs coal. But it has a low-grade coal equal to that of Texas, and even in 1918, there were officially stated to be 300,000,000 tons in sight. It needs irrigation. The Bequillas Dam in Chihuahua, the second largest in the world, with a capacity of 3,000,000,000 cubic metres of water, is an index of the coming harnessing of the multitude of waterfalls and water sources of the country. Mexico needs transportation facilities. They are up-proaching. It needs modern methods in many lines. These mean fabulous returns.

"Liberal mining and other laws, free ports and other incentives, are aiding economic relations. The hereditary and difficult land question is being adjusted. No trade fields as attractive, easy, and logical for the United States as Mexico. In 1921, the United States supplied approximately 85 per cent. of the Mexican imports and took 95 per cent. of the exports of Mexico. That trade can be expanded in a few years by 500 per cent. And the purchasing power of Mexico, increasing rapidly, will become, as capital flows into it, of enormous proportions.

"The country's spirit towards the United States is the friendliest. Not to meet it would be a fatal political and commercial mistake. One can but echo the recent statement of President Obregon: Mexico, since the end of the revolution (May, 1920) has stood the triple test of politics, finance and arms. And it has come out of these tests with its head high and harmony and peace established throughout the country."

**GAME WAS NOT PLAYED.**  
The football team of the Central Athletic Association was disappointed last night when the C. G. M. M. boys failed to put in an appearance and the game arranged between the two teams did not take place. The Central team is hoping to have a game with the C. G. M. M. team in the near future, however.

## Annual Spring Clearance of

Slightly Used Pianos and Odd Lines of Talking Machines, Musical Instruments and Sheet Music

Bigger and Better than ever is this Great Annual Event which is always looked forward to as a special money-saving opportunity by thrifty folks here and all over the province. This year's slogan is Better Qualities, Lower Prices, and this spells Better Bargains than ever.

READ THESE SPECIAL FEATURE OFFERINGS:

**\$2.00 Worth of Sheet Music for 25 cts.**  
The remarkable success of this offer has prompted us to extend it for a few days more. Postage, 5c. extra.

**Wonderful Bargains in a Player Piano**  
In Perfect Condition. It's the last one of the line, regular \$950 value, for quick sale, Only \$700.00.

**Easy Terms to all**  
Just a small deposit, then easy monthly payments.

**Pianos—Slightly Used**  
One Upright—\$75.00. One Upright, 7 1/3 octaves, Trichord, used only a little while, only \$200.00. Other Uprights, still better, at \$290.00 and \$390.00.

**Talking Machines**  
Regular, \$40.00 Value, Sale \$25.00. Regular, \$75.00 Value, Sale \$50.00. Regular, \$90.00 Value, Sale \$60.00. \$125.00 Cabinet Talking Machine—Extraordinary Value, \$75.00.

**Musical Instruments**  
Guitar, regular \$25.00; case, regular \$3.50; set strings, \$1.25—All for \$18.00. Banjo, regular \$25.00; case, regular \$3.00; set strings, \$1.00—All for \$22.00. Ukuleles, regular \$10 and \$12 values, Sale \$6.00 and \$8.00 respectively. Accordions, regular \$12.00 and \$14.00 Values—Sale \$8.00 and \$10.00.  
\$40.00 Cornet Reduced to ..... \$26.00  
\$25.00 Cornet Reduced to ..... \$15.00

**VIOLINS**  
A \$10.00 Violin, \$8.00 case and \$2.00 bow, \$1.00 set of strings—Sale \$10.00. An \$18.00 Violin, \$5.00 case, \$2.00 bow—Sale \$20.00. \$50.00 Violin—Extra Special—Sale, \$35.00.

**THIS WEEK ONLY**  
9 of the latest Popular Songs or Instrumental Selections which sell regularly at 45c. each. Postage, 5c. extra—\$1.00 for the three.

MAIL ORDERS WILL RECEIVE PROMPT AND CAREFUL ATTENTION!  
FOR CHOICEST BARGAINS, BUY NOW!

**McDonald Piano & Music Co.,**  
7 Market Square — St. John, N. B.

**Taylor's**

Add to the purity of *Infants-Delight*—the refreshing mildness of its action—the subtle charm of its perfume—the happy blending of Boracic that insures its soothing the tenderest skin. There you have the reasons why *INFANTS-DELIGHT* is the chosen toilet soap of thousands of Canadian women and children—not to speak of the men who find a great satisfaction in its use.

JOHN TAYLOR & CO., LIMITED, TORONTO, CANADA.

## INFANTS DELIGHT

IT'S WHITE

## TOILET SOAP

In the dainty blue bordered container *INFANTS-DELIGHT* Bordered Talcum—soothing and refreshing.