## It is not what you eat-

but what you assimilate that does you good.

Bovril has the wonderful power of making other foods more nourishing. This was proved by Professor Thompson, of Dublin, in independent experiments carried out at the request of a Government Department.

BOVRIL STANDS ALONE.

WORKMAN DROPS DEAD.

KITCHENER, Sept. 12.—While walking to work this morning, Arthur
Townsend, aged 44 years, dropped dead

on Kins street. He moved to this city from Goderich two months ago and has worked since then at the Dominion Tire factory. He is survived by his wife and two children.

one's neighbor? This idea of freedom means slavery for one sex more awful than any we have known. Under the Bolsheviki Government a law has been passed which first of all states that all women are national property. It then goes on to say that all women over 18 years are compelled under severe penalty to register at the bureau of free love, for the purpose of public assistance, and that every woman is obliged to take a husband and cannot refuse the man who wants her. I tell you, the women of our country ought to rise up and not allow our men to have diplomatic relations with a people who would do this. I am glad that these people are now confessedly the allies of the Germans, as they always secretly were.

Hanging in Balance.

"During the entire time when the fate of Russia was seemi...gly hanging in the balance, the Germans were arranging everything to suit themselves, as they are trying to do in every Allied country today. They know now that they cannot win by a straight fight, and they are stirring up unrest in their enemy countries, even in our own empire. Our soldiers at the front look facts in the face and there is no danger there. But the gravest danger has always been on the home front. That's why we gave up our entranchisement at the beginning of the war and have devoted ourselves to the strengthening of the home front.

the home front.

After all, we women have not been asked to give the flower of our womanhood as have the men given their manhood. Just because of this, now that the gravest danger is coming to the home front, we should be willing to help. I know that women have always been ready to care for the sick, but in this war we have become citizens, even though we who fought for it most did not expect it in war time, and although we are not expected to fight over there, just because we have teen made equal citizens with men, we must fight.

When an undue amount of nervous energy is consumed in the brain there is bound to be failure of the other functions of the body.

Digestion is impaired—the head aches—you cannot sleep—you are easily excited and irritated—feel tired and lack

we must fight.

"Let us look after the home front.
Let us look after the soldier at home.
Let us realize that it is far more difficult for the workingman to keep loyal than for the soldier at the front.

"Let us look after the home front.

Dr. Contact of the soldier at the front.

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"Let us realize that it is far more difficult for the workingman to keep lovel than for the soldier at home." ficult for the workingman to keep loyal than for the soldier at the front. It is our duty as women to learn to know them—these workers in the factory. Men couldn't fight in the battlefield were it not for their support. Learn to know your own women in the naunition factories (and I say they are just as fine as the women in England). Make them all feel that every one of them is indispensable to the war. Make them feel that they all have their part. It isn't that we are trustees in this war to secure for them peace in the future. If we could but put that thought into the heart of every man and woman we should win this war and realize our highest ideals."

Ceiter to Puttle.

Going to Russia. Mrs. Pankhurst's own account of how she obtained permission to go to Russia and of her experiences there up to the time of her interview with Kerensky as most interesting.
"In the United States there were cer-

ain people who boasted a kind of sym-pathy for humanity and who wanted to go to Russia to help matters there. hese were the same people who at the outbreak of the war, opposed it, who said that we should leave the fighting of this war to the Belgians and Rusof this war to the Beigians and Russians, who had been browbeaten into it. Although they did go so far as to offer day. Mrs. Walker is a well-known to Belgium that kind of sympathy which we would do, if we should offer words to a hungry man. They said it was fits she has derived through the use of the said it was fits she has derived through the use of the said in theirs. This was at the time when the Duma was being superseded by that strange body of workingmen and soldiers, known as the provisional government. Now this control of the strange body of workingmen and soldiers, known as the provisional government. ists, who said that the old-time na-

passports also, because we knew that Ramsay McDonald would not speak as from the minority who held his views, but as if from the whole British people. We felt that others should go to tell what the British people as a whole realwhat the British people as a whole real-ly felt about it. We knew he would say that the British workingman wanted peace and would thus misrepresent the

crew refused to carry the pacifist mission to Russia and so our little mission of women, which did represent the opin-have put on my rings again, and I have ion of the majority, were welcomed on been driving my car around all summer, board and sent forth with cheers to do I cannot praise Tanlac too highly, and

Free Agents.

"Most official missions have to hear and say those things which the Government which sends them wishes them to hear and say, but an independent mission such as ours could investigate as it

sion such as ours could investigate as it pleased.

