

ARE YOU A MAN?

If you are, you either shave yourself or go to a barber. If you visit a barber you may have the unfortunate experience of Mr. M. Butler, of Bridgeport, Conn., who developed what is known as "Barber's Rash" on his face through the use of an infected razor. He writes:

"My face was covered with sores, which caused me a great deal of suffering and inconvenience, and I was unable to shave for four weeks. Repeated applications of Zam-Buk, however, entirely rid me of the trouble."

To avoid the possibility of such an experience, immediately you see a rash or spot appear, treat it with Zam-Buk. This balm will destroy all germs, prevent the disease spreading and soon rid the trouble.

For eczema, old sores, ulcers, blood-poisoning, burns, and cuts there is nothing to equal Zam-Buk. All dealers 50c. box, 3 for \$1.25.

Zam-Buk

J. H. HUME.

AGENT FOR
FIRE, ACCIDENT AND SICK BENEFIT COMPANIES.

REPRESENTING
Five Old and Reliable Fire Insurance Companies

If you want your property insured, call on J. H. HUME and get his rates.

—ALSO AGENT FOR—
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THE LAMBTON Farmers' Mutual Fire Insurance Company.

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SHORTHORN CATTLE and LINCOLN SHEEP SOLD OUT

Will buy any number of registered, or good grade Lincoln ram lambs or yearlings for immediate or September delivery, write or phone.

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PROFIT IN FLAX CROP

Demand for Aeroplane Wings Stimulates Production.

BOYS WILL AID THE FARMERS

Seasonable Hints for the Fruit-grower and Agriculturalist—Information About the Work That Has Been Done to Secure Lads to Aid Production.

(Contributed by Ontario Department of Agriculture, Toronto.)

FLAX fibre is absolutely necessary for the construction of aeroplane wings. Yet because of Russia's defection, Great Britain has not now more fibre on hand than is sufficient to keep the mills running one and a half days a week. To further complicate matters the flax seed crop in Ireland was perilously near a failure last year.

These vital facts were disclosed recently at a meeting in Toronto, of the Agricultural Section of the Organization of Resources Committee of Ontario, called to discuss the flax situation. Evidence was also given regarding what Ontario already had done to relieve the shortage. In 1917 thirty-three flax mills were operated, 6,000 acres were planted and 2,600,000 pounds of fibre and 45,000 bushels of seed were produced. Our flax business last year had a total value of \$2,000,000. Moreover, the seed produced will accomplish a vital mission abroad, as a large part of it has been shipped to Ireland to meet the great seed deficiency there.

8,000 Acres at Least This Year.

Already flax growers are planning an 8,000-acre production, at least, for this year. Each of the mills are in the market for all the straw and seed that can be secured and good prices are assured the grower. The arrangements made in the past have, for the most part, provided for the leasing of flax land by the mills at a rental of from \$10 to \$15 an acre. The grower ploughed the land, prepared the seed bed and hauled the crop to the mill—except where the crop was carried on the railroad. The mill operator supplied the seed, often did the seeding, and harvested the crop. The flax was pulled by hand and the workers were housed in the fields in tents. Their transportation was paid by the mill company and they received \$15 an acre for pulling. It took a first-class puller three days to finish an acre. As the workers prepared their own meals, the growers were in no way inconvenienced by having them on their farms.

Flax a Highly Profitable Crop.

While this system is still followed almost entirely, farmers may very profitably grow flax, doing all the work and selling the crop outright to the mill. An acre of good flax will produce some nine bushels of seed and two tons of straw. The seed sells now for from \$7 to \$9 a bushel, while the price of straw will be dependent upon quality. In case labor conditions prevent the pulling of flax the crop may be harvested with a binder, the seed sold at a remunerative price, and the straw at about \$15 a ton.

Old sod land is preferred for flax and any soil which will produce a good crop of oats will be suitable. Wireworms and white grubs, so destructive to other crops, will not attack flax. The seed should be planted not later than May 10th and the crop is harvested during the middle of July; thus the soil is left in excellent condition for winter wheat. A thorough discing, without ploughing, is sufficient preparation for the wheat crop. The fear that flax is particularly hard on the land is unfounded, as it does not take more from it than any ordinary field crop.

Fifteen Thousand Boys for Ontario Farms.

In 1916 and 1917 the Department of Education made regulations which permitted students to leave school in April, provided that their term's work was satisfactory, for the purpose of engaging in farm work. If they spent three months or more on a farm, they were given their school standing without passing the customary promotion examinations.

