

DR. WILSON'S CRAMP & PAIN RELIEVER.

Pain brings us face to face with the fact that we are only mortal and that at any time our lives may be snuffed out just as the flame of a candle is extinguished. Man inherits pain. Adam and Eve suffered pain and misery through their sin, and from that time to the present it has been the great dread of man. But pain does not attack every one alike. Some have more pain than others; some suffer nearly all their lifetime, while others have comparatively little pain. When there is pain it is due, generally, to the neglect or contravention of well understood laws which govern our existence. From experience we learn what these laws are and how they should be observed. Dr. Wilson's Cramp and Pain Reliever we know cures pain, whether internal or external, whether inherited or invited—pain received in the performance of duty or pain through ill-doing.

Dr. Wilson's Cramp and Pain Reliever not only destroys the pain as a symptom, but also removes the cause of the pain, and thus does away with it for ever. It is harmless in its action. It does not contain any ingredient which, like opium, simply deadens the pain for a time, but is a different kind of remedy altogether. Dr. Wilson's Cramp and Pain Reliever destroys pain and leaves no evil after effects. It stimulates the system to throw off the evil instead of deadening it so that it cannot perceive that which is evil and wrong. In curing pain in one form it does not cause it in another. It is quick in action, and pain will not return unless new causes for it arise.

Dr. Wilson's Cramp and Pain Reliever taken internally, cures at the commencement of the attack, cholera, cholera morbus, colds, sore throat, chills, cramps, fever and ague, chills and fever, and malaria. Its action is wonderfully rapid. The moment a dose is taken a glow of heat begins to diffuse itself throughout the body, perspiration breaks out, and if care is taken the disease is thrown off very easily. If taken in the early stages of all fevers it is likely to break them before they have fairly begun to run their course.

When used externally, Dr. Wilson's

Cramp and Pain Reliever will relieve toothache, burns, scalds, cuts, bruises, congestion or inflammation of the lungs, pneumonia, pleurisy, rheumatism, and the like. Rubbed briskly into the body, it seldom fails to do good, if it does not entirely relieve the pain and cure its hidden cause.

Dr. Wilson's Cramp and Pain Reliever is invaluable for summer complaints. Dr. Wilson's Cramp and Pain Reliever is a remedy that should always be on hand. Immediate treatment usually means quick cure, while delay means danger. Dr. Wilson's Cramp and Pain Reliever can be obtained at any reliable drug store or general store in the Dominion. It is called for and sold from one end of the country to the other, and there is no excuse for one not having it when required. Have it ready and you will never regret. A bruise bathed in Dr. Wilson's Cramp and Pain Reliever will seldom grow blue or black; the inflammation is extracted and the pain has departed once for all. Many are the testimonials to the efficacy of this remedy. Matthias Marsh, of Consecoon, says that it cured him of lame back, from which he had suffered for a number of years. If you have a lame back do not hesitate to try Dr. Wilson's Cramp and Pain Reliever. It may save you days of suffering.

Dr. Wilson's Cramp and Pain Reliever will positively relieve pain, and that is a great thing in this life of tears.

COTTAGE PUDDING.—One-half cup of sugar, one cup of milk, one pint of flour, three tablespoonfuls of melted butter, one teaspoonful of soda, two of cream of tartar, two eggs, a little salt; bake one-quarter of an hour in small pans.

TAPIOCA PUDDING.—Cover three tablespoonfuls of tapioca with water; stand over night; add one quart milk, a small piece of butter, a little salt and boil; beat the yolks of three eggs with a cup of sugar and boil the whole to a very thick custard, flavor with Brayley's vanilla; when cold, cover with whites of eggs beaten.

RICH BRIDE CAKE.—Take four pounds of sifted flour, four pounds of sweet, fresh butter, beaten to a cream, and two pounds of white powdered sugar; take six eggs for each pound of flour, one ounce of ground mace or nutmeg and a tablespoonful of Brayley's lemon extract or orange-flower water.

TURKISH DYES GUARANTEE PERMANENCY OF COLOR.