

ALLIES WATCH SOVIET SHIPS IN BLACK SEA

Constantinople Constantly Under Guard for Plots Against the Entente.

(Copyright, 1920, by Public Ledger.)
Washington, Oct. 20.—Allied warships have been put out from Constantinople to intercept Soviet naval vessels and merchant marine that are endeavoring to transport supplies and ammunition to the Black Sea, according to reports from the Near East today. The British fleet in Asia Minor are in the hope of pushing their campaign further into the Near East and thence through Persia into India and the rest of Asia. This was the plan outlined at the Entente conference and it was decided to keep the door at Constantinople and thence into the Black Sea.

To Aid Armenia.

It was reported today that some of the European powers are endeavoring at last to aid the little Republic of Armenia which is battling against the two branches of the Bolsheviks, those from Russia and the Turks. The effort of Allied powers to intercept the Bolshevik fleet and engage it in the Black Sea is reported to be a part of the new effort to aid Armenia and crush Bolshevism, or at least to prevent its spread into Asia.

Several arrests have been made on Constantinople and Soudari of Bolshevik agents who were endeavoring to establish a foothold from which to challenge the authority of the British and French in Constantinople. The situation between the British and French in the Near East is said not to be happy because of the commercial rivalry. That is given as one of the reasons for the success of the Soviet agents there.

Uprisings in Siberia.

Uprisings in Western Siberia against the Soviet authorities are reported from Harbin, and the movement is said to be spreading with the advance of the side of the anti-Bolsheviks. Tomsk, Tark, Ishim and Kurgan are declared to have been liberated from the Bolsheviks. The defeat of the Soviet forces was made easier by the withdrawal of troops from Western Siberia to fight the Poles and General Wrangel, and also by the dispatching of Chinese detachments eastward with a possible intention of attacking Mongolia.

CABBAGES USEFUL AT THIS SEASON

Other Members of Vegetable Family Which Help Out a Meal.

With the coming of the cool fall days even the vegetables take on a heartier character, and as most of the members of the cabbage family are sufficiently substantial to form a meal in themselves (with a good sauce and a garnish of crisp bacon), they will be found very useful in planning the home lunch or supper or to help out a meal of rather meagre proportions.

When boiling cabbage cut in quarters and remove the hard stem portion. Have the boiling salted water ready and drop in each piece, seeing that the water boils again before adding the other portions. Cook uncovered, pressing the pieces down under the water until all are softened throughout. Cook until the cabbage is tender, drain thoroughly, chop and turn into the upper part of the double boiler; add salt and paprika to taste, a generous piece of butter and about half a cupful of cream or top of the bottle. Set over hot water to let the steaming steam for ten minutes and serve very hot.

If a meat flavor is liked, two or three bouillon cubes may be added with half an onion to the water in which the cabbage is cooked and the liquor saved as the basis for a good soup. Both cabbage and cauliflower water are good additions to any soups and to a few sauces.

Brussels sprouts, which look so much like individual tiny cabbages, should be carefully looked over and

SCIENCE PROVES THE DANGER OF BLEEDING GUMS

Medical science proves that unhealthy gums cause serious ailments. People suffering from Pyorrhea (a disease of the gums) often suffer from other ills, such as rheumatism, anemia, nervous disorders, or weakened vital organs. These ills have been traced in many cases to the Pyorrhea germs which breed in pockets about the teeth.

Bout of five people over forty have Pyorrhea. It begins with tender and bleeding gums. Then the gums recede, the teeth decay, loosen and fall out, or must be extracted to rid the system of the infecting Pyorrhea germs. Guard your health and your teeth. Keep Pyorrhea away. Visit your dentist often for tooth and gum inspection, and make daily use of Forhan's Bor Gums.

Forhan's Bor Gums will prevent Pyorrhea—or check its progress—if used in time, and used consistently. Ordinary dentifrices cannot do this. Forhan's will keep the gums firm and healthy, the teeth white and clean.

Use 50c and 60c tubes in Canada and U.S. If your druggist cannot supply you, send price to us direct and we will mail tube postpaid.

FORHAN'S, LTD., Montreal

Forhan's
FOR THE GUMS

LUXURY PRISON WAS BRITTON JAIL FOR BRIEF TIME

Then Detectives Learned of Illicit Trade in Whisky, Candies and Tobacco.

By SIDNEY B. CAVE.
(Copyright, 1920, by Cross-Atlantic.)
London, Oct. 20.—Recent discoveries in London's chief penitentiaries have resulted in a Home Office order for close investigation throughout. For some time the authorities have had reason to suspect that luxuries and dainties at various times were being smuggled into certain London jails.

Detectives were introduced into the buildings, and the result of a close watch was the discovery of the other day of whisky, chocolate and cigarettes in a room where many of the prisoners are employed during the day. Several warders have been suspended, and the drastic investigation is going on.

