

MY DAUGHTER WAS CURED

By Lydia E. Pinkham's Vegetable Compound

Baltimore, Md.—"I send you here with the picture of my fifteen year old daughter Alice, who was restored to health by Lydia E. Pinkham's Vegetable Compound. She was pale, with dark circles under her eyes, weak and irritable. Two different doctors treated her and called it Green Sickness, but she grew worse all the time. Lydia E. Pinkham's Vegetable Compound was recommended, and after taking three bottles she has regained her health, thanks to your medicine. I can recommend it for all female troubles."—Mrs. L. A. CORRIAN, 1103 Rutland Street, Baltimore, Md.



Hundreds of such letters from mothers expressing their gratitude for what Lydia E. Pinkham's Vegetable Compound has accomplished for them have been received by the Lydia E. Pinkham Medicine Company, Lynn, Mass.

Young Girls, Heed This Advice.
Girls who are troubled with painful or irregular periods, headache, dragging-down sensations, fainting spells or indigestion, should take immediate action and be restored to health by Lydia E. Pinkham's Vegetable Compound. Thousands have been restored to health by its use.

Write to Mrs. Pinkham, Lynn, Mass., for advice, free.

Guide-Advocate
Watford, Ont.

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HARRIS & CO.
PROPRIETORS

Guide-Advocate
HARRIS & CO. PROPRIETORS

WATFORD, MARCH 22, 1912.

NOTE AND COMMENT.

The enlargement of the borrowing powers of municipalities has been asked the Ontario Legislature in order that small loans could be raised in emergencies without submitting a by-law. In fact, an equalization of the powers of municipalities was asked. It was suggested that in small communities this special borrowing power should be limited to an amount equal to one mill on the dollar of the aggregate assessment.

Among all the frills with which the modern system of education is so cumbrously embroidered, there is one item of domestic economy studiously avoided that might well be instilled in the mind of youthful scholars, and that is the virtue of tidiness. The plaint of weary mothers in many households, is most familiar—that it would keep one person busy following their progeny around and putting articles in their places that are thrown at random. Untidiness is a universal failing in both young and old, but a

Every Woman
is interested and should know about the wonderful **MARVEL Whirling Spray**. The new Vaginal Syringe. Best book—needed. It gives full particulars and directions to ladies. **WINDSOR SUPPLY CO.** Windsor, Ont. General Agents for Canada.

successful effort in the schools to combat its ill-effects in the home would be worth half of the extraneous subjects now taught combined.—Hamilton Spectator.

The present high prices for food stuffs will very likely have the good effect of tending to retard the depopulation of the farms and drive capital and labor back into the development of Agriculture, causing some of the money which has been flowing toward the cities for years, to turn back toward the land and its betterment. In this way it may be a blessing in disguise. This will have a tendency to reconstruct the country and such a movement would be significant. There is a vast difference between the development of the country and the cities, the former being almost neglected. It is the inability of the country to meet the demands made upon it that is causing the trouble.

CHINAMEN ARE TOUGH.

They Can Live Under Conditions That Would Kill a White Man.

Peculiar power to resist disease is a characteristic of the Chinese, according to Professor E. A. Ross. For instance, out of ten children born in western homes three, normally the weakest three, will fall to grow up. Out of ten children born in China about eight are doomed to die in infancy. The difference is due to the hardships that infant life meets with among the Chinese, and with such rigorous selection there results a stock displaying a peculiar hardiness. Living in the super-saturated, man stified land, profoundly ignorant of the principles of hygiene, the masses have developed an immunity to noxious microbes which excites the wonder and envy of the foreigner.

"They are not affected by a mosquito bite that will raise a large lump on the lately come foreigner," says Professor Ross. "They can use contaminated water from canals without incurring dysentery. There is very little typhoid, and what there is so attenuated it was long doubted to be typhoid. All physicians agree that among the Chinese smallpox is a mild disease. The chief of the army medical staff points out that during the autumn maneuvers the soldiers sleep on damp ground with a little straw under them without any ill effects.

