

CORRESPONDENCE PAGE OF FASHIONS AND BEAUTY



BRAIDED CUTAWAY JACKET

GOOD FORM IN CLOTHES

WHAT not to wear" should have a chapter to itself in the up-to-date book of etiquette. The tendency of the times is toward such elaboration in dress that the average woman is apt to err on the side of over-dressing, rather than toward severity.

The summer a young woman was invited to join a party of college girls, who, duly chaperoned, were to be entertained at a lodge in the woods, established by a group of young men from a prominent university. This girl had never made such a trip and, in fact, knew little of college customs, and instead of frankly admitting her ignorance or tactfully putting out a "feeler" as to the wardrobe needed, attempted to solve the problem for herself.

The first stage of the trip was made on a lake steamer, lasting overnight. The young woman of experience appeared at the wharf, to the horror of her chaperon, in a pale pink lawn, trimmed in lace, a hat loaded with roses and lace, and for the finishing touch elbow sleeves and long white silk gloves. The girls who knew what in dress were one and the same in their rough silk or very heavy linen with heavily trimmed hats, long sleeves and smart ties peeping below their moderately short skirts.

When they reached the camp, the pretty girl of pink and blue lawn was in agony, not only because she was peevish and had to borrow a friend's sweater when it turned rainy, but because she knew she was foolishly dressed. She had dressed for a garden party or a picnic, when she was going on a journey.

Another young woman was invited by the head of her department in the office to dine at the latter's home. She wore an extra fancy waist to the office that morning, "cleaned up" at the office lavatory and cheerfully wended her way to her chief's home. When she got there she was horrified to find herself the only woman in the dining room clad in tailored skirt and shirt waist. Her hostess and family, being entirely unprepared for her appearance in office garb, had, as usual, changed from street to simple house dresses, generally with necks slightly cut out to show a bit of lace or a dainty tucker. And the girl would not offer the excuse that she had come straight from the office for her chief, dismissed at the same hour, had managed to make the change from business to house toilet.

A third young woman who had attracted the attention of her employer's wife by her pretty face and pleasant manners, was invited to assist at a charity entertainment. The latter was

giving. She appeared at the afternoon function in what was plainly a discarded party dress, much marked by ice cream and coffee stains, with the neck cut low, and rather soiled white gloves. The hostess was not only embarrassed at the untidy appearance of her protégée, but felt disappointed that a girl in whom she had taken an interest showed such bad taste as to appear in a low-necked frock before six o'clock.

Here are some hard and fast rules about dress for both men and women. No man appears in evening clothes before 8 P. M. unless he is bound for dinner at some distance, when he is allowed to wear a tuxedo. No man wears a black tie with full evening clothes, which includes the swallow tail coat. The black tie is permissible only with the tuxedo or dinner jacket worn at star functions.

The correct calling suit for a man at an afternoon tea or for general Sunday calling is grey trousers, a grey waistcoat, generally with a touch of grey, white and black; white shirt, grey ascot or puff tie, grey gloves and high silk hat. Full dress is NOT worn at a noon or afternoon wedding.

What is commonly known as a two-piece suit is not worn by a woman to receive callers in the afternoon. She has what is known as a house gown. The American tea gown or negligee is suitable only for boudoir, bed room or morning room wear on family.

Only colored shoes and stockings should never be worn in the street. Pink kid slippers are for the house only. Going to and from a party where they are to be worn, they should be carried in a pretty little bag. Even the fashion of wearing colored stockings with black slippers is bad form for general street wear. They should be confined to the house, the porch or the grounds immediately about your home.

"Dutch" neck blouses are not for wear at business. Neither are they to be worn with a strictly tailored suit. They are for afternoon, house or evening gowns. Lingerie dresses with sleeves above the elbow joint, and without collars are certainly not for street wear nor for shopping.

The girl in mourning who wears crepe on her hat cannot wear a black waist trimmed with lace. A certain style of silk applique is used for trimming in mourning, but as a rule plain tucked net, blue folds of chiffon and other plain trimmings are better form. Black lace with elaborate patterns is never good form in mourning.

It is extremely bad form to wear a soft crushed silk skirt with plain tailored shirt waist. With such a blouse you should wear a stitched belt matching your skirt, or a plain leather belt, not over an inch and a half in width. But the leather belt should not be worn with a soft, fancy blouse. With such a blouse, wear the silk skirt.