The prison in question, Brixton jail, where the Lord Mayor of Cork is being held, at present houses a fair number of men with means. What an inmate does when he wants things from outside is this: He gives his address to a man who is being released, and who agrees to call and ask his relatives to send money to the address of a warder. The money is forwarded, and with it an appeal to spend part of it in comforts for Mr. So-and-so. Sometimes the warder "bites."

Sometimes he gives the prisoner away. It was as the result of a latter incident that the Home Office have instituted this enquiry.

New York, Oct. 21.—When Captain James W. Ford, of the Oriental Steamship Company's Chester Valley, returned to New York from Constantinople early in December, he will learn of the death of his wife, Ida M. Ford, who died in the Homeopathic Hospital, Newark, early in this month. His wife made a last request that her husband be notified of her decease until his ship returned to New York harbor. His ship was in Constantinople at the time.

"He would be nervous and not be a good captain," is the reason she gave for her request.

graded in regard to size, which varies greatly. Then put the smaller ones on to cook and add the larger ones at the end of eight minutes. In this way they will all be cooked to the right degree of perfection, instead of having some hard and the remainder mushy.

In cooking cauliflower a little milk should always be added to the water in which it is boiled, this tending to preserve the whiteness, and before cooking, as with Brussels sprouts, soak the vegetables in salted water to which a little vinegar has been added for at least one hour, to draw out any insects that may be concealed in the flowerets or leaves.

That Fat Shows Soon Disappears
Prominent fat that comes and stays where it is not needed is a burden and a hindrance to activity, and a curb upon pleasure. Many forms of advice to reduce weight have been advanced, such as diet, hard work, excessive exercise, etc., all of which are either unpleasant or dangerous. The latest, more modern and pleasant way to take off burdensome fat, is to take, after each meal and at bedtime, a Marmite Tablet. These little tablets are as effective and harmless as the famous Marmite Prescription from which they take their name.

To get rid of fat at the rate of two, three or four pounds a week, simply take one of these little tablets after each meal and at bedtime until you have reduced your weight to where you want it. No wrinkles or fatness will remain to show where the fat came off.

They are for sale by all druggists at 10c for a good size box. If you prefer to have them sent direct by mail, prepare in plain sealed cover, and amount to the Marmite Co., 37 Garfield Building, Detroit, Mich., and let goodie to deliver, express and post. Be yourself, slim, trim and attractive.

MAIL CONTRACT
SEALED TENDERS addressed to the Postmaster General, will be received at Ottawa until noon, on Friday, the 19th November, 1920, for the conveyance of His Majesty's Mail, on a proposed contract for four years, 26 double and 12 single trips per week on the route Norton Railway Station and Transfer of Mails from the 1st April 1921 next.

Printed notices containing further information as to conditions of proposed Contract may be seen and blank forms of Tender may be obtained at the Post Offices of Ottawa and at the office of the Post Office Inspector, St. John.

Post Office Inspector's Office, St. John, Oct. 6, 1920.
H. W. WOODS,
Post Office Inspector.

NOTICE.
Persons who desire to operate the dining room and provision store in the Immigration Building at St. John, N. B., during the season of 1920-21, should make application to the undersigned, who will furnish particulars regarding equipment, and will also supply lists showing service and supplied on which questions are invited. Applications will be received until the first of November, 1920.

The Department does not bind itself to accept any offer.

J. V. LANTALIM,
Dominion Government Immigration Agent, Custom House.

Dated at St. John, N. B., this 19th day October, 1920.

MEN AND BUSINESS

(By Richard Spillane)

For rouge, face powders, cosmetics and perfumery the women and girls of America spent \$750,000,000 last year. So the luxury tax returns show. That is at the rate of more than \$2,000,000 a day for every day in the year.

If paint and powder made them more attractive the outlay would be understandable, but instead it made many of them disgusting, if not hideous.

The expenditure for face powder amounted to \$500,000,000. There is some justification for that.

Jewelry sales amounted to \$500,000,000. Here are some other items mainly chargeable to men: Cigarettes, \$300,000,000; cigars, \$500,000,000; chewing gum, \$500,000,000; tea cream, \$250,000,000; soft drinks, \$350,000,000; candy, \$1,000,000,000.

Altogether, the luxury bill of the country for one year totals more than \$2,000,000,000. That is nearly the total of the national debt.

At dinner the other night one of the most prominent clergymen in Philadelphia said hundreds of families in this city were living in cellars because they could not get proper quarters in which to live. He said the conditions were going to be much worse because there was quite an influx of immigrants. What is true of Philadelphia is true, no doubt, of every American city of considerable size.

"You look disgruntled," said the shoe man.

"I snapped the hammer," I had a little rush just now and a couple of prospective customers walked out without being waited on."

"They seldom get away from me," declared the shoe dealer. "I take their shoes off as soon as they come in."

