been, but we will take courage, and with fidelity and faith we will press forward and march steadily on. We will live make to-morrow better than to-day, will keep our tools bright by usage. We will live dolence and discontent we will lay aside. Like Daniel we will have a purpose true, and by obedience, unselfishness, and love and by obedience, unselfishness, and love we will follow Jesus. Every good thing, every noble thing must be won. The road may be steep and hard, but our Master is able to help us over every dif-ficulty. Sometimes it may run amidst sweet flowers. Jesus said, "Be of good cheer, I have overcome the world." "In all these things we are more than con-querors through him that loved us."

SHINING FOR JESUS. (Air: "Jesus Loves Me.") Like the little stars above, For our Saviour we would shine, Borrowing our golden light From His presence all divine.

CHORUS

Shining for Jesus, Shining for Jesus, Shining for Jesus, Because He bids us shine.

In the beautiful blue sky, Glow the tender stars above; , Lo, we Christian children shine In the sky of God's deep love

JAN. 12.-BIBLE B'S (Bible Reading). Eph. 5: 1.

(The old illustration of a bee hive and swarm of bees may be drawn by the super-intendent before the meeting.)

Last summer I watched a man get a swarm of bees. Can anyone tell me how he did it? He wanted the bees for their honey, of course, and was willing to go to some trouble and to suffer some pain, per-haps, in order to get the swarm.

It is difficult to get a swarm of Bible "Be's," too, but they will fill our lives and the lives of others with sweetness that is better than honey. How can we get a swarm of Bible "Be's"? We must hunt up the verses and learn them, but is that really getting them for one's own? must try each day to really be what the verses say, and then we shall have their sweetness in our lives, and all our friends will taste this sweetness, too.
(Let the leader call for these verses in

order and write the thought of each on the hoard )

the board.)

Be contented (Heb. 13; 5b); glad (Psa. 32: 11); humble (Rom. 12;16); holy (1 Pet. 1: 15; diligent (Eph. 6:6; Rom. 12: 11); kind (Eph. 4: 32, Rom. 12: 16; courageous (Job. 1: 7; conquerors of evil (Rom. 12: 21). Other verses may be added.

We can try to be all that the Bible holds

CONTENTED.
GLAD.
HUMBLE.
HOLY.
DILIGENT.
KIND. COURAGEOUS. CONQUERORS.

up to us as our ideal. Of course we can't be perfect all at once, but the apostle John encourages us by telling us what we "shall be." (1 John 3: 2). Is it not a wonderful promise that we shall be like Him?-Epworth Herald.

What is the thought of Christmas? What is the hope of Christmas? Living. What is the joy of Christmas?

Love. No silver or gold is needed for giving, If the heart is filled with Christmas

For the hope of the world is kindly living, Learned from the joy of God above. -Laura Hooker.

## To the Epworth Leaguers of the London Conference

From the 5th Vice-President of the Conference

DEAR FELLOW-LEAGUERS:

Another year has almost gone into ernity. What have you and I accomplished for Christ during that time? there one person who is the better be-cause of our lives? Is there one person who is worse because of us? Have we let God use us to bring at least one soulman, woman, girl or boy-to Christ? believe these are questions we should look square in the face and answer before the busy season starts. Let us take stock of

the past year.

Could we not apply these questions to our Junior work as well? Have our Junior Leaguers increased in spiritual life, in missionary zeal, in Bible knowledge, in numbers and sociability? Oh, let me beseech those of you who have care of the Juniors, to lead them along spiritual lines. Get the little ones to realize God is near them, an ever-present Get them to ask Jesus about everything they do. Teach the spirit of prayer and communion. Give them such a strong foundation that no unfriendly criticism will ever shake them in after years. They will never forsake what they have experienced. Superintendents! never forget your great responsibility—that word means our response to God's ability and we know His ability has no limit. Let us, then, respond to it, for with us rests the moulding of many a life for God. Blessed opportunity! how we should grasp it.

