in the guard-house during the night. Though at first he met with some suspicion he contrived to gain the trust of the Governor. Leaving a couple of men to a sist in guarding the prisoners he remained with his force outside. But during the night these two men overpowered the sentries, set free the three imprisoned men, and with their assistance opened the gates to the Guides, who gained a firm footaing in the fort before the garrison

greater courage and more ready obedience at all times than "The Guides." in spite of the fact that knew what was happening."

It was "The Guides" who furthey were recruited from a great number of different tribes. Their nished an escort of some seventy men to Cavagnari's mission to Kabul in 1879, and were massacred to a man. In the fourth sortie from the Residency the last Englishman was killed. Knowing this to be the case the enemy called on the re-mainder of "The Guides" to surrender, promising them their lives.

following incident. One day hir John Lawrence said something to annoy Lumsden, and this became "Left in command was Jemadar were ready to rush into any danger Jewand Singh, a splendid Sikh of-ficer of the Guides Cavalry, and not at his order. In the evening an orderly came to Lumsden secretly, one whit behind his British officer in brave resolve. He deigned no word of answer to the howling crowd without, but to the few brave survivors within, perhaps a dozen or so, he said: 'The sahibs gave us this duty to perform, to defend this Residency to the last. Shall we then disgrace the cloth we wear by disobeying their orders now they are dead? Shall we hand over the property of the Sirkar, and dead bodies of our officers, to these sons of perdition? I for one prefer to die fighting for duty and the fame of the Guides, and they that will do long likewise follow me.'''

AND THEY MARCHED OUT TO DIE.

"The annals of no army and no egiment can show a brighter record of devoted bravery than has been achieved by this small band of on the memorial at Mardan, which the British Government raised in memory of Kabul.

has always been a keen competition for enrolment in "The Guides," and in the early days, Guides," and in the early days, when Lumsden was in command, there were sometimes as many as thirty men receiving no pay and maintaining themselves and their horses while awaiting a vacancy.

"And great indeed was the excitetion which are employed in the powers of healing cur, and then continues."

No wonder strange supplinger in the scattered he sea, or in the lonely the rocky islands, rounded.

"And great indeed was the excitement when Lumsden, in his bluff, breezy way, would say: 'Well, here's a vacancy, and I don't for the life of me know which of you to give it to. Come along down to the rifle range and shoot it off amongst yourselves; the best shot gets the appointment.' The demeanor of the winner on such occasions would have made a Master casions would have made a Master and the cry of in Lunacy look grave. The happy young fellow would jump into the young fellow would jump into the air, yelling and pirouetting, brandishing a sword, and at frequent intervals letting off a gun, while most of his friends did likewise."—
London Tit-Bits.

OCTOR BANGED THE DOOR.

n doctor, upon res

"I can testify to the great merits of your Emulsion, especially in all diseases of a pulmonary nature. It has saved many lives that otherwise would have yielded to consumption . . . we keep Scott's Emulsion in the house all the time and all the family MR. C. J. BUD. LONG, Box 158, Washington, R. I.

shook their heads and trembled for the disciple of men without stocks and overalls says Colonel G. J. Younghusband, C.B., in his "Story of the Guides." But, with-

out exaggeration, it may be said that

no body of British troops have, in the history of the Empire, displayed,

first commander was (Sir Harry

Lumsden), a scion of a fine old soldier stock in Aberdeenshire, who was idolized by his men. This devotion is well illustrated by the

evident to the faithful fellows who

"It is only this, sahib; I and my comrades noticed that the Lord Sahib spoke to-day words that

were not pleasing to your Excell-

ency, and that you were angry and

displeased when you heard them.

So we have consulted together as

proper end; for it is not right and proper that we should allow our colonel sahib to be harshly spoken

to by anyone. There is, therefore, this alternative: the Lord Sahib

has arranged to leave by the

straight road to-morrow morning for Peshawar but with your honor's

kind permission and by the grace of God there is no reason whatever

why he should ever reach it!"

the

to how lest we may serve

and said :-

Scott's

does ALL it does by creating flesh and strength so rapidly that the progress of the disease is retarded and often stopped. It is a wonderful flesh builder and so easy to

Both Restored to Health by Dr. Williams' Pink Pills.

Thus writes Mr. Brnest L. Archibald, Truro N. S. who further says:—'In my own case I had been subject to dizzy headaches for over a year, and three boxes of the Pills completely cured me of the trouble. About a year ago my wife began to completely run doin; was very pale and weak; she fould not walk up atairs without stopping on the way to get breath, and ultimately she grew so weak she could not swan a floor without resting. She tried several tonics but received no be nefit. Then I persuaded her to try Dr. Williams' Pink Pills and got her a half dozen boxes. After she had used a couple of boxes her appetite began to improve and the color to return to her face. She continued using the Pills until she had taken the six boxes, and to day she is perfectly well, feels stronger and looks better than she had done for some years. While she was taking the Pills she gained to motal, drenched, torn brokes fings him off—preferably into a muddy pool or a furze-brake, and darts away, leaving the unhappy into a muddy pool or a furze-brake, and darts away, leaving the unhappy into a muddy pool or a furze-brake, and darts away, leaving the unhappy into a muddy pool or a furze-brake, and darts away, leaving the unhappy into a muddy pool or a furze-brake, and darts away, leaving the unhappy into a muddy pool or a furze-brake, and darts away, leaving the unhappy into a muddy pool or a furze-brake, and darts away, leaving the unhappy into a muddy pool or a furze-brake, and darts away, leaving the unhappy into a muddy pool or a furze-brake, and darts away, leaving the unhappy into a muddy pool or a furze-brake, and darts away, leaving the unhappy into a muddy pool or a furze-brake, and darts away, leaving the unhappy into a muddy pool or a furze-brake, and darts away, leaving the unhappy into a muddy pool or a furze-brake, and darts away, leaving the unhappy into a muddy pool or a furze-brake, and darts away, leaving the unhappy into a muddy pool or a furze-brake, and darts away, leaving the unhappy into a muddy pool or a furze-bra

