Heart is inflamed for God and man." There are in the Heart of Jesus infinite treasures, graces of light, graces of strength, graces for every situation and for all sorts of persons. It is an inexhaustible source of all the blessings we can desire.

The Heart of Jesus is the refuge of all who are unfortunate, it is particularly so of sinners, who are, in truth, the most unfortunate of men. It shares in all our sufferings and feels them as its own. Let us remember the sentiments of goodness and commiseration that our Saviour manifested at sight of sufferings; how many acts of His life represent Him healing our sorrows and miseries.

"The Lord is good to those who hope in Him, and

who seek Him in the sincerity of their soul. "

Often in our suffering, our sadness, our weakness, we say to ourselves: "Where shall I find a heart to understand mine?" Why do we not go to the foot of the tabernacle, before that prison of love where He dwells for us who alone is our repose and true joy? There is a heart which will understand ours, and will be always a consolation to it.

One day when the Blessed Margaret Mary was laying before our divine Saviour her weakness, her powerlessness to fulfill His designs, He said to her: "Put thy will into the wound of my heart, and it will there find the strength to conquer itself"; to which the holy sister replied: "Carry it far into your heart, O my God, and place it so securely there that it may never depart thence."

It has been so with all the saints; their souls were always strengthened and comforted by contact with the Heart of Jesus, with which theirs had the closest union. Like us, in this life of warfare and misery, they were a mark for contradiction, for temptations, for interior trials, infirmities and sickness; like us, they were often in sadness and tears; but they had recourse to the Heart of the Divine Master, and that delivered them from their sufferings, or what was better, communicated to them the strength and courage to support them with faith, resignation, and love, and even the desire of suffering still more, so as to have more resemblance to Him.

It was from their relations with the Heart of Jesus, that saint Francis of Assisium, saint Theresa, saint