

Constipation is the Source of Many Ills
It is responsible for headaches, migrain, dizziness, dyspepsia, heartburn, flatulence, piles and appendicitis. In order to cure constipation and to maintain the alimentary canal clean and healthy, nothing equals the daily use of a saline water like

"RIGA"

Apertient; Purgative or Laxative, According to Dose.
Riga Water acts gently but surely and never gripes, never nauseates, never weakens. A glassful taken every morning is a powerful help for health.

ON SALE EVERYWHERE.
National Drug & Chemical Company of Canada, Ltd., St. John, N. B., Distributors for the Maritime Provinces.

MEN'S SHIRTS

Particularly attractive showing of New Spring Shirts for men who like the new things.

Prices \$1.00 to \$1.75 Each



H. N. DeMILLE

199 to 201 Union Street Opera House Block

LOCAL NEWS

READY FOR INSPECTION
A big display of spring overcoats in styles and colors from \$12 to \$24, while the stock is complete. Turn-out of the high-rent district, 440 T.F.

8 Field Ambulance Depot is call-recruits to go overseas. Enlist at once. 4-30.

SCRIM AND CURTAINS
Lund's, W. E.; all kinds just as want them. 4-26.

See a khaki waiting for you at No. 8 Field Ambulance Depot now recruiting overseas.

For sale, sectional refrigerator, \$60, 101-2x8 1-2 feet. Phone 2445-115 t. f.

AMOUR'S, WEST END
Hats and special this week. Call at 4-26.

LOCAL NEWS

ALMANAC FOR ST JOHN, APR 24
A.M. High Tide... 1:14 Low Tide... 8:01
Sun Rises... 5:29 Sun Sets... 7:15
Time used is Atlantic standard.

At Trinity church last evening, the Young Women's Guild held their annual quilting party. The evening proved most enjoyable.

The elders and trustees of St. Matthew's Presbyterian church, Douglas avenue, held an "at home" last evening to the members of the church. J. Fraser Gregory, chairman of the trustee board, presided.

A congregational social was held in St. Andrew's Presbyterian church last evening. Mrs. John Thompson, president of the Women's Missionary Society, was in the chair. Judge Forbes gave a sketch of his trip to Trinidad, where he spent the winter.

About fifty members of the Epworth League of Queen Square Methodist church, accompanied by their pastor, Rev. Hammond Johnson, visited the Boys' Industrial Home last evening and gave a most delightful treat, greatly enjoyed by the boys and staff.

Following a conference between C. B. Brown, chief engineer for the Canadian Government Railways and William Murdoch, city engineer, yesterday, Mr. Brown stated that the government will raise the track section where it crosses Prince William street and enters what is more commonly known as Water street.

A pleasant evening was spent at the home of Mrs. George Carleton, West St. John, last evening in honor of her son, Private Albert Carleton, of the Canadian Engineers, who is to leave for Ottawa to train for the motor cycle corps. A wistful watch was presented to Private Carleton.

BAD COLD? TAKE "CASCARETS" FOR BOWELS TONIGHT

They're Fine! - Live Your Liver and Bowels and Clear Your Head

No Headache, Sour Stomach, Bad Cold or Constipation By Morning

Get a 10-cent box. Colds—whether in the head or any part of the body—are quickly overcome by urging the liver to action and keeping the bowels free of poison. Take Cascarets tonight and you will wake up with a clear head and your cold will be gone. Cascarets work while you sleep; they cleanse and regulate the stomach, remove the sour, undigested food and foul gases; take the excess bile from the liver and carry off the constipated waste matter and poison from the bowels.

Remember the quickest way to get rid of colds is one or two Cascarets at night to cleanse the system. Get a 10-cent box at any drug store. Don't forget the children. They relish this Candy Cathartic and it is often all that is needed to drive a cold from their little systems.

FIRST AID!

In case of severe toothache, rush your patient to one of our offices where instant relief may be obtained.

We do work painlessly and well.

Boston Dental Parlors
HEAD OFFICE: 627 Main Street Phone 682
BRANCH OFFICE: 36 Charlotte Street Phone 38
Dr. J. D. Maher - Proprietor
Open 9 a. m. Until 9 p. m.

