

COME, let us with glad music  
Hail the Holy Cross;  
With special exultation  
We glory in the Cross.

NINTH MONTH 30 DAYS **September** THE SEVEN DOLORS

Table with columns for Day, Month, Year, and various feast days including the Seven Dolors of the Virgin Mary. Includes dates for the 16th, 17th, 18th, 19th, 20th, 21st, 22nd, 23rd, 24th, 25th, 26th, 27th, 28th, 29th, and 30th of September 1902.

**Indulged Prayer**  
A plenary indulgence is granted once a month to all those who shall say the chapter of the seven Dolors every day for a month, it being truly penitent, after confession and communion, they shall pray for the intention of the Sovereign Pontiff. Other indulgences for the frequent saying of this chapter are granted.

**HOME CIRCLE**

**THOUGHTS FOR SEPTEMBER.**  
The month, my Queen, which brings thy natal day:  
And yet we give it to thy Dolors Seven  
And lo, the strains have scarcely died away  
Which hymn'd thy bright Assumption into heaven!  
But ah, though sinless, thou wast born for woe:  
For deepest grief no less than highest joy!  
'And since God fashion'd woman's heart, we know,  
Stronger than man's—more pure from self's alloy—  
He gave to thine a love beyond all love  
And with it, strength for pain beyond all pain:  
That when thy destined Spouse, th' Almighty Dove,  
From thee, His own "seal'd" fountain, free of stain,  
Should form for us our Jesus' Sacred Heart,  
That Heart might prove the duplicate of thine:  
They love, thy sorrow, for its chosen part;  
'And only more intense because divine.  
What marvel, then, that we, who sing thy moon  
The Triumph of the Cross, beside it place  
They Seven Swords of woe and this so soon  
After our gaze upon thine infant face?  
Born to be our sweet Mother, we remember  
How dear, it cost thee. Lovingly we see  
The mystic septem in the year's September:  
For truly children of thy Dolors we.  
—Father Edmund of the Heart of Mary, C. P.

necessary. Sleep at night is better than food.  
An infant is a creature of habit, and usually responds to the wish of the mother, if the mother has order in her will.  
More infants' lives are taken by overfeeding than by starvation. Never liken an infant's digestion or diet to your own.  
Do not feed the baby because it cries. This may be due to pain, and it is hurtful to fill an infant's stomach at such a time.—Food and Drink.  
**PAMPERING OF CHILDREN.**  
At Waterville, Me., a stand had been erected close to the station, and from there President Roosevelt spoke in speaking of the citizen he said:  
"Every father of a large family—and being an old-fashioned man, I believe in large families—knows that if he has to do well by his children he must try to do well by himself. Now, haven't you in your own experience known men—and I am sorry to say even more often women—who think they are doing a favor to their children when they shield them from any effort? When they let the girls sit at ease and read while the mother does the housework? Don't you know cases like that? I do. Yes, a boy will be brought up to be very ornamental and not useful. Don't you know that, too? Exactly. Now those are not good fathers and mothers. They are foolish fathers and mothers. They are not being kind, they are simply being silly.  
"The only way by which, in the long run, any man can be helped is by teaching him to help himself. Of course there may come sudden catastrophes where you have got to extend help with a free hand. Thinking only by the immediate need, not of the ultimate results. Of course new conditions will arise here and there, especially in the complex industrial life of great cities, where you must shape legislation of the country on a new basis to meet the new conditions. But fundamentally it is true that the only permanent betterment in the condition of any nation is to raise the standard of individual citizenship throughout the nation."

