Reliance Aluminium Ware

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Wm. J. Clouston
Limited,
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After a Hot Day

When your feet are tired and aching, what a relief to bathe them in a basin of warm water prepared with

Rexall Foot Bath Tablets.

Don't let tender feet annoy you. Rexall Foot Bath Tablets bring immediate comfort and relief to stinging, nervous feet.

PRICE 35c. BOX.

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The Druggist,
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Bananas!

Have we your order for **BANANAS** yet?

Now ready as you like them: Ripe, Half Ripe or Green.

Soper & Moore
Phone 480-902. P. O. B. 1345.

PUBLIC NOTICE.

SEALED TENDERS will be received at the office of the Department of Public Works until 12 o'clock noon of **Thursday, 10th day of August** for the supply of **Twelve Hundred and Fifty-One Tons American (Lehigh Valley) Anthracite or Best Welsh Anthracite Coal** to be delivered in the months of August and September as required and to suit the convenience of the Department, in quantities and places as follows:—

	Furnace	Egg	Nut
Fever Hospital	200		
Sudbury Hospital	30		
Sanatorium		30	
Lunatic Asylum	450		
Poor Asylum		70	
Penitentiary		50	
Government House ..	100	10	
Colonial Building	25		
Kennedy Building	16		
Museum Building	80		
Departmental Bldg. ..		35	
Court House			5
Police Station		10	
Constby & Fire Halls ..	120	20	
	1021	225	5

1251 Tons.

All coal, unless otherwise stipulated, must be delivered not later than Sept. 30th prox. Tenders to cover storage in sheds of various buildings except Poor Asylum, Penitentiary and Lunatic Asylum and to include all charges for cartage within and without Municipal limits. Government House, Court House, Fire Halls and Constabulary Buildings, Fever Hospital and Tuberculosis Sanatorium to have deliveries made when and in such quantities as required between the date of contract and the last day of May following.

A money guarantee or approved, accepted cheque for **Three Hundred Dollars ($300.00)** must be enclosed with tender, which amount be open to forfeiture should a tender be accepted and the tenderer fail to enter into the contract or give necessary security within three days of proper performance of the contract.

Tenders to be addressed to the undersigned with the words **"Tenders for Best Anthracite Coal"** written across the face of the envelope.

W. B. JENNINGS,
Minister of Public Works.

Dept. of Public Works,
St. John's, Newfoundland,
August 5th, 1922.

aug5,31,s,m,w

IF YOU FAIL

to dispose of your Estate by Will it will be divided according to law.
Is it your desire that your Estate should be dealt with in this manner?
We have often seen distressing results from neglect to make a Will.
We are always pleased to give our advice to those who contemplate making their Wills and to quote our fees for acting as Executer or Trustee.

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SULPHATE OF AMMONIA

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The Best Fertilizer extant for
HAY FIELD or GARDEN.

RETAIL AT CALVER'S
Duckworth Street.
Sold by
ST. JOHN'S GAS LIGHT COMPANY.

MINARD'S LINIMENT FOR GARGET IN COWS.

SIDE TALKS.

By Ruth Cameron.

WILLING TO BE PLEASED.

There is nothing in the world harder than to please anyone who is predisposed to be critical and captious. There is nothing in the world easier than to please anyone who is disposed to be pleased.

Uphill Work.

A friend of mine who is a very careful and accurate stenographer went to work for a new employer at a good salary. I know she must have done good work for him because it isn't in her to do any other kind. Yet after a few weks she told me she was going to leave. "I can't please him," she said. "When he took me on he was determined he wouldn't be pleased. He didn't like the person who recommended me. I found that out afterwards. And he seems to hold it against me and to be ready all the time not to be satisfied with what I do. I can't stand it. It's too much uphill work. I get good money but I can do with a little less. I'm going to leave."

When You Work Best.

She didn't leave because when she told the man how she felt he woke up to a realization of what he was losing. "And now," she told me afterwards, "he is almost too anxious to be pleased. I don't want that either—because it's hard to do one's best work when one's employer is that way. **I just want a person to be willing to be pleased. That's the kind of person you work best for."**

It's true, isn't it?

That's the kind of person you do your best work for and the kind of person you show your best self to.

Bad for Himself, Too.

And when anyone, employer, or husband, or wife, gets into the state of mind where he or she has a disposition not to be pleased, he (I will use the masculine pronoun both for simplicity and probability) not only makes it very unpleasant for other people but makes it less likely that he himself will get as much out of the relationship as he otherwise would.

A disposition not-to-be-pleased is a state of mind we all get into now and then. If we will recognize it as unfair and inefficient and wish to get over it, we can. And if we do, everyone will be happier, ourselves included.

Everybody Should Know

How to judge the value of Soap. Here is a very easy way. Buy a bar of Sunlight Soap, the best soap in the world, best because it is purest and will not injure even a baby's tender skin. Then buy a bar of any other soap, put the two bars on a shelf in your kitchen for two months. At the end of this time have the two bars of soap weighed. you will find Sunlight Soap has lost no weight, whilst the other soap will be an ounce or more short. This test proves that Sunlight Soap is all soap, whilst the other soap was part water; now why should you waste money buying water? Buy Sunlight Soap and get the worth of your money.

