CLASSIFIED DISPLAY ADVERTISEMENTS

FOR SALE

THOMAS' THRIFT BASEMENT BARGAINS

Shredded Wheat	12c
Corn Flakes	9c
Quaker Oats	27c
Cream of Barley	29c
Puffed Wheat	14c
Dove Brand Tomatoes	15c
Arrow Peas	15c
Pioneer Corn	10c
Arrow Pumpkin, 2 for	25c
Homemade Pork and Beans, 3's	22c
Canned Peaches, Pears, Pineapple	24c
Baking Powder, lb.	23c
Crisco	22c
Lobster	33c
Cascade Salmon	9c and 14c
Sockeye Salmon	29c
Sea Pearl Sardines	10c
Brunswick Sardines	6c
Campbell's Soups — Vegetable, Tomato, Mock Turtle, Beef, Celery, Oxtail, Pea	14c
Durham Cornstarch	9c
Excelsior Dates	8c
Seedless Raisins, 11 ozs.	22c
Comet Rice, 1-lb. pkg., 13c; 2-lb. pkg.,	25c
Keen's Mustard, ¼-lb.	25c
Prepared Mustard, 6 ozs.	10c
Stirling Sweet Mixed Pickles	40c
Stirling Chili Sauce	36c
Stirling Tomato Catsup	15c and 26c
Stirling S. B. Sauce	23c
Stirling Worcestershire Sauce	15c
Carnation Milk	8c
Sani-Flush	26c
Babbit's Cleanser, 2 for	23c
Lux	10c
Rinso, 3 for	25c
Pearline	9c
Handy Ammonia	7c
2-in-1 Shoe Polish, 2 for	25c
Lifebuoy Soap, 4 for	28c
Ivory Soap	5c
All Laundry Soaps—Sunlight, Comfort, P. & G., Surprise, Gold, 6 for	41c
Cream of Olive Soap, 4 for	25c
Fancy English Lavender Toilet Soap, dozen cases	49c
Stuart Marmalade, 1-lb. jar	25c
St. William Raspberry, Strawberry Pure Jam, 4-lb. pail	85c
Pure Fig Jam, 4-lb. pail	59c
Banquet Tea, lb.	49c
Nectar Coffee, lb.	55c

We regret that we find it impossible to take phone or C. O. D. orders for groceries, as so many orders are phoned that during the past three or four Saturdays we have been unable to make deliveries with sufficient promptness, causing many of our patrons unnecessary inconvenience. On goods purchased in our store to the value of $2.00 we still make free delivery.

THOMAS
PHONE 5615.
240 DUNDAS ST. b

RED BIRD BICYCLES
Are the standard by which every other make is judged. Order yours today. Your car fare will pay for it.
Bicycle and Motor Sales Co.
425 Wellington. xt Phone 3182.

COAL.
Best Quality Anthracite, Cannel and Soft; also Hard, Soft and Kindling Wood.
P. E. CARMICHAEL
657 Richmond St. xt Phone 363.

SPRUCE FLOORING
$35 PER THOUSAND WHILE IT LASTS.
GEO. H. BELTON
RECTORY STREET AND G. T. R. xt

ELECTROPLATING
in nickel, brass, copper and bronze. Polishing and lacquering. Automobile, motorcycle and bicycle parts made like new. Church brass work, lighting fixtures, etc., refinished.
The Dennis Wire and Iron Works Company, Limited.
LONDON. zxt M.29

R. H. SMITH
LUMBER, LATH AND BUILDERS' SUPPLIES ONLY.
Fir Barn Siding, 1x12, dressed, 10 to 20 feet long ..... $40.00 per M.
2x4, 8 to 16 feet long ..... $40.00 per M.
Sheeting $35.00
Hardwood Flooring.
Toronto Asphalt Shingles, red and green $7.50
Roll Roofing, 1, 2 and 3 ply.
Nails and Builders' Hardware.
Rear 15 Erie Avenue.
Phones 2998W. Residence 2998J.
Residence, 198 Wharncliffe South. ywt

FOR SALE

BICYCLES
Spring is here. Buy your bicycle now at Tanner's. Best bargains in the city on High Grade Wheels. Also some good rebuilt wheels.
TANNER'S.
665 Dundas St. ywt Phone 3426W.

