



UNB STUDENT UNION for the fun of it!

Club Notes

AIESEC

Hey UNB, AIESEC UNB is hosting the largest AIESEC conference ever to hit the Maritimes. Approximately 450 students from across Canada and around the globe will be converging on the Fredericton Inn from December 28 to Jan 6th. Volunteers can gain business experience, party all week long and meet students from all around the world.

For more information contact Andrew Keenan at 453-4617

Want to do your bit for "Peace on Earth"?

Send holiday cards to Canadian UN Peacekeepers stationed in troubled areas around the world. Personalized post-cards will be available in the SUB cafeteria on Monday, Tuesday and Wednesday (Dec 7-9) and at the UNB Student Union Help Center (SUB front lobby) for 15\$ each or 7/\$1 plus postage.

GRADS!!

**Grad Photo
Submission
Deadline:
January 15th**

UP THE HILL
The 92/93 UNB Yearbook
Room 30, SUB 453-4959

We still need photographers!!

Explore

the real
**African culture with the
African Students Union
on
Africa Nite
Feb 6, 1993.
Wow!
That will be an explosion**

For Women Only

THE EFFECTS OF ALCOHOL

Research in the last two decades has pointed to a number of differences as to how alcohol works in the body. Women who choose to drink need to know that:

* **Women may become more intoxicated than men after drinking the same amount of alcohol, even when they weigh the same.** Women have less body fluid and more body fat; since alcohol is not fat soluble, the concentration of alcohol in a woman's blood will be higher than that of a man.

* **The weight of a person greatly affects the distribution of alcohol through the bloodstream.** The smaller the person, the less room for alcohol to distribute itself, hence, the alcohol is less diluted upon reaching the brain.

* **A woman's ability to oxidize alcohol is affected by her menstrual cycle.** A woman can get intoxicated more rapidly right before her period.

* In some of the most recent research, it has been discovered that women have far smaller quantities of the protective enzyme dehydrogenase that breaks down alcohol in the stomach. **A woman will absorb about 30% more alcohol into her blood than a man of the same weight** will who has drunk an equal amount. In other words, one drink for a woman will have about the same effect as two drinks for a man.

* A woman's body is affected at a faster rate than a man's in terms of long-term alcohol use. Heavy drinking can cause anemia, malnutrition, stomach irritation and low resistance to disease. Women typically develop cirrhosis of the liver with a shorter history of excessive drinking.

* There are strong ties between alcohol and breast and neck cancer in women.



SMART PACC and BACCHUS

Class of '93 Update

Grad Photos for composite will be taken at the following studios:

Harvey Studios: Civil Engineering, Psychology, History, Geology, Nursing.

Geoffrey Gammon Studios: Business, Chemical Engineering, Mechanical Engineering, Surveying Engineering, Geological Engineering, Electrical Engineering, Chemistry, Forestry, Computer Science, Law, Physical Education, Education.

Yearbook deadline is January 26, 1993

Greetings!

I am delighted to have the opportunity to send you this message and hope that you are having a very successful year.

My office is responsible for the public relations and fund raising activities of the University. My colleague Lynn Fraser and I will be helping your executive—Mary Dable, Jeff Bujold, Shannon Hawkins and Keri Lawson—to organize the *Grad Class Project*.

We are very proud that the Class of '93 has decided to continue the tradition that began in 1990 with the Class of '90 Gates at the top of the campus. These were followed by the Class of '91 Steps behind the Harriet Irving library, and the Class of '92 Scholarship Fund.

Each of these projects has made a difference to the quality of life at UNB. And each of these classes has left its mark on this campus. In all, graduating students have contributed nearly \$25,000 to UNB in the past three years.

I'm sure the Class of '93 will be

equally successful with its project in support of the UNB Library System. Through this project, you will be improving UNB's library holdings by contributing to the purchase of a book. To express our thanks, your name will be inscribed in the book purchased with your donation. Further details will be released early in the 1993, with a big build-up to Spring Break.

I'm looking forward to working with you and thank you in advance for your support of this worthwhile project.

Have a productive exam period and a terrific holiday season.



Susan Montague