Another test is to wash one of your blouses or one of your husband's shirts with Sunlight Soap, and another blouse or shirt with some other soap, and see which blouse or shirt will last longer. You will find clothes washed with Sunlight Soap will last much longer than clothes washed with other soap; therefore use Sunlight Soap which doesn't hurt your clothes. Tell your washerwoman to use it because it is the best soap procurable.—jy5.w,tf

STAFFORD'S MOSQUITO OIL, only 20c. a bottle; Postage 3c .extra.—jne27,tf

Just Folks

By EDGAR A. GUEST.

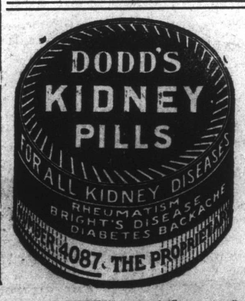
THE PURPOSE.

Ten thousand born to hew and haul,
To dig the trench and build the wall,
Face dreary duties day by day,
Fashion the steel and mold the clay,
Bear sorrow's hurt and failure's blow,
Summer's hot sun and winter's snow,
Keen disappointment's bitter sting,
And seek through life's long wandering
What oft but very vague appears,
The purpose of man's term of years.

Stripped of the pomp of outward pride,
In city walls, by country side,
All men piece out of pain and strife
Some patchwork of the joy of life.
A few to leadership attain,
But most of us uncheered remain,
Bearing the duties of the day,
Checking the years that pass away,
Adding our little mites unto
The work mankind is called to do.

What do we reap from all the years
Of strife and bitterness and tears?
A bit of laughter here and there,
A ribbon for the wife to wear,
Her smile of welcome and caress,
These are the threads of happiness.
True friends whose voices ring with cheer
Make sweet the days of toiling here,
And to possess a baby's smile
Makes every hour of care worth while.

We should regret a baby's birth
If care and anguish ruled the earth,
Yet worldwide over smiles of joy
Welcome the new-born girl or boy
Into this realm of life where tears
And pain and burdens scar the years,
Because, with all we've known and met,
The trials that have made us fret,
The disappointment and defeat,
Life to the human heart is sweet.



Woes of the Rain-Maker.

HOW AFRICANS TREAT HIM.

Professional rain-makers would be well advised to give Central Africa a wide berth.

For one thing, the profession is over crowded. People who profess to be able to bring down the rain from the clouds are everywhere plentiful, the Rev. John Roscoe tells us in his book, "The Soul of Central Africa." and this, despite the fact that they have to face risks which few other people would care to expose themselves.

When the rain fails to fall the rain-makers are sent for by the king and told to procure it. If not, the men are placed in the burning sun, and bound, without head covering or cloth ing of any sort.

Then the king's cooks prepare a special dish, composed of the liver of a sheep, cooked in butter with as much salt as they can get into it.

This, the unhappy rain-makers have to eat as they sit in the sun, and there they remain, with their throats parched with thirst."

Then, when there is too much rain, they are sent for, told to stop it, and forced to drink gigantic pots of water until the rain clears.

The natives adopt much the same attitude, too, with regard to their rulers.

"Our King's," they say, "must be strong men, good fighters, able to lead us into battle."

So when a king begins to show any signs of ill-health or feebleness, he must commit suicide by taking poison, the fatal dose being prepared for him by the royal medicine men.

Cuticura Soap Complexions Are Healthy

Soap, Ointment, Talcum, 25c. each. Sold everywhere. Cut. Depot: Lymans, Limited, St. Paul St., Montreal.

ARCTIC REGIONS.

explorer prepar- There's always some far famed ing for an arctic trip, where climate is a ring-tailed roorer, and forty kinds of blizzards zip. Oh, dauntless are these men who leave us, and I applaud them as they go, although I have conviction grievous that all they'll ever find is snow. I hand a wreath to every hero who hooks his dachshunds to a sled and travels to the land of zero, to make a map in green and red. I think of tired explorers reeling exhausted, on their icy way, and I can't help the foolish feeling that they'd do better baling hay. The north is full of frozen corses which serve no purpose good or wise, while hay will feed our helpful horses, and stuff the tick on which man lies. I think of scientists impassioned would leave the wild wastes unexplored, and haul elm wood, in stove lengths fashioned, they'd do more for their bed and board. We need strong men to harvest squashes, and it is sad to see them go to where an ice cold ocean washes a coastline heaped with useless snow. We need good men to fix our lizzies, for which we'd pay a scently price; and yet the daft explorer busies himself with dreams of endless ice.

When you go trouting, don't forget to take a bottle of STAFFORD'S MOSQUITO OIL; 20c. Bottle; Postage 3 cents extra.—

SELL SUNLIGHT SOAP

There is no article on the market which is easier for a Shopkeeper to sell than

SUNLIGHT SOAP

When the Outport Buyers come to Town this Fall, they will buy SUNLIGHT SOAP.

It needs no pushing on the part of either clerks or boss.