When the students had responded to the Government's appeal and had volunteered in thousands for the work which they realized to be of such importance, there remained the problem of putting each individual applicant for work in touch with a farmer who desired assistance. This was accomplished through the Ontario Government System of Public Employment Bureau in cases where the students were unable to make their own arrangements. A minimum wage of \$15 per month was set, but the farmers soon realized the value of the students' labor, and offered as high as \$25 per month. The average wage paid was \$18.

It is expected that 15,000 boys between the ages of 14 and 19 will be available this spring for farm work in the province. The minimum wage this year will be \$15 per month, with board. It is hoped that every farmer who can make use of the services of a High School boy will make early application through the District Representative in order that he may

ATTENTION! Sick Women

To do your duty during these trying times your health should be your first consideration. These two women tell how they found health.

Hellam, Pa.—"I took Lydia E. Pinkham's Vegetable Compound for female troubles and a displacement. I felt all run down and was very weak. I had been treated by a physician without results, so decided to give Lydia E. Pinkham's Vegetable Compound a trial, and felt better right away. I am keeping house since last April and doing all my housework, where before I was unable to do any work. Lydia E. Pinkham's Vegetable Compound is certainly the best medicine a woman can take when in this condition. I give you permission to publish this letter."—Mrs. E. R. CRUMLING, R. No. 1, Hellam, Pa.

Lowell, Mich.—"I suffered from cramps and dragging down pains, was irregular and had female weakness and displacement. I began to take Lydia E. Pinkham's Vegetable Compound which gave me relief at once and restored my health. I should like to recommend Lydia E. Pinkham's remedies to all suffering women who are troubled in a similar way."—Mrs. ELISE HEIM, R. No. 6, Box 88, Lowell, Mich.

Why Not Try

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.



A New Dress For Your Home

Cover the scars of wear and tear on walls and floors and furniture.

A wall re-tinted—a floor varnished—a hall painted—a chair or dining room set re-stained—the whole house made fresh and bright, spic and span. There are

SPIC AND SPAN FINISHES

for every surface—for everything you want to "do over".

"NEU-TONE"—the washable sanitary, soft tone Wall Finish, in pleasing tints.

"WOOD-LAC" Stains make soft wood look like expensive Mahogany, Walnut, etc.

"MARBLE-ITE" Floor Varnish—for hardwood floors. Won't mar or turn white.

"LIQUID WAX"—for floors. Easily applied, Dries hard, Shines easily.

"SENOUR'S FLOOR PAINT"—the hard-drying paint for the floor that wears, and wears, and wears.

"VARNOLEUM" brightens up and protects Oil Cloth and Linoleum.

These Finishes have proved their worth and wear and economy in a great many homes. We have handled them for years and can guarantee results.

FRUIT JAR LABELS FREE—a handy book of them—printed in colors and ready gummed, given away. Ask for them. 96

J. MCKERCHER, WATFORD.

not be disappointed. There are over 150,000 farmers in Ontario, and only 15,000 boys to go round, so the wise farmer will be the one who speaks quickly.—Dr. W. A. Riddell, Ontario Labor Bureau.

Get a Spray Calendar.

This is the time of year when spraying must command the attention of the fruit grower. Everyone should procure from the Department of Agriculture, a spray calendar in which directions are given for the spraying of all kinds of fruit trees and the preparation of the various insecticides and fungicides.—Ontario Agricultural College Notes.

Children Cry FOR FLETCHER'S CASTORIA

Vegetable Gardening For Everyone

If you are cultivating a vegetable garden, either at home or on a vacant lot, it would be an evidence of wisdom to send to the Publications Branch, Department of Agriculture, Ottawa, for Circular No. 14, entitled, "Vegetable Gardening at Home and on vacant Lots," and prepared by the Dominion Horticulturist. This circular, which can be had free of all costs, supplies information of a practical nature on every vegetable that it is desirable to cultivate for domestic consumption. It gives advice on the preparation of the soil, and on planning and arranging the garden, quotes examples of success

achieved in 1917, supplies a list of the best varieties of vegetables for different districts, and describes how the growing plants can be protected from disease and insect ravages.

GRAND TRUNK RAILWAY SYSTEM TIME TABLE

Trains leave Watford Station as follows:

GOING WEST

Accommodation, 75..... 8 44 a.m.

Chicago Express, 13..... 1 16 p.m.

Accommodation, 95..... 6 44 p.m.

GOING EAST

Accommodation, 80..... 7 38 a.m.

New York Express, 6..... 11 16 a.m.

New York Express, 18..... 2 58 p.m.

Accommodation, 112..... 5 16 p.m.

C. Vail, Agent, Watford