THE TONIC YOU NEED NOW

VINOL, \$1.00 Per Bottle

GUARANTEED AND SOLD BY

WASSONS CUT-RATE MAIN ST
Goods Delivered

"FOR HOUSE CLEANING"
Women's Cambric Aprons, mid. and overall size... Priced 25c, 50c and 60c each
Women's Cambric and Gingham House Dresses... At \$1.00, \$1.25 and \$1.35 each
Out-sizes... \$1.45 each

245 Waterloo Street, Corner Brindley Street. **CARLETON'S**
Store Open Until 6 p.m.

THE GREAT DIVIDE

The woman in the prime of life need not dread to meet the loss of her youth when growing elderly. While some charms diminish, others should replace them—charms of experience, cultivation, wisdom. The great physical changes that come between the fortieth and fiftieth year are indeed serious, and are not always well borne. In the strain of modern life, few women are in condition to meet these changes without some apprehension of deranged health. But with the excellent help of Lydia E. Pinkham's Vegetable Compound, that old, trustworthy woman's medicine, a woman may confidently expect to enter later life as well and robust as ever.

James Durnan.
Erin, N. B., April 21—The death of James Durnan, an aged resident of this place, occurred at his home here on Monday afternoon, April 16, after an illness of eleven days, at the age of seventy-eight years and five months. He came to New Brunswick with his parents from the north of Ireland when very young. He is survived by his wife, one son and one daughter, both residing at home; also by eight grand children and one great grand child.

Monday Brought Seven Recruits

Total for Province Last Week Was Eighty-two—Dr. Robertson Joins Dental Corps.

Seven recruits were secured in the city yesterday. They were: James Brown, Scotland, No. 8 Field Ambulance; A. M. Smith, Keswick, York Co.; Clarence McIntyre, Chatham, No. 9 Siege Battery; H. W. Morgan, Campbellton; F. D. Daigle, Kent County, Composite Battery; J. Burnett, Halifax; H. Thomas, St. John, 280th Killites.

Dr. Robertson.
Dr. Fry Robertson, well known in the city, has accepted a commission in the Canadian Army Dental Corps with the rank of captain. He will start his military career today and expects to go overseas within the next two or three weeks.

Dr. Robertson is very popular about the city, and for some years practiced dentistry in the city. Although recently he has not been engaged in dentistry.

Bantams' Office Closed
Sergeant P. J. O'Rourke, who has been recruiting for the 216th Bantams, has closed his office here. He succeeded in getting forty-nine recruits from St. John and more than 100 from the maritime provinces. He leaves today to join his battalion.

Have Your FORD CARS Repaired at CARSON'S GARAGE

63 Elm Street
Phone Main 3085
E. O. A.

An Early Rise:
First Father—Children are the sunshine of our lives.
Second Father—Quite true; and sunrise for me is about 3 a.m.

MOVING TIME IS HERE

If to you May 1st means moving, a NEW HOME, and of course, NEW FURNITURE, Carpet Squares and Floorcloths to go with it, you cannot help being interested in our beautiful stock we have on our floors. We can furnish your home complete. Come in and look at our magnificent stock. No trouble to show goods.

Amland Bros., Limited

19 WATERLOO STREET

LOCAL NEWS

Removal sale; military bargains. Mrs. Brown, 49 King square. 4-27.

Men's boots in heavier grades for work and every day wear. Let us show you our lines. We undersell others. Ideal Shoe Store, 108 Union street, W. E. 4-25.

Help your chums at the front by joining No. 8 Field Ambulance Depot for overseas. They expect you. 4-30.

MILLINERY AT AMOUR'S, W. E. 259-60 King street, West St. John. 4-26

ARRIVED SAFELY
New line of spring footwear, the kind that makes you feel well dressed, for men, women and children.—Ideal Shoe Store, 108 Union street, W. E. 4-25

OUR MILLINERY DEPARTMENT at Amour's, West End; very attractive hats now at very low prices. 4-26

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SPECIALTIES IN LADIES AND MEN'S RAINCOATS

Why not open an account with us. We have the latest in Raincoats in Tweeds, Poplins and Paramatts. We also carry a complete line in Ladies' and Gentlemen's Suits and Coats, which we sell for cash or on \$1.00 A WEEK SYSTEM.