WEGNER'S
Wholesale and Retail Dealer in Overalls, Sweaters, Coats, Gloves, Mittens and Raincoats.
LONDON'S LARGEST HIGH-CLASS WORKINGMEN'S OUTFITTERS.
Exclusive Manufacturers' Agent for the Best Canadian Makes of Overalls.
Wegner, The Heart of London
371 Talbot Street. Phone 1849.
OPEN EVENINGS. zyxwt

Colonial Phonographs
AT THE
Nordheimer Piano & Music Co.
LIMITED.
Go around to all the music stores in the city and hear the different makes of phonographs, then drop in to NORDHEIMER'S and hear their COLONIAL Phonographs at $100 and $125, with 12 selections (your choice). They are the best value in the city. 225-227 Dundas street, London. tf-tyw

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EVERY PERSON EXPECTS GOOD VALUE FOR THEIR MONEY.
You can get it by buying your Shoes at
The Cut-Rate Shoe Store
361 Richmond Street.
Two doors south of King Street. ywt

PHONE 1591
FOR
GOOD COAL
ALL SIZES.
WELL SCREENED.
GOOD SERVICE.
JAS. E. McGUFFIN
625 WILLIAM STREET. yt

FLOUR AND FEED.
Choice line of Poultry Feeds always on hand. We also specialize in Oats and Mill Feeds.
Mixed Feed $2.25
Wheat $2.50
Close price on Flour.
Give us a call.
C. J. WAKELING. PHONE 4730. tx

TO LET

OFFICE TO LEASE.
APPLY
GAMMAGE,
207 DUNDAS STREET. 97c

INSURANCE

B. N. CAMPBELL INSURANCE
309 DOMINION SAVINGS BUILDING. and systems. 668 Dufferin. Phone 4987. t

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J. A. NELLES & SON
Fire, Life, Accident, Marine, Plate Glass, Rent and Automobile. xt

WANTED

Poultry and Eggs Wanted.
We are in the market for any quantity of good poultry. We want especially heavy live hens and dressed spring chickens. Highest prices paid for poultry and eggs.
C. A. MANN & CO.
78 King St., London, Ont. Phone 1577 ywt

Something to sell? Let the community know about it through the Want Ads.

If you have a need that must be met at once—make use of the Want Ads—they are at your service at all times.

REAL ESTATE — REAL ESTATE

WATCH US GROW!
"AT YOUR OWN VALUATION THE WORLD ACCEPTS YOU."
"YOU ARE WORTH A BETTER HOME."

$12,000—North, near Richmond street, beautiful location, red pressed brick, slate roof and cut stone foundation. Vestibule, drawing-room, library, dining-room, kitchen, with built-in cupboards, four bright and airy bedrooms, with closets. Lovely three-piece bath. House finished in oak downstairs. Full basement, furnace, double verandas. This is a beautiful home.

$8,500—We are offering for sale a beautifully located corner home on Ridout South. The owner has built $9,000 in building and perfecting this ideal home. Built of Milton red brick and stucco, with garage attached. It contains vestibule, living-room, dining-room, kitchen, with built-in cupboards, three lovely bright bedrooms with closets, also front and back sleeping porches. Lovely three-piece bath. Basement with coal and fruit divisions, stationary tubs, automatic pressure pump on soft water. The electrical fixtures are of the finest type, and the house is complete in every detail. With an abundance of ornamental shrubs surrounding the house. This is the most attractive buy in South London. Phone for an appointment.

$5,800—For a medium-priced house, where could one find a better buy? This home is on a paved street, red pressed brick, hall, parlor, living-room, dining-room, kitchen with built-in cupboards, also built-in china cupboard in dining-room, three bedrooms with closets, three-piece bath, linen closet, laundry shute to basement, laundry tubs, grade door, soft water, garage. Terms.

Steel Realty Development Corporation, Ltd.
302 ROYAL BANK BUILDING. H. E. WHEELER, Manager. PHONE 5264.

