## Household Hints.

WHITE CAKE.—One cup of butter, two cups sugar, one cup sweet milk, whites of five eggs, three cups of flour, two teaspoonfuls of baking powder, flavour to taste.

STRAMED PUDDING .- Half cup each sugar and butter, three eggs, one cup sweet milk, three heaping teaspoons baking powder, two cups flour. Steam one hour, serve with sauce.

WHITE SAUCK.—Stir constantly in a pan over the fire a heaping tablespoonful each of butter and flour until they bubble; then stir in a pint of boiling water or milk, and a palatable seasoning of salt and pepper.

JUMBLES.—Roll to a cream a pound of butt:r and a pound of sugar; mix with it one and a half pounds of flour, four eggs and a little spice; roll the cakes in powdered sugar, lay them on flat, buttered tins, and bake in a quick oven.

bake in a quick oven.

CURRANT JELLY.—Like ice cream, the ordinary currant jelly is too sweet for in valids, but this recipe may please any invalid. One pint currant juice, one and a half pints cold water, one tablespoonful sugar, one lemon (juice only), one tablespoonful Cox's gelatine. Pour a half pint of boiling water on the gelatine to dissolve it; add the other ingredients and set on the ice to freeze.

MOCK MINCE MEAT.—Two cups of sugar, one cup of molasses, one cup of rolled crackers, three cups of water, one and one half cups vinegar, one-half cup butter, one half pound of raisins, one teaspoonful each of cinnamon, cloves and nutmeg. Heat all together before using. This quantity will make six pies, and will keep well if not all used at one baking. used at one baking.

used at one baking.

SALMON CROQUETTES.—To make salmon croquettes boil half a pint of milk, thicken it with a tablespoonful of flour and let it become cold. Mince a pound can of salmon or one pound of fresh salmon. When very fine add a saltspoonful of white pepper. Moisten the minced salmon with the boiled milk, work to a paste and add breadcrumbs if too thiu. When wanted, shape into cakes: rolls or cones, dip in egg and crumbs and rolls or cones, dip in egg and crumbs and

ry in hot fat.

For the relief and cure of the inflammation and congestiou called "a cold in the head," there is more potency in Ely's Cream Balm than in anything else it is possible to prescribe. This preparation has for years past been making a brilliant success as a remedy for cold in the head, catarrh and hay fever. Used in the initial stages of these complaints, Cream Balm prevents any serious development of the symptoms, while almost numberless cases are on record of radical cures of chronic catarrh and hay fever cal cures of chronic catarrh and hay fever after all other modes of treatment have proved of no avail.

proved of no avail.

ORANGE MARMALADE.—Peel the oranges very thin and soak the peel twenty-four hours in salted water. Then put the peel into fresh water and boil three hours changing the water after it has boiled about one hour. Now cut the peel which will be very tender into very narrow strips almost as fine as a thread. Remove all the white part from the oranges that you can and cut them into small pieres, removing all the seeds. Weigh the pulp, juice and peel and allow to every pound one pound of granulated sugar. Boil all together a half hour and put into jars.

BROWN SAUCE.—Sir over the fire a table-spoonful each of butter and flour until it is a light brown, then add a pint of boilin-water or milk, and salt and pepper. If th flour is thoroughly dried before the fire, and the butter clarified before making the roux it will keep unchanged for months. Butter is clarified by melting it with gentle heat, and then carefully straining it free from all sediment. White roux and brown roux can be made in quantity, and put down in jurs or glasses ready for instant use.

An excellent way to renew and cleanse feathers is to make a cheese cloth pillow-case and empty all the fea hers into it and sew up the open end. Next plunge the case of feathers into a tub of hot water and sluice them up and down. The water should have a little spirits of hartshorn or ammonia in it to soften and remove the dirt from the feathers. After drawing them up and down for a number of times, run them up and down in clean, cool, soft water, and then pin the bag by the four corners to two clotheslines, and let them remain for hours in the hot sun, turning them after the first two hours. Use either new pillow-cases for ticking, or wash and cleanse the ones used before. When the feathers are well sunned and dried, place them in their cheese cloth and dried, place them in their cheese cloth case back in the ticking case. This process makes them soft, clean and light.

ONTARIO TO THE FRONT!

A MATTER OF VITAL IMPORTANCE.

The following unsolicited opinions from your friends and neighbours, men and women, whom you know and respect, ought to carry conviction to any doubting mind. These words of gratitude are from those who have been afflicted but are now well, and the persons giving them are naturally solicitous that others, troubled as were they, may know the means of cure. There is no reason why you should be longer ill from kidney. liver or stomach troubles. You can be cured as well as others. Do not longer delay treatment, but to-day obtain that which will restore you to permanent health and strength:

restore you to permanent health and strength:

296 McNab Street North, HAMILTON,
Can', Nov. 2, 1886.—I had been suffering
for over twenty years from a pain in the
back and one side of the head, and indigestion. I could eat scarcely anything, and
everything I ate disagreed with me. I was
attended by physicians who examined me
and stated that I had enlargement of the
liver, and that it was impossible to cure me.
They also stated that I was suffering from
heart disease, inflammation of the bladder,
kidney disease, bronchitis and catarth, and
that it was impossible for me to live. They
attended me for three weeks without making
any improvement in my condition. I commenced taking "Wanner's Safe Cure" and
"Warner's Safe Pills," acting strictly up to
directions as to diet, and took thirty-six
bottles, and have had the best of health ever
since. My regular weight used to be 180
lbs. When I commenced "Warner's Safe
Cure" I only weighed 140 lbs. I now
weigh 210 l is

moss Hurlong

ST. CATHARINES, Ont., Jan. 24th, 1887.— About six years ago I was a great sufferer from kidney disease, and was in misery all the while. I hardly had strength enough to walk straight and was ashamed to go on the street. The pains across my back were almost unbearable, and I was unable to find relief, even temporarily. I became the week. of "Warner's Safe Cure," and inside to find week I found relief, and after taking eight bottles, I was completely cured.