THE PEOPLE'S CASH AND CREDIT CO.
555 Main St. Phone 2909.
Store Open Evenings 4-28.

SPECIALS at Robertson's

98 lb. bag Royal Household... \$6.70
24 lb. bag Royal Household... \$1.60
98 lb. bag Ontario Flour... \$5.50
24 lb. bag Ontario Flour... \$1.40
15 lb. Fine Granulated Sugar... \$1.00
\$0.50 per 100 lb. bag

10 lb. bag Lantic Sugar... 90c
1 lb. block Pure Lard... 25c
1 lb. block Shortening... 24c
Chocolata... 25c tin
Large tin Baked Beans... 15c
2 lbs. Prunes... 25c
3 pkgs. Cornflakes... 25c
4 lbs. Rice... 25c
4 lbs. Western Grey Buckwheat... 25c
3 tins Lowrey's Cocoa... 25c
3 pkgs. Lux or Old Dutch... 25c
6 pkgs. Soap Powder... 25c

You Can Tell the People Who Have Iron in Their Blood—Strong, Healthy, Vigorous Folks

Doctor Says Ordinary Nuxated Iron Will Make Nervous Run-down People 100 Per Cent. Stronger in Two Weeks' Time in Many Cases.

New York, N. Y.—"One glance is enough to tell which people have iron in their blood," said Dr. E. Sauer, a Boston physician who has studied in great European medical institutions in a recent discourse. They are the ones that do and dare. The others are in the weakling class. Sleepless nights spent worrying over supposed ailments, constant dosing with habit forming drugs and narcotics for nervous weakness, stomach, liver or kidney disease and useless attempts to brace up with strong coffee or other stimulants are what keep them suffering and vainly longing to be strong. Their real trouble is lack of iron in the blood. Without iron the blood has no power to change food into living tissue and therefore, nothing you eat does you any good; you don't get the strength out of it as well as for nervous run-down conditions. The manufacturers have such great confidence in Nuxated Iron that they offer to forfeit \$100.00 to any charitable institution if they cannot take any man or woman under 60 who lacks iron and increase their strength 100 per cent or over in four weeks' time provided they have no serious organic trouble. They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed in this city by Wasson's Drug Store and all other druggists.



The Call To Arms For Home Defence

To provide adequately for home defence and release, as reinforcements for the victors of Vimy Ridge, the Overseas units held here, men are still needed.

Canadian Home Defence Force

Enlistment in the Canadian Defence Force is for one year—or for the period of the war and six months after if required. Clothing, equipment and rations provided as in the C. E. F. Pay the same as that for Militia on active service, with separation allowance for married men.

The call is for men between 18 and 45, physically fit and keen to serve.

For full particulars enquire at Armories of the Regiments listed below.

MEN STILL REQUIRED FOR OVERSEAS IN THE CANADIAN EXPEDITIONARY FORCES.

More men are required for reinforcements at the front. Those who desire to volunteer for Overseas Service may enlist through one of the regiments ordered to mobilize for Home Defence.

Military District No. 6,—Headquarters, Halifax, N. S.
Halifax, 63rd Regiment (Halifax Rifles) St. John, N. B., 62nd Regiment (St. John Fusiliers)
66th Regiment (Princess Louise Fusiliers)

E. Roy Robertson

599 Main St.
Phone 2577.

Kirkpatrick & Cowan

CASH SPECIALS
22 King Square
(Next Imperial Theatre)
PHONE M. 3158

FLOUR

Better Buy Now Before Further Advances Are Added.

Ivory, Manitoba—98 lb. bag... \$6.70
Royal Household—98 lb. bag... \$6.70
Also Five Roses and Purity at Lowest Prices.

