

DAY, MAY 8, 10

Bottle Free.

Bottle Free.

T THIS COUPON

CE SUICIDE.

Says It May Be Nature's

onomic Agent.

ns raised by the growing
he modern mother to
children were discussed
e held the other day
nstitute, London. The
ultitude alarm among
ecologists for it is a
inability as this must
effect upon the future
ing humanity.

of Basel, in the course
inquiries into the sub-
tly concluded that the
the function of natu-
children was increasing
diment Europe. The dif-
at is to find a cause and
illness doctor who not
ed with one of London's
als but is much sought
ultant said:

seems to point to the
ver a mother may be
the conclusion that the
the function of natu-
children was increasing
diment Europe. The dif-
at is to find a cause and
illness doctor who not
ed with one of London's
als but is much sought
ultant said:

statistics to prove th
a compiled. My on
the cause is deeper and
of the modern wom
ation in this importan
statistics to prove th
a compiled. My on
the cause is deeper and
of the modern wom
ation in this importan

and that Jewish women
not only have
as a race, perfectly
their children. Again,
it is difficult unless it
rate and scientifically
of that race. The
men, too, as a body
of their children, and
large families. They
and less sophisticated
the town women, and
the city dwelling
nischief.

their way most men
k only about three

Specialist
y call.
ENTION

attention to the fact
after delivery, pur-
while the breast over-
es, they could not

no expectation of re-
you called at their
e paper? And how
remember, I am
reality.

ent is a heaven-sent
ure are scores and
from severe nervous
ork, hurry, worry,
benevolent disad-
and happiness are
strange sensations,
ines, nervousness,
in. In this class of
ices and poisonous,

danger until cured,
ct the organs of the
mouth or tongue,
at some long bal-
at I give you a
without mercury or
dured.
OF POWER,
N, FREE
t system of Home
advantages of the
Canadian patients

Avenue,
MICH.

MEDICAL.
DBS. AGAR & AGAR—Physicians and
Surgeons, successors to Dr. Tye,
King Street West, Chatham, Ont.
Dr. J. S. Agar, Dr. Mary Agar.

LODGES.
WELLINGTON Lodge,
No. 46, A. F. & A. M.,
G. R. C., meets on the
first Monday of every
month, in the Masonic
Hall, Fifth St., at 7:30
p.m. Visiting brethren
heartily welcomed.
ALEX. GREGORY, Sec'y.
A. E. JEWETT, W. M.

LEGAL.
THOMAS SCULLARD—Barrister and
Solicitor, Victoria Block, Chatham,
Ont.
SMITH, HERBERT D.—County
Clerk, Attorney, Barrister, Soli-
citor, etc., Harrison Hall, Chatham.
B. O'LYNN—Barrister, Solicitor,
etc., Conveyancer, Notary Public,
Office, King Street, opposite Mer-
chants' Bank, Chatham, Ont.

WILSON, PIKE & GUNDY—Barristers
and Solicitors of the Supreme
Court, Notaries Public, etc. Money
to loan on Mortgages, at lowest
rates. Offices, Fifth Street. Mat-
thew Wilson, K. C., J. M. PIKE, W.
B. GUNDY.

HOUSTON & STONE—Barristers, sol-
icitors, conveyancers, notaries pub-
lic, etc. Private funds to loan at
lowest current rates. Office, up-
stairs in Sheldrick Block, opposite
H. Macdonald's store. M. Hous-
ton, Fred. Stone.

FARM FOR SALE
I have for sale two acres, more or
less, of part lot 16, concession 8, in
the Township of Dover, east of Bal-
dwin street, owned by William H.
Buhne.
I also have money to loan at the
lowest rate of interest.
HENRY DAGNEAU,

Money to Loan
—ON MORTGAGES—
4 1-2 and 5 per cent.
Liberal Terms and privileges to
Borrowers. Apply to
LEWIS & RICHARDS

WE HAVE ON HAND
A LARGE SUPPLY OF
LIME,
CEMENT,
WATER PIPE,
CUT STONE.
All of the best quality and at
the LOWEST POSSIBLE PRICES
J. & J. OLDBERSBAW
A Few Doors West
of Post Office.

