

Church, Life and Work, and Y People's Societies were read and ordered to be transmitted to the Synod. The remit on Sabbath schools was considered, when it was resolved that the presbytery approve of the publication of an independent series of Sabbath School Helps, under the Assembly's Sabbath School committee, and of the appointment of an editor. An amendment to add, "provided that the expense to be paid from church funds, shall not exceed the amount now granted to the committee," was lost by a vote of 9 to 7.

JOHN LAING, Clerk.

THE PLEASURES OF HOPE.

"There's music in the sighing of a reed; there's music in the pushing of a rill; there's music in all things, if men had ears. There's music in insurance when you're ill. And it is essential that you should take it when well."

"A rose-colored world is certainly pleasant, free from gloom and suggestive of the beautiful alone. Why cannot every man possess such surroundings? It is lack of appreciation and a surplus of envy that breeds much misery. Brace up. Insure your life. That will put a different tint in your eye if you are not color-blind."

"They say that a bumble bee is biggest when first born. We think a man feels biggest when first insured."

The North American Life Assurance Company, under its decidedly attractive system of investment insurance, known as the Compound Investment Plan, offers the greatest number of legitimate advantages obtainable under one form of contract.

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NEW COMMUNION SERVICE

With Individual Cups.

Rev. Dr. Ryan's Method is Adopted on Health Grounds by the Leading Churches in America—Satisfactory Trial in Canada.

In the Dunn avenue Methodist church in Toronto last Sunday communion service was held, and the manner of administering the sacrament was the subject of much favourable comment. A new communion service was used, one never before used in Canada. It is an individual communion set, designed by Rev. Dr. Ryan. A series of tables were ranged inside the communion rail, and the communicants, advancing to the tables, partook simultaneously of the bread and wine, each using his own communion cup. The method was designed for large churches and congregations. Each table was provided with glass receptacles for the broken bread and a cup for each individual communicant.

The preparations had been made before the congregation assembled. Rev. Mr. Rankin, the pastor, administered the service, and in less than half an hour 300 communicants partook of the sacrament.

The introduction of the new communion service is a direct outcome of the demand for the adoption of a method founded on the true principles of hygiene. Not a single adverse comment was heard.

The New York Board of Health in January officially declared tuberculosis an infectious and communicable disease, and enjoined physicians to report all cases to the authorities immediately after their diagnosis. Indeed, some cases will be isolated. It is the danger of this and like "catching" diseases that the individual cup service is designed to meet.

A report of the above sacrament appeared in The Telegram on Monday. Many enquiries have been made by church officers and others in the city as to where these cups may be seen and purchased. For the enquirers the information is given.

The LePage Door Chock Manufacturing Company, 25 Cunningham avenue, Parkdale, have the patent right to sell and manufacture them in Canada, and they will no doubt be pleased to supply illustrated circulars, descriptions and all other information to enquirers.

All who have seen them agree that this is a step in the right direction. In consulting one's own feelings and the opinion of delicate ladies when partaking of this sacred rite—in all having to drink from one cup—to say nothing of the extreme danger from contagious diseases, one cannot speak too highly of this improvement.

Reports have appeared from time to time in the American papers of the propriety and safety of the individual cup service. These are some of the reports from authoritative sources:—

R. H. Beale, of the First Baptist Church, Northville, Mich., says:—The argument that the novelty would detract from the sanctity of the ordinance is, I believe wholly without foundation. I take the ground that "cleanliness is next to godliness," and that the same courtesy which we would observe in our homes should obtain at the Lord's table."

Bishop Vincent, Bishop Warren, Bishop Newman, Dr D. H. Moore, Dr C. H. Payne, and others, speak very highly about Individual Cups. These are extracts from their expressed opinion:—

Bishop John H. Vincent, while attending the Ohio Conference of the Methodist Church, said: "I was fully satisfied of the wisdom and beauty of the new 'Simultaneous Method.' The silence, the subdued and subduing music of the organ, the impressive utterance of each formula, the expedition and ease of the whole service, removed from me every vestige of doubt and hesitation. I heartily commend the Simultaneous Method."

"It was very beautiful and in no sense robbed of its sanctity and solemnity. The objections held to the new form were swept away in witnessing its practical workings. The service proved most simple and impressive, and required but a fraction of the time required in the old form, and but one administrator was necessary."

"But little prejudice can remain in the mind of any one who reasonably observes its use. I hope to see the tables and cups speedily introduced in all our churches, as the new method economizes time, contributes to cleanliness, gives added interest, and includes the real idea of the eucharistic feast."

The Queen St. and Carlton St. Methodist churches have used the delivery system and expressed themselves highly pleased with it.—Toronto Evening Telegram, March 20th.

There is one point in favor of buying "SALADA" Ceylon Tea, and that is, that it is not one thing to-day, and another to-morrow; the quality is always of a uniform standard of excellence, never disappointing the most critical tester. This is the whole secret of it success.

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RAILWAY RATES:

For Horses, single fare; for Passengers, single fare and a fare and a third.

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