CANNED GOODS
Tomatoes (large can)... 18c
Corn... 13c
Peas... 11c
Good Salmon... 16c, 2 cans 30c
Mayflower Salmon... 22c, 2 cans 40c
Baked Beans (large cans)... 19c
Baked Beans (small cans)... 9c

A Simple Way To Remove Dandruff

There is one sure way that has never failed to remove dandruff at once, and that is to dissolve it, then you destroy it entirely. To do this, just get about four ounces of plain, common liquid arsen from any drug store (this is all you will need), apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the finger tips. By morning, most if not all, of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it, no matter how much dandruff you may have.

You will find all itching and digging of the scalp will stop instantly, and your hair will be fluffy, lustrous, glossy, silky and soft, and look and feel a hundred times better.

DEATH ACCIDENTAL

After hearing the evidence of several witnesses, the jury summoned to enquire into the circumstances surrounding the death of Thomas Riley, who was killed Friday afternoon, brought in a verdict last night to the effect that the death of Mr. Riley was accidental and they also recommended that certain changes be made with a view to the prevention of similar accidents in the future.

Dr. F. L. Kenney, coroner, presided and the jury was composed of the following citizens: N. S. Springer, foreman; Arthur Bradley, Wm. McCluskey, Archibald Trearant, Silas Wright, Wm. E. Mollins and John DeAngelis.

Evidence was given by Dr. Leatherbarrow, who had attended Mr. Riley at the hospital, Dr. Dunlap, who had made the post mortem and who said the death had resulted from a fractured skull, and Roy Crawford, Andrew O'Brien and Policeman Ward, who had witnessed the accident, and each of whom said that, in his opinion, it was purely accidental. Alex. Long, who was driving the team which knocked Mr. Riley down, made a statement similar to that which he had made previously. The finding of the jury was as follows: "We the jury empaneled to inquire into the death of Thomas Riley, find that the deceased came to his death at the city hospital on Friday, April 20, 1917, about 4 p.m.

"We find that his death was caused

GOOD NATIVE BEEF

Steak... From 20c. per lb.
Roasts... From 16c. per lb.
Stewing... From 14c. per lb.
Corned... From 14c. per lb.

VEAL

Fore-quarters... 12c. per lb.
Hind-quarters... 15c. per lb.
Roasts from... 12c. per lb.
Chops... 18c. per lb.

PORK

Roasts... 26c. per lb.
Chops... 28c. per lb.

LILLEY & CO.

695 Main St. Telephone M. 2745
Store Open Every Evening

Influenza or La Grippe

It is quite refreshing these days to read of a case of influenza or La Grippe. In an article in the "Lancet" Dr. James Bell of New York City says he is convinced that too much medicine is not only unnecessary and injurious, but also dangerous. For the high fever, severe headache, pain and general soreness, one of the best remedies is Aspirin. It is usually given when the fever is acute, as the chill which occasionally heralds the disease, has practically passed away. Dr. Bell then orders that the pills be opened freely with salts, or citrate of magnesia. For the high fever, severe headache, pain and general soreness, one of the best remedies is Aspirin. It is usually given when the fever is acute, as the chill which occasionally heralds the disease, has practically passed away. Dr. Bell then orders that the pills be opened freely with salts, or citrate of magnesia.

THE 2 BARKERS LIMITED

100 Princess — 111 Brassy
Goods Delivered to All Parts of City, Carleton and Fairville

Fancy California Navel Oranges, 25c, 30c, 40c. doz.
Choice California Lemons... 25c. doz.
Grapefruit... 3 for 25c.
New Flower or Vegetable Seeds... 4c. pkgs. 7 for 25c.
Shelled Almonds... Only 45c. lb.
Flour Less Than Wholesale Price.
Shelled Walnuts... 45c. lb.
Cornflakes... 4 for 33c.
Large pkgs. Quaker Oats... 22c.
Western Grey Buckwheat, 7c. lb.
Rice... 4 lbs. for 25c.
Chow or Mixed Pickles... 12c. bot.
Tomatoes... 18c. can, \$2.00 doz.
Corn... 13c. can, \$1.50 doz.
Peas... 11c. can, \$1.30 doz.
Wax Beans... 12c. can, \$1.40 doz.

Yerxa Grocery Co.

443 MAIN ST. Phone Main 2915