MAIL ORDER DEPARTMENT
Mail order service for customers outside the Province of Quebec.
Write for complete price list.
Mail Order Dept.

Hudon, Hebert & Co., Limited
19 De Presoles Street, Montreal, Que.

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Montreal. P. O. Box 1990.

MARINE NEWS

PORT OF ST. JOHN, N. B.
Friday, October 23, 1920.
Arrived Thursday.

Str Canadian Sailor, Portland, Me. Sir Pejesco, 78, Hackett, Belhar, Me.

Barge S T Co., No 2, 4, Merry, Belhar, Me.

Coastwise—Sch Bna and Elsie, 14, McAdam, Chance Harbor; str Frances Boutiller, 41, Teed, Sandy Cove; str Stadium, 49, Pike, Apple River; gas sch Venita, 24, Mills, Jiggins Mines.

Cleared Thursday.
Coastwise—Str Empress, 612, McDonald, Digby; sch Bna and Elsie, 14, McAdam, St. Martins; str Frances Boutiller, 41, Teed, Bear River; str Stadium, 49, Pike, Apple River; gas sch Venita, 24, Mills, Jiggins Mines.

Canadian Ports.
Farrabro—Sld Oct 14, sch Northcliffe, New York.
Old Oct 11, sch Mines Prince, New York, thence to go south, where she is chartered for three cargoes of pine from the Gulf to the south side of Cuba.

Bass River, N. S.—Load Oct 16, sch Mayflower, Bound for New York.

Canadian Sailor Arrives.
The C. G. M. M. steamer Canadian Sailor arrived in port yesterday afternoon in ballast from Portland, Me.

The First Sailing.
The first sailing under the new agreement between the Canadian Government Merchant Marine and the British India Steam Navigation Company for a joint service to India and the Far East, from Montreal in the summer and St. John in the winter, will take place about the end of this month. The steamer Boyne, of the British company, arrived at Montreal last Monday morning from Liverpool.

and will commence loading immediately for India. She is a vessel of 4,400 tons net, and the other boats to be placed on this service will also be large ones. The route will be from the St. Lawrence via the Atlantic and Mediterranean to Karachi and Calcutta, and from thence to Java and the Straits Settlements, and it is hoped to add cargoes for direct return voyages to this country. Under the terms of the agreement between the C. G. M. M. and the British India Steam Navigation Company, the former will place four boats on the service to India from Eastern Canada and another four vessels on the service from Vancouver, which is to be maintained by the Canadian company alone. The British India Steam Navigation Company is one of the oldest established shipping corporations in Great Britain, and has been engaged in the Indian trade for over half a century, with a fleet of 139 steamers, plying to all parts of the Far East.

Manchester Liners' Report.
In their report for the year ended June 30 the directors of the Manchester Liners, Limited, state that the various services of the company have been well maintained, and the vessels of the fleet have been kept in a complete state of efficiency. The regular service to and from New Orleans created by the company prior to the war has been resumed. The required amount of first mortgage and "A" debentures have been purchased for redemption, leaving the amounts outstanding at June 30: first debentures, \$11,200; "A" debentures, \$44,800. After providing for depreciation and all charges (including debenture interest preference share dividend, excess profits duty, corporation tax, and income tax), and including the balance brought in, the amount of profit available is \$13,006. The directors propose to place \$100,000 to reserve, and

FOR SALE—Residence at 211 Prince St. Modern and comfortable, in excellent repair. Appx. F. A. Dykema & Co.

PERSONAL.
LADIES, ATTENTION—Dr. Le Freres Parian Complexion Cream quickly removes Blackheads, Pimples, Enlarged Pores, Crow's Feet, Wrinkles. Immediate results guaranteed. Full treatment, price \$150, sent on receipt of Postal or Money Order. Sole Agents: The Merchants' Publicity Association, Suite 429, 430 Standard Bank Building, Vancouver, B. C.

SPECIAL OPPORTUNITY TO SALESMEN AND SALESLADIES. Christmas is almost here. Now is your chance to sell your friends personal Christmas Greeting Cards. A chance to make good money to bustlers in spare time or whole time. Samples free with weekly drawing account. The Carlton Publishing Company, Hertel Bldg., 328 Spadina Ave., Toronto.

BOARD OF COMMISSIONERS OF PUBLIC UTILITIES OF NEW BRUNSWICK.
Notice.
NOTICE is hereby given that the Public and Application of the New Brunswick Telephone Company, Limited, filed this day with the Board of Commissioners of Public Utilities of the Province of New Brunswick, praying that this Board may approve the issue of a proposed issue of four Hundred Thousand Dollars, (\$400,000.00) capital stock of the said Company and grant a certificate therefor, and

FURTHER, that the said Board may approve of an increase of two million dollars (\$2,000,000.00) of the capital stock of the said Company granted by Supplementary Letters Patent issued on September 24th, 1920, under the provisions of Act 10 Geo. 5, cap. 63, will be heard on Tuesday, the 26th day of October next at the Government Rooms, Prince William Street, in the City of Saint John, at the hour of 10.30 in the forenoon, when and where all parties interested may attend and be heard.