Everybody knows Sunlight Soap for what it really is,—they know it to be the very best quality of Household Soap.

Behind every bar of SUNLIGHT SOAP stands the Thousand Pounds Guarantee of Absolute Purity.

An article which is easy to sell adds nothing to your overhead expense.

Shopkeepers and Jobbers will do well to think this over and to buy—

SUNLIGHT SOAP

Be sure to have SUNLIGHT SOAP when your Outport friends come to Town this Fall.

aug7,31,m,w,f

Showing Blue Laws To the Limit.

There are some people down at Concord, New Hampshire, who believe that what is good for the goose is good for the gander. It seems that complaint was made against some boys for playing ball on Sundays in the fields surrounding Concord, and they were informed that under the old Blue Laws which have never been repealed, their actions were illegal. Thereupon ex-Senator Martin stepped into the breach, laying a formal complaint against the members of the Beaver Meadow Golf Club, who were driving the "pill" about on the Sabbath. He also informed one and all in Concord that if baseball could not be played on Sundays by the boys, he would initiate proceedings to clamp the lid on all Sunday amusements, including the use of the automobile, the selling of newspapers, music, indoors or out, and so on. If people really wanted a dead town, he would make it as dead as a wooden Indian. Senator Martin does not believe in playing favorites in such matters. He maintains that if Blue Laws are good for one class of the community they must be beneficial to all. At any rate he is going to try the experiment.—Saturday Night, Toronto.

HEMORRHOIDS

Do not suffer another day with Itching, Bleeding, or Protruding Piles or Hemorrhoids. No surgical operation required. Dr. Chase's Ointment will relieve you at once and afford lasting benefit. 60c a box; all dealers, or Edmanson, Bates & Co., Limited, Toronto. Sample box free.

The Twilight Hour.

Twilight is long drawn out these summer nights in our latitudes, but those who live in tropical countries are supposed to be accustomed to twilight of a very much shorter duration.

It is an interesting point, however, as to what precisely that duration is. Some would have it believed that it is so brief that he darkness descends with the suddenness of a curtain, whilst others aver that shortness of this tropical twilight has been greatly exaggerated.

From tropical Africa there once came to the writer an interesting note on this particular point, in which it was said: "Certainly the twilight is very short, but it is from half to three-quarters of an hour after sundown before it is quite dark, and the dawn before sun-up is of longer duration still."

A well-known astronomer declared that he did not think that darkness could properly be said to follow sunset in equatorial regions "at one strike." Ordinary print could be read for twenty-five minutes afterwards, and a dim light remained for twenty minutes more.

It is in a similar strain that a noted meteorologist, the Hon. Ralph Abercromby, writes in one of his entertaining books. He admits there is no gloaming as at home, but he adds if we look at the time it takes before all brightening has gone from the western horizon, we find that about an hour and twenty minutes has elapsed.

Eat Mrs. Stewart's Home-Made Bread.—apr13,6mo

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Bring them to the Kodak Store and get the benefit of our 24-hour service, which insures accurate development, and the best possible results from your negatives. You bring us in your roll-films to-day, we give you the finished prints to-morrow.

Our store, the genuine Kodak Store is just now well worth a visit, as we have in stock a wonderful selection of Cameras in all sizes and grades, adapted for both roll-films and film packs. Select yours now and get some remembrance snapshots of the events of the Summer.

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A REMARKABLE WATCH AT A REMARKABLE PRICE.

Here is a watch that makes a distinct forward step in producing a practical timepiece at a popular price. Full 16 size Bridge Model, 7 Jewels, closely timed and adjusted, screw back and bzel, solid nickel case. A watch of absolutely new design. Oval pendant. A type of bow usually found only in high priced watches. Low crown with clean-cut knurls.

Neat, Strong, Durable—and the most remarkable value we have ever offered.

PRICE $12.00.

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The Reliable Jewellers and Opticians.

FRENCH IVORY

Toilet & Manicure Pieces

We have just received a nice assortment and are showing some new pieces in this very popular line. Those wishing to add to their collection will profit by giving us a call.

R. H. TRAPNELL, Ltd.,
Jewellers and Opticians.

eod,tf

Mines That Produce Soap.

Soap mines exist in several districts in North America. There is one in Nevada, on the line of the Central Pacific Railroad. This natural soap, which lathers with ease, is embedded as compactly as new clay, and the soap mine is of considerable extent.

A soap mine exists at Ashcroft, in British Columbia, forming the bottom and sides of a lake which contains water strongly impregnated with borax of soda. These having solidified, the substance can be sawn out in blocks as if it were ice.

Another natural soap mine or well was discovered in Dakota, U.S.A. The soap is skimmed from a boiling spring and hardens by exposure to the air. It is like soft clay, and can be gathered with a shovel.

There are soap banks or mines at Owen's Lake, in California, which for several years have been extensively used.

"PUBLIC OPINION" may be bought at the following places every week: Garland's, Byrne's (Bookstores), Mayo's (The Beacon), Myron's, Pennywell Road; J. J. Healey's, Water St. West. Price 5c. a copy. Subscription $1.00 a year. jy14,tf

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