The Chatham Loan and Savings
COMPANY.
Capital, \$1,000,000.
INCORPORATED A. D. 1881.
Money to Lend on Mortgages
Borrowers should apply personally and
secure best rates.
Deposits received of \$1 and upwards,
and the highest current rate of interest
allowed.
Advances issued for sums of \$100 and
upwards from one to five years bearing
interest at four per cent. per annum half
yearly
S. F. GARDINER,
Manager

Coal AND
Wood
Order your COAL and WOOD from
J. GILBERT & CO.
We have the best to be got and at low-
est market prices. Orders promptly de-
livered.
OFFICE AND YARDS Queen St., near
G. T. R. Crossing. PHONE 170.

To Look Clean
Is gratifying
To be Clean
Is satisfying. You will enjoy both
when you place your linen with us,
for we do our work by the most
modern methods known to our
art.
The Parisian Steam
Laundry Co., Phone 20

Glenn & Co.,
WILLIAM ST.
Import direct the finest Ceylon, Assam
and China Tea, Black Gunpowder and
Young Hyson, Best English Breakfast
Tea 35c and 40c.
Minard's Liniment — Lumberman's
Friend.

If You Would Be Well
You Must Keep Your
Kidneys Well.

Help them to work freely. Help
them to flush off all the body's
waste and impurities.

Doan's Kidney Pills
Are for this purpose only.

Have you suspected your kidneys as
the cause of your trouble? If you have
backache, swelling of the feet and ankles,
frequent or suppressed urine, painful
sensation when urinating, specks floating
before the eyes, great thirst, brick-dust
deposit in the urine, or anything wrong
with the urinary organs, then your
kidneys are affected.
It is really not difficult to cure kidney
trouble in its first stages. All you have
to do is to give Doan's Kidney Pills a
trial. They are the most effective medi-
cine to be had for all kidney and urinary
troubles.
Mrs. Mary Galley, Auburn, N.S., was
cured by their use. She says: "For
over four months I was troubled with a
lame back, and was unable to turn in
bed without help. I tried plasters and
liniments of all kinds, but to no effect.
At last I was induced by a friend to try
Doan's Kidney Pills. After I had used
two-thirds of a box my back was as strong
and as well as ever."
Doan's Kidney Pills are 50 cents per
box, or 3 for \$1.25. All dealers, or sent
direct by mail on receipt of price.

THE DOAN KIDNEY PILLS CO.,
TORONTO, ONT.

At the Sewing Circle.
"Men and women are the hooks and
eyes of society," remarked Miss Smith.
"And they are constantly becoming
unfastened," naively put in the divor-
cee.

A Hard One For Mamma.
Charley (who thinks)—Say, mamma,
if we're made of dust, why don't we
get muddy when we drink?—Luck.

BE DONE WITH CATARRH!
Why allow this filthy disease to
poison your system? It drains your
strength, ruins digestion, pollutes the
breath, makes you repulsive. The
one certain cure is "Catarrhazone."
It cures because it destroys the
cause of the disease, cures thorough-
ly because it goes wherever the cat-
arrh is, cures every case because its
vapor destroys the catarrh germs in-
stantly. To get well and stay free
from catarrh get Catarrhazone and
use it; satisfaction guaranteed.

Method In Her Decision.
Higgins—My wife says if I should
die she would remain a widow un-
til death. Of course she might change
her mind, but it is sort of consoling
just the same. Jinks—Evidently your
wife thinks there is no other man in
the world like you. Higgins—On the
contrary, she's afraid there is and that
she'd get him.

NERVOUSNESS A CALAMITY.
Many who don't realize what lies
beyond treat an attack of the
"nerves" with indifference. Others
consider it will soon pass away. But
in every case nervousness is a cal-
amity. Only one remedy will cure—
Ferrozine—strengtheners
that acts through the blood. First
it gives you appetite—you eat plenty.
This fills the blood with nourishment
for its inner nerve cells. Energy
and strength is instilled into every
part of the system. You get well—
keep well—nervousness forever de-
parts, because you've used Ferrozine.
Price 50c. per box of fifty tablets at
all dealers.

