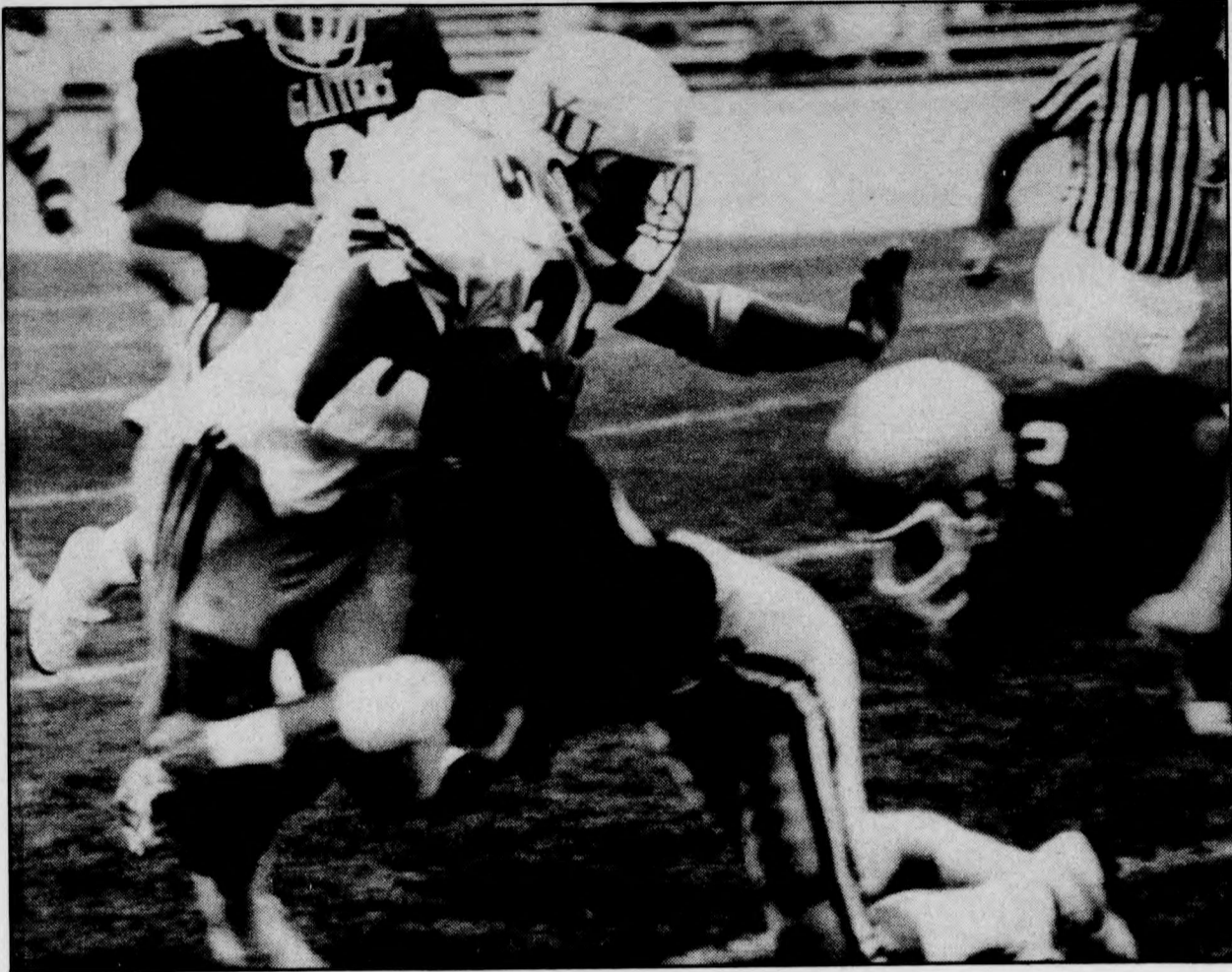


SPORTS



OOFF!! Yeoman Mark Chapman is tackled by a Bishop Gaiter. The Yeomen and the Gaiters tied at 17. York plays the Gryphons this Saturday at Guelph.

formula and the right quarterback. Paul Farrell and Lorin Brady went through a revolving door on the sidelines in hopes of generating more offensive punch.

