

Ask yourself if Stomach,  
Liver and Bowels are in their  
best condition for the long  
winter. If not, you know  
what will put them right—  
and keep them right. A  
morning glass of

## Abbey's Effervescent Salt

25c and 60c a bottle. At druggists everywhere

When the Church Training and Deaconess House, Philadelphia, closed early in June, a most successful year's work ended. A class of five graduated, of which one has gone to China to be a Missionary, and the others as parish workers at home. The present senior class, numbering fifteen, is recruited from all parts of the country and includes a Chinese lady from Honolulu, who expects to go to work among her own people in China.

### Canada at Paardeberg.

The Canadian National Exhibition, Toronto, has purchased Caton Woodville's famous picture, "The Dawn of Majuba Day," in which the second Canadian contingent is shown in front at the surrender of Cronje at Paardeberg. Critics pronounce it the most striking war picture ever painted.

The Bishop of St. Albans addressed a meeting held at Braintree to support the movement for the creation of a new diocese for the county of Essex. His Lordship said the scheme was being enthusiastically received, and even Nonconformists were supporting it. The amount required for the endowment of the new diocese was £30,000, of which nearly £27,000 had been promised. At the close of the meeting £440 was subscribed to the fund.

## INVESTMENTS

Secured for Capital.

## CAPITAL

Secured for Investments.

CORRESPONDENCE INVITED.

### THE R. S. NESBITT COMPANY.

Bankers and Brokers  
CONFEDERATION LIFE BUILDING,  
TORONTO, CANADA.

The beautiful mosaic memorial, a work which has been in progress for over four years, was dedicated by Canon Kempthorne at the Church for the Blind, Hardman Street, Liverpool. This memorial, which has been erected at a cost of £1,000, is to the memory of departed members of the congregation, and is in the form of mosaics to illustrate "Jesus in action in the world." The centre panel depicts the Risen Christ, and on either side are represented sixteen of the great and faithful of all ages.

At the last monthly meeting of the S. P. G. Bishop Montgomery, in his monthly survey, said that the endowment of the new Diocese of Singapore would, he hoped, be aided to the extent of £5,000 by the three societies. The Bishop of Carpentaria spoke warmly of the development of Mission work on the new Mitchell

River Reserve on the Gulf of Carpentaria. Hundreds of natives were in touch with the Mission, and complete confidence had been established. The Bishop considered that the day might really come when white men would consider black men as brothers of the human family, though very immature.

Bishop Vyvyan, of Zululand, whose name has been prominently before the public recently in connection with the charges of barbarity brought against the Imperial troops in Natal, has had about five years' experience of South Africa, first as Missionary in the diocese for which he was consecrated Bishop in the Cathedral, Maritzburg, on May 21, 1903. His authority extends over Zululand proper, Tongaland, Swaziland, Vryheid, Utrecht, Piet Retief, and portions of the districts of Wakkerstroom and Ermelo. In British Zululand his lordship has to look after the welfare of 200,000 natives and about 1,400 Europeans, with some twenty-five clergy and about 100 lay workers, many of whom are natives, to help him.

### New Buildings.

The Canadian National Exhibition, Toronto, boasts \$150,000 worth of new buildings this year, the principal of which is a fine new process building, in which a score of industries will be seen at work.

At the consecration of the new Church of St. Alban's, Smethwick, which has been built at a cost of £4,000, Bishop Gore in the course of his sermon referred to Christian Science. "We cannot look abroad and read the signs of the times without seeing how very much wider conception there is now than there was thirty or forty years ago of the strange powers over the body which are exercised by the spirit. Along that line to-day people have a kind of craze, which is more apparent in America than in our own country. People believe in various kinds of faith-healing and in what is called Christian Science, which I consider is a revenge upon us for having neglected what we ought never to have neglected to recognize—the power of prayer and of faith in it to heal the ailments of the body."

### A Majestic Band.

The most gorgeously uniformed band in the British military service is that of the 2nd Life Guards. This is the band that will this year play at the Canadian National Exhibition. Every man is of imposing stature and with plumed helmet and steel breastplate presents a majestic appearance.

## Children's Department.

### THE OTHER LAMBS.

"My Jesus, tender Shepherd,"  
Is what I always say  
When kneeling down at bed-time  
By mother's side to pray.

'Tis I who am the lamb,  
I'm asking Him to keep;  
It helps to make me happy  
Before I go to sleep.

I feel my Shepherd's near me,  
And through the blackest night  
I know that in His keeping  
I'm safe till morning light.

But often I remember,  
When I have said my prayer  
The lambs who still know nothing  
About my Shepherd's care.

# Red Rose Tea

"is good tea"

Always exactly the same quality  
Those who have used it for years  
are the ones who give it the name  
of "good tea."

T. H. ESTABROOKS, ST. JOHN, N. B. WINNIPEG.  
TORONTO, 3 WELLINGTON ST. E.

To Jesus in the darkness

This tiny prayer I say:

Please help the little lost ones  
Who wander far away.

"And if I may, dear Shepherd,  
Some day when I'm a man,  
I'd like to help Thee find them  
In any way I can!"

—"The Round World."

### Pierpont Morgan's Colleys.

John Pierpont Morgan will probably send a collection of his famous colleys to be exhibited at the Canadian National Exhibition. They will not compete for prizes, but will simply be on view.

### DINING IN JAPAN.

If it's your first Japanese dinner, you're having a dreadfully hard time. In the first place you must sit on the floor, for they don't have any chairs in Japan. You kneel down, and then you turn your toes in till one laps over the other, and then you sit back between your heels. At first you are quite proud to find how well you do it, and you don't think it's so very uncomfortable. But pretty soon you get cramped, and your legs ache as if you had a toothache in them. You don't say anything, because you think that if the Japanese can sit this way all day long you ought to be able to stand it for a few minutes. Finally both your feet go to sleep, and then you can't bear it a minute longer, and you have to get up and stamp around the room to drive the prickles out of your feet, and all the little dancing girls giggle at you. This isn't your only trouble, either. All you have to eat with is a pair of chop sticks, and you're in terror lest you spill something on the dainty white matting floor. Now the floor of a Japanese house isn't just the floor; it's the chairs and sofas and tables and beds as well. At home it would be mortifying enough to go out to dinner and spill something on the floor; but in Japan, where people sit and sleep on the floor, it seems even worse. So you are unhappy till your little nesan (who is the waitress, and

almost as prettily dressed as the dancing girls) comes laughing to your aid and shows you how to manage your chopsticks. After that you manage nicely the rice and omelet, but the fish and the chicken you can't contrive to shred apart without dropping your chopsticks all the time. So the little maiko (little girls about twelve years old) kneel down beside you and help you.—St. Nicholas.

### WHOSE FAULT IS IT?

Does the girl who complains that no one understands her, ever stop to think whose fault this is? If she were always frank, if she did not cover up her real self under innumerable layers, her friends would not be troubled to understand her. Practice frankness and sincerity for a little, and see how soon the sky will clear.

## Free to Mothers

Every mother, who sends us her name and address, will receive a generous free sample—enough for eight meals—of

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Best for Babies.

THE LEEMING, MILES CO., Limited, MONTREAL.

## MEMORIALS

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