

Pork and Beef remain at famine prices, and BREAD is the most economical and health-giving food we can buy. But there is bread and bread. It depends on the flour. A chemical analysis will show that

ROYAL HOUSEHOLD

is richest in GLUTEN, the nutritious part of wheat, the part that makes brain and bone and tissue, like the protein of milk or eggs. Use only

ROYAL HOUSEHOLD.

NO THOUGHT READER

Can foretell the day or the hour when your property may burn. Most people are aware of this and make provision for the disaster by insurance. Why are you not so insured? I offer the lowest rates and strongest offices. The promptness and liberality of my settlements are well known.

PERCIE JOHNSON, Insurance Agt.
Office: corner Duckworth and Prescott Streets.

SUMMER

Underwear and Hose

Is Now Necessary.

The Store at which you will get it cheapest; the Store at which you will best suit your requirements is:

BLAIR'S.

IF YOU WANT Special Styles, if you require Special Sizes, if it is Goods of Superior Quality you wish, or something Cheap but Reliable, you will get it at BLAIR'S, and in every case you will obtain what you require at the Lowest Possible Price.

- In the space we have here at our disposal we mention a few lines:
- Women's Short Sleeve White Cotton Vests, sizes 4, 5 and 6, special value, at 12c and 18c each.
- Women's Sleeveless White Cotton Vests, sizes 4, 5 and 6, superior quality, at 12c each.
- Women's Long Sleeve White Cotton Vests, buttoned fronts, sizes 4, 5 and 6, at 30c each.
- Large Women's Long Sleeve White Cotton Vests, buttoned fronts, sizes 8 and 9, at 35c each.
- Children's Short Sleeve White Cotton Vests, sizes 20 inch to 28 inch, 11c to 13c each.
- Children's Tan Ribbed Cotton Hose, guaranteed fast, sizes 5 inch to 9 inch, 11c to 19c pair.
- Children's Black Ribbed Cotton Hose, Job, guaranteed fast, sizes 5 inch to 9 inch, 10c to 14c pair.
- Women's Black and Tan Plain Cotton Hose, only 13c pair.
- Men's Plain Black, Tan and Colored Cotton Hose, special value, at 15c pair.
- Men's Plain Black Cashmere Hose, 20c, 22c, 32c, 35c, 38c, 45c and 55c pair.
- Men's Plain Tan Cashmere Hose, 25c, 30c, 38c, 45c and 55c pair.
- Men's Cotton Underwear (Shirts and Drawers), color natural, 35c garment, Special Value in Women's White Cotton Corset Covers, from 22c each.
- Women's Plain Black Cashmere Hose, 22c, 25c, 30c, 35c, 38c, 45c, 55c pair.
- Women's Plain Tan Cashmere Hose, 30c, 35c, 38c, 45c, 55c pair.
- Women's Black and Tan Plain Lisle and Lace Lisle Hose.
- Black and Tan Embroidered Cashmere Hose.
- Coloured Lisle and Cashmere Hose—all in Immense Variety.

HENRY BLAIR.

Seed Oats, Seed Potatoes!

Now Landed To-day, May 29th:

- 3,000 bushels White and Black Oats—for seed & eating purposes
- 300 bags P. E. I. Potatoes—blues and Dakota reds,
- Also Just Landed:
- 30 BOXES CANADIAN CHEESE,
- 100 SMALL CHEESE—about 20 lbs. each.

George NEAL.

Job Printing Executed!

The Evening Chit-Chat

By RUTH CAMERON



I went in town with a very original young friend of mine the other day, and had the pleasure of seeing one of her very original ideas put into practice. She is one of those fortunate people who are pretty enough to be able to be original without being called a freak. When a young man opposite us rose to give an elderly woman a seat, I was astonished to see my young friend smile at him benignly with a beautiful display of her very enchanting dimple. "Some one you know?" I queried, somewhat surprised as he didn't seem to be lifting his hat. "Oh, no," she responded, calmly. "You see, I think that when a man does a kind thing like that, every woman in the car ought to show her approval by smiling at him, so I always do."

"Original and quaint, yes; but absurd? Well, I certainly don't think so."

"If you don't get the reading aloud habit, you miss one of the most un-falling sources of happiness in married life."

That is the dictum of a very happy middle-aged couple, whom I know, who in the course of their twenty-five years of married life have read aloud to each other over four hundred books, besides innumerable magazines and short stories.

"Of course you don't get along quite so fast as if you read to yourself," they told me, "but it's so nice to meet all those book people together."

"Henry is away all day," supplemented his wife, "meeting people that I don't know, and when he comes home I don't want him to go off and

meet more people without me, even if it is only in book land."

"And you know I wouldn't want to," added Henry gallantly. "So we go together," they finished in unison.

