

THERE isn't anything better for breakfast or lunch than a dish of Grape-Nuts, with cream or milk, and stewed prunes or peaches. This delicious combination gives you the elements of a well-balanced food. For it contains

not only the material needed to build tissue and furnish energy, but it also supplies fruit acids, that help keep the system in good order.

of delicious Grape-Nuts. You will find that it will digest more readily than most other cereals, and it will "stay by" you longer-because it's so

Grape Nuts for Health "There's a Reason"

Petrol "Divining."

"The experiments which Dr Moineau and M. Regis have lon nducting seem to suggest the day will come when a delimitat "Already." says a writer in L clusters of blue hortensias, pink aza- tioning at the Puy du Dome, been able to detect and delimi petrol areas in Alsace 200 miles

Saxony, Hanover, Czecho-Sk Italy, Sardinia, Corsica, and Si "The writer gives no particular the apparatus beyond an expla gaseous composition of any are ean structure of an area, and suggested that when an oil has been discovered in some di part of the globe all that will b ssary to determine the best to begin soundings will be to h series of photographs taken b

Genui

Reg

19. She was pretty, bright, amusing, if we managed to pass through this bled and supervised the bleeding of future price of our other as to the empty-headed, vulgar and selfish. The wife knew the girl well, had quite the same toward him, but I from the knife in brine, salting in win fact procured her the position in thought there would be enough hap- bulk and cleansing in brine, before Ther husband's office when she left piness left to make it worth while.

of 35 and she

a girl of about

high school. When she found out And more than all that, I knew that but not my modernized ideas, with about the affair (as women generally girl would ruin his life, and I could | which I will revolutionize the fisherdo) her first feeling was one of out- not give him up to her so easily, be- ies in the very near future. For ex-

The Finest Kind of Pride.

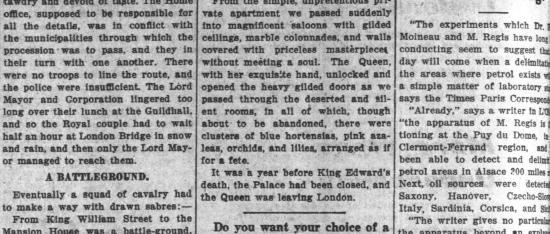
PRACTICAL DEMONSTRATION. our codfishery. Our country, and you In July of last season I, myself phase. I knew I could never feel fish taken from a codtrap, washing curing, which is only a crude method,

do I maintain that? Do you not all

When the Royal yacht arrived at Gravesend on March 7th, 1863, the countrymen of mine, identified with crowd saw a girl, barely nineteen dressed entirely in while, with a white dle it well, as an article of food, and shawl draped loosely around her shoulders and a little white bonnet on you will get a good price for it. Why her head. A mighty shout rent the air.

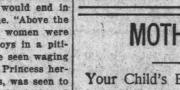
The scenes that followed on this and see it as well as I do? Is not the producing fisherman decreasing in subsequent days seem incredible in these days of well-regulated crowds. this Newfoundland of ours, and the As a spectacle the reception was





Mansion House was a battle-ground, strewn with hats, caps, bonnets, shoes. Suit or Overcoat-cut, made and thes it is by harnessing He crinolines, and the fragments of al- trimmed in the Spurrell way- waves that the oil, coal, mi nost every variety of human attire, at almost your own price? We water, and, indeed, the whole male and female, torn from their wearers in the fearful crash. . . . Many

into magnificent saloons with gilded ceilings, marble colonnades, and walls



It was a year before King Edward's death, the Palace had been closed, and Next, oil sources were detec Do you want your choice of a

must have work, even if we terranean solid liquid and