Manager for American Express Qb.

TORONTO, (18 Division Street,) Sept. 17, 1887.—Three years ago last August my daughter was taken ill with Eright's disease of the kidneys. The best medical skill in the city was tasked to the utmost, but to no purpose. She was racked with convulsions for forty-eight hours. Our doctor did his best, and went away saying the case was hopeless. After she came out of the convulsions she was very weak, and all her hair fell out. The doctor had left us about a month when I concluded to try "Warner's Safe Cure," and after having taken six bottles, along with several bottles of "Warner's Safe Pills," I saw a decided change for the better in her condition. After taking twenty five bottles there was a complete cure. My daughter has now a splendid head of hair TORONTO, (18 Division Street,) Sept. 17, five bottles there was a complete cure. My daughter has now a splendid head of hair and weighs more than she ever did before.

thro for Burns

CHATHAM, Ont., March 6, 1888.—In 1884 I was completely run down. I suffered most severe pains in my back and kidneys so severe that at times I would almost be prostrated. A loss of ambition, a great desire to urinate, without the ability of so doing, coming from me as it were in drops. The urine was of a peculiar colour and contained considerable foreign matter. I be came satisfied that my kidneys were in a congested state and that I was running down rapidly. Finally I concluded to try "Warner's Safe Cure," and in forty eight hours after I had taken the rentedy I voided urine that was as black as ink, containing quantities of mucus, pus and gravel. I continued, and it was not many hours before my urine was of a natural straw colour, although i contained considerable sediment. The pains in my kidneys subsided as I continued the use of the remedy, and it was but a short

time before I was completely relieved. My urine was normal and I can truthfully say that I was cured.

de 0

GALT, Ont., Jan. 27, 1887.—For about five years previous to two years ago last October, I was troubled with kidney and liver trouble, and finally I was confined to my bed and suffered the most excruciating pain, and for two weeks' time I did not know whether I was dead or alive. My physicians said I had enlargement of the liver, though they gave me only temporary relief. Hearing of the wonderful cures of "Warner's Safe Cure" I began its use, and after I had taken two bottles I noticed a change for the better. The pains disappeared, and my whole system seemed to feel the benefit of the remedy. I have continued taking "Warner's Safe Cure," and no other medicine since. I consider the remedy a great boon, and if I ever feel out of sorts "Warner's Safe Cure" fixes me all right. I weigh twenty pounds heavier now than ever before.

John Genes

Inventor of the Maple Leaf Lance-tooth Cross-cut saw.

Cross-cut saw.

ORANGE PUDDING.—Peel and slice four large oranges. Take off the white skin next the pulp and remove every seed. Scatter over this one half cup of sugar. To one quart of milk, boiled, add the yolks of four eggs, two tablespoonfuls of corn starch and one-half cup of sugar beaten together. Wet the corn starch in a little milk before adding it and stir the mixture well while cooking. it and stir the mixture well while cooking.
When cool pour over the oranges. Beat the
whites of the eggs and one-fourth cup of,
powdered sugar for frosting. Brown it in

BAKED POTATOES.—Baked potatoes must be eaten as soon as done, and when taken from the oven they should be put into a towel or old napkin and gently pressed till the skins burst, and the steam will escape and the potato will become mealy. Let a baked potato cool without breaking the skin, and it will become sodden and have an acid taste caused by the retention of a kind of juice which lies near the skin and escapes in the steam if the skin is broken, or in the water when the potato is boiled.

water when the potato is boiled.

LEMON CURE FOR HOARSENESS.—Hot emonade, taken before retiring, is a well known temedy for a cold in its fist stages. Enjybody, however, is not familiar with the lemon cure for an acute attack of hoarseness. For this purpose, first roast a lemon in the oven, turning it now and then, that all sides may be equally cooked. It should not crack or burst, but be soft all through, While the lemon is still very hot, cut a piece from the top, fill with as much sugar as it will hold and eat on going to bed.

To wash woollen blankets or any woollen

To wash woollen blankets or any woollen To wash woollen blankets or any woollen article, proceed as follows: Have a suds ready by boiling up rome good white soap, such as Ivory soap, in soft water: let it stand to co I below the boiling point, say till it is as hot as the hand can bear, then put in the blankets and sluice them up and down repeatedly. Never rub any soap on the blanket, and do not rub them, as this will cause them to full up, thicken and shrink. A clothes wringer is the best improvement upon hand labour for squeezing out the water. After rinsing in warm water, provement upon hand labour for squeezing out the water. After rinsing in warm water, squeeze as dry as possible, stretch lengthwise and dry in the open air if the weather is good; if not, dry in a warm room, but not near the fire. Dust or mud or any soil of the kind should be shaken and besten out or removed before the washing.

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