

f a hickory nut.  
er if there is no  
and mix in the  
and cook and stir  
Serve on squares  
at as it is, with  
e any cold meat  
ay, but have it  
ometimes use a  
ne, or one green  
seeds have been  
cup of stewed  
much soup or  
f well seasoned  
hash with soup  
ible

ver.  
ever use pure,  
wrap silver in  
cause both are  
and will surely  
y use unbleach-  
the material so  
about one inch  
or spoon (then  
aken out), and  
es to fold over  
may be finished  
the raw edges  
with machine  
the edges with  
the pockets.  
or ribbons. If  
silver to pack



venience to tie  
on which may  
ink the num-  
ents. Another  
olding souvenir  
from chamois  
deep enough to  
the spoon. A  
the whole case  
intervals, holds  
the spoons in  
ocket is mark-  
ame from, and  
f facts. The  
fold over and  
when rolled to

our.  
ers have been  
ry against the  
demanding a  
re is for milk;  
g contradiction  
osing sides for  
per cent. As  
ase out clearly,

guarantee that  
r cent. of the  
t present our  
from 70 to 75

ng produced a  
to 8 per cent.  
eat than does  
but this added  
t was chiefly  
e for the dark

by the human  
the phosphates  
us.  
is rejected be-  
ence which pre-  
sweet.

of Russia and  
(which are the  
largely lost in  
y in the grain  
, so that the  
nutritious than  
omach can ex-

easily adulter-

hen a medicine is  
ie stomach, but is  
dients of it pass  
to find action in  
e a pur-gative and  
ness. Parmelee's  
acter and are the  
rs that they have  
ished themselves



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