"Coolies, after two hours of burden bearing at a dog trot, will shovel themselves full of hot rice with scarcely any mastication and hurry on for another two hours. A white man would writhe with indigestion. The Chinese seem able to sleep in any position. I have seen them sleeping on piles of bricks or stones or poles, with a block or a brick for a pillow and with the hot sun shining full into the face. They stand a cramped position longer than we can and can keep on longer at monotonous toil unrelieved by change or break."—Chicago News.

MATHEMATICAL SIGNS.

Process by Which These Familiar Characters Were Evolved.

The sign of addition is derived from the initial letter of the word "plus." In making the capital letter it was made more and more carelessly until the top part of the "p" was placed near the center; hence the plus sign was finally reached.

The sign of subtraction was derived from the word "minus." The word was first contracted into mus, with a horizontal line above to indicate the contraction, which was a printer's freak that may be found in almost any book bearing a date earlier than the beginning of the eighteenth century. After the lapse of a long period of time the letters were omitted altogether, leaving only the short line so well known to all.

The multiplication sign was obtained by changing the plus sign into a character resembling the letter x. This was done simply because multiplication is but a shorter form of addition. Division was formerly indicated by placing the dividend above a horizontal line and the divisor below. In order to save space in printing the dividend was placed to the left and the divisor to the right, with a simple dot in place of each.

The radical sign was derived from the initial letter of the word "radix." The sign of equality is said to have first been used in the year 1557 by a sharp mathematician, who adopted it as a substitute for the words "equal to."

THOS. SABIN, of Eglinton, says: "I have removed ten corns from my feet with Hollaway's Corn Cure." Reader, go thou and do likewise.

DICTIONARY FOR SALE.—Second-hand Webster's International Dictionary, 1907 edition, with supplement of 25,000 new words, 2249 pages, voluminous appendix. In good condition. Original price, \$12.00. Will be sold cheap. Apply at GUIDE-ADVOCATE office.

Enlightening a Poet.
The English poet Mr. Powys told this anecdote, in which he claimed to have been the party of the second part. He said that he was talking to an old country woman on the occasion of the queen's jubilee in 1897. "What do you understand by the word 'jubilee'?" he asked her.
"Well," answered the old dame, "if you've been married fifty years and the man's alive it's a golden wedding. If he's dead it's a jubilee."

Ancient Cancer Cure.
An ancient cancer cure for cancer was to apply a live toad to the affected part. A well authenticated case of this form of treatment was that of the wife of a merchant of Smyrna. A live toad was strapped tightly over the diseased part, and, it was said, the woman was completely cured within a short time. It was a sacrifice upon the part of the toad, however, as it died after it had been on duty twenty-four hours.

The Best He Could Do.
"Mr. Addem," said a tightwad merchant to his sad faced bookkeeper, "I wish you would try to look a little more cheerful."
"I think," replied the bookkeeper, swallowing a big lump, "that for 30 shillings a week I'm awfully jolly."—London Mall.

Exciting.
"Anything going on this evening?"
"Yes; there's to be a performance at the Athletic gardens. A fellow will undertake to subdue an automobile that has a record of having killed six men. He's to do it in one hour or forfeit \$1,000."—Chicago Tribune.

With an Incombrance.
"No," said Mr. Cumrox, "I don't in the least disapprove of my daughter's marrying a title."
"But you seem dissatisfied."
"I am. What I object to is the fellow that goes with it."—Washington Star.

Beware of bad beginnings. He who does not take the first wrong step never takes the second.

Mother Graves' Worm Exterminator has no equal for destroying worms in children and in adults. See that you get the genuine when purchasing.

Mr. Charles Simons, Parkhill, has received word from relatives in his native home, Syria, that dreadful massacring has been committed in that country by the Turks. The letter states that his uncle and aunt and three sons were killed and cut to pieces and the house afterward burned down consuming the bodies.

