

PRACTICAL HINTS FOR HOUSEWIVES

Preparation of Food Substitutes to Be Shown on the Screen.

"THE TOPICAL REVIEW"

Work of Expert in "World's Kitchen" Photographed for Public's Benefit.

"How to be Happy tho' Saving" is one of the wrinkles which The Canadian Topical Review, thru its wonderful series of food demonstration pictures hopes to teach the women of Toronto.

Here the most economical processes will be presented, not in the form of a dry story but in a highly interesting and practical manner, with demonstration of the actual articles of food by an experienced housewife and expert demonstrator.

Among the food substitutes which have been suggested to take the place of bacon, beef and wheat flour many are little known to the average housewife.

To experiment with each and all of these would in some households prove a costly process, which might easily defeat the end toward which all are striving.

The Model Teacher.

Picture therefore that you have a model kitchen in The World building, Mrs. Housewife of Toronto, run by a woman who thoroughly understands the subject of food production and cooking, entirely at your disposal, where your ideas and suggestions regarding these food substitutes may be demonstrated at no personal cost whatever to yourself and with total elimination of waste such as might possibly occur with experiments in your own home. More than this, when from the benefits of preparing ideas tried out and passed on to be of use to others, you will be shown many new and practical ways of saving food. You will receive for the first time the romance of food production and conservation in picture form.

Thousands of leaves of bread, according to the estimate of the food controller, are thrown into the garbage pail annually in the form of waste ends of bread. Sir Edmund Walker, who has issued a reassuring denial of such wastage as far as Toronto housewives are concerned, has the problem of how best to avoid wasting stale pieces still exists; and as bread has rightly been named the "staff of life" when one piece is the first subject taken up in these food demonstrations.

Co-operation Invited. Pictures will be shown under the direction of the "Canadian Topical Review" co-operating with The Toronto World, at the Regent and other picture houses, week by week.

Read this column every day, and send in any recipes you have. The World also invites you to send in ideas and suggestions or to ask questions, which will be answered by the food demonstrator thru these columns.

Address all recipes, ideas and questions to: Conservation Department, World Building, Richmond Street.

CHAMBERLAIN CHAPTER, I.O.D.E.

The opening meeting of the Chamberlain Chapter, I.O.D.E., was held at the home of Mrs. St. Rutter, 30 Glen road, Mrs. Rutter presided and Mrs. Bruce gave a very interesting account of the late national meeting in Victoria.

Married Women

May open Savings Accounts with the Corporation and retain control. A great many ladies are availing themselves of the convenience and facilities our Savings Department affords, and obtaining the advantage of the unexcelled security furnished by this Corporation, combined with the attractive rate of interest allowed, viz:—

THREE AND ONE-HALF PER CENT.

per annum compounded half-yearly. One of our Past Presidents, showing an entry to her credit, would be much appreciated by your wife.

CANADA PERMANENT MORTGAGE CORPORATION

Paid-up Capital \$5,000,000.00
Reserve Fund 5,000,000.00
Investments 32,254,782.81

TORONTO STREET, TORONTO
Established 1855.

Fresh and Refreshing "HOT LIPS"

is composed of clean, whole young leaves. Picked right, blended right and packed right. It brings the fragrance of an Eastern garden to your table.
BLACK, MIXED OR GREEN

BUSINESS WOMEN DINE MISS KING

President of U. S. Woman's Association of Commerce
Guest of Organization.

IN THE WORLD'S WORK

War Leads to Vast Revelation of Her Capabilities.

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TEMPERANCE UNION WANTS DRY CANADA

Will Petition Government to Prohibit Manufacture, Importation or Sale.

WOMEN'S FRANCHISE

Reaffirm Belief in the Equality of Sexes Before the Law.

Special to The Toronto World. Cornwall, Sept. 27.—Today was the third day of the 40th annual convention of the Ontario W. C. T. U. and the business day was largely taken up with the discussion and passing of resolutions and the election of officers. Mrs. B. C. Ashcroft of Howdenville, Ont., presented her report on work among Indians, which showed that more progress had been made during the year than ever before. Mrs. Ashcroft was complimented by the convention on the excellence of her work. The W. C. T. U. raised \$608 to help finance the women's franchise campaign, and \$203, which had been left over, was voted to the campaign committee.

The election of officers resulted as follows: Honorary president, Mrs. S. G. E. McKee, North Bay, re-elected; advisory president, Mrs. Mary O. Thornley, London, re-elected; president, Mrs. E. A. Stevens, Toronto, re-elected; vice-pres., Mrs. Emma Fugate, Toronto, re-elected; corresponding secretary, Mrs. Helen M. S. Dettlor, North Bay, re-elected; recording secretary, Mrs. W. H. Kearney, Revere, re-elected; treasurer, Mrs. E. A. Britton, Gananoque, re-elected; "Ys" secretary, Mrs. Frederick Edwards, Carleton Place, re-elected; Loyalty secretary, Mrs. Duff, Toronto, re-elected; and in succession to Mrs. Ada McLachlan, Hamilton.

Resolutions were passed protesting against intemperance, law enforcement officers and it was decided to petition the government to prohibit the manufacture, importation or sale of alcoholic liquor in the Dominion.

The convention expressed its thanks to Sir Robert Borden for establishing the principles of women's franchise, but reaffirmed its belief in the principle of equality of the sexes before the law and respectfully urged that the franchise be granted to women on the same terms as men.

A protest was registered against the holding of rallies and drawing of prizes for raising funds for patriotic purposes.

A resolution protesting against the suppression of "Arthur Mee," "The Fiddlers" and "Victory and Defeat," thereby suppressing facts, was also adopted.

The convention adopted a resolution stating "That while we appreciate the splendid work done by the provincial license commission, we feel that the temperance forces must bestir themselves and demand the removal from office of all those who hamper the thorough enforcement of the law."

Tonight, Mrs. Lora Lemance, a noted American lecturer and writer from Missouri, delivered the convention address to an overflow audience.

The sessions will close Friday afternoon.

THE TORONTO WORLD

Conducted by Mrs. Edmund Phillips

Mr. George Beardmore, the master of the Toronto Hunt, has issued invitations to luncheon at the Woodbine Club tonight, September 28, at 1 p.m. o'clock.

Lieut.-General Sir Sam Hughes and Lady Hughes arrived at the King Edward Hotel yesterday from Lindsay, and left for Ottawa last night.

The Right Rev. E. J. Bidwell, D.D., bishop of Kingston, is the guest this week of Sir Collingwood and Lady Schreiber in Ottawa.

Mr. D. B. Hanna and a party of Canadian Northern officials left in the west in a private car last night.

General J. C. Macdougall and Mrs. Macdougall are again at their apartments in the Rosborough Hotel, Ottawa.

Mrs. Macdougall has just returned from Toronto and Muskoka, where she has spent the summer.

The marriage of Annie, daughter of the late Rev. John Abbott, St. Luke's, Halifax, will take place very quietly on St. Luke's Day, in Halifax. The day is the anniversary of the consecration of the Rev. Dr. Worrell to the bishopric of Nova Scotia.

A reception was held at the close of the addresses, giving Miss King opportunity to meet the members individually.

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