Reading about—not necessary classics or instructive things, but any good novels—certainly is one of the best habits any pair of newlyweds can acquire.

Not every evening or even every other evening, of course, but two or three a week can be pleasantly employed in this way.

If you haven't read the older works, try some of the most interesting, such as Vanity Fair, Pemmicks, Les Miserables, or some of the best of Scott or Dickens.

Your journeys together in book lands, your meeting and discussion of the people there, will be one more bond of interest between you.

And in these days when one marriage in ten ends in divorce, you surely can't afford to neglect any bond of interest that will help to make yours one of the nine.

Want to know how to become a fairy prince or princess for a few minutes?

Then always keep your pockets well supplied with pennies, and occasionally when you see a youngster hanging on a gate, or sitting on the curb, or trotting along the street, who looks as if he could spend a penny, offer him one.

Thereupon to the owner of the most little palm that closes over your gift, you straightway become the fairy prince or princess dropped straight from fairyland to present that unexpected bounty.

As you pass on, look back and you shall see the youngster gazing at you with awed and ecstatic orbs that reflect you in truly heroic size.

Great sensation, truly.

If you don't believe me, try it and see.

Ruth Cameron

A Clean Man

Outside cleanliness is less than half the battle. A man may scrub himself a dozen times a day, and still be unclean. Good health means cleanliness not only outside, but inside. It means a clean stomach, clean bowels, clean blood, a clean liver, and new, clean, healthy tissues. The man who is clean in this way will look it and set it. He will work with energy and think clean, clear, healthy thoughts.

He will never be troubled with liver, lung, stomach or blood disorders. Dyspepsia and indigestion originate in unclean stomachs. Blood diseases are found where there is unclean blood. Consumption and bronchitis mean unclean lungs.



Dr. Pierce's Golden Medical Discovery

prevents these diseases. It makes a man's insides clean and healthy. It cleans the digestive organs, makes pure, clean blood, and cleans healthy flesh.

It restores tone to the nervous system, and cures nervous exhaustion and prostration. It contains no alcohol or habit-forming drugs. Constipation is the most unclean uncleanness. Dr. Pierce's Pleasant Pellets cure it. They never grip. Easy to take as candy.

HOUSEHOLD NOTES.

- If meat used for soup is cut into small pieces more nutriment will be obtained.
- To peel tomatoes without scalding, rub them backward with the blunt edge of a knife.
- Hammock pillows may be cheaply made of burrap, trimmed with bands of Persian trimming.
- For the roast of cold lamb, courages serve an egg salad, sprinkled with minced mint leaves.
- The neck of a baby's frock should never be starched, as it will chafe the tender skin.
- In selecting beef, the pieces which are well mottled with fat will be found the richest and juiciest.
- A cupful of liquid yeast is equivalent to half a compressed yeast cake or a whole dry yeast cake.
- When leather armchairs look shabby, they should be wiped with a soft cloth moistened with olive oil.
- Wooden bread boards are kept in better condition by rubbing them with sand than by simply using soap.
- If in canning or preserving berries or other fruits they run short, a little pineapple added will improve them.
- While two cupfuls of granulated sugar make a pound, it takes two-thirds of a cupful more to equal the same weight.
- Lemonade can be greatly improved by adding cooked raspberry or strawberry juice. Currant jelly may be melted and added.
- French green peas and mushrooms stewed together and served with cream dressing makes a delicious summer dish.
- If fresh fish is to be kept over night, it should be salted and laid on an earthen dish, not placed on a board or shelf.
- Green peas should not be boiled rapidly, as it will spoil them. They should simmer gently in just enough water to cover them.
- Velvet and ribbons may be cleaned with gasoline. After cleaning steam the velvets and iron the ribbons on the wrong side.
- If a recipe calls for half a pound of raisins or currants, a heaping cupful of the fruit will be found about the right weight.
- Place a box of lime in the closet in which jams, preserves, etc., are stored away, and it will prevent mold from gathering on the fruit.
- Pineapple, shredded or finely cut, covered with sugar and allowed to stand over night, then sealed in cans, will often keep for a long time.
- Cotton and lisle thread gloves will stand ordinary washing, but if they are colored they should be steeped in salt to set the color.

AYER'S HAIR VIGOR
Does not Color the Hair

A Certain Remedy For Bronchitis.

