# POOR DOCUMENT

THE SEMI WEEKLY TELEGRAPH, ST. JOHN, N. B., SATURDAY, APRIL 28, 1906

# MARTITIME PROVINCES TRIGUERON T FROM ALL OVER THE MARITIME PROVINCES | Secretary, A. S. Rodinson, Port Elgin (N. B.); treasurer, J. Baizley, '09, Hantsport (N. S.); librarian, S. Hayward, '09, Port Elgin (N. B.) | E. Hayward, '09, Port Elgin (N. B.) | Richard Wilson is critically ill.

## eeting: President, H. W. Outerbridge, 7, Stellarton (N. S.); vice-president, H. Irish, '08, Bayfield (N. S.); oorregioning secretary, J. M. Clindings secretary, J. M. Clindings (N. S.); or Polymen (N. S.); THE RIVAL ROUTES IN NEW BRUNSWICK

FIVE GOLDEN R

First-Eat only 3 L day, 5 hours apart. It requires 4 to 4½ hours a meal. This leaves ½ to 1 hou

Second-Eat nothin

