

rule to prevent the friend from at once continuing the running. The ball should be stopped by the crosse. Experienced players learn to catch with it, and are equal to a catch of thirty or forty yards or more. Throwing the ball requires great judgment and great skill; quickness of thought to decide the right direction, and skill to send it straight. Turning round and throwing back over the head is the usual way. The rules about going out of bounds, &c. &c., are of the plainest kind, and contrast favourably with even the simplest code of football rules.

In July, 1867, the National La Crosse Association of Canada was formed, "to improve, foster, and perpetuate the game of La Crosse as the national game of our dominion." Its rules (with a copy of which we have been favoured through the courtesy of its secretary, Mr. W. George