

BAD LIVER AND JAUNDICE.



Was troubled for years with bad liver, and became yellow with jaundice. Heard about

ST. LEON MINERAL WATER.

Went to springs and got entirely well. That is four years ago. Have used the water ever since, and have the finest health I could desire. Never enjoyed life more. Also my skin has regained its natural colour.

MRS. JOHN MASSI,
Boxton Falls.

THE ST. LEON MINERAL WATER Co. (Limited).
— HEAD OFFICE —
101 1/2 KING STREET WEST, TORONTO.
Branch Office at Tidy's Flower Depot, 164 Yonge Street.

THE INTERNATIONAL BUSINESS COLLEGE

Cornes College Street and Brunswick Avenue, Toronto.
I do not say my College is "Better than the Best," the "Leading" or most "Reliable," but I say the oldest and most experienced Business School Teacher in the Dominion, and for twenty-three years was at the head of the "Grove's National Business College," in Ottawa, the largest Business School in Eastern Ontario. I advertise very little. I give my personal attention to each student, and make his interest my own. A word to the wise is sufficient. Address
J. M. MURPHY, Proprietor.



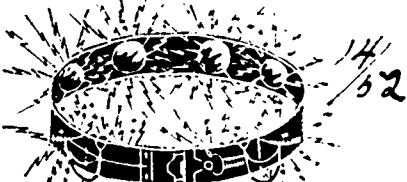
OF IMPORTANCE TO YOU.

We request all those seeking medical relief to write us confidentially and learn for themselves of what

THE GREAT MODERN REMEDY can do for them. To heal the sick we must destroy the cause: to do this the remedy must be an Anti-Septic, and destroy the living disease germs in the blood by actually coming in contact with them. Any other method of cure is a humbug. No Electricity. "Health without Medicine" (which contains nothing but the advice to use hot water enemas) or other remedies with anti-septic qualities will do this. "The reader should do his own thinking and careful investigating, and not let others do it for him, else they will soon profit by his ignorance."

WM. RADAM MICROBE KILLER COMPANY, Ltd
100 KING ST. W., TORONTO, ONT.
Please mention this paper.

The Dorenwend Electric Belt and Attachments



RELIEVE AND CURE ALL DISEASES WITHOUT MEDICINE.

Indigestion, Liver and Kidney Complaints, Rheumatism, Neuralgia, Lumbago, Gout, Spinal Disease, Nervous Prostration, Sleeplessness, Heart Troubles, Impotence, Seminal Weakness, and Disorders of the Nervous and Muscular Systems. **Dorenwend's Appliances** are the very latest in Electro-Medical Discoveries. The current is under the control of the user, and can be made weak or strong. Every part is adjustable. The Belt will cure all diseases curable by electricity. They are endorsed by recognized authorities.

Expert electrical and medical examination invited. No other belt will stand this. Send for book on Electro-medical Treatments. The Dorenwend Electric Belt and Attachment Co., 103 Yonge Street, Toronto. Mention this paper.

C. H. DORENWEND, Electrician.



Cures BAD BLOOD.

Cures BAD BLOOD.

Cures BAD BLOOD.

PURIFIES THE BLOOD.

Bad Blood may arise from wrong action of the Stomach, Liver, Kidneys and Bowels. B. B. B., by regulating and toning these organs, removes the cause and makes new rich blood, removing all blood diseases from a pimple to a scrofulous sore.

THE GREAT ENGLISH REMEDY OF PURELY VEGETABLE INGREDIENTS AND WITHOUT MERCURY, USED BY THE ENGLISH PEOPLE FOR OVER 140 YEARS. IS

Cockle's Pills
COMPOUND ANTIBILIOUS

These Pills consist of a careful and peculiar admixture of the best and mildest vegetable aperients and the pure extract of Flowers of Chamomile. They will be found a most efficacious remedy for derangements of the digestive organs, and for obstructions and torpid action of the liver and bowels, which produce indigestion and the several varieties of bilious and liver complaints. Sold by all chemists.

WHOLESALE AGENTS:

EVANS & SONS, LIMITED,
MONTREAL.

