

complishing for others.

question as to what Dr. Chase's

Basing our answer on a know-

ledge of the restorative value of

the ingredients contained in this

food cure, and on the experience

of those who have proven its cur-

ative powers under the most try-

ing conditions, we want to tell

It will make your blood rich

It will nourish the starved

nerve cells back to health and

you that-

and red.

vigor.

Nerve Food will do for you.



Teachers and Pupils Hurt.

(Continued from 3rd page.) pane of glass in the windows were shattered to bits. The furniture crashed over, though the Carleton lifouse is a very long distance from the scene of the disaster. "At first we thought it was a Ger-man air reid and that a homb had "We had just started our class at

man air raid and that a bomb had been dropped on the city or that the city was being shelled. The cause, however, soon became apparent, and the lack of excitement among the pop-ulation was marvellous. People seem ed stunned with the horror of it all. After getting his injuries attended for the wounded.

to Mr. Coleman, with a number o others, started for the scene of the disaster, and when nearly to North Street Station the people were met by the police in autos warning everyone out of the district as it was ex pected that the magazine in the ci-adel would blow up. This fear was soon allayed, however, and the work of rescue was begun. Mr. Coleman, whose brother, Lebar-

on Coleman, was killed at North Street Station, worked all day with the rescue parties and during that time had only two raw eggs and a soda biscuit. Now, however, he said there is no lack of food in the city.

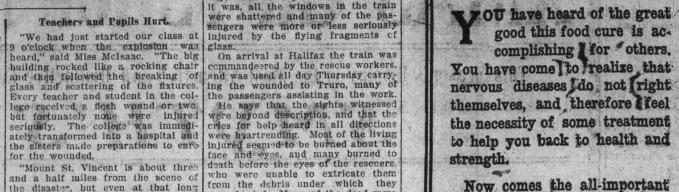
Under Martial Law.

Halifax has been placed under man suffering were recounted. Women tial law and good order prevails. Contrary to the idea prevailing in Syd-ney of the accident being caused by a collision, Mr. Coleman says that the great ship, which, for some reason or other had been hauled up to the dock. caught fire from some unknown cause, and when it was found that the fire department was unable to get the blaze under control volunteers were on the streets, near broken telepl called for to take the ship out be poles, while little children were roam yond the danger zone and sink her. ing about the streets with streaming from their wounds. Men were not lacking for the tertask, and she left the dock with suffering of the people was terrible a crew of four on board. As the burnand many were seen with their eyes ing ship moved out a small Belgian relief ship collided with her ramming blown out and otherwise disfigured. The cold weather added to the suffera hole in her side which opened the oil tanks making her removal utterly. ing of those injured, and men and women worked with seemingly tireimpossible. If by any chance the ex-plosion had occurred while the ship was in the middle of the basin the bour entire fortifications would have been

destroyed. Regarding himself Mr. Coleman said "There isn't a bit of window glass that had he not been awake all Wedleft in the city. At the Mount the wounded are being cared for by the sisters, but even there the cold has nesday night with toothache and selpt late in the morning he would un-doubtedly have been numbered with caused a great deal of suffering. The the dead as his intention was to keep an appointment at the North Street rooms were crowded with wounded ion at 8.30 on Thursday morning.

of Her Experiences.

SIGHTS IN HALIFAX AFTER DIS-ASTER. A gentleman who just returned from llifax told the Sydney Post the following graphic story of the sights af-ter the awful disaster: ter the awful disaster: The train from Sydney was delayed waiting for the maritime express from Halifax and consequently was at Rockingham, some miles outside the city, when the explosion occurred. As it was, all the windows in the train were shattered and many of the pas-sengers were more or less seriously injured by the fiving fragments of



"Mount St. Vincent is about three who were unable to extricate ther and a half miles from the scene of from the debris under which they the disaster, but even at that long range the building suffered from the were buried. Many of the dead wer disfigured beyond recognition. To add explosion. The roof remained intact to the horror, the magazine at Well-ington Barracks exploded, killing which was a fortunate thing indeed, as practically every other emergency many soldiers who were quartered hospital in Halifax is roofless and without a pane of glass. The weather there

yesterday was cold and sharp and the WIFE AND BABY OF FORMER LOinjured people suffered terribly from CAL PASTOR KILLED. the exposure. Of course in many sec Mrs. W. J. W. Swetnam, wife of tions the fre was raging and made

onditions terrible in the extreme." Walked Over Dead Bodies.

Cold Caused Suffering.

Th

Rev. Mr. Swetnam, formerly pastor of Victoria Methodist Church at Whitney ier, and later the pastor of the "Many who arrived at the Mount Methodist Church at Glace Bay, it with the injured told us they had to walk over dead bodies lying in the listed among those killed in yester-day's catastrophe at Halifax. Her instreets, and many terrible stories of fant child is also reported to have

been killed. and children were brought to the Mrs. Swetnam was the daughter of Mount badly lacerated, and one little Rev. John Astbury, a well known Methodist clergyman of this prov-ince. She was married to Mr. Swetbaby died in my arms soon after reach-ing our school. The wounded were transferred from the street to the during his term as pastor at Glace Bay, and lived there for several emergency hospitals in dump carts, years. Her husband is now the pastor of Kaye Street Methodist Church in delivery waggons, automobiles and every conceivable means of convey-ance. Wounded could be seen lying Halifax

BURNING MONEY.