like anaemia, rheumatism, indigestion, neuralgia, St. Vitus' dance, general weakness, and those ailments that only women folks know, with their attendant headaches and hackaches and investigation. with their attendant headaches and backaches and irregularities. Dr. Williams' Pink Pills are a sure cure when given a fair trial, because they enrich the blood- and thus reach the root of disease. Sold by all medicine dealers or by mail at 50 cents a how or six hoves for a' 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Me-dicine Co., Brockville, Ont.

LEGENDS IRELAND.

SUPERSTITION STILL LINGERS IN THE GREEN ISLE.

In Rural Ireland Many Tales of "Banshee" and "Dullahan" are Told.

In rural Ireland linger many suland Review, writes with sympathy and knowledge on the subject. "The tide of civilization and education is surging over Ireland, and in towns and large villages steam and elecand large villages steam and electricity, motors and bicycles, libraries and newspapers, have dealt So reads the inscription a death-blow to many picturesque Republic. but, amid the wide stretches of bog, in the wild glens and mountain pas ses, and along the stormy Atlantic coast, ancient rites and myths lin-

The writer, first of all, deals w

in the house. Needless to say, the noise of a heavy cart at night along an unfrequented road is sufficient to terrify superstitious people into believeing that they had heard the death coach—they take good care not to see it!

DREADED "FAIRY HORSE."

Another much dreaded apparation is the Phokas or Fairy Horse, a very malicious spirit, who is said to appear in the shape of a beautiful coal-black steed, with fire darting from his eyes and nostrils.

Occasionally he adopts the form of a black bull or a goat, and sometimes he appears as an awful compound of several black animals—horse, bull, goat, and ram! In his equips form he is said to amuse himself by enticing solitary travellers, whom he meets after dark, intermediately looks like a "nate cut of a horse," such as every Irishman appreciates, he is said to succeed very frequently in his aefarious plan.

MURDER FROM THE DOCK

SOME EXCITING SCENES IN COURTS OF LAW.

What Occasionally Happens When Prisoners Come Armed Into the Dock.

The worst case of the kind curred only a few weeks ago at the Peruna.

"After some hesitation, as I had "After some hesitation, as I had "ago the some hesitation," as I had " The worst case of the kind ocprisoner found guilty of arson suddenly whipped out a revolver and fired from the dock at the sheriff, the head of town police, who had eight or ten bottles of Peruna I am been the principal witness. The unfortunate man fell dead, and the prisoner emptied his revolver into a group of other witnesses, wounding no fewer than five. By that time the police had drawn their own pistols, and the murderer fell dead, riadled by four bullets.

A similar outrage occurred in Paris, France, on May 22nd last. perstitions which in more enlightened parts of the three kingdoms have long since died a natural death.

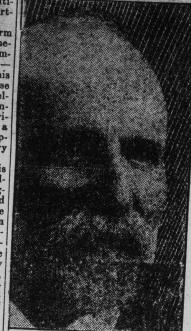
Only here the assanant was not a prisoner, but the unsuccessful plaintiff in a case involving the ownership of three-quarters of a Only here the assailant was not a ed parts of the three kingdoms have long since died a natural death. Maud G. Sargent, in the New Ireland Peview writes with sympathy tim was his lawyer, who have to specification out of the dock when a couple of tim was his lawyer, who have the dock when a couple of the dock wh

STORMED

Those presen

NASAL CATARRE PRODUCES DEAFNESS RELIEF IN PE-RU-NA

Mr. R. J. Arless, 401 City Hall Ave., Montreal, Quebec, is an old gentleman of wife acquaintance, having served thirty-eight years in the General Postofice of Montreal, a record which speaks for itself. Concerning his use of eruna, see letter given below.



MR. R. J. ARLES

"I have been afflicted with nasal catarrh to such a degree that it affected my hearing.

"This was contracted some twenty years ago by being exposed to draughts and sudden changes of

temperature.
"I have been under the treat ment of specialists and have used many drugs recommended as speci-fics for catarrh in the head and throat-all to no purpose.

"About three years ago I was induced by a confrere in office to try

doubts as to results after so many eight or ten bottles of Peruna I am much improved in hearing, and in breathing through the nostrils."

The prisoner, a cturdy, sulenlooking man, was accused of a series of violent assaults, and the gaoler had just described him as one of the worst ruffians in Westminster, when the man seized a handful of pennies from as pocket and hurled them furiously at a wit-