Mrs. Pankhurst told in a thrilling, manner the way in which they set about to meet the people who claimed they represented Russia and had set up a provisional government, as well as how she went among the women of that land telling them how the British people were fighting for human freedom, and that they would not entertain any discussions for peace, until the final victory had been obtained and until Germany's am-

## FAILURE TO REGISTER

WINDSOR, Sept. 12.—Frank Jutting who was taken into custody at Tilbury on Monday as an alien enemy, and who admitted that he was a native of Germany and had come to Canada in 1913, was sentenced in police court here yesterday to pay a fine of \$100 and costs, because he had failed to register. A number of documents found in Jutting's trunk are in process of translation, and until this is done the man will be kept under surveillance.

## School Girls' Nerves

Dr. Chase's Nerve Food is a creator of rich, red blood and

Muscles and Joints Terribly Swollen-Rheumatism Disappears After Taking

"At the time I began taking Tanlac my condition was such that if I re mained in one position any length of time my joints would get so stiff I could hardly move," said Mrs. Martha Walker of 262 Evelyn avenue, Toronto, the other war of imperialism and no affair of Tanlac will be of unusual interest to her

"About six years ago," she continued. "my health began to fail, my blood was ment. Now this new mission which wanted to go to Russia was not like any previous mission, but was a pacifist mission of humanitarian international- and feet were so swollen that I had to and feet were so swollen that I had to wear shoes two or three sizes larger ionalism was worn out and that now wear shoes two or three sizes larger was the day of internationalism, and these people had as their chief spokesher all over, even my eyes were puffy, and in each English labor M. P., Ramsay I could hardly put on a pair of kid McDonald.

Put in Claims.

"When we women who had suspended agitation for the duration of the war found that these Socialists were being granted passports to Russia, we claimed passports also, because we knew that

my first bottle I felt so much better that majority of the people.

"So we got two passports for 2 women's patriotic mission to Russia, and when the two missions arrived at the point of embarkation, the sailors, stewards and other members of the ship's arranges have almost left me entirely. soreness have almost left me entirely, have already recommended it to several

Cuticura Soap and Ointment for -

RUSSIA'S DOWNFALL
FOLLOWED SPREAD
OF COMMITTEE RULE

MINE, Packburry Tella Addiance
Soldiers Wordl Dodge Be
Soldiers Wordl Dod

How About Your Old Furniture?

Don't throw it away, for we can re-upholster it like new at a small cost Ask us to send a man to estimate and submit samples free of charge. We also specialize in packing

We have an extra heavy stock of Rugs, and we wish to reduce as soon as possible. We offer many special value. People contemplating purchasing a lesigns, all sizes up to 3 by 4.

\$38.00 AXMINSTER RUGS. \$30.00

Wm. Trafford Furniture Co.

129 DUNDAS STREET.



## NOTICE

### TO UNITED STATES CITIZENS IN CANADA.

By the United States Military Service Con- STATES, or TO RETURN to the United CHARGE THEREFROM, UNDER THE of the Department of Justice at Ottawa.

EXERCISE AN OPTION TO ENLIST or set out substantially as follows:-enroll IN THE FORCES OF THE UNITED

vention Regulations, approved by the Gover- States; and THOSE WHO for any reason nor-in-Council on 20th August, 1918, MALE SUBSEQUENTLY BECOME LIABLE TO CITIZENS OF THE UNITED STATES IN MILITARY SERVICE IN CANADA HAVE CANADA, WITHIN THE AGES for the THIRTY DAYS FROM THE DATE of the time being SPECIFIED BY THE LAWS OF accruing OF SUCH LIABILITY within which THE UNITED STATES prescribing com- to exercise the like option. It is stipulated pulsery military service, except those who by the Convention also that certificates of have diplomatic exemption, ARE MADE diplomatic exemption may be granted within SUBJECT AND LIABLE TO MILITARY the optional periods aforesaid. EVERY SERVICE IN CANADA, AND BECOME CITIZEN OF THE UNITED STATES TO ENTITLED TO EXEMPTION OR DIS- WHOM THE REGULATIONS APPLY is required to REPORT TO THE REGIS-CANADIAN LAWS AND REGULATIONS. TRAR under the Military Service Act, 1917, The regulations governing this liability are FOR THE province or DISTRICT WITHIN published in the Canada Gazette (Extra) of WHICH he is, in the manner by the regulations 21st August, 1918; copy whereof may be prescribed, WITHIN TEN DAYS AFTER obtained upon application through the post THE EXPIRY OF HIS OPTIONAL PERIOD to the Director of the Military Service Branch and will be SUBJECT TO PENALTIES IF without reasonable excuse HE FAIL SO TO UNITED STATES CITIZENS of the REPORT. For the information of those description aforesaid who were IN CANADA whom it may concern Sections 3 and 4 defining ON 30th JULY, 1918, HAVE SIXTY DAYS the requirements of registration, with which FROM THAT DATE within which TO it will be necessary strictly to comply, are

