

# Nervous Debility

Careful study and experience have taught us that cases of extreme nervousness will, in the course of time, wear out the strongest constitution. You start if anyone suddenly enters the room, or if a door slams. The slightest indiscretion in eating causes intense suffering. You imagine that your friends are all leaving you. Your hand trembles, your eyes waver, and you are afraid to be alone. At night when you go to your couch it is with a silent prayer for blessed sleep which will not come until exhausted nature gives way, and then you doze only to awaken violently from a horrible dream, and with quivering lips and shaking hand seek relief in some poisonous narcotic which eats up your strength, your happiness, your very life. Why suffer thus and cause your family and friends to mourn for you? This is no exaggerated statement, and you, like hundreds of others, are in a similar condition more or less severe.

**WE KNOW YOUR CASE.**

**NO SLEEP.  
NO APPETITE.  
NO HAPPINESS.  
NO VITALITY.  
NO STRENGTH.**

**WE KNOW THE CURE.**

**JAMES BOYD**, Hamilton, Ont., makes *sworn statement* before a Notary Public, August, 1896, as follows:—"For over five years I had Dyspeptic Indigestion. I suffered greatly, and life was a burden. Ryckman's Kootenay Cure cured me, and I was so pleased with its action I prevailed upon my wife to try it. Her system was completely racked, and she lived in constant dread. She had *nervous prostration*. Kootenay Cure cured her."

**JAMES MOONEY**, 530 St. Antoine Street, Montreal, Que.:—"I had Dyspepsia to such an extent that I could not eat solid food, and take neither tea nor coffee. My *nerves* were so affected that I often walked the floor half the night in pain and suffering. Kootenay Cure entirely cured me, and words cannot express my appreciation of the medicine."

Foolish Mortals are those who delay after such positive evidence. Get Relief and Comfort to-day, this hour and forever by using the great Canadian stand-by,

## RYCKMAN'S KOOTENAY CURE

If your druggist does not handle this medicine or offers you something just as good, do not be despondent or deceived, but send direct to our laboratory and we will send you one bottle of the Medicine for \$1.00. Should you wish a larger amount, 6 bottles will be furnished for \$5.00.

Chart book free on application to

**The S. S. RYCKMAN MEDICINE CO., Limited,**

**HAMILTON, ONT.**