GOOD DIGESTION SHOULD WAIT ON APPETITE.—To have the stomach well is to have the nervous system well. Very delicate are the digestive organs. In some so sensitive are they that atmospheric changes affect them. When they become disarranged no better regulator is procurable than Parmentier's Vegetable Pills. They will assist the digestion so that the hearty eater will suffer no inconvenience and will derive all the benefits of his food.

Mrs. John Thompson, of Glencoe, had a close call one night last week when she got up from bed and in the darkness took some carbonic acid in mistake for cough medicine. Her mouth was badly burned, but fortunately owing to prompt medical assistance and the fact that she did not swallow much of the acid the results were not serious.

FOR BALD HEADS

A Treatment that Costs Nothing If It Fails.

We want you to try three large bottles of Rexall "93" Hair Tonic on our personal guarantee that the trial will not cost you a penny if it does not give you absolute satisfaction. That's proof of our faith in this remedy, and it should indisputably demonstrate that we know what we are talking about when we say that Rexall "93" Hair Tonic will grow hair on bald heads, except where baldness has been of such long duration that the roots of the hair are entirely dead; the follicles closed and grown over, and the scalp is glazed.

Remember, we are basing our statements upon what has already been accomplished by the use of Rexall "93" Hair Tonic, and we have the right to assume that what it has done for thousands of others it will do for you. In any event you cannot lose anything by giving it a trial on our liberal guarantee. Two sizes, 50c. and \$1.00. Remember, you can obtain Rexall Remedies in this community only at our store—The Rexall Store.

J. W. McLAREN, WATFORD

CENTRAL Business College, STRATFORD, ONT.

Our classes are now larger than ever before but we have enlarged our quarters and we have room for a few more students. You may enter at any time. We have a staff of nine experienced instructors and our courses are the best. Our graduates succeed. This week three recent graduates informed us that they have positions paying \$6, \$7 and \$25 per month. We have three departments—

COMMERCIAL, SHORTHAND and TELEGRAPHY. Write for our free catalogue now.

D. A. McLAGHLAN - PRINCIPAL.

Children Cry for Fletcher's CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS Bears the Signature of

Chas. H. Fletcher

The Kind You Have Always Bought In Use For Over 30 Years
THE CENTAUR COMPANY, 27 MURRAY STREET, NEW YORK CITY.

BASTONIA CANNEL COAL

Hard as anthracite and lasts longer. It ignites quickly, burns like wood with no more smoke. The ideal fuel for ranges, furnaces and open grates.

Gives splendid results in wood furnaces or box stoves. Personally we STRONGLY RECOMMEND this coal as the best we have ever used. It is distinctly different from other cannel coal, inasmuch as it is adaptable to any use, and produces more heat.

DO IT NOW!
Give us a trial order. We know the result. DELIVERY PRICE, \$6.00

Estimates furnished on all classes of buildings.

CEDAR POSTS, SHINGLES, MOULDINGS, LIME, ETC.

GEO. CHAMBERS.

Successor to Lawrence Firm, Established 1870.

Spring Necessities

Sole Agents for Chi-Namel	Spikes Buckets	Sole Agents for Chi-Namel
Florence Automatic Oil Stoves	Pans Dippers	New Perfection Wick Oil Stoves
Vacuum Cleaners	Measures Funnels	Wyandotte Cleanest Cleanser
Milk Cans	Syrup Cans	Cream Cans

Special Attention Paid to Eavetroughing and Job Work

T. DODDS.

A. D. HONE PAINTER and DECORATOR

Specialist in Hand Painted Decorations.

The Best Work at Reasonable Prices. Estimates Furnished

A COMPLETE LINE OF Samples of WALL PAPER on Hand.

When you have work in his line let him figure on it.

Lost and Terrible Report

"About two years ago I purchased four bottles of the medicine, and I fill now I have as good as I had before the trouble. I can truthfully say in comparison to any one I have ever used for Sam Col. Co., Pa. Oct. Please bear in mind SAGE is not guaranteed. In Mr. Calder's case he was not dead and there was no why PARISIAN S



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