**FOR BABY'S COMFORT.**  
Light and loose clothing and frequent bathing or cool sponging are necessities for the infant in hot weather.  
Plain, boiled water, given between feedings, will often aid the digestion and satisfy the child when restless.  
Never put a bottle nipple into your mouth and then into the baby's mouth. This will often prove dangerous.  
Feeding at night after the third month is both inconvenient and un-

**SEASONABLE SALADS.**  
Salads may be prepared from almost all vegetables, many fruits, nuts, meat, fish and shell fish, and these, used either singly or in combination, form an almost unending variety, for as soon as one thing goes out of season there are a dozen

to take its place. Above all, let your salads be daintily served, not thrown in a heap on to a dish, with some thin, watery dressing over the top. If your supply is small, let it be served in individual dishes on the crisp, fresh, dry lettuce leaves. I emphasize the word dry, for I have frequently seen otherwise tempting salads spoiled through the lettuce being wet and consequently forming a miniature river at the bottom of the dish. Let the vegetables be cut into neat dice, not rough chunks, and let them be thoroughly mixed with, at any rate, a portion of the dressing before serving. When meat or fish are used, marinate them with a mixture of oil and vinegar, using twice as much of the former as the latter, and drain it off an hour before serving, at which time add the vegetables and seasoning. The salad dressing used may vary much from a simple French or Italian dressing to a rich mayonnaise, while for those who object to the flavor of oil, although this is an exceedingly healthful article of food, melted butter may be used as a substitute.

**Whole Tomato Salad**—Take a firm tomato and empty its contents, adding them to some cold law and celery hashed up very fine, mix with mayonnaise dressing, add a pinch of salt and a pinch of paprika pepper. Mix it well and fill the tomato with this mixture. The tomato must be served very cold, so as to have this salad a success. Use one tomato for each guest.

**Apple Salad**—Pare, core and slice tart apples. To four apples sliced add one-half cupful of chopped walnut meat. Cover with whipped sweetened cream, put on ice and serve cold.

**Chicken Salad**—Large young chickens are best. Boil them the day before in as little water as possible. Add salt and pepper. Cover in an earthen dish and leave in the liquor until cold. When cold, remove the skin and all fat and cut the meat in strips and then in dice. Allow three-pound chicken will make about a quart of salad. One quart serves ten people.

**AUTUMN HOUSE CLEANING.**  
A little cold tea mixed with warm water and applied with a soft woolen cloth will make stained woodwork look bright and fresh.

A reliable furniture preparation for cleaning picture frames and restoring furniture, especially that somewhat marred or scratched, is a mixture of three parts of linseed oil and one part spirits of turpentine. It not only covers the disfigured surface, but restores wood to its original color, leaving a polish upon the surface. Apply with a woolen cloth, and when dry, rub with woolen. For highly-polished furniture, the simplest method is to go over the surface with a cloth wet with paraffine oil and let it rest for an hour or more. This will soften the dirt and will fill any scratches with oil, thus preventing the water from reaching the wood. After the dirt is softened, wash the surface with a soft cloth, with soap and water, using Castile or some other mild white soap, rub very dry and then wipe with a soft cloth wet with turpentine and paraffine oil. Let this rest for a short time, then polish with a soft cloth. When a surface is much marred or extremely dirty it will be well to omit the washing and clean the surface with powdered rotten-stone and oil. Wipe clean and finish with the paraffine oil and turpentine.

A method for cleaning carpets which has been pronounced in every way satisfactory is to make a suds of good white soap and hot water, adding enough fuller's earth to secure the consistency of thin cream. Then, after providing a number of clean cloths, a scrubbing brush, a large sponge and a bucket of fresh water, pour some of the cleaning mixture into a bowl, dip the brush into it and brush a small piece of the carpet at a time, washing it with the sponge and cold water and drying with the cloths. When it has all been gone over in this way, let it dry.

**BAKING SODA VALUE**  
Good for insect stings: Moisten a pinch of soda with water and apply to the wound.  
For pimples, fever blisters, burns, poison from ivy, mix one teaspoonful of soda with one-half glass of vinegar and apply with cloth to face and hands just before retiring.  
For bathing, add a little to the water.  
For sore throat, hold a small quantity in the mouth, or mix a little with water and gargle frequently with it.  
For cuts and barb-wire fence wounds, mix one dessertspoonful of soda to one cup of boiling water and apply with a soft rag as hot as it can be endured.

