

Forestry to the Ontario Government, and shows by the experience of the old world how necessary it is for us to take time by the forelock in re-foresting our land, could we avoid the disastrous results of de-foresting, so severely felt by the people of the continent of Europe. Among other papers are "Origin of Synthetic Philosophy" by Herbert Spencer; "German Testimony on the Classics Question;" "Oil Supply of the world." etc., etc.

*The Alpine Winter Cure, with Notes on Davos Platz, Wiesen St. Moritz, and the Maloja.*  
By A. T. Tucker Wise, M.D., L.R.C.P., M.R.C.S. Published by Balliere, Tindall and Cox, London.

The author has succeeded in making a very readable and attractive book, and one which will no doubt be of great value to physicians in Great Britain. On this continent we have so many excellent winter resorts that it is not necessary to send patients across the Atlantic. In the first two or three chapters a very good description of the various places mentioned in the title is given, as well as how best to reach them from England. The advantages of these high altitudes as a winter resort consist in the pure air, cold, which within certain limits acts as a tonic, greater absorption of oxygen by the system, the presence of ozone in the atmosphere, and, finally, freedom from dust. The bright sunlight has also a beneficial effect. The drawbacks are also given, viz., defective sanitation—imperfect methods of heating and ventilation in the dwelling-houses. The author describes the "fölin" wind—a moist, southerly aerial current, which resembles very much the Chinook winds in the neighbourhood of Calgary, in the North-West Territory. This wind has a very depressing effect on some constitutions. The author is of opinion that cases should not be removed from warm climates to high latitudes. He also gives the following conditions as contra-indicating a residence in these places:

- (1.) Diseases of the heart and large vessels.
- (2.) Tendency to articular rheumatism.
- (3.) Kidney diseases (during the winter.)
- (4.) Acute inflammation of throat or larynx.

(5.) Some disease of the bladder and prostate.

(6.) Persons somewhat advanced in years should not visit the mountains unless the circulatory system is sound.

---

### Personal.

---

Dr. J. T. Bell has commenced practice in this city.

Dr. H. Wilberforce Aikins has returned from England.

Dr. A. L. Brown (Toronto, 1883,) has settled in Otterville.

Dr. Hunt, of Williamstown, will soon leave for Europe to spend a few months among the Continental hospitals.

Dr. William Allison, of Bowmanville, will again be a candidate for the Ontario Medical Council.

Dr. F. R. Eccles, of London, recently performed several ovariectomies with most gratifying results in every case.

Dr. Koch declined an invitation to Leipsic University as successor to the late Professor Cohnheim.

Mr. Lawson Tait delivered his first clinical lecture, in September, to an Albany audience. It is said he did very well for a *beginner*.

Dr. Carson has been appointed Lecturer on Botany in the Woman's Medical College of Toronto.

Dr. W. H. B. Aikins has been elected President of the Toronto School of Medicine Medical Society.

Dr. Griffin, of Hamilton, was married last week at the Centenary Church to Miss Carrie, daughter of Lyman Moore, Esq. Dr. Griffin and his bride will please accept our hearty congratulations.

Thomas McKenzie, B.A., late Fellow, University College, has been appointed Lecturer on Botany and Zoology in the Toronto School of Medicine in the place of Mr. H. Montgomery, who is now in Dakota.

Three hundred and thirty-two students have up to the present registered their names with the Medical Superintendent; of these about 120 are freshmen.