Hitting the Judge.
Justice—You say that you did not
know you were violating the law. Ah,
but, my dear sir, ignorance of the law
is no excuse to any man. Prisoner—
That's rather rough on both of us, ain't
it, your honor? Clerk—Order in the
court!

ARE YOU COSTIVE?
If you know how bad for health
constipation is you would be more
careful. Irregular bowels cause ap-
pendicitis, jaundice, anæmia and a
thousand other diseases too. Sooner
or later it will bring you to a sick
bed. The use of Dr. Hamilton's
Pills changes all this quickly. They
are made to cure constipation in one
night, and always do so. By taking
Dr. Hamilton's Pills you are sure of
a keen appetite, splendid color, jovial
spirits and sound restful sleep. Gen-
tle in action; good for men, women
or children. 25c. per box, or five for
\$1.00. At all dealers in medicine.

Dressing Sacks.
Old discarded wrappers will make
the nicest kinds of dressing sacks. Use
the back breadths for new fronts and
sleeves, trim the bottom and flowing
sleeves with a four inch ruffle, and you
can get a summer or two's wear out of
them.

SPRAINED HER ANKLE.
"I slipped on an icy step and sprain-
ed my right ankle very badly,"
writes Miss Minnie Borgey, of
Olewood. "It swelled to a tremen-
dous size and caused intense pain. I
applied Polson's Nerviline and got
prompt relief; the swelling was re-
duced, and before long I was able to
use my foot." For sprains, swell-
ings and muscular pains Nerviline is
the one sure remedy. Strong, pen-
etrating, swift to destroy pain—that's
Polson's Nerviline. Fifty years in
use.

WOMAN'S
WORLD

MISS HELEN A. KNOWLTON.
She is the Only Woman Lawyer in
the State of Maine.

One of the most remarkable young
women in Maine is Miss Helen A.
Knowlton of Rockland, who was born
in that city on April 1, 1874, and who
has the distinction of being the only fe-
male lawyer in the state. Admitted to
the Knox county bar in 1899 after spe-
cial legislation had granted that privi-
lege to her sex, she has acquitted her-
self well in the practice of law.
Miss Knowlton is not a woman suf-
fragist. She has selected a profession
which is perhaps closer than any other



MISS HELEN A. KNOWLTON.

to politics, but she has very firm ideas
as to the part women should play in
affairs of state.

"If men cannot properly govern the
people, what can they do?" she asks.
"There is other work which cannot be
performed by men that women must
do."

This far in the practice of law Miss
Knowlton has shown that she is not an
attorney in name only. It had been her
intention when admitted to devote her-
self principally to probate matters, but
her sphere soon broadened into general
court practice.

Miss Knowlton has an aversion to
criminal cases, although she would not
shrink from fulfilling the obligations
imposed upon her when she took the
oath of a lawyer.

"I would not undertake to defend a
criminal knowing him to be guilty,"
she said. "If I were not positive of the
guilt I should consider it my duty to
defend the client to the best of my
ability."

Miss Knowlton occupies a high position
in social circles and is accounted
one of the most brilliant members of
the leading women's club in Rockland.
—Boston Globe.

Culinary Secrets.
Many a good roast is sacrificed and
many a nutritive and palatable steak
is wasted from want of skill in its
preparation.

A variety of nice dishes may be made
from very ordinary materials with a
little ingenuity and no great expen-
diture, which may vary most agreeably
the menu for the week.

It is very necessary to proportion the
quantity of water to the amount of
meat in soup making. A scant quan-
tity of water to a pound of meat is a good
rule, and for a rich soup still less wa-
ter may be used.

If possible, soup should be prepared
entirely from fresh lean meat, or if
a leftover from a roast is used a good
sliced piece of raw meat should be used
with it.

