#### DIET SHEET

For Week Ending December 1st,

## Monday

Breakfast — Porridge, Bacon, Bread and Butter, Coffee.

Dinner — Irish Stew, Potatoes, Bread and Tea, Sultana Rolls.

Tea — Soup, Jam, Cheese, Bread and Butter, Tea.

#### Tuesday

Breakfast — Porridge, Liver, Bread and Butter, Coffee.

Dinner — Boiled Beef, Potatoes and Vegetables, Bread and Tea, Dumplings.

Tea — Soup, Jam, Bread Pudding, Bread and Butter, Tea.

#### Wednesday

Breakfast—Porridge, Fish Cake, Bread and Butter, Coffee.

Dinner — Irish Stew, Potatoes, Bread and Tea, Cabinet Pudding, Chocolate Sauce.

Tea — Soup, Jam, Macaroni and Cheese, Bread and Butter, Tea.

## Thursday

Breakfast—Baked Beans, Bacon, Bread and Butter, Coffee.

Dinner — Sausages, Potatoes and Vegetables, Bread and Tea, Suet Pudding and Syrup.

Tea — Soup, Lettuce, Cake Bread and Butter, Tea.

### Friday

Breakfast — Porridge, Bacon, Bread and Butter, Coffee, Oranges. Dinner — Fried Fish, Potatoes and Vegetables, Bread and Tea, Rice Pudding.

Tea — Soup, Jam, Cold Ham and Beef, Sweet Pickles, Bread and Butter, Tea.

#### Saturday

Breakfast — Porridge, Bacon, Bread and Butter, Coffee.

Dinner — Boiled Beef, Potatoes and Vegetables, Bread and Tea, Sultana Rolls.

Tea — Soup, Hash, Cheese, Bread and Butter, Tea.

## Sunday

Breakfast — Porridge, Sausages, Bread and Butter, Coffee.

Dinner — Steak and Kidney Pie, Potatoes and Vegetables, Bread and Tea, Cottage Pudding, Caramel Sauce.

Tea — Cold Roast Beef, Sweet Pickles, Cheese and Cake, Bread and Butter, Tea.

#### ROOM 25.

Where was it I went when I first came here

And left my home and things as dear

To become for a time an engineer? Room 25.

You're not very large or you're not very small

In fact you're scarcely a room at all

But gol darn you you're the busiest of all,

Room 25.

When I wanted a pass I went to you

Or when I was sick I went there too Or I wished the O.C. to interview Room 25.

When a mother or sweetheart of course you know

Comes to see her boy to that room she must go

To find out whether he's here or no,

Room 25.

When a Sapper I answered defaulter's call

To that room I must, to receive a great bawl

And then go out and scrub the hall,

Room 25.

Or when from leave I returned a day late

And was caught by the sergeant who stands at the gate

Where was it I went to learn my fate?

Room 25.

And when this dreadful war is o'er And I get my ticket for Frisco's shore

I suppose I'll go as I went before Room 25.

But wherever I wander through gladness or gloom

Until such a day as I find me a tomb

I'll think with a shiver of one little room,
Room 25.

Helluvascribe.

# Real Irish.

It was the Englishman's first visit to Dublin and he was driving round on a jaunting car to see the sights. When they got near the river he was struck with the unpleasant smell and asked the jarvey:

"What is this terrible stench?"
The jarvey replied proudly:

"Shure, an' don't ye know that the smell of the Liffey is one of the sights of Dublin."



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