Prudence Standish

Fetchingly Wraps for Fall Evenings

THIS is the season of the year when we lose for something which will prolong the life of the summer wardrobe. None of us know just what color or material to select for the new fall costume, and hence we turn to light wraps which may be worn over summer frocks until a wise decision has been made. Certainly the new wraps are wonderful in coloring, but they are extremely simple in cut, and this should be counted as a blessing by the house sewer.

A word about selecting hats to wear with a costume consisting of an odd wrap and a separate frock. Match the color of the wrap rather than the gown. The coloring of all separate wraps should be neutral. No glistening reds, brilliant blues, or vivid greens. Rather select something which will harmonize with almost any dress you may find in the wardrobe. A soft, dull grey wrap can be worn well with any gown. Tan color is an old standby, and if you can't buy a new wrap, this would be a safe choice. Dark blue is almost strictly summer shade, and a soft golden brown makes a better looking fall garment. For evening wear, of course, the pale shades are very appropriate.

The well-dressed summer girl has a striped skirt, and this she now wishes to use for general wear. With these skirts are worn odd jackets, matching the dark stripe in the skirt material. If the skirt is a three-toned grey stripe, then match the darkest shade for the odd jacket.

Figure A presents a splendid model for a jacket of this character. The picture shows a narrow braided vest, but the jacket could be cut two inches larger in the front, and the jacket eliminated entirely. This particular jacket was worn with a brown and tan striped skirt. The material was French serge. The jacket was of plain brown French serge in the matching shade. The braiding was done by hand in a soft

shade of brown silk coutache. The soft silk tie, forming a collar at the back, and falling in graceful ends over the front, was of brown loutine, finished off at either side with bronze buckles. The model could be made simpler by making the sleeves full length and eliminating the braiding. It would require two and one-half yards of double width serge to make this jacket, or five yards of silk.

Figure B represents one of the smartest odd jackets seen this season. This model lends itself to silk better than any heavier material. This is the type of jacket to wear over lingerie dresses, or light summer frocks in dainty coloring. The most up-to-date material for these little jumper jackets is the new pompadour silk, but this is not cheap, unless remnants can be found at a bargain. If pompadour or figured silk of any kind is used for the jacket, then the lining must be plain in color. The soft fingered girl who does not wish to invest in an expensive silk will find that fall silk of rather heavy weight will be her next best choice. This can be embroidered. The collar and sleeve bands should be of chiffon velvet. The buttons could be of velvet, matching the collar, or if the jacket is for evening wear, rhinestone buttons would add distinction to the garment.

This little jacket was seen the other day made of dull grey serge of a heavy quality. The collar and sleeve bands were of brilliant Japanese embroidery, which can be purchased in strips. This banding contained many bright colors and here and there touches of gilt. Buttons, outlined down both sides, were made of large molds covered with black velvet and embroidered in gilt. It would require three yards of silk to make this jacket.

We now turn to the long loose wrap which can be worn over fluffy frocks in the evening or over the plainer gown for general street wear. The only difference would be in the material and trimming. For street wear there

is nothing better than the chiffon broadcloth, now seen in almost every possible color. This cloth is light in weight, soft in texture and cleanses beautifully. For evening and carriage wear, there are numerous fabrics, many silks under fancy names, heavy lace, cashmere, etc.

Figure C shows a practical kimono coat, simple in line and very practical for either the young woman or her mother. This model would take six yards of cloth, or twelve yards of silk, but could be made with less goods if the pattern were cut shorter. This, however, would detract from the long, straight lines now so fashionable. This model shows the use of the Persian or Japanese banding and the heavy silk tassels, matching the cloth in color. A coat of this character should be lined, and, I might add, that foulard silks, which can now be purchased for a song, are very appropriate linings for a modish wrap. But in selecting a lining, be sure that you buy nothing that would conflict in coloring with your bright banding. If the banding is not used, then the wrap could be outlined with a bias strip of silk matching the lining or chiffon velvet outlined with a tiny gilt soutache.