**CHILDREN'S CORNER**

**LITTLE MISS SOLOMON**

Her real name is Kohlfaat, and her papa owns The Chicago Evening Post, in which the little story is printed. Little Miss Kohlfaat had lost a much-beloved pet dog and had mourned it for many weeks. One day she happened to see the familiar hairy, gray nose sticking out from the luxurious wraps of a fashionable carriage. A handsomely dressed woman sat beside him, "Crackers" was in strange company, but there was no mistaking the half-sad, half-whimsical look in his fuzzy eyes. The carriage was going very slowly and was near the pavement. With a cry of delight the little girl called, "Crackers!"

The dog gave a whine of joy and sprang in a long, curving bound to the side of his little mistress. With wriggling and shakes that almost broke him in two he jumped about her and licked her hands for sheer joy.

But the woman in the carriage glared angrily. Her coachman drew up at the curb and the woman tried to get back the dog.

"But he's my dog," said the little girl.

"No, it is my dog," said the woman, "and if you don't let him go I shall call an officer."

"But he is mine!" insisted Miss Kohlfaat. "He knows me and he doesn't pay any 'tention to you."

"Come, come, my child, give him up at once!"

"I'll prove that he's mine," replied the child, with determination. By this time quite a crowd of passersby had collected, and the girl, with the dog in her arms, faced her antagonist as a lawyer faces a jury.

"Can your dog stand up and beg?" said she.

"Yes," answered the woman.

"Can he jump through a hoop?"

"Yes."

"Can he lie down and play dead?"

"Yes."

"Can he dance on his hind feet?"

and answers. It was when the car reached Eighteenth street that the climax came. At that point the car makes a long stop. While it was at a standstill a pretty woman, evidently a friend of the two in the car passed along.

"O dear! There, Mrs. Sargeant My! She is such a handsome woman!" said the mother of the bright little girl to her friend.

"Yes, she is beautiful," assented the friend.

The little girl was looking out of the window after the figure strolling up the hill. Presently she turned in her seat.

"Say, mamma, you look just like that lady!"

"Do I, dear?" asked the mother, sweetly.

"Yes. Just 'actly—all 'cept the head."

The little girl is still wondering why the car full of people laughed.

**THE SUPER-SENSE OF ANIMALS**

When engaged in locating a railway in New Brunswick, Mr. James Camden, a civil engineer, was compelled one night by a very severe snow-storm to take refuge in a small farmhouse. The farmer owned two dogs—one an old Newfoundland and the other a collie. In due time the farmer and his family went to bed, the Newfoundland stretched himself out by the chimney corner, and Mr. Camden and the man with him rolled themselves in their blankets on the floor in front of the fire.

The door of the house was closed by a wooden latch and fastened by a bar placed across it. Mr. Camden and his man were just falling asleep when they heard the latch of the door raised. They did not get up immediately, and in a short time the latch was tried again.

They waited a few minutes, and then Mr. Camden rose, unfastened the door and looked out. Seeing nothing, he returned to his blanket, but did not replace the bar across the door.

Two or three minutes later the latch was tried a third time. This time the door opened, and the collie walked in. He pushed the door quite back, walked straight to the old Newfoundland, and appeared to make some kind of a whispered communication. Mr. Camden lay still and watched. The old dog rose and followed the other out of the house.

Both presently returned, driving before them a valuable ram belonging to the farmer, that had become separated from the rest of the flock, and was in danger of perishing in the storm. Now, how did the collie impart to the other dog a knowledge of the situation unless through some super-sense unknown to us?—Forest and Stream.

**THE DEAR OLD MOTHER**

Time has scattered the snowy flakes on her brow, plowed deep furrows on her cheek—but is she sweet and beautiful now? The lips which have kissed many a hot tear from the childish cheek are the sweetest lips in all the world.

The eye is dim, yet it glows with the rapt radiance of a holy love which can never fade.

Oh, yes, she is a dear old mother. Her sands of time are nearly run out, but feeble as she is, she will go further and reach down lower for you than any other on earth. You cannot walk into midnight where she cannot see you, you cannot enter a prison whose bars shall keep her out, you can never mount a scaffold too high for her to reach that she may kiss and bless you.

In evidence of her deathless love when the world shall despise and forsake you—when it leaves you by the wayside to die unnoticed, the dear old mother will gather you up in her feeble arms, carry you home and tell you of all your virtues until you almost forget that your soul is disfigured by vices.

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