P. WALSH'S BULLETIN
RIDOUT STREET. South London, new 2-story red pressed brick house, drawing-room, living-room and kitchen, hall in center, four bedrooms, bathroom complete, three-part basement, laundry tubs, furnace, electric and gas, decorated in style, good lot, landscape view. Price $12,500.

SPLENDID LOTS on Cheapside and Maitland streets.

South—A large brick cottage, veranda, six rooms, two-piece bathroom, mantel, garage and shed, nice not. Price $3,50.

SOUTH—A large frame cottage, brick foundation, four bedrooms, bathroom complete, electric and gas, lot 40.6x108 feet. Price $3,800.

PRINCESS AVENUE—Brick cottage, four rooms, in good order, water, gas, toilet. Lot with right of way to side. Price reduced to $2,000, $500 down. Attention at once.

EAST END—1½-story brick house, three bedrooms, three-piece bathroomo and heater, three-part basement, furnace, electric and gas, nice lot. Price $5,000.

NORH—2-story white brick house, 4 bedrooms, clothes closets, 3-piece bathroom, furnace, large basement, corner lot, 30.2½x120 feet. Price $6,000.

WATERLOO STREET—South of Piccadilly street, 2-story brick house, veranda, four bedrooms, bathroom, trees, hot water heater, furnace, electric and gas. Lot 50x120 feet. Price reasonable.

P. WALSH
Phone 358. 425 RICHMOND ST.

ANDERSON & CO.
Established 1900.
12 MARKET LANE. PHONE 2322W.

2 acres on the Pipe Line road—Cannot be beaten for building spot. $750.

9 acres, 2½ miles west of Lambeth—House, barn, chicken house, some stock and implements. $2,500.

17 acres, 3 miles from Lambeth—Fruit farm, 7 acres in berries and small fruits; revenue, $2,000 per year. Price, $5,000.

40 acres, second concession Caradoc, 2½ miles from Komoka—Frame house, barn, silo, hogpen, henhouse, granary, implement shed, garage. $4,500. A great bargain.

We have also 60 acres, 8 miles from the city, wth good buildings, good soil and nicely situated. Someone will get a bargain for $5,000.

RENWICK & CO.
REALTORS.
Phone 5678. Office, 267 Dundas St.

$3,700—Dorinda street, modern brick cottage, lot 27x145; terms $2,000 cash.

$3,000—Richmond north, frame, semi-modern cottage, lot 32x242; $600 cash down.

$7,500—South side, choice two-story and attic, modern, red pressed brick, full basement, with hot-air furnace, hardwood floors downstairs, 4 bedrooms and bath, hot water winter and summer; terms: $2,700 cash, balance on mortgage.

$5,700—Tecumseh avenue, modern 1½-story white brick.

$6,200—Queen's avenue, choice modern home, moderate in size; call for full particulars.

$4,700—$1,000 down, balance $40 per month including principal and interest; this is a red brick, bungalow type; north, close to car.

We require for clients several semi-modern and modern cottages, modern houses of good quality, north, east, or south. What have you to offer?
DEAL WITH A REALTOR.
THERE'S A REASON?

MUSICAL INSTRUCTION.

Henri Lasserre, M.A.
Distinguished Swiss 'Cellist.
Pupils and Concert Engagements.
LONDON INSTITUTE OF MUSICAL ART—CONSERVATORY OF MUSIC (amalgamated.)
A. D. JORDAN, Musical Director.

The Want Ads have much to do with the home and business.

The Want Ad Columns are filled with condensed facts—they offer the biggest opportunities in the smallest possible space.

BUSINESS CARDS

Experts on Boiler Welding
Scored cylinders repaired. Weld and braze metals, every size and description.
Williams Welding Works
Rear of 386 Ridout St. t Phone 6836

SEE US
about those repairs or alterations. Estimates cheerfully furnished. We specialize in oak floors.
L. H. MARTYN & CO.
Phone 218 or 2768. 807 Princess Avenue t

STEWART & MORKIN
134 FULLARTON STREET.
ELECTRIC POWER CONTRACTORS.
All classes electric power, repairs, installations, windings, etc. Prompt attention, quick service. When you have trouble with your motor telephone 3165. xt

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Hemstitching
PROMPT SERVICE.
ROSS, LIMITED
196 DUNDAS STREET. t

