

FOR THE TRUE WITNESS. THE SEVEN SAINTS OF THE SERVITE ORDER. BY JAS. T. NOONAN.

To lovely Florence, peaceful still, The tide of life washed on. Where towers and pointed minarets In hues of gold and blue. Then dawned the morning bright. With fervor and devotion. Germanic legends measuring Italian Christmas mids.

A thousand hills at once were bread, A thousand towers rose, A thousand hearts were crucified to dust By fierce Tiberio's foe.

When lo! a vision beautiful, Resplendent as a star, Appeared before this constant band Like beacon from afar.

My children, she sweetly said, I'll shelter and defend. If you for me "Seven Dolores" spread Your services for Britain's shore.

Ah noble promise well pursued, And purpose well fulfilled! How many souls have thus been saved By principles instilled.

Brookville, Ont., Jan. 11th, 1889.

For and About Women.

IRELAND'S PRETTY GIRLS.

A correspondent says that only the American girls surpass the Irish ladies in beauty. Though their features are generally irregular, they lead the English women in soft, creamy complexions, their large appealing, gray-blue eyes and long lashes and sort of indefinable charm and demure coquetry, yet thoroughly.

CARE OF THE HANDS.

One who has suffered from chapped hands says:—With care the hands may be kept smooth, even by those who handle the dishcloth. For cleansing the hands use oatmeal instead of soap, or a little ammonia or borax in the water they are washed in.

AN IMPOSING LOOKING NURSE.

One of the striking figures to be seen every pleasant afternoon in a room on the corner says the Washington Post is the foreign nurse of the name of Mrs. Gordon McKay's little tot of a daughter.

THE PRINCESS OF WALES.

The Princess of Wales is forty-four years old, but in the soft light of an opera box or when dressed in full court dress (a bolus which she wears with infinite grace) she does not look a day over thirty.

THE POOR MAN'S WIFE.

It is for the woman whose husband works hard to earn money that I propose this special and superior education to enable her to spare and spend his money as well and wisely as he earns it. It is most necessary for the poor man's wife to know the value of money and the nature of money's worth.

WOMEN WHO SHAVE.

"Did you ever shave a woman?" was the queer question put to a barber by a customer who was being shaved. "Many a one," said the barber, who went on to tell of his experiences in the business.

WHAT MAKES A GOOD NURSE.

The instinct of self-preservation—one may well call it by a high sounding name—makes a perfect vampire of a sick man. It is not all to the possible husband that she should make up the deficiency by complexion tablets, etc.

CORSET PRESSURE.

Conclusions with respect to a few of the most palpable changes brought about by corset pressure have been tabulated by the American Analyst as follows:— 1. The maximum pressure as any one point varies from 62 to 82 pounds.

IDLEWORK FOR WOMEN.

Book cover embroidery is coming into vogue again as a pastime for women. Good Zettie keeps saying:—In olden times it was nun's work, but many fine examples of it, some of the most famous, are preserved in the British and other museums.

GOOD ADVICE.

Never be above your calling, or be afraid to appear dressed in accordance with the business you are performing. St. Vincent de Paul at the beginning of all his actions, used these words, "My God, I will now do this because I believe it to be pleasing to Thee."

A VALUABLE DISCOVERY.

F. P. Tanner, of Neelburg, Ont., says he has not only found B.B.B. a sure cure for Dyspepsia, but he also found it to be the best medicine for regulating and invigorating the system that has ever taken. B.B.B. is the great system regulator.

CASTORIA for Infants and Children. Castoria is so well adapted to children that I recommend it as superior to any prescription known to me. H. A. Adams, M.D., 111 So. Oxford St., Brooklyn, N. Y.

Castoria cures Colic, Constipation, Sour Stomach, Diarrhoea, Eructation, Kills Worms, gives sleep, and promotes digestion. Without injurious medication. THE CENTAUR COMPANY, 77 Murray Street, N. Y.

DECEPTIONS OF WOMEN.

"The Duchess" Tells of Some Modern Evils of the Toilet. "LOVELINESS unadorned," says an old writer, "is adorned the most." But is it? Is there a staid living who will refuse to confess that Venus delovelyly clothed in purple and fine linen is preferable to Venus in a dowdy gown?

But the question is how far a woman may go in the beautifying of her person, and what are the legitimate means she may use to render herself attractive in the eyes of men? It has been said that women dress to please each other. To amuse each other and to please men would have been nearer the truth.

Handsome girls, beautiful women! My heart falls me as I think of those other, the very many whom nature has left out in the cold while dispensing her best, most splendid gifts. The ugly ones! The plain girls and women who, banking after the good things bestowed upon their fairer sisters; filled with a desire to be as they are, reach out their hands toward the human aids that are on all sides offered them.

Beauty is truth, truth beauty—that is all ye know on earth, and all ye need to know." sings one of the sweetest of dead poets, and I leave it to all women on whom the sun shines, to it a truthful thing to pretend you are lovelier than you really are, and is beauty fraudulently obtained worth the acceptance of any man? To your own consciences I leave it.