The Wednesday trips are via Eastport and Lubec, leave Boston 10 a. m. Thursdays. The Saturday trips are direct to Boston, due there Sundays 1 p. m.

Fare \$10.00. State rooms, \$3.00 and up. Passenger and Freight connection with Metropolitan steamers for New York.

Freight rates and full information on application.

A. C. CURRIE, Agent,
St. John, N. B.

TIME TABLE
The Maritime Steamship Co. Limited
Commencing June 1st, 1920, a steamer of the line leaves St. John Tuesday at 10 a. m. for Black's Harbor, calling at Dipper Harbor and Beaver Harbor.

Leaves Black's Harbor Wednesday, two hours or high water for St. Andrews, calling at Lord's Cove, Richardson, Beck Bay and L'Etete.

Leaves St. Andrews Thursday, calling at St. George, L'Etete, or Black Bay and Black's Harbor.

Leaves Black's Harbor Friday for Dipper Harbor, calling at Beaver Harbor.

Leav Dipper Harbor at 5 a. m. on Saturday for St. John. Freight received Mondays 7 a. m. to 5 p. m.; St. George freight up till 12 noon.

Dr. Thorne Wharf and Warehousing Co., Ltd.
LEWIS CONNORS, Manager.
Phone Main 251.

GRAND MANAN S. S. CO.
Steamer leaves Grand Manan Monday, 7.30 a. m. for St. John via Campbellville and Eastport, returning leaves St. John Wednesday 7.30 a. m. for Grand Manan, via the same ports. Thursday leaves Grand Manan 7.30 a. m. for St. Stephen, via intermediate ports, returning Friday.

Saturday leaves Grand Manan, 7.30 a. m. for St. Andrews, via intermediate ports, returning same day.

GRAND MANAN S. S. CO.
P. O. Box 387,
St. John, N. B.

CLASSIFIED ADVERTISING

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Minimum charge twenty-five cents.

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500 Piles 18 ft. long 12 in. diameter at top
500 Piles 20 ft. long 12 in. diameter at top
500 Piles 22 ft. long 12 in. diameter at top
500 Piles 24 ft. long 12 in. diameter at top
500 Piles 26 ft. long 12 in. diameter at top
500 Piles 28 ft. long 12 in. diameter at top
500 Piles 30 ft. long 12 in. diameter at top
500 Piles 32 ft. long 12 in. diameter at top
500 Piles 34 ft. long 12 in. diameter at top
500 Piles 36 ft. long 12 in. diameter at top
500 Piles 38 ft. long 12 in. diameter at top
500 Piles 40 ft. long 12 in. diameter at top
500 Piles 42 ft. long 12 in. diameter at top
500 Piles 44 ft. long 12 in. diameter at top
500 Piles 46 ft. long 12 in. diameter at top
500 Piles 48 ft. long 12 in. diameter at top
500 Piles 50 ft. long 12 in. diameter at top

To be selected straight Spruce Sticks for shores. To be sound timber.
Subject to inspection.
State if you will contract for all the above or if not, for how much.
State when deliveries will be made and lowest cash price per lineal foot, delivered to Tide Water.

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St. John, N. B.

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WANTED—One million 1 1/2 men spruce laths, United Lumber, Limited. Phone Fredericton 722.

WANTED—A first or second-class female school teacher, District No. 2, New Brunswick, Gloucester County. All English scholars. Apply to Hornebrook, Stonehaven P. O., Gloucester Co., N. B.

WANTED—Second-class female teacher for District No. 14, Parish of Johnston. Apply, stating salary, to Roy M. Pearson, Secretary, Highland, Queens County, N. B.

Teacher for advanced department Lower Millstream School. Apply to H. A. Corbett, Secretary, Apohaqui, R. R. No. 2.

WANTED—Second Class School Teacher, District No. 1, Parish Wickham. Apply A. P. Case, stating salary.

WANTED—Second Class School Teacher, District No. 6, Parish of St. John. Apply, stating salary, to David Spear, Secretary, Penfield Ridge, Charlotte county, N. B., R. R. D. No. 1.

WANTED—First or Second Class Teacher for Hill Grove School District. Apply at once, stating salary, to Ivan Newcastle. Apply, stating salary, to Marjorie R. McTavish, Strathadam, Northumberland Co., N. B.

WANTED AT ONCE—Teacher of first or second class for School District No. 12, Strathadam, six miles from Newcastle. Apply, stating salary, to Marjorie R. McTavish, Strathadam, Northumberland Co., N. B.

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