MISCELLANEOUS

BUSINESS LUNCHES 45c
ROYAL CAFE
We employ only the very best chefs, and serve only the most wholesome foods. Try us. xt

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WONG'S
LONDON'S POPULAR CAFE.
Come and enjoy a dish of
SCALLOP LIVE LOBSTER and FROGS' LEGS
Parties Our Specialty.
LOMBARDO ORCHESTRA
Daily, 12 to 1:30, 6 to 7:30, 11 to 1.
Saturday Night, 10 to 12 p.m. yt

Clearing Auction Sale
of farm stock and implements will be held at west half lot 7, concession 3, Lobo, on Thursday, April 6, 1922. Farm containing 90 acres of good land and buildings, nicely situated at Coldstream, convenient to churches, schools and stores. The farm will be offered at 2 o'clock, also 10 head of pure bred Durham and 19 head of grade cattle, all in good condition; also implements, etc.; everything to be sold to settle an estate. Austin Winter, auctioneer; James E. Nagel, executor; Bert McKay, clerk. b

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MAIL CONTRACT
Sealed tenders, addressed to the Postmaster-General, will be received at Ottawa until noon, on Friday, the fifth day of May, 1922, for the conveyance of his majesty's mails, on a proposed contract for four years, six times per week over Bornholm No. 1, Rural Mail Route, from the 1st of July next.

Printed notices containing further information as to conditions of proposed contract may be seen and blank forms of tender may be obtained at the post-office of Bornholm, and at the office of the postoffice inspector.

D. J. McLEAN,
Postoffice Inspector.
Postoffice Inspector's Office, London, March 24, 1922. 93c-t

The stranger in the city today, looking for a room will search the Want Ads. Are your rooms listed?

OUR BOARDING HOUSE. BY AHREN

AUTOMOBILES

WINDSHIELDS
We have special windshield plate glass and modern facilities for fixing your broken windshields.
THE HOBBS MANUFACTURING COMPANY, LIMITED.

CYLINDER REGRINDING.
First-class equipment, reasonably priced, any make of car, boat, truck, tractor or stationary engine.
J. L. BELL.
135 HORTON ST. PHONE 7216J.

"SUPER" FORD SERVICE
ABOVE THE
STANDARD
YET DOWN TO THE
PRICE
WE USE
Genuine Ford Parts.
RELIANCE GARAGE
LIMITED.

1915 DODGE TOURING CAR
Must be sold at once. Apply
A. TANNER,
665 Dundas St., or Phone 3426W. 98u

When their car collapsed and they all dumped out,
They fell in a tanner's vat;
But it served them right, for they did not buy
From the Man with the White Hat.

1917 Touring	$225.00
1920 Roadster, shock absorbers, license	$295.00
1919 Touring, shock absorbers, license	$380.00
1920 Coupe, license	$615.00
1914 Touring	$115.00
1918 Touring speedometer, shock absorbers, license	$235.00
1916 Delivery, closed body, license	$165.00
1916 Touring, shock absorbers	$225.00
1921 Touring, shock absorbers, spare tire, license	$500.00
1919 Truck, stake body, license	$200.00
1917 Touring	$225.00
1920 Touring, shock absorbers, license	$450.00
1921 Touring, shock absorbers, license	$510.00
Model 83, Overland Touring	$450.00

"ASK THE MAN WITH THE WHITE HAT."
J. W. McLaughlin
The Ford Man. Opposite City Hall. 98u

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1 BABY GRAND TOURING.
1 E. 44 MASTER SIX McLAUGHLIN ROADSTER.
1 FORD 1 TON TRUCK.
All in good condition.
TERRY For Bargains.
150 Fullarton Street.
Phone 534, Night 4917. ywt

ONTARIO USED TIRE SALES CO.
Have tires which are guaranteed at prices ranging from $3.50 and up.
339 Talbot Street. ywt Phone 4817J.

AUTO RADIATOR SERVICE STATION
G. M. MURRAY,
65 KING STREET.
TELEPHONE 2327. NEAR RIDOUT ywt

AUTO REPAIRS.
We are experts on repairs to all makes of cars. Starter, generator, battery, radiators a specialty.
AUTOMOBILE AND ELECTRIC SERVICE COMPANY.
Phone 7872F. ywt 591½ Richmond St.

