

AN AID TO HAPPINESS.

ONE or two sombre writers have said that we have no business to be happy. That to expect happiness is an impertinence. That we are here for work and duties and trial, but not happiness. And yet the heart cries out for happiness. The feeling is universal, and this attests its divine implanting. And we might all be happy but for—something. Perhaps it was that apple in the first place; perhaps it was, subsequently, too much beefsteak; perhaps bad economic conditions which imposed burdens upon the many while the few escaped.

Anyway, we have been pursuing happiness under difficulties. We are not as strong as we ought to be. We should never have a sick headache, if we had begun right. As a fact, a great many evils cling to us, and we have been trying all these generations to get rid of them.

Sometimes we feel weak and languid. We have lost our appetite. We get pale and thin. We have serious duties to perform, but we seem as if we had no energy.

This is a common symptom. It may not mean a great deal at the time. But, neglected, the system is rendered susceptible to any form of disease which may be endemic.

The work of the world must be done, and to do it properly we must be strong and well.

When you are run down; when you feel as if it did not matter a great deal whether you won first place or not in the race, try a bottle of Dr. Howard's Quinine Wine. In the making of this famous preparation Dr. Howard was just thinking of your case. No use to tell you of the valuable properties of quinine. It is employed for a variety of purposes. Its effect is to give tone and strength. In the form of Dr. Howard's Quinine Wine it has proved a blessing to many poor, listless creatures, who just needed this splendid bracer.

The loss of appetite is more to be dreaded than the loss of fortune.

What joy when you feel a relish with your food, when the tit-bits appeal with

a fresh zest to sensations which appeared to have been dulled!

Dr. Howard's Quinine Wine restores lost appetite, gives life a new seasoning, brightens the eye, so that it will see new beauties in God's beautiful world, puts a new feeling of buoyancy in the heart, which comes with the consciousness of returning strength.

The central idea of modern medical science is prevention of disease. Effort used to be concentrated upon curing; now we think it more worthy to prevent. And Dr. Howard's Quinine Wine prevents disease, by warding it off, through the strength and firmness and elasticity which it imparts to the system.

It aids digestion, and a good digestion is better than riches or power. With a good digestion a man can conquer the world. At least, he can conquer as much as he wants and be happy.

Dr. Howard's Quinine Wine is a remedy for sleeplessness. It wards off fever and ague; it soothes the nervous state; it, in fine, so tones and renews the system that the weaknesses and susceptibilities of a debilitated constitution take flight and a new strength and wholesomeness are given which fortify against all the affections to which weakened and run down systems are liable.

Have a bottle of Dr. Howard's Quinine Wine in the house. Use it for nervous affections, for twitching, for impaired digestion, for loss of appetite, for that "all gone" feeling, which expressively sums up an acute state of debilitation which it is the function of Dr. Howard's Quinine Wine to remove.

Dr. Howard's Quinine Wine will, under any circumstances, do good. Quinine is one of the most valuable medicines in the pharmacopœia. Used properly it accomplishes wonders in the building up of the system. Used as it is used in Dr. Howard's formula, it is an indispensable friend in the home, which will always bless and comfort and build up the wasted body, in which a listless spirit languishes.

And all this means that Dr. Howard's Quinine Wine is an aid to happiness.

TURKISH DYES MAINTAIN THEIR SUPERIORITY.