1891.

milk.

of eggs

nd cool

ie eggs.

retired

is by an

e vege-

cure of

and all

nd radi-

is Com-

urative

duty to

ated by

ffering,

it, this

ith full

mail by

W. A.

If cups

tter or

and one

baking

on and

grated

slowly,

clean

e, and

not a

1e tea-

nfuls of

i flour,

oughly,

, in tin

is just

bly get

eggs,

of flour,

ifuls of

to mix-

or four

ven for

ur, one

of suet,

sugar,

cup of

oonfuls

; bake

of stale

cup of

nful of

yellow

v milk

whites

k boils,

k about

sh and

n away

r yolks

ne half

aspoon-

boiling

oo long,

and let

ne, and

e top of

ce until

of the

Stir

## Children's Department.

Criticising a Sermon.

I was sitting before the fire, thinking of that verse we had been studying at Sunday School, "But their eyes were holden, that they did not know Him,' when I heard the outside door shut, and in a moment the three young men whom I delight to call "my boys," came trooping in, bringing a whiff of keen wintry air, and crowding each other good naturedly around the fire in that free way which would show a stranger they were the best of friends.

"Did you have a good sermon?" I asked; "I was getting lonesome waiting for you.'

"Oh, yes," Rob answered; "an egotistical one, though. The preacher was a stranger, and he began and ended his sermon with 'I.' He had only gone one sentence when I began counting his 'I's', and positively, in one story he told of his mother, he dragged that poor little pronoun in twenty-one times. I couldn't keep from smiling every time it would come out."

"It must have been disagreeable," I said, smiling. "But what did you think of it, George?"

"The sermon? Oh, I hardly know. I confess, during the time he was preaching I was so interested I didn't stop to think much about it, whether it was egotistical or logical, or anything else. It made me think of home and my dear old mother; but Rob has made me see since we left church that the sermon was pretty much foolishness, and I am inclined to laugh at myself for being so interested in such a piece of egotism."

" And you?" My eyes sought Leigh's soft brown ones. "Was the sermon a piece of egotism to you, dear?"

"To me? No; it was a beautiful leaf torn from the real life of the preacher, an exquisite glimpse into a man's own heart and soul and purpose.

He showed us his life without Christ, and happiness after. Oh, no, indeed! are born that way. there was no egotism in the sermon to Sour people are very often made message

boys," I said,

you, you will have to stay mixed," Rob His unfailing kindness. said, laughing, though he looked a little sober. "But what have you "a merry heart doeth good like a medi- Yu-yiao by canal, and thence by river

"Oh, nothing! just a little thinksaid of the two friends of Jesus, to with the Lord Jesus Christ. whom He appeared as they walked and talked with Him.'

sermon," George laughed. "Rob's and long faces. eyes were 'holden' so he could not see, and while he was busy counting the 'I's' in the sermon to blindfold me on the way home, Leigh was gathering in the beauties to feed on afterwards.'

"No, you needn't say a word, Rob. I've often found it so myself; our eyes are 'holden' so we can see nothing of the good around us; we see only the evil in everybody, and can't see a glim mer of the good.

"Until Christ opens them as He did the disciples', I suppose you may as well finish," Rob said. "Well, there is one thing sure, I am not going to criticise a sermon soon again!"-(hir Young People.

DIRECTLY AND INDIRECTLY.—Kidney complaint, dropsy and similar troubles depend directly on wrong action of the kidneys and indirectly on bad blood. Burdock Blood Bitters regulates action of the kidneys and cleanses the blood from all impurities, in this way curing kidney complaint, dropsy, etc.

#### Tom's Gold Dust.

"That boy knows how to take care of his gold dust," said Tom's uncle, often to himself, and sometimes aloud. Tom went to college, and every account they heard of him he was going ahead, laying a solid foundation for the future. "Certainly," said his uncle, "cer-

tainly; that boy, I tell you, knows how to take care of his gold dust."

Gold dust! Where did Tom get gold dust? He was a poor boy. He had not been to California. He never was a miner. Where did he get his gold dust? Ah, he had seconds and minutes, and these are gold dust of time—specks and particles of time which boys, girls and grown-up people are apt to waste and throw away. Tom knew their value. His father had taught him that every speck and particle of time was worth its weight in gold, and his son took care of them as if they were. Take care of your gold

### Sour People.

Sour people not only have a hard time in getting through the world thempeople.

do with them.

Sour people who claim to be Christians make sinners think that the Lord is opposed to anybody having a very good time in this world.

and that same life when Christ came they have just enough religion to make years. He stared and glared; and the into it. How barren and cold and them miserable, and not enough to wonderful sight of the long-heard-of desolate before; how full of life and joy make them happy, and sometimes they Western strangers rendered him deaf

me, only beauty and inspiration. more so by brooding over their troubles, "I am all mixed up over the sermon, and thinking only of themselves and Gospel has been proclaimed. Tracts their disappointments, instead of mediare distributed to those who can read: "And as there's no one to untangle tating upon the goodness of God and and with many bows and farewells,

ing over that verse, 'But their eyes terness out of the heart and put a smile he strikes the clods vigorously to were holden that they should not on the face that will keep sweet in any make up for the lost time; he shouts know Him.' You remember it was climate, as to become well acquainted to his fellows, in the loud voice which

shot-gun would not do as much harm "Oh, there's a clue to your twisted as some people do with bitter hearts

> SEVERE COLD CURED.—Dear Sirs—My mother was attacked with a very severe cold and cough. She resolved to try Hagyard's Pectoral Balsam, and, on so doing, found it did her more good than any other medicine she ever tried. Mrs. KENNEDY, Hamilton, Ont.