DEPENDABLE USED CARS.

1916 Ford Touring	$200
1915 Maxwell Touring	$200
1919 Chevrolet 490 Touring	$350
1921 Ford Roadster with Winter Top	$500
85 Overland Touring	$650
1921 Maxwell Roadster	$650

W. J. CHISHOLM,
478 Richmond. ywt

SIMONIZ YOUR CAR
Preserves the original finish; makes washing safe and easy; polishes to a high lustre with little effort.
TALBOT AUTO LAUNDRY
484 Talbot Street. t-tf

REGO RADIATOR REPAIRS.
(We Know How)
Auto Radiators, Fenders and Body Work our Specialty.
H. G. KAISER, Manager.
68 York St., over Paige Garage.
Phone 1208. xt

FOR SALE

MORGANS
Hen Canaries, Breeding Cages, Nests, Nesting Hair, etc. Beautiful Singing Canaries at 100 Dundas street. t

AUTOMOBILES

AUTO RADIATOR SERVICE STATION
J. MACAULAY,
Phone 5392J. Forest City Radiator Repair, 436 Clarence street, opp. Bell Telephone. ywt

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YOUR CAR PAINTED
A real job that will hold. The kind you will be proud of. Get my prices.
G. D. KILMER
342 Ridout Street t Phone 1414W

IMPORTANT
DISPERSAL SALE
COMPRISING 30 HEAD REGISTERED HOLSTEINS, 26 FEMALES, 4 MALES.
BURNBRAE HEAD FARM, MELROSE, FRIDAY, APRIL 7, 1922,

at 2 o'clock. Ten miles west of London, on Sarnia Gravel Road, two miles north of Lobo Station, C. P. R. and G. T. R., at which noon trains from the east will stop day of sale, also regular trains from west forenoon G.T.R., and 1 o'clock C.P.R. Conveyances will meet all trains. The selection of the animals for the foundation of this herd have been very carefully chosen, as the catalogue will show. Particular attention is directed to the ages of this herd. The females are all under five years, with the exception of one seven-year-old cow. No females have been sold since the inception of the herd. Write for catalogue to sales manager, Dan Campbell, Komoka, Ont., or SCOTT BROS., Proprietors, Hyde Park, Ont.

Terms.—Cash or time up to ten months, if purchaser so desires, with interest at 6 per cent per annum.

Auctioneers: T. MERRITT MOORE, AUSTEN WINTERS.
Clerk—A. E. McKAY. 93u-t

POLLY AND PAUL AND PARIS

By Zoe Beckley

IN the throng that packed the sidewalks tightly Paul and Bobby Sutton were ahead, breaking a pathway. Norma, talking rapidly to Polly, behind. Someone hailed Sutton—a youth both he and Paul knew.

"Just saw a friend o' yours!" he bubbled. "Old Barray—bound for Simon's."

"Why, what sort of place is it?" asked Sutton innocently. As he spoke the girls pushed up and stood listening. Polly had not heard the mention of Barray's name.

"Oh, it's a place where a bunch of silk-stocking apaches get together and swap yarns. Some of them have mixed up a bit with artist crowds, and like to pose as being cultured. Once in a while they break out in the old-time apache dances. Most times I guess they're harmless enough, but I wouldn't like to answer for 'em."

"Oh, do let's go! I'd rather go there than anywhere else." Polly looked from Paul to Sutton eagerly.

To her dismay, Paul stared back unsmilingly, as if she had made some vulgar faux pas. He didn't know she had missed the remarks about Barray. And he marveled at her lack of taste. . . . Here they were, trying to forget their wretched quarrel over Barray, and she proposing that they go to the place where Barray was! How could she want to see him? It was preposterous. . . Her perverseness amazed him.

"It's too far. Besides, I wouldn't cross the street to see a hole like that." Paul's tone was sharp.

"Oh, I say," put in Sutton amiably, "it can't be so very bad. Suppose we do go, what?" He wanted to please Polly.

Norma saw that his innocence of the situation was leading to trouble. Getting him aside for a moment would give Paul and Polly time to get their ship into smooth waters again.