Bronchitis hits elderly people, mostly, though the young and strong become victims of distressing cough. Bronchitis wears one out. It paves the way for pneumonia. You have not been able to get any good from dosing, because the trouble is not in the stomach at all. Think of Catarrhozone, a germ-killing, healing essence that you can breathe right into the bronchial tubes, and heal them. That is exactly what Catarrhozone does. Catarrhozone is wonderful, healing, soothing. A fragrant essence from leaf and flower that is diffused through the Catarrhozone inhaler so that it can be carried to the utmost ramifications of the bronchial tubes. Its healing balsams are deposited where inflammation exists. Once there, and only air can take it there, it destroys germs, thins and promotes expectoration, lessens cough and finally removes the cause. You get well Catarrhozone has been used in many lands for many years, the most successful, the most highly commended, most pleasant and efficient remedy for diseases of the respiratory passages the world knows. You can do nothing wiser today than go and buy a Catarrhozone outfit; fifteen minutes' use will prove how true every word of the above is. Complete outfit, \$1.00. Trial size, 25 cents.

An Astrologer Predicts

A Stormy Reign for King George Fifth—Says Death Will Terminate His Career in Six and a Half Years.

Washington, May 21.—S. Daoud, a local astrologer, says he foretold the death of King Edward. Among the things which he foresees in the new King's horoscope is that his reign will last but six and a half years.

"The first five years," Daoud says "will be among the stormiest in England's history. The last eighteen months, however, will be comparatively fortunate. The coming reign will be terminated by the King's death, which will be a natural one. He will more than once be the object of attempted assassination, but the would-be-murderer will be powerless to harm him."

"There will be trouble in all the British possessions during the second year, especially in India.

"In the third year of his reign there will be a conflict between England and another European power ruled by a kinsman of King George which will precipitate a great war. England on her own part will wage war with this European country. The war will be short and decisive and will result in England's being obliged to make concessions which will deprive her of much of her power.

"Egypt will give King George decided trouble, but will not be able to free herself from English rule during his reign. She will accomplish this however, during the reign of his successor.

"George's reign will see the rise of a new political power within the British Empire and sweeping constitutional changes. The privileged classes will be obliged to give up many of their prerogatives forever. New political parties will be formed.

"In the third year he will have serious trouble in his own family, in the form of dangerous illness. It will not, however, result in death. During that year the British royal family will be put in mourning; I do not see that the death is within the immediate family of the king.

"The second year of his reign will also see great need among the British people, resulting in actual famine.

"England will lose the support of her allies and will be obliged to alter her foreign policy. A decided hostility to her will arise among the European powers.

"The horoscope does not show that any of these occurrences will be due to King George himself. They will be rather the result of circumstances without his grasp. The King, as is shown throughout, is the victim of destiny. He will, however, show himself very domineering, and will display an inflexibility that will give his advisers much trouble. He will act throughout from the best motives but will manage to offend unconsciously, many powerful persons."

Minard's Liniment Co., Limited.
Gents—I have used your Minard's Liniment in my family and also in my stables for years and consider it the best medicine obtainable.

Yours truly,
ALFRED ROCHAY,
Proprietor Roston Pond Hotel and Livery Stables.

HER MISTAKE.
"Oh, fly with me!" the handsome gallant cried.
"How dare you, sir?" the blushing maid replied.
"Of course," he adds, "I'll bring you back again; I wanted to try my aeroplane."

EVENING TELEGRAM FASHION PLATES.

The Home Dressmaker should keep a Catalogue Scrap Book of our Pattern Cuts. These will be found very useful to refer to from time to time.

8573-8600-8640.

A Pretty and Attractive Costume. Composed of Ladies' Waist 8573, Ladies' Skirt Pattern, 8600, and Ladies' Tunic Pattern 8640. The costume may be developed without the tunic making a very suitable shirt-waist or morning suit. As shown in the large view with the tunic, blue pongee was used with braiding in self color, a chemisette of Lierre lace gives a pretty neck finish. The skirt and tunic patterns are cut in 5 sizes—22, 24, 26, 28, 30 inches waist measure, and the waist pattern is cut in 6 sizes—32, 34, 36, 38, 40, 42 inches bust measure. It will require 12 yards of double width material for the entire costume.

This illustration calls for three separate patterns and will be mailed to any address on receipt of 10c. for each in silver or stamps.



PATTERN COUPON.

Please send the above-mentioned pattern as per directions given below.

No.

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Address in full:—

N.B.—Be sure to cut out the illustration and send with the coupon, carefully fitted out. The pattern cannot reach you in less than 15 days. Price 10 cents each, in cash, postal note, or stamps. Address: Telegram Pattern Department.

Men's & Boys' Readymades.

Our Spring and Summer Stock of Mens' & Boys' READYMADE CLOTHES Now open and ready for your inspection. Outport orders carefully and promptly attended to. WILLIAM FREW, Water St., Nearly opp. Court House

FUSSELL'S FULL CREAM CONDENSED MILK IS THE CREAM OF MILKS

FOUND AT LAST!

The CURE for Rheumatism: SLOAN'S LINIMENT

Will do what doctors have failed in doing. Price, 25¢ per Bottle. J. J. ST. JOHN, Agent, ST. JOHN'S EAST.

Job Printing Executed.