### REGULATIONS

3. EVERY MALE CITIZEN OF THE UNITED STATES WITHIN THE AGES for the time being SPECIFIED IN THE LAWS of the UNITED STATES prescribing compulsory military service, not including those who have diplomatic exemption, WITH-IN TEN DAYS AFTER THE EXPIRY OF THE TIME LIMITED BY THE CONVEN-TION within which the Government of the United States may issue him a certificate of diplomatic exemption, SHALL TRULY RE-PORT TO THE REGISTRAR BY REGIS-TERED POST, and in writing which is plainly legible, his name in full, his occupation and the date of his birth; stating also whether he is single, married or a widower; and if the latter, whether he has a child living; also if married, the date of his marriage; and stating moreover his place of residence and usual post office address in Canada; and, if he reside within a city or place where the streets and dwellings are named and numbered, the name and number of his street and dwelling; or if he reside in another place, the lot and concession number, section, township, range, and meridian, or other definite description whereby his place of residence may be located, having regard to the custom of the locality in which

EXCUSE HE NEGLECT OR FAIL TO

REPORT IN THE MANNER and with the particulars aforesaid within the time limited as aforesaid, HE SHALL BE GUILTY OF AN OFFENCE, AND SHALL BE LIABLE UPON SUMMARY CONVICTION to a penalty not EXCEEDING FIVE HUNDRED DOLLARS, AND TO IMPRISONMENT for any term not exceeding six months, and moreover he shall incur A PENALTY OF \$10.00 FOR EACH DAY after the time when or within which he should have registered during which he shall continue to be unregis-

4. EVERY UNITED STATES CITIZEN WHO HAS DIPLOMATIC EXEMPTION, although not otherwise subject to these regulations SHALL WITHIN TEN DAYS after the granting of the same truly REPORT TO THE REGISTRAR, in like manner and with the same particulars as required by the last preceding section; and in addition he shall embody in his report a true and complete statement of the particulars of his certificate diplomatic exemption. NEGLECT OR FAILURE without reasonable excuse to comply with the requirements of this section SHALL CONSTITUTE AN OFFENCE PUNISH-ABLE IN THE MANNER AND BY THE he lives: and IF WITHOUT REASONABLE PENALTIES provided in the last preceding

ISSUED BY THE DEPARTMENT OF JUSTICE, MILITARY SERVICE BRANCH.

### Jardiniere. Regular \$6.00 for ..... \$4.09 Fern Dish. Regular \$2.00 for ..... \$1.47 Fern Dish. Regular \$1.65 for ..... \$1.23 Smoker Set. Regular \$3.50 for ..... \$2.19 Sandwich Tray. Regular \$2.75 for .. \$1.79 Bon Bon Dish. Regular \$2.00 for .... \$1.45 Crumb Tray and Scraper. Regular \$3.25 for ...... \$2.79 SAFETY RAZORS.

SILVERWARE.

Rogers' Soup Spoons, six in lined box. Reg-

BRASS GOODS.

Rogers' Cream Ladle. Regular 75c for 59c No. 2. Regular \$5.50 for ...... \$5.00 Rogers' Butter Knife. Regular 65c for 47c No. 3. Regular \$7.00 for ...... \$6.50 Rogers' Sugar Shell. Regular 65c for 43c Steel Box Wagons. Community Soup Spoons. Regular \$3.75 for ...... \$3.07 Regular \$2.25 for ..... \$1.87 Regular \$3.00 for Jardiniere. Regular \$3.00 for ..... \$2.39 Jardiniere. Regular \$3.75 for ..... \$2.49

..... \$2.53 Regular \$3.50 for ..... \$2.99 Regular \$3.75 for ...... \$3.17 Regular \$4.25 for ...... \$3.49 Regular \$4.50 for ...... \$3.87

CHILDREN'S WAGONS.

Buster Brown.

Regular \$2.50 for ..... \$1.78 Regular \$3.75 for ...... \$2.71

Regular \$1.25 for ...... 87c Gillette. Regular \$5.00 for ...... \$4.49 Nickel-Plated. Regular \$7.25 for .. \$6.50

Our Graniteware Sale Still Continues

Selling-Out Sale

- Now Going On

Our Sale Will Continue Until the Entire

Stock Is Sold. Everything Reduced.

ular \$4.00 for ...... \$3.19 No. 1. Regular \$4.50 for ...... \$4.00

ALL GOODS CASH AND CARRY.

REMEMBER THE PLACE.

## London Hardware Co.

10% Discount

10% Discount

# Our Special Discount Offer

By Presenting This Advertisement You Will Receive a Special Discount of 10 per cent

Here is your opportunity to save. Select any SUIT, COAT, DRESS, SKIRT, BLOUSE, UNDERSKIRT, TRIMMED or UNTRIMMED HAT, MUFF or NECKPIECE. and our clerks will deduct 10 per cent from the amount of your purchase. Visitors to the Fair should take advantage of this.

The newest designs and latest shades in all these lines are here for your approval.

London Ready-To-Wear