It isn't what we earn that counts; it's what we put away. I took in coin in vast and the los amounts, ere I

coin is growing on the trees, 'and WALT MASON I can shake it down." On Satur-

health, when wiser lads grew flush. I gayly threw away my wealth,



Mrs. C. French, 194 Lansdowne street, Peterboro', Ont., writes : "I was troubled with nervousness, sleeplessness, frequent headaches and indigestion. For many years I was troubled with a twitching or fidgety feeling about my limbs after re-tiring couping me much loss of sleep. If tiring, causing me much loss of sleep. If wakened out of my first sleep, even had I been asleep only five minutes, I would lie awake for hours and could not get to sleep again. Any sudden noise or a door slamming would set my nerves going, and I would fear that something dreadand I would lear that something dread-ful was going to happen. I had tried different remedies for this trouble, but without success. A friend asked me one day why I didn't try Dr. Chase's Nerve Food, so I thought I could at least give it a trial, I secured, some, and com-menced using them, and found they bene-ted me so much that I have taken fully fited me so much that I have taken fully a dozen boxes. My nervousness or fidgety feeling in the limbs is entirely cured. I can now eat and sleep well. I can recommend Dr. Chase's Nerve Food strongly, and would advise anyone suf-fering from nervous trouble of any kind to use them according to directions."

It will cure nervous headaches by removing the cause. It will strengthen the action of the heart.

It will correct the weakness and inactivity of the digestive organs.

It will restore energy, ambition and confidence.

It will prevent the development of nervous prostration, paralysis and locomotor ataxia.

Why not put Dr. Chase's Nerve Food to the test? We know that the formula is right. We have proven to you by thousands of reports from cured ones that this treatment positively effects cure, even in the most complicated cases.

We cannot do more. It remains for you to make the test. You have everything to gain by using this building-up treatment, for it cannot fail to be of at least

some benefit to you. to use them according to directi Dr. Chase's Nerve Food 50 cents a box, a full treatment of 6 boxes for \$2.75, at all dealers, or Edmanson, Bates & Co., Limited, Toronto. Do not be talked into accepting a substitute. Imitations only disappoint. AL HELTER SHT



the course of informal converbetween Russian and German gates the following terms wer cated by the latter as likely t part of any German Pour P First, Germany to obtain for years' control of the Russian market enabling her to satisf her requirements: Second the tation into Russia of all C goods duty free; Third, no t now occupied by German troops surrendered. Unconfirmed reports state Japanese troops are in cont great quantities of supplies p at Vladivostock for the Russia

ON THE BRITISH FRON

ernment

LONDON, D (Via Reuter's Ottawa A Reuter's correspondent on the front reports that the Angle troops have occupied assign tions on the front line of th battlefront. The Montello which the British now strong extend for ten miles and are in a curve formed by the Piav debouches from the mountain ward. The Montello regio mands thirty miles of the V the Piave; it overlooks the t roads by which the enemy invade this section of the The Piave itself forms the la wark against the enemy making scent on from Montegrapha. Reuter's correspondent on ish front reports probably t important news this morning fact that a spell of wet and threatened. This would ma German positions before more than miserable and would justify the recent British with It is not unlikely, therefore, disputed ground will eventua come a great wide belt of No Land. The enemy may have perience of throwing men again Von Hindenburg line. On the retreat all guns and material withdrawn and all bridges o canal were destroyed. There only one casualty. in evacuati Bourlon Wood.



WAR AIMS UNCHANGED LONDON, Dec

(Via Reuter's Ottawa Agenc the course of a speech at Bedfo Hon, Winston Churchill, Mini Munitions, after frankly dealing the present unfavorable war sit said this was entirely due to t that Russia had been thoroughl en by German intrigue and go less than German steel. Thi robbed the Allies of their prize almost within their grasp. We not be beaten by perils and suffe we have not deserved, he de amid loud cheers. Our aims a actly what they were in August, when Belgium was invaded. W not increased our aims and w not diminish them one jot. The never been a moment during th when patriotic men had less than the present for being mis sophistries and dangerous co Our sole aim is that the perpet of these innumerable crimes sha profit thereby and emerge st than before. That is Asquith's Lloyd George's and Wilson's wa and I cannot conceive of any tion arising whereby the war prolonged one unnecessary day through the question of ter gain. We are not fighting for or revenge, the British Empir be satisfied when Prussian mili is unmistakably beaten and the people saved from mili and its evil spell.

THE DOMINIONS AND BRIT LONDON, Dec (Via Reuter's Ottawa Agen The newspapers give much p