Cold ham is sometimes used for
white soups.

Long, slow and steady boiling is a
necessity, and it should be so regu-
lated that the soup pot will not re-
quire replenishing. If additional water
is added see that it is boiling hot, or
the soup will be spoiled. Remember,
if meat is boiled too fast it toughens
and will not exude its juices.

How to Acquire Poise.
Did you ever try the little mental
science trick of walking along with an
imaginary star upon your chest and an
imaginary basket of eggs upon your
head? The use of Dr. Hamilton's
Pills changes all this quickly. They
are made to cure constipation in one
night, and always do so. By taking
Dr. Hamilton's Pills you are sure of
a keen appetite, splendid color, jovial
spirits and sound restful sleep. Gen-
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or children. 25c. per box, or five for
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ings and muscular pains Nerviline is
the one sure remedy. Strong, pen-
etrating, swift to destroy pain—that's
Polson's Nerviline. Fifty years in
use.

are easily noted have almost entirely
supplanted the old time paper bags
and boxes whose contents have such
an unfortunate habit of sitting out at
imopportune times or else defying
identification until much valuable time
has been wasted. Now comes a new
contrivance made in three different
sizes of heavy glass, with one shaped
tops and sliding valves, so that food,
such as coffee, salt, Indian meal, tapioca,
etc., can be drawn off the same as
water from a faucet when the jar is in-
verted. Wall or shelf brackets come
with the jars so that the holders may
be attached to the woodwork in the
kitchen or fastened under the shelves
in the pantry. They are put up in-
verted, so that all the housekeeper has
to do is to hold the sugar bowl or mea-
suring cup under, turn the knob and the
food runs out.

Mushrooms as Gratins.
Cut the stems from a half pound of
mushrooms and put them aside to use
in a stew or soup. Wash the mush-
rooms, after stemming them, in cold
water to free them from dust, strip the
skins from them, cut them in quarters
and lay them in an earthen baking
dish. When all the mushrooms are in
pour over them enough rich cream to
just come up to their level, put in a
few pats of butter, season well with
salt and freshly ground black pepper,
cover the whole with the fine bread-
cumbs, then sift over the top a little
grated Parmesan cheese. Stand the
dish in rather a quick oven and let the
mushrooms bake till a rich brown over
the surface. Then serve as an ac-
companiment to broiled chicken or just
as an entree for dinner.

CURE THE MOST
EXTREME CASES

Stone in the Kidneys Cannot
Stand Before Dodd's Kidney
Pills.

Mr. S. A. Cassidy, of Ottawa, Perma-
nently Cured After Years of
Suffering by the Great Canadian
Kidney Remedy.

Ottawa, Ont., May 8.—(Special.)—
While all Canada knows that Dodd's
Kidney Pills are the standard reme-
dy for all Kidney Complaints, it may
surprise some people to know that
they cure such extreme cases as
Stones in the Kidneys. Yet that is
what they have done right here in
Ottawa.

Mr. S. A. Cassidy, the man cured,
is the well known proprietor of the
Bijou Hotel on Metcalfe street, and
in an interview he says: "My friends
all know that I have been a martyr
to Stone in the Kidneys for years.
They know that besides consulting
the best doctors in the city and try-
ing every medicine I could think of,
I was unable to get better."
"Some time ago a friend told me
Dodd's Kidney Pills would cure me,
and as a last resort I tried them, and
they have cured me."

"I could not imagine more govern-
ing suffering than one endures who has
Stones in the Kidneys, and I feel
the greatest gratitude to Dodd's Kid-
ney Pills."

If the disease is of the Kidneys
or from the Kidneys, Dodd's Kidney
Pills will cure it.

It is the spirit of that life to which
we should attain. It is not by say-
ing Christ's words or by doing
Christ's acts, but it is by breathing
His spirit.

