



Lesson 1, April 6, 1919.

God, Our Heavenly Father, Gen. 1:1, 27; Psalm 103:1-4, Matt. 6: 24-34.

Commentary.—1. God Our Creator (Gen. 1:1, 27). God has given us a clear statement as to how man came into being. He made him from the dust of the ground in his own likeness. It was the breath of the Almighty that he breathed into the inanimate form that made him a living soul.

III. Our Father's care (Matt. 6: 24-35). 24. No man can serve two masters...

25. No man can serve two masters. No one can be the bond-slave of two masters at the same time. He cannot render full obedience and service to each.

250,000 MUSKRATS Wanted Goodman & Rosenthal Row Fur and Wool Merchants 105 KING ST. E., TORONTO, CAN.

They use ordinary care to provide for themselves.

27. One cubit unto his stature.—A cubit is the length of the forearm from the point of the elbow to the tip of the middle finger and is variously estimated from eighteen to twenty-one inches.

28. Raiment.—Clothing. Much anxious thought is given by many to this question of clothing.

29. Solomon.—The third king of Israel, remarkable for his wealth and wisdom. 30. Grass of the field.—Including the lilies and other flowers cut down with the grass.

Questions.—Where and by whom were the words of this lesson spoken? What is the great subject here treated? What is mammon? Tell why one can not serve two masters.

PRACTICAL SURVEY. Topic.—God the Father Almighty.

I. Divine fatherhood. II. Final obligation. 1. Divine Fatherhood. There are two theories as to the origin of man. One traces him upward from the ape; the other, downward from the Almighty.

THE SPRING TONIC FOR PALE, THIN PEOPLE

If You Want to Gain in Weight and Recover Your Appetite, Energy and Ambition, Try This Well Known Remedy.

With the passing of winter many people feel weak, depressed and easily tired. The body lacks that vital force and energy which pure blood alone can give.

If you are pale and sallow, easily tired, or breathless at the least exertion; if your complexion is poor, or if you are troubled with pimples or eruptions, Dr. Williams' Pink Pills are just what you need to put you right.

A COMPLETE WRECK. Mrs. C. Forsythe, R. R. No. 2, Fisherville, Ont., says: "At the age of fourteen my daughter, Viola, was feeling very much run down in the spring."

A SPRING COLD. Mrs. Chas. Wingenarden, Delhi, Ont., says: "Last spring my daughter Ruby was taken with a bad cold. She seemed weak, had a constant pain in her side, grew pale, and as the remedies usually used in cases of this kind did not help her we feared she was going into a decline."

A SALLOW COMPLEXION. Miss Gladys Marshall, Chatham, Ont., says: "I suffered from nervousness and my blood was in a very poor condition. My face broke out in pimples and my complexion was very sallow."

Notwithstanding the increased cost of all drugs, there has been no change in the price of our Dr. Williams' Pink Pills. They can be had through any medicine dealer at 50 cents a box, or six boxes for \$2.50, or will be sent on receipt of price by The Dr. Williams' Medicine Co., Brockville, Ont.



NITRO-CULTURES FOR LEGUMES.

Among the forage, cover and soil crops in Canada, cover and soil crops of special interest to farmers are the legumes or Leguminosae, which include clover and vetches, beans and peas.

When these bacteria are present in the soil, experience shows that growth is more vigorous, and earlier development takes place. These factors are important in Canada. With alfalfa, robust and early stands have a better chance of resisting winter killing; and in the case of field peas, reports from the Western Provinces show increased yields per acre from the use of nitro-cultures.

Where a crop has once been successfully raised with nodules on the roots, the bacteria survive in the soil for some time, and a subsequent crop is more easily obtained. To give a crop the best chance of succeeding, the appropriate strain of bacteria should be introduced into the ground.

minutes till every grain is wet. Remove the bags and allow to drain on flats into the casks as the solution may be used several times.

Sprinkling method.—Pile the grain on a clean floor, or grain wagon and sprinkle the grain with the solution, using a sprinkling can, shovelling the seed from one pile to another so that each kernel will be thoroughly wet.

Do not allow the wet grain to freeze, as it might injure germination. When the grain has been treated and is damp and swollen about three-fourths of a bushel per acre.

Dry method.—This method has been recently introduced but requires more care. A solution consisting of one pint of formaldehyde to one pint of water is sprayed on the grain while it is being shoveled over on a clean floor or canvas.

BEES VALUABLE IN ORCHARDS. The value of the honeybee as a fertilizing agent during fruit bloom, and the dependence of apple growers especially upon the activities of "the busy bee," are facts which are not well known.