How a man with no surplus of estate, but still enough money to pay the premium on a life insurance policy can refuse to do it, and then look his children in the face and say his prayers at night on going to bed, expecting them to be answered, is a mystery to me that I have never yet been able to fathom.—TALMAK.

NORTH AMERICAN LIFE ASSURANCE CO.

INCORPORATED BY SPECIAL ACT OF DOMINION PARLIAMENT.

HEAD OFFICE TORONTO, ONT.

A Prosperous Canadian Institution, which has made the Greatest Progress of any Home Company during the same period of its history.

President—HON. ALEXANDER MACKENZIE, M.P., ex-Prime Minister of Canada.
Vice-Presidents—JOHN L. BLAIRIE, ESQ., HON. G. W. ALLAN.

POLICIES FREE FROM ONEROUS CONDITIONS, AND INCONTESTABLE AFTER THREE YEARS
Issues all Approved Forms of Life Policies and Annuities.

The Compound Investment Plan

Combines all the advantages of Insurance and Investment, and under it the Company guarantees after the policy has existed ten years, if the insured so desires, to loan to him the annual premiums as they mature, thus enabling him to continue the policy in force to the end of the investment period. Should death occur after the tenth year the full face of the policy will be paid, and loan (if any) cancelled.

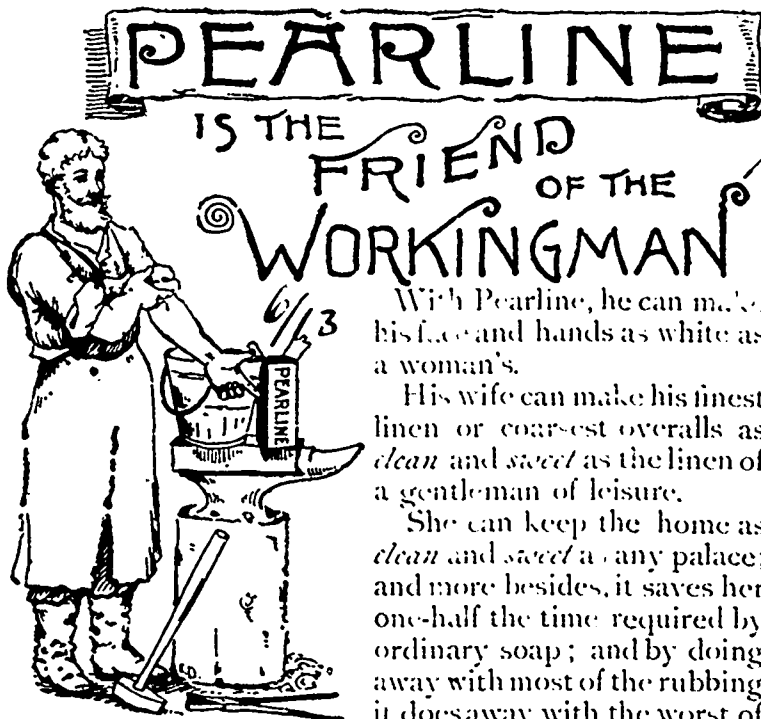
The 7 Per Cent. Guaranteed Income Bond

Provides that at the end of a stated period the insured can draw out his cash surplus, have a paid-up policy for the full amount of the Bond and in addition draw an annual income of 7 per cent. on the face of the BOND so long as he lives.

For Agencies, Territory, etc., apply to

WILLIAM McCABE, Managing Director.

No thought of being insured will lighten and brighten your daily labour. You will sleep the sweeter for it. When your children gather around you you will reflect that you have done something for them from the purest and best of motives.—PRUDENTIAL.



With Pearl Line, he can make his face and hands as white as a woman's.

His wife can make his finest linen or coarsest overalls as clean and sweet as the linen of a gentleman of leisure.

She can keep the home as clean and sweet as any palace; and more besides, it saves her one-half the time required by ordinary soap; and by doing away with most of the rubbing it does away with the worst of

the wear and tear on the woman, the clothes—in fact Pearl Line makes a paying saving all around; it's economical no matter how you look at it.

