

Henry Ward Beecher and other great divines have in strong terms of praise advocated the game. It may be stated in this connection that there are hundreds of educational institutions—insane and inebriate asylums—and very many reformatories throughout the world where the billiard table is looked upon as an indispensable adjunct.

The venerable Dr. McCosh, of Princeton College renown, is a warm advocate of the game; likewise are many other of the great professors of these institutions, and it is but a few years since that a graduate of Princeton College, upon reaching New York, sent four new billiard tables as a present to the students of this noble institution.

Referring to the billiard table as a means of healthful exercise, especially for scholars and other persons of sedentary habits, a physician attached to a private academy in one of the Western States writes: "I carefully observed for several months the powerfully strengthening effect of this peculiar exercise, and was much surprised to note the benefits to those possessing weak and defective structures. So marvelous have been the results in many cases where diseases have become almost *chronic* that I can scarcely comprehend such wonderful results in so short a time. This exercise, so efficacious in driving disease from the human system, has been thoroughly tested and has proven a permanent success, and has the effect of materially assisting the pupils, the work of cultivating the mind being greatly aided by the healthful operations of the functions of the body.

"Without exercise, the plan has been *inactivity* of body and *activity* of mind; under this system it is *equal activity* of both, the healthful influence of one, induced by judicious muscular exercise, operating to assist the other.

"The motions gone through in the pastime reach every part of the body, and operate upon every portion of the system. They