But the storm that had been brewing was not to be averted. It had come slowly, held back by the friendly little winds that kept blowing against it, diverted temporarily by this and that, but now it broke. .

"It doesn't seem to matter what I want." Polly's words came slowly, like the first big drops that precede the downpour. "You dismiss me without consideration. The place is too far, is it—and you wouldn't cross the street to go to it! Not even if I want to go to it! You have no thought for anyone but yourself!"

"Be careful what you're saying, Polly. While we're on the subject of other people's rights, suppose you give a thought to what Norma and Sutton will think of us, quarreling here on a corner in the midst of—"

Polly drew in her breath sharply, her breast heaved, her round chin quivered.

"Oh—I've had enough of this, I won't stand it!" And with an inarticulate little sound, half choke, half sob, she turned like a flash, darted into the crowd and was lost to sight.

(To Be Continued.)
(Copyright, 1922.)

SISTER MARY'S KITCHEN

MAPLE SYRUP

FROM breakfast to dinner maple syrup finds a welcome place on every table. Hot cakes for breakfast with real maple syrup, fritters for luncheon with real maple syrup and a dessert of some sort for dinner sweetened with real maple syrup—there's no other taste like it.

And if you want a real jolly party for either young or old "sugar off" in the evening.

To "Sugar Off."

Four cups fresh maple syrup, 4 tablespoon cream.

Put syrup and cream in a large smooth kettle. Rub the sides of the kettle with butter. This prevents boiling over to some extent. As the scum rises skim it off with a skimmer.

Boil until the syrup forms a soft ball when dropped in cold water. The ball must be just firm enough to hold its shape. Do not stir the syrup while boiling.

If the pan is too small the syrup will boil over the top. When the syrup rises to the top of the pan lift the pan from the fire. Do not stir. When the syrup is done put two large spoonfuls in each saucer.

Let cool and then stir with a strong plated teaspoon. This amount of syrup should serve eight persons. A prize might be given to the person who stirs his syrup to the whitest, creamiest candy.

Maple Pudding.

One and one-half cups milk, 2 eggs, 1 tablespoon granulated gelatine, ¼ cup cold water, 1-8 teaspoon salt, 1 cup maple syrup, ½ cup shredded almonds, canned peaches.

Scald milk and pour slowly over the well beaten yolks of the eggs. Add salt and put in double boiler and cook five minutes. Soften gelatine in cold water. Add to first mixture, stirring well. Remove from fire and add maple syrup.

Let cool. When beginning to set fold in the whites of the eggs beaten till stiff and dry. Put half a canned peach in each individual mold, sprinkle with almonds and pour over the maple mixture. Let stand in a cold place for two hours to become firm and chill.

Maple Marguerites.

One cup maple syrup, 3 eggs, 2 tablespoons butter, 3½ cups flour, ½ teaspoon salt, 2 teaspoons baking powder, ¼ teaspoon soda, ½ cup chopped nuts.

Beat yolks of eggs till thick and lemon colored. Beat in syrup and butter softened, but not melted. Mix and sift flour, baking powder, salt and soda. Stir into first mixture.

Beat whites of eggs till stiff and dry and fold into dough. Add nuts and drop from a teaspoon onto a greased and floured baking sheet. Bake 12 minutes in a hot oven.

Four large smooth apples, 8 large prunes, 1 cup maple syrup, butter.

Pare apples and remove core. Soak prunes in cold water for two hours and remove stones. Put two prunes in each apple, dot with a bit of butter and arrange in a casserole.

Pour over syrup, cover and bake half an hour. Remove cover and bake half an hour longer. The last half hour of baking should make the apples "glaze." Baste with the syrup in the pan. Serve hot or cold, with or without whipped cream.

(Copyright, 1922.)

PLAN NEW BRIDGE AT NIAGARA FALLS

NIAGARA FALLS, Ont., March 31.—The Niagara River Bridge Company, owners of the cantilever bridge which crosses the Niagara River here, announces that a new bridge will be built tsis year. An application to Parliament will be made at the resent session to increae the capital for that purpose. The old bridge will be used until the new one beside it is completed. The bridge is used exclusively by the railroads.