Beware

Peddlers and some unscrupulous grocers are offering imitations which they claim to be Pearl Line, or "the same as Pearl Line." IT'S FALSE—they are not, and besides are dangerous. JAMES PYLE, New York.



CONSUMPTION SURELY CURED

TO THE EDITOR:—Please inform your readers that I have a positive remedy for the above named disease. By its timely use thousands of hopeless cases have been permanently cured. I shall be glad to send two bottles of my remedy FREE to any of your readers who have consumption if they will send me their Express and Post Office Address. Respectfully, T. A. BLOOM, M.D., 108 West Adelaide St., TORONTO, ONTARIO.

HOUSEHOLD HINTS.

MOST excellent waffles are made by using Cleveland's Superior Baking Powder.

APPLE FLOAT.—Beat the whites of three eggs to a stiff froth and add four large spoonfuls of sugar, a pint of stewed and sifted tart apple sauce, then beat with an egg-beater until it will stand up. Make a steamed custard and put in a deep dish and pour the apple over it.

CRANBERRY JELLY.—One and one-half pounds berries, one pint water. Boil fifteen minutes; strain through jelly bag or coarse cloth; cook the juice fifteen minutes; add as much sugar as you have juice, and boil again fifteen minutes, and turn into forms or jelly cups; dip forms in cold water to prevent sticking.

COFFEE CAKE.—One cup sugar, one cup melted butter, one cup New Orleans molasses, one cup strong coffee, one egg, one teaspoonful baking powder, one teaspoonful ground cloves, one tablespoonful ground cinnamon, one-half pound each of raisins and currants, four cups sifted flour.

TUMBLER CAKE.—Three tumblers of sugar, one tumbler of water; beat these to a froth with the hand, then add one tumbler of sweet milk and five tumblers of flour, three heaping teaspoonfuls baking powder, sifted with the flour, then four beaten eggs and flavour to taste, last of all a tumbler of citron cut fine or chopped.

HOMINY CROQUETTES.—To a cupful of cold boiled hominy add a teaspoonful of melted butter, stir well, then add gradually a cup of milk, stirring and mashing the hominy until it becomes a soft, smooth paste. Then add a teaspoonful of white sugar and a well beaten egg. Roll into oval balls with floured hands, roll in beaten eggs, then in bread crumbs and fry in lard.

BEEF A LA MODE.—Cut gashes in six or eight pounds of round, fill them with salt fat pork cut in bits and with force meat made of bread crumbs and salt fat pork. In a stewpan put a handful of parsley, a bay leaf, a little garlic, a sprig of thyme, two onions with a few cloves stuck in them, half a carrot, half a pound of fat pork cut into little square pieces, cover with a gill of good cider vinegar. Place the beef upon this mixture, cover closely and set over a slow fire in a moderately heated oven and let it cook about four hours. When done stain and thicken the gravy.

THE "Presbyterian Year Book for 1891" is now passing through the press. It will contain a portrait of the Rev. Dr. Laing, Moderator of the General Assembly, illustrations and historical sketches of the Presbyterian Church, Yarmouth, N.S., of the Central Presbyterian Church, Galt, Ont., St. Andrew's Church, New Westminster, B.C., and of St. Andrew's Church, St. John, N.B. A number of papers on timely topics, in addition to the usual mass of information given in such a publication, will appear. Price 25 cents.

OUR NATIONAL FOODS.

Every grocer and general merchant who wishes to make hay while the sun shines should see to it without delay that he has in stock an assortment of "Our National Foods." They are gradually growing in popularity, and storekeepers who have not yet handled them would undoubtedly bring grist to their mills by doing so. Popular as these foods are, there is yet ground waiting for the wide awake business man to cultivate, and he who first breaks the soil will reap the first fruits. The Ireland National Food Co. (Limited) of Toronto are the manufacturers of these invigorating, health-giving and delicious foods, a partial list of which will be found in another column.

Dr. Price's Cream Baking Powder
Used in Millions of Homes—
40 Years the Standard.