

the left foot, and the rear bearer with the right.

The trench lift is also necessary to know on account of the difficulty experienced in lifting a man in a narrow space. Place the stretcher, if possible, at the patient's head. Both bear-

**Trench
Lift**

ers step over the patient, one being over his shoulders, the other over his hips.

When so placed, they lock their hands under the patient's back and loins. The rear bearer places his left toe against the front bearer's left heel; he then gives the command to advance, which the front bearer will proceed to do, taking three or four *short* steps. He will then halt, while the rear bearer moves forward and takes up his original position. When over the stretcher, carefully lower the patient.

A rifle crutch is decidedly useful to the man who is suffering from a fractured or crushed foot, or a sprained ankle. Suspend the foot in a puttee sling, hanging from the shoulders, the patient placing the butt of his rifle under the arm, with the muzzle to the ground.

**Rifle
Crutch**

A man, if no crutch is available, can also assist a comrade with an injured foot to walk or hop to the Dressing Station. The patient should place the arm corresponding to the injured

**Human
Crutch**

foot over the shoulders of the bearer, who will grasp his wrist. The bearer at the same time should grasp firmly the hip of the patient's pants to get a good hold, thus enabling