Take care of the stomach and the
health will take care of itself. If
people only realized the soundness of
that statement the majority might
live to a good old age like Moses,
"the eye undimmed, the natural
forces unabated." It is in the stom-
ach that the blood is made. It is
from the stomach that nourishment
is dispensed to nerve and muscle. If
the stomach is "weak" it can't do
its whole work for each part of the
body. If it is diseased the disease
will taint the nourishment which is
distributed, and so spread disease
throughout the body. It was the re-
alization of the importance of the
stomach as the very centre of health
and the common source of disease,
which led Dr. Pierce to prepare his
"Golden Medical Discovery." "Dis-
eases which originate in the stomach
must be cured through the stomach."
The soundness of this theory is proved
every day by cures of diseased or-
gans, heart, liver, lungs, blood—by
the use of the "Discovery," which is
solely and singly a medicine for the
blood and organs of digestion and nu-
trition. It is a temperance medicine
containing no alcohol, whiskey or
other intoxicant.

No sham can stand in God's pres-
ence. His eyes search all pretensions
to their very heart and core.

Monkey Brand Soap mixes copper like
gold, tin like silver, crockery like marble,
and windows like crystal.

A silent man often has a reputa-
tion for knowing about ten times as
much as he really does.

C. C. RICHARDS & CO.
Dear Sirs—Your MINARD'S LINI-
MENT is our remedy for sore throat,
colds and all ordinary ailments.
It never fails to relieve and cure
promptly.

CHARLES WHOOTEN.
Port Mulgrave.

For the Pantry.
Every good housekeeper takes pa-
donable pride in her neatly arranged
kitchen, storeroom and pantries. For
such, labeled jars or glass cans and
wide mouthed bottles whose contents

MYSTERY OF DREAMS.

The Wonders the Brain Sees in the
Fractures of a Sleep.

It is not unusual to hear one say that
he has been dreaming about something
all night, when possibly his dream oc-
cupied only a very short time. Many
attempts have been made to measure
the time occupied in a dream, and re-
cords appear from time to time in the
papers showing that often elaborate
ones occupy but a few seconds. The
following incident is told by a gentle-
man who vouches for its accuracy.
He was engaged one afternoon with
a clerk in verifying some long columns
of figures that had been copied from
one book to another. The numbers,
representing amounts in dollars and
cents, were composed of six or seven
figures. The clerk would read, for in-
stance, "Fourteen, one forty-two,
twelve," making the amount of \$14-
142.12, and the gentleman would an-
swer, "Check," to indicate that the
copy was correct. Page after page had
been read as rapidly as the words
could be uttered, each number receiv-
ing the "check." The work was drowsy,
and it was with difficulty he could
keep his eyes open.

Finally sleep overcame him, and he
dreamed—dreamed of an old horse he
had been accustomed to drive twenty-
five or thirty years ago. He could not
recall any special incident connected
with the dream except the locality and
the distinct sight of the horse and of
the buggy to which he had driven him.
He awoke suddenly and, as a number
was ended, called "Check." He was
conscious of having slept and of hav-
ing dreamed and said to the clerk:
"Charlie, I have been asleep. How
many of those numbers have I mis-
sed?" "None," he replied. "You have
checked every one." Close question-
ing developed the fact that of the fig-
ures \$14.142.12 he had heard the four-
teen and the twelve, but had slept and
dreamed during the time occupied in
rapidly uttering the words "one forty-
two." He tried by reading other num-
bers to measure the time and thinks it
could not have been more than half a
second.

Another story is told of a man who
sat before his fire in a drowsy condi-
tion. A draft blowing across the
room set a large photograph on the
mantel to swaying. A slender vase
was in front of it, and the man re-
members wondering, in a mood of
whimsical indifference, whether the
picture would blow forward and send
the vase to the floor.

Finally a gust of wind did topple the
picture, and it struck the vase. The
man remembers having been curiously
relieved in his state of drowsiness that
at last the "old thing" was going to fall
and be done with it."

Presently he was in the midst of a
complicated business transaction in a
western city miles away. All the de-
tails of a new and unheard of scheme
were coming forth from his lips, and a
board of directors was listening. The
scheme prospered. He moved his fam-
ily west. Fragments of the journey
thither and glimpses of the fine house
he bought came before his vision.