> > Eyes, Ears, and Heart

A STORY OF THE MID-CHINA MISSION.

Here is a beautiful story from Archdeacon Moule's new book, The Glorious We give you the story just as he tells it, except that here and there, where a word seemed too "grown-up," we have put in one that belonged to the children. Don't you think boys he takes his "ears as well as his eyes." and girls often take only their eyes or their ears when they go to hear God's message, and leave out their heart, as Kying-ming did at first? This is the very story to read on Sunday morning, or just before you go out to a missionary meeting.

THE STORY OF KYING-MING.

It is a spring day thirty years ago in Mid-China. The great plain of San-po, to the north of Ning-po, shone on by the warm sun, and swept by the breezes of spring, is fair and pleasant. The beans are in flower, and the wide breadths of these make the air fragrant. Large stretches of wheat are in ear. Here and there the rice seed-beds shine like patches of emerald. The clover in flower has just been ploughed into the rice-fields for manure; and these fields are dotted over with labourers breaking up the clods of earth they were in San-po once more, before with their heavy hces. Suddenly there is a shout, and every hoe is thrown down, for the rumor of the arrival of a foreigner in the plain passes from mouth to mouth.

The foreigners have left their boat near a picturesque town at the foot of lofty hills, where the C.M.S. have now a flourishing school and a small body of Christians. Then, probably for the first time in their lives, these countrymen see with their own eyes the foreignyet welcomed oftentimes on their journvery deed a white demon—a foreign "imp"? Is he like some imaginary selves, but they make it hard for other being, or one with flesh and blood like us? They crowd round attracted by The more sour people profess to have the Western clothing and paler faces religion, the harder they make it for the of their visitors. Some handle inqui-Lord to reach those who have much to sitively the coats and umbrellas; some of good cheer," he said, "I know this ment. Amongst these eager gazers as hard as the people seemed to be to-

Sometimes people are sour because describing the scene to me in after to their voices and inattentive to their

The preaching is over now. The the missionaries embark in their small Sour people ought to remember that boat and turn head westwards towards been doing here alone since we left?" cine; but a broken spirit drieth bones." to Ning-po. Kying-ming goes back to Nothing can so quickly take the bit- his work. He picks up his hoe; and these sea-side San-po men have ac-An insane man turned loose with a quired, his astonishment at the sight which has so stirred the plain to-day. What did the visit mean? Are these the foreigners who brought opium to China, and who extract eyes from the dying and dead? Yet they seemed to wish to be courteous. They were not overbearing or violent. They asked for no money. They brought no wares for sale. They actually distributed good books

> Days pass by. Most of the harvest is over; the wheat is long ago gathered, and the early rice cut and carried. The pleasant days of October have come with cool breezes, though the sun still blazes fiercely above. The cotton is ripe, and the fields are full of busy labourers again. Again the word is passed that the foreigners have come. Off runs Kying-ming to gaze once more on the sight which had so fascinated him in the spring. But now He listens as that strange figure opens its lips and talks. Talks! Yes, there can be no mistake about it. He is talking, not Western gibberish, but their own Ningpo speech! That discovery once more engrosses and absorbs the man's thoughts. He understands nothing of the text, the message, the argument, the invitation, the warning. He merely hears, and is amazed to hear a foreigner talking Chinese.

> The discourse comes to an end; the missionary enters his boat once more; and Kying-ming goes home, astonished and perplexed, but wholly unenlightened and unmoved. Well was it for him, and well for the foreign workers, that they were not content with one visit or two. They must go again and seek for Christ's sheep. So in the bright days of early December the great cold with frost and snow had set in. Kying-ming is at hand once more, and now with eyes fixed and ears attentive, and with his heart opened by the Spirit of God to receive the truth, he hears, not the language only, but the message of salvation, and he believes in the Lord Jesus Christ.

Many years ago after this event I was preaching myself in that same beloved plain, with Kying-ming as my helper. We had had a day of much ers; feared, disliked, suspected, and discouragement; doors slammed in our faces; careless, frivolous, inatteneys. Now is this foreigner, they ask, in | tive hearers; much scoffing, and no apparent reception of our message. As day declined, weary and sad, I proposed a walk up the hills overlooking the sea and the plain. As we mounted higher and higher, I spoke to my companion of our discouraging day. "Be shout incoherent questions; some sim- plain well. I was brought to God ply stare with open-mouthed amaze- down there. I was once as deaf and was a husbandman named Kying-ming. day. But we must go again and again "He took his eyes," as he said when to the same places. I should never have

# ndigestion

## HORSFORD'S **PHOSPHATE**

A preparation of phosphoric acid and the phosphates required for per fect digestion. It promotes digestion without injury, and thereby relieves those diseases arising from a disordered stomach.

Dr. E. J. WILLIAMSON, St. Louis, Mo., "Marked beneficial results in imper-

fect digestion. Dr. W. W. Scofield, Dalton, Mass.

"It promotes digestion and overcomes

acid stomach." Dr. F. G. McGavock, McGavock, Ark.,

says:
"It acts beneficially in obstinate indigestion."

Descriptive pamphlet free. Rumford Chemical Works, Providence, R. I.

Beware of Substitutes and Imitations.

OAUTION.—Be sure the word "Hors ford's" is printed on the label. All other are spurious. Never sold in bulk.