Figure D shows the newest wrap in the form of a circular cape. Almost without exception these capes are unlined, and are made of broadcloth. The collar, which forms a square poke at the back, should be of soft velvet in a becoming shade, a tone darker than the color of the broadcloth. If the cloth is full fifty-four inches wide, it would require three and one-half yards. If narrower, then four and one-half yards would be necessary. Almost all the smartly dressed girls at fashionable resorts are wearing capes of this model, and it lends itself to all figures equally well.

Mary Dean



UNLINED CIRCULAR CAPE

Found on the Bargain Table

JUST now the newspapers are full of alluring advertisements of bargains, and you find that striped are out of date, and everything is figured. Solid colors will always be worn, and they are a safe choice. Figured and striped silks will always make practical linings for coats and wraps, and there is never any get style of coloring or figures for house gowns. But be careful what you buy for street wear twelve months hence.

Tan and white shoes are now being sold for less than 10c cost of making, but a shoe that does not fit is dear at any price. If you can find your size and a comfortable shoe, marked way down, then by all means invest in such a bargain. But do not, because a shoe is marked \$1.85, reduced from \$6.00, buy it if it is not a perfect fit.

Odd lengths of embroidery and stray bits of lace are to be found at great bargains, and the woman who has a family will always find use for them. In these days even a very little lace can be used by combining it with a different make, so a good quality of any up-to-date lace is always a good investment. Certainly nothing will lend more distinction to a gown than a touch of really good lace. The embroidery, edging and insertion, can be used for many purposes—underclothes, lingerie, waist, fancy aprons and white dresses next summer.

Do not buy a hat late this season, hoping to start out with it next spring. Know of nothing which is more unchangeable than styles in millinery. Unless you wish to put the hat on at age and wear it like into the fall, do not buy bargain millinery. You will find that next spring your hat will be different from all the new ones, and your money will be badly invested.

MARY DEAN



A SMART JUMPER JACKET

Leaves From a Country Recipe Book

HAVE you ever gone to a summer boarding-house whose advertisements featured "home cooking," and really gotten it? Then, truly, you have realized one of the real joys of a summer vacation. Here are some recipes gathered by a woman who found just such a boarding place this summer, and she went out into the big, many-windowed kitchen of her landlady to gather them.

Bread Savory: A delicate breakfast or tea dish. For five persons have ready two tablespoons of butter, half an onion, a cup of dry bread cut in dice, five fresh eggs and salt and pepper to taste. Melt the butter in a skillet, slice the onion very thin and brown lightly in the butter. Add the diced bread, shake until a light brown, then cover and allow bread, onion and butter to simmer together fifteen minutes.

Beat the eggs, yolks and whites together, stir lightly into the mixture in the pan, toss with a fork, add pepper and salt, and when the eggs are set serve at once, very hot. If you prefer the diced bread crisp instead of soft, do not stir, but try to a golden brown and add the eggs at once.

Prune Pudding: Wash and soak one

pound of good California prunes overnight. In the morning stew them until tender in the water in which they soaked, which should be quite clear if the prunes were properly washed. When tender, drain off the water, stone and chop the prunes. Beat the whites of four eggs very stiff, add gradually one cup of sugar, beating all the while, and finally the chopped prunes. Pour at once into a deep baking dish, bake twenty minutes and serve cold with whipped cream sweetened and flavored with a little cherry wine.

Orange Sponge: One-third box of gelatin, one-third cup of cold water, one-third cup of boiling water, one cup of sugar, one tablespoon strained lemon juice, one cup strained orange juice, whites of three eggs, one cup of whipped cream. Soak the gelatin overnight in the cold water. In the morning dissolve in the boiling water and add the sugar, lemon and orange juices. Beat the mixture in a bowl immersed in cold water or in cracked ice to chill. Before it begins to set add the beaten whites of the eggs, and the whipped cream. Have a mould lined with lady fingers or sponge cake and pour the gelatin cream in the center.

RELAXATION AS A BEAUTIFIER

I WONDER if I told the girl with the lines around her mouth, wrinkles in her forehead, and a heavy look under her eyes, that these were caused by the "Hurry-up" method of her life, would she believe me? I doubt it. Yet the statement is true of the majority of American women. We rush for our trains, we gulp our food, and in a hundred ways we do not give nature a fighting chance. We develop "trolley faces," and in our effort to drown the noise about us we pitch our voices almost up to the protecting skies.