Some varieties of apples, depending upon such conditions as weather, temperature, soil, age and vigor of the tree, are usually self-sterile; that is, they must receive pollen from some other tree in order to bear fruit.

Other varieties of apples under similar conditions are usually self-fertile; that is, their own pollen is capable of making them set fruit. In all cases, however, including even the self-fertile varieties, it is now an established fact that larger and more perfect fruit results from blossoms which receive pollen from some neighboring tree.

The pollen grains from certain kinds of flowers like corn, goldenrod, ragweed and chestnut are light and powdery, and easily carried from one flower to another by the wind, but apple pollen is sticky and cannot be carried about by the wind.

BEFORE OR AFTER INFLUENZA

By Dr. M. Coox. The cool fighter always wins and so there is no need to become panic-stricken. Avoid fear and crowds.

The system should be built up by the use of a good iron tonic, such as "Fron-tic" tablets, to be obtained at some drug stores, or that well known blood-maker and herbal tonic made from roots and barks of forest trees—sold everywhere as Dr. Pierce's Golden Medical Discovery.

For a tonic that will freshen up the blood, clean the digestive tract and put new force and vim into you, I know of nothing better than Dr. Pierce's Golden Medical Discovery—and it contains no alcohol or narcotic so is perfectly safe to take.

WINTSOR, ONT.—"Dr. Pierce's Golden Medical Discovery and his 'Pleasant Pellets' are wonderful medicines for home use. I used to suffer with weak lungs, smothering spells and sick-headaches, but since I have taken the above mentioned medicines these conditions have left me."

"Such medicines as Dr. Pierce's are worthy of praise and I am very glad to add my testimonial to the thousands of others."—MRS. ELLEN HARDING, 11 Erie Street, West.

A Necktie for Fish Bait.

"Cigarette papers trailed in the manner of a 'spinner' seem a queer bait for mackerel, but navy men have used cigarette papers with deadly effect in Dover bay. You can, in fact, catch mackerel with anything bright when they are on the run. Perhaps the best of all baits for them is a strip of skin cut from one of their captured brethren.



TORONTO MARKETS. FARMERS' MARKET.

Table with 2 columns: Dairy Produce, Vegetables, etc. and prices.

MEATS—WHOLESALE.

Table with 2 columns: Beef, forequarters, etc. and prices.

OTHER MARKETS.

WINNIPEG GRAIN EXCHANGE. Fluctuations in the Winnipeg Grain Exchange yesterday were as follows:

Table with 2 columns: Oats, Wheat, etc. and prices.

METHOD OF TEACHING.

Wherein Our Educators Often Put the Cart Before the Horse.

This simple principle (spirit before discipline) we sometimes seem to lose sight of in our education, consistently putting the cart before the horse. In the days of the renaissance, when people had caught a vision of a new world, and studied Greek with avidity because they believed it was a path into that world.

We set our students to grinding Greek verbs in order that in an indefinite future they may come in contact with the Hellenic spirit, when what they wanted was a touch of the Hellenic spirit to transform the Greek grammar into a book of magic.

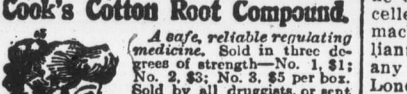
Home. Sometimes, in dreams, I see a room with massive walls and fair, glowing lights that reverse the gloom. The air is sweet with flowers in bloom. And you are there!

Ultramarine. Capes vested with metal brocade. Hat brims that the recklessly slashed. Duvetyn street frocks for "topper-less" days.

Platinum in Spain. Platinum deposits in the south of Spain, in a mountainous region known as the Serrania de Ronda, are reported to be extensive. The 12 or 14 rivers of the district may profitably be dredged for platinum gravel for some years to come.

Electric Light at Home \$2

The latest electric light discovery. No batteries to buy or electric bills to pay. Thousands of homes and farms have installed this electric light years ago and are still using it daily. Guaranteed to be safe, simple and inexpensive; any one can install it. This midwest electric light complete with wiring instructions and high grade material, such as fine copper wire, fibre covered wire holders, single wire knife switch, drop light fixture, battery protector, socket, friction tape, maroon finished shade and globe also our famous battery compound which will supply the current for the electric lights; also re-charging cables and instructions for re-charging your batteries without expense. These instructions and material will enable you to have electric light anywhere. Express prepaid, \$2.00.



Cook's Cotton Root Compound. A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$3; No. 3, \$5 per box.