A crash woke him. The vase had
struck the floor. He had dreamed an
unlived life covering years, and all in
the time it took for the vase which he
had seen toppling before he fell asleep
to fall five feet and break—YOUTH'S
Companion.

THE FAST TRAINS.

To California are run over the
Union Pacific, via Omaha, 16 hours
quicker to San Francisco than any
other line. No change of roads, no
detours, "The Overland Route" all
the way. Be sure your ticket reads
over the Union Pacific. Inquire of
H. F. Carter, T. P. A., 14 James
Building, Toronto, Canada, or F. B.
Choate, G. A., 126 Woodward avenue,
Detroit.

LOW RATES TO THE PACIFIC
COAST.

The Chicago and North Western
Railway will sell from Chicago one
way second class settlers' tickets at
very low rates to points in California,
Oregon, Washington and British
Columbia, daily until May 15. Special
round trip first class tickets at
very low rates will be on sale dur-
ing May and June to above named
territory. Write for full particulars
and folders to B. H. Bennett, Gen-
eral Agent, 2 East King street, Tor-
onto.

SPECKLED TROUT.

Season opens May 1st. Tourist
tickets go on sale then. W. E. Ri-
pin, G. F. & T. A., of the Grand
Trunk, can tell you where to go to
catch the speckled beauties.

As the alleged ancestors of some
of our old families, Adam and Eve
have very much to answer for.

Ask for Minard's and take no other

BUY YOUR
COAL NOW

We handle Coal and Wood,
Wholesale and Retail. All
orders receive prompt attention
Tel. 253. Cor. William and
G.T.R.
SERLING & KOVINSKY

Detachable City Residence For Sale

Two storey dwelling, situated North
side of Lorne ave. House contains double
parlour, dining room, two kitchens, pan-
try, hall and three bedrooms upstairs,
good stable and city water on premises,
terms easy, for particulars see
SMITH & SMITH

WANTED

COOK WANTED—Apply Grand Con-
trel.

WANTED—Two dining room girls,
Apply to Mrs. John Pleasance, Ran-
kin House.

RAGS WANTED—Good white cotton
rags are wanted at The Planet Of-
fice.

BOARDERS—Comfortable board for
four gentlemen in central location,
rates \$3.25 per week. Apply at
this office.

WANTED—By May 12, board and
room for young couple, in private
family, centrally located. Apply
Box 375, Chatham.

GIRL WANTED—For general house-
work; good plain cook; no wash-
ing; two in family. Apply to Mrs.
T. A. Smith, Victoria avenue.

WANTED—A man and his wife with
out incumbrance, he to do light
work, attending to lawn and
stable; she general housework;
steady place. For further particu-
lars apply at this office.

A YOUNG MAN with ambition, look-
ing for an agency with a chance
of establishing himself in a per-
manent business of his own will
do well to address a postal card to
Cooper, Drawer 531, London.

FOR SALE OR TO RENT.

ROOMS TO RENT—Furnished or un-
furnished, in a flat on King street,
Apply Box B, Planet.

HOUSE FOR SALE—On Grant street,
For particulars apply to Thomas
Scullard, or at this office.

FENCE FOR SALE—In good state of
preservation. Apply to Thomas
Scullard, Victoria Block.

TO RENT—Three furnished rooms,
suitable for light housekeeping;
modern conveniences; centrally
located. Apply Box 10, Planet.

HOUSE FOR RENT—Eight rooms,
well located on Selkirk street, city
water, bath room, etc., also good
stable. Address B. M., or apply at
this office.

FOR SALE—J. L. Scott has for sale
cheap a two seated carriage, a
square box buggy and a large re-
frigerator suitable for grocery or
hotel. The above articles can be
seen at 177 Park avenue.

FARM FOR SALE—North east half
of Lot 16, Front concession, Town-
ship of Harwich, 133 acres. All
cleared, clay loam, two good sized
frame houses. Large frame barn
and cattle shed; stable and