I am afraid the 5th Vice-Presidents of the different districts and the local Leagues have failed to reach the stand-So often I receive ard this past year. word that in such and such a place there are lots of Juniors but no leaders, or that there is no possibility of a Junior League; but I believe in almost every place where there is a Senior Epworth League there should be a Junior. Our leaders sometimes complain that our Ep worth Leagues are failing to reach the aim they started out with, and why Because there are no Junior Leagues to put trained workers in the Senior. I have yet to find a dead Senior League where there has been a good wide-awake Junior League for five or six years. Juniors must be trained to become

Will you not bestir yourselves? Find a leader, organize a Junior League, if only of twelve members. You say, "We have no leader." Well, then, organize it Well, then, organize it and lead it yourself. If you don't know how, learn through experience. Take some person in to help you, and together you can make it a success. You "can't?" Oh, but you can! Paul says, "I can do all things through Christ who strengtheneth me." And I do not believe Paul would have let any obstacle keep him from doing his duty, and neither should

Now, just a word to the 5th Vice-Presidents of the different districts. Will you please write me the number and condi-tion of your Leagues? How many Junior How many Junior tion of your Leagues: How many Junior Leagues have you visited during your term of office? Are you keeping in touch with each Junior League in your dis-trict? I sincerely hope you are. It is the only way to keep the Societies going. Could you not plan a District Conven-tion for your Juniors? The Chatham District had one last year, and it was a decided success. I would be glad to give you any help, if you will request it.

I would like to write a few words to the Superintendents of the local Leagues in this Conference. What plans have you

for the Christmas? Even though it is a busy time, do you not think our Juniors should be trained to look on Christmas as a time of giving because it is Christ's birthday that "whatsoever ye do in my name, ye do it unto me," and if the Juniors were made to feel that every gift or little Christmas cheer they gave to another, they were giving it to Christ, do you think it would be a good plan? Will ou not put forth an effort to do this? It may only be five cents a member; it may only be a song sung, a prayer offered, a little flower given; but all in Christ's name—yet what an influence on the child's life! Will you write me tell-Will you write me tellthe child's life! Will you write me ten-ing your plans for the Christmas week? Let our Junior Leagues of this Confer-ence stand out for unselfishness this Christmas.

Our own League here has just finished a contest, but instead of the usual entertaining, the losing side, with Fay Anderson as captain, are getting up a little informal concert. During the concert there will be fifteen minutes' intermission, in which the losing side will pass around home-made candy. We will charge no fee, but will have at the door the collection plate, and every junior and visitor will be asked to give a free-will offering of whatever they like. We will use this money, if enough, to buy a piece furniture for the Children's Shelter; if not enough, will use it in giving cheer to someone. Besides this, I expect them to send a box to the Deaconess Home in Toronto. This means work, but it is better than spending it all on self, and I do want my Juniors to be unselfish. Last want my juniors to be dischist. Last, Sunday, in our thanksgiving service, about a dozen Juniors told what they were thankful for. And I was so pleased were thankful for. And I was so pleased none gave a selfish answer. It was either for "care of God," for "parents," for "nature," for "Junior League," for "life," or for "Christian leaders," etc., and so, while trying to plant the seeds in their lives, they teach us many a lesson.

Will you not as superintendents con trive some such plan for your Juniors? If you have no poor in your town or county perhaps you have a lonely person, a shut-in, or an aged one. Could not your Juniors take some little cheer to them, sing and pray with them, do up their work, or in some way make Christ-mas brighter? If you cannot do this, let them plan to send a bag or box of toys or clothing or picture books to the Deaconess Homes, Children's Shelters, Old Folks' Homes. There are plenty of these all over our Conference.

In closing let me send you my heartiest greetings for the Christmastide and my best wishes for the New Year, trusting we may work harder than we have this year. I have only one more year from now to put in this Conference work. Will you please help me to make this my fourth and last year the best of the four? I cannot do anything without your cooperation. As a Christmas favor I would like each of you who reads this letter to write me about the work. Will you, please? Let us aim for twenty more Junior Leagues this year. Can we reach that? Yes, if you will be your part. Will you? Praying for a deeper spiritual life amongst ourselves as well as our Juniors, I remain, your freind,

> (Mrs.) L. R. NOXELL 50 Joseph St., Chatham, Ont.

SHOW THIS PAPER TO YOUR FRIENDS.