And, besides, remember this, that beauty, even the most real, is not everything. Other graces are to be desired. What says Carew, that sweet old poet?

"But a smooth and steadfast mind, Gentle thoughts and calm desires, Hearts with equal love combined, Kindly never-dying fires, Where these are not, I despise Lovely cheeks or lips or eyes."

And as to that foolish borrowing from sources whose names we should be ashamed to speak of, why, there is another old poet, Herrick, a contemporary of Carew, who has a word or two to say to you about that.

"A sweet disorder in the dress Kindles in clothes a wantonness; A shawl about the shoulders thrown Into a fine distraction."

"A careless slow-string, in whose vie I see a wild civility, Do more bewitch me, than when art Is too precise in every part!"

THE DUCHESS

FASHION'S MIRROR.

Spanish flosses are coming in again. A glass top fruit dish is mounted with silver in Louis XV. style.

Old-fashioned shovels of oxidized silver are used as shoe horns. White cloth is a great deal worn in dresses by young girls.

A shepherd's crook of Roman gold makes a very handsome hat pin. Muffs made of feathers are flat and square with a bow for ornament.

Mail pouches are reproduced in oxidized silver and used as stamp boxes. Cuff buttons of burnished gold have one-half ornamented with chased flowers.

Rose pink, coral and lettuce green will be carried over in the spring shades. Low-necked waists are either round or pointed, and are not extremely low.

Velvet evening dresses are to be worn in greater numbers than for some years past. Silver embroidery on lace and in white faille rivals the gold trimming so long in fashion.

Bracelets of twisted rope patterns are pinned prominently with enamelled pendants. Gold and silver stars, galaxies and pins are handsomely used on expensive dress bonnets.

THINGS TO THINK OF.

If we would but think! Well, this is just what the mind is for—to think! God gave us this power that we might use it for salvation. This is some few who think of salvation only in some days—that is, on the Sabbath. Is this enough? It is to give six days earnest, faithful work to the world and this short life, and put off God and eternity until one day in the week? We should think of God always.

OTHER THINGS TO THINK OF. My friend, it is a pleasant heart-lighting thought to know on your dying-bed that you did not wait until the last moment to "draw nigh to God."

FOR CHILDREN TO THINK OF. A mother's love! Look into those dear eyes, listen to that loved voice, notice the feeling of even a single touch of that gentle hand!

Old faces pass before us every hour, yet how few stop to look a second time at an old faded face? We meet them on every side. They abound on the streets and in the churches—wrinkled, faded faces, that have once been young and many of them beautiful.

THE FIRST THOUGHT. When we have thought of these things the heart becomes more tender, and our sympathies grow broader toward our fellow-men, and we commend them to the care of the Father who is in heaven, and we ask Him to supply them with His grace to the measure of their needs; and as the gentle and tender emotions flow in waves across the soul we say, as we reverently bend the head: "Blessed be God, the Father of all."

THE RESIDENCE OF THE POPE.

The Vatican at Rome is a collection of buildings, erected at various times and for various purposes, consisting of a papal residence, a library and a museum. The first residence of the Pope was erected by St. Symmachus, between 498 and 514.

Thousands of men and women have cured it, thousands of orphans, and culprits, and criminals, and convicts have cured it; writers and statesmen have cured it; and the great prelates and cardinals and archbishops and bishops and abbots and monks and nuns and laymen and laywomen have cured it; God Almighty in His written and traditional words seems to have cured it. Its vendors, votaries, gourdmen, gains and gainers seem to be accursed.

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FIFTEEN POUNDS GAINED IN THREE WEEKS, AND CURED OF CONSUMPTION.

Messrs. Craddock & Co., Gentlemen:—Please send me twelve bottles of Dr. H. JAMES' OXGENATED, one each of Pills and Ointment, for a friend of mine who is not expected to live; and your medicines cured me of CONSUMPTION; some three years ago, I want him to try them. I gained fifteen pounds in taking the first bottle, and I know it is just the thing for him. Respectfully, J. V. HULL.

Lawrenceburg, Anderson Co., Ky. \$2.50 per bottle or three bottles for \$6.00. Pills and Ointment \$1.25 each. CRADDOCK & CO., Proprietors, 1089 Race St. Philadelphia, Pa.

Why is the North Pole like an illot whiskey manufactory? It is a great still.

ON THE VERGE OF STARVATION. "For three months I could not eat a full meal or do a day's work." I bought a bottle of Barck's Blood Bitters, began using it, and in three days my appetite returned. In a week I felt like a new man. It was wonderful what one bottle did for me. I was cured of Arthur's "All-India," "Santitas," "Mintaka," and "Santitas" from dyspepsia.

Teeth pulled while you wait! In the announcement made by a dentist.

TO GET RID OF INDIGESTION, biliousness, constipation or torpid liver without disturbing the stomach or purging the bowels, take a few doses of Carter's Little Liver Pills, they will please you.

Most of the people who come to wait by the way, do not want to come.

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