Holeproof Hosiery
Not a wrinkle at the ankle
MADE IN CANADA.

Prince George Hotel
TORONTO
In Centre of Shopping and Business District
250 ROOMS
100 with Private Baths
EUROPEAN PLAN
E. WINNETT THOMPSON, MAN'G. DIR.

MEETINGS

MYRTLE, NO. 2, KNIGHTS OF Pythias, meets Tuesday evening. All members attend. t-tf

Spring Weather Hard On Baby

The Canadian spring weather—one day mild and bright; the next raw and blustery is extremely hard on the baby. Conditions are such that the mother cannot take the little one out for the fresh air so much to be desired. He is confined to the house which is so often overheated and badly ventilated. He catches cold; his little stomach and bowels become disordered and the mother soon has a sick baby to look after. To prevent this an occasional dose of Baby's Own Tablets should be given. They regulate the stomach and bowels, thus preventing or banishing colds, simple fevers, colic or any other of the many minor ailments of childhood. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Company, Brockville, Ont.—Advt

Be Warned

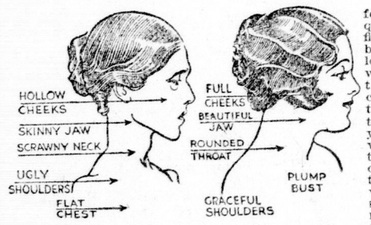
KEEPING your insurance papers, deeds, bonds and other valuables at home until they are stolen or destroyed by fire, instead of renting a Safety Deposit Box, is on a par with "locking the stable door after the horse is stolen."

Don't procrastinate! Rent a box to-day at this Bank. 397

THE STANDARD BANK OF CANADA
London Branch - H. F. Clarke, Manager

Mastin's Yeast Vitamon Tablets Greatest Beauty Secret

Banishes Skin Eruptions, Puts On Firm Flesh, Strengthens the Nerves and Increases Energy



Thin or run down folks who want to quickly get some good, firm, solid flesh on their bones, fill out the hollows and sunken cheeks with strong, healthy tissues and build up increased energy and vitality should try taking two of Mastin's tiny yeast VITAMON tablets with their meals. Mastin's VITAMON tablets contain highly concentrated yeast vitamines as well as the two other still more important vitamines (Fat soluble A and Water soluble C) all of which Science says you must have to be strong, well and fully developed. They banish pimples, boils and skin eruptions as if by magic, strengthen the nerves, build up the body with firm flesh and tissue and often completely rejuvenate the whole system. By getting the precious yeast vitamines in this concentrated tablet form you run no risk of causing gas or upsetting the stomach and can be sure of quick, gratifying results.

If you are thin, pale, haggard, drawn looking or lack energy and endurance you will find it well worth while to make this simple test: First weigh yourself and measure yourself. Next take Mastin's VITAMON—two tablets with every meal. Then weigh and measure yourself again each week and continue taking VITAMON regularly until you are satisfied with your gain in weight and energy. It is not only a question of how much better you look and feel, or what your friends say and think—the scales and tape measure will tell their own story.

IMPORTANT: While the remarkable health-building value of Mastin's VITAMON Tablets have been clearly and positively demonstrated in cases of lack of energy, nervous troubles, anaemia, indigestion, constipation, skin eruptions, poor complexion and a generally weakened physical and mental condition, they should not be used by anyone who OBJECTS to having their weight increased to normal. So rapid and amazing are the results that success is absolutely guaranteed or the small price you pay will be promptly refunded and the trial will cost you nothing. Be sure to remember the name Mastin's VI-TA-MON—the original and genuine yeast vitamine tablet—there is nothing else like it, so do not accept imitations or substitutes. You can get Mastin's VITAMON tablets at all good druggists, such as

Standard Drug Co., Ltd., Cairncross & Lawrence, Liggett's.

MASTIN'S VITAMON TABLETS
THE ORIGINAL AND GENUINE — YEAST VITAMINE TABLET

Mastin's VITAMON Tablets are Fully Guaranteed in Every Respect.

If it isn't MASTIN'S it isn't VITAMON
The World's Standard Used by Millions

Duncan Kershaw & Co., 203 St. James Street, Montreal, P.Q.