The woman of forty who reads this may say, "Well, I'm too old to change my ways." But please remember that it is never too late to give nature a chance—never "too late to mend." Just save some of your misdirected energy and expend it in a good cause. The woman who has a family breaks down every so often, no particular disease—just a collapse. And she does not know what causes it. Just this hurry, worry, must relax during the day. It is just as necessary to her health as her food.

Now, relaxation does not mean a change. Many women confuse the two words. The busy mother cannot get relaxation by dressing herself and going out to visit the neighbors. This is an effort. Every day, at a certain hour, she must give herself up to absolute rest. If she rises early, then she should take the rest before the noonday meal, or immediately afterwards. But it should be taken at a certain hour every day. She must undress and put on a night gown and lie flat on her back for one hour by the clock. Then, when the children come home from school with their little troubles, Mother can solve them all without an effort. When things go wrong in the evening, she has gained enough strength to straighten them out, and the lines of her face will not be so deep.

The popular young girl who has just started her social career finds herself rushed for time. She just catches the last trolley, and arrives at her destination at the last moment. She comes in late to luncheon and does not take time to masticate her food. In the afternoon she develops a headache and nervousness. When she reaches the patent medicine bottle and takes a tablet. At the end of three months of this sort of life, she gages at herself in the mirror and wonders how she came by the heavy lines in her young face. Why not put aside ten minutes earlier and catch the right car? Why not leave the girls a few minutes sooner and properly eat your luncheon? There would be no need then for the tablets. And let me say right here to this type of girl—the society girl—that good health is the greatest beautifier in the world.

Let the dear old lady, maybe a grandmother, who loves the little ones, get away for her relaxation every day. It will prolong her life and increase her usefulness. Let her go into a darkened

room where there is quiet, and for just a little time each day, let go of herself. Let mind and body be perfectly limp. Some faddists have said that we must not laugh too much or we will develop the dreaded "laughing line." I am not a believer in this theory. Maybe the laughing lines will come, but they will not be half so bad as the wrinkles and heavy grown's feet caused by a fretting, fault-finding, carping disposition. Laugh every time you can, and if the laughing lines appear, massage them every night with a stimulating cream.

To all of us comes trouble—much of it of us—but take life as easy as you can. I know a girl who wry for two months a pair of corsets which hurt her. She said she bought them in a hurry and had to wear them. Can you imagine the fretful face she acquired during those two months? And it is really surprising how many women wear shoes which do not fit them. How can you assume a peaceful expression if you are in actual physical pain? You cannot relax under such conditions.

The average girl in business steps in and until the last tick of the clock, she does not have time to masticate her food, and hurriedly swallows her coffee. She arrives at the office a few minutes late, dreading a reprimand. At lunch hour she spends most of the time, and spends five minutes out of the sixty in the process of eating. And she blames business for her lines.

If it has been necessary for you to hurry all day, and with an engagement before you in the evening, perhaps the best way to remove your tired nerves and racked energy is to warm bath, followed by a cold spray. Changing the temperature of the water from hot to cold acts as a stimulant to the tired body.

But relax if you can. Be it only ten minutes each day, it will help to beautify you. Do not argue that it is too much bother to undress—that it will mess your hair to lie down, etc. Believe me, it will save time spent in the beauty parlor, and money paid to the doctor.

Kathleen Higgins

Oven Cakes: Two eggs, half cup butter (small), half cup of sugar, one cup sweet milk, one cup flour, one cup corn meal, two teaspoons baking powder, half teaspoon of salt. Beat the eggs very light, add the sugar and the milk, sift the flour and meal, the baking powder, beat a fine yellow meal together with salt and baking powder. Put the butter to melt, not brown, on the stove, mix the other ingredients beating briskly, and when the butter reaches the boiling point, add that, stir well, pour into a buttered baking dish, cover, and bake in a moderate, steady fast oven until golden brown.



LADIES KIMONO WRAP

If perplexed in matters of dress, beauty, or etiquette, write to Miss Dean, Miss Morton or Miss Standish, enclosing a self-addressed return envelope. Besides, you receive a personal, intimate answer. Be careful to address your return envelope accurately. Letters come back to us every day, stamped "insufficient address" or "party cannot be found."