

the tissue, repairing and energy-making elements from clean field grains-that contains the Phosphate of Potash which combines, by vital process, with Albumen to repair the gray matter in brain and nerve 'centres-that's

Grape-Nuts

Try a Dish-About four heaping teaspoonfuls with cream, and a little sugar if desired, eaten slowly before retiring, if you're hungry, and note how well you sleep and how fresh you feel in the morning.

There's a Reason

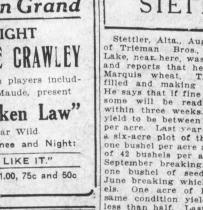
Made by Canadian Postum Cereal Co., Ltd., Pure Food Factories, Windsor, Ont.

"For about three years I had been a great sufferer from indigestion. After trying several kinds of medicine, the doctor would ask me to drop off potatoes, then meat, and so on, but in a few days that craving, gnawing feeling would start up, and I would vomit everything I ate and drank.

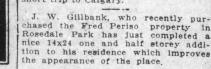
"When I started on Grape-Nuts, vomiting stopped, and the bloating feeling which was so distressing disappeared entirely. "My mother was very much bothered

with diarrhea before commencing the Grape-Nnts, because her stomach was so weak she could not digest her food. Since using Grape-Nuts she is well. and says she don't think she could live without it.

"It is a great brain restorer and nerve builder, for I can sleep as sound and undisturbed after a supper of Grape-Nuts as in the old days when • I could not realize what they meant by a 'bad stomach.' There is no medicine so beneficial to nerves and brain as a good night's sleep, such as you enjoy after eating Grape-Nuts.' Name given by Canadian Postum Co., Windsor, Ont. Read the famous little book, "The



ood was in town Monday and made a lying trip to Lacombe that day. Thos. Usher of Scotland was in town he first of the week and left for a ort trip to Calgary.



4-DAYS and NIGHTS-4 The Sovereign of the stage,

Bernhardt

An All Star Parisian Company in Dumas' Classic "CAMILLE" and The Greatest Comedienne of France REJANE

THEATRE

the Divine

SARAH

In

"SANS-GENE"

ment of a delivery service by the Express Co. It is believed that the vol-ume of business is large enough to warrant such a service. famous Bernhardt pictures. A most pleasant two hours can be spent seeing these wonderful and life-like pic-tures of the "Divine Sarah" in her It is evident that two land registra- | favorite drama Camille

S. G. FREEZE DISTRIBUTORS OF

able for the collision. The capt-

ain of the Helvetia was exonera.

ted.

m-The citizens through the Province. The citizens through the P oronto, Ont., Aug. hare market today wa tile irregularity in pr dvances the offering ased There was, few of the specia e the biggest decl ant. For instance Spanish river broug -4 at the end of] bread and city nger, closing at 3 ively. The fellin general Electric, v The demand for became strong i captain of the Empress was cent sold up to 229. Brazilians were we sured, he being held alone blame. aking. The new stor to 95, Rio declined 149 3-4 to 148 1-2, a

Advance

Stocks

Movement in

west. Sao Paulo

B

We O

My son, a Want Ad is never limited; Sardou's Napoleonic Comedy

a few words, stating your need, reach thousands of readers.

Viking, Alta., Story, G. E. Virden, Mar

Wabamun, Alta., Anderson, W. E.

Wedena, Sask., Ainley, L. T. Wain-wright, Alta., Little J. A.; Watson, W.

Archibald. Wallacetown, Ont., Crane,

J. W. Walkerton, Ont., Sinclair, H. H.

Waterville, Que., Colquhoun, Phillip, Watson, Sask., Mulholland, R. P. Wey-

burn, Sask., Kendrick, M. A. Wilkie Sask., McLure, R. A. Winchester, Ont.

Mallock, Neil. Windsor, N. S., Reid, S. W. Wingham, Ont., Kennedy, J. F

Winnipeg, Man., Bell, Gordon; Black, W.; Blake, M. R.; Brown, G. A.; Chown

Maines, W. N.

H. H.; Coulter, J. E.; Davidson, J. R. Fortin, C. E.; Galloway, H. P. H. Gunn, J. A.; Halpenny, J.; Hughes, Geo O; Lachance, P.; Lehmann, J. E.; Lineham, D. M.; Mitchell, Ross; Montgomery, E. W.; Montgomery, R G. Morrill, W. P.; MacArthur, J. A.; Mac Konzie, C. A.; McKenty, James, Pierce, Smney J. S.; Webster, N. Woolbridge, Ont., McLean, G. D. Yorkton, Sask. Henry, C. N. Young, Sask., Paddell, H. W. Zealandia, Sask., Stewart, J. D. Road to Wellville," in packages