It never happened. But the way the OUAA is set up, a team doesn't have to score a lot of points in order to win a game — not if they have a good defence, which is what the Yeomen possess. Sean Foudy provides stability in the secondary, Lou Taffo secures the defensive line and Frank Paradiso guides the linebackers.

The questions remain with the offence, where they have resided for several years. This year either Paul Farrell or Lorin Brady will have to step forward and lead the Yeomen if they plan to be contenders. Coach Wirkowski doesn't know who will lead.

"I thought on the whole, defensively we did a hell of a job."

"I don't know if we'll have a starting quarterback this season because they're both diamonds. They have very little experience and they're going to require a heck of a lot of help," explained Wirkowski.

They may not have the experience now, but by the end of the year either they'll never play football again or they'll be two of the best quarterbacks in the league.

This Saturday afternoon the Yeomen travel to Guelph to take on the Gryphons, whom they defeated in last year's opener. These are the same Gryphons — not much has changed with them, which gives York an advantage.

"We're going to try and get rid of all those fifteen yard penalties and all those little things that used to gnaw at us at one time," said Wirkowski. "We'd like to go in and play a disciplined ball game."

After Guelph, the Yeomen will return home to host the Laurier Golden Hawks.

Blood doping a health risk

By PIPPA B. WYSONG

Athletes who try to improve their performance by injecting themselves with blood are putting their health at risk, according to researchers at York University.

Dean Cox, a graduate student in York's athletics department, says the injection of blood — called blood doping or blood boosting — can give an athlete a competitive edge by increasing the amount of oxygen carried in the blood to the muscles, thus prolonging their performance.

To do blood doping, about 750 to 1000 millilitres (nearly a litre) of blood must be taken from the athlete prior to competition and stored. Although the body immediately starts to make new blood to replace what was removed, it takes about six to eight weeks for the athlete's body to replace the full amount.

At the time of competition, the blood that was removed is taken from storage and reinjected.

"This procedure 'boosts' or increases the amount of oxygen that the athletes carry because they now have more red blood cells," Cox says. Red blood cells carry the oxygen through the body.

Blood boosting is used primarily by athletes who participate in endurance sports, such as middle and long distance runners and cyclists. A Scandinavian study reported that a runner took about 23 seconds off his time through blood doping, Cox says.

Dangers arise from the technique because athletes don't always follow safe medical procedures. Some, for instance, may try using somebody else's blood. "Maybe the person has a communicable disease that you're unaware of," Cox says.

For example, in 1984 three US Olympic cyclists who used blood doping in order to get an 'edge' developed flu symptoms 36 hours after receiving infected blood and weren't able to compete. Using blood that is

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Yeomen tie strong Bishop's

By KARIM HAJEE

Call it a day of sputtering offenses. The York Yeomen football team played host to the nationally second-ranked Bishop Gaiters, and produced a 17-17 tie in the only pre-season contest for both teams.

Bishops lit up the scoreboard in the first quarter when rookie Yeomen quarterback Lorin Brady was brought down in his own end zone, resulting in a two point Gaiter safety. They later added a field goal to make it 5-0. The Gaiters' inability to capitalize on scoring opportunities in the first half would cost them as the

Yeomen came back to take a 10-5 lead.

Bishops cut the lead to three points when York conceded a safety on a third down punt. The Yeomen increased their lead to 10 points on a Mike Petro touchdown, but Bishops refused to give up. A 109 yard pass and run play by Steve Zatylnas cut the Yeoman lead to three points, and a late field goal tied the game at 17.

A 17-17 tie against powerful Bishops by a team composed of rookies and sophomores is impressive. However, there are still a number of items the Yeomen will have to take

care of before their season opener against Guelph — particularly their offence.

"Offensively we didn't do too much," said head coach Nobby Wirkowski. "However, against Guelph we'll have more things ready and more precise things ready."

"I thought on the whole, defensively we did a hell of a job. Offensively we were sporadic," he added.

This year's Yeomen are one of the youngest groups ever assembled and already appear to be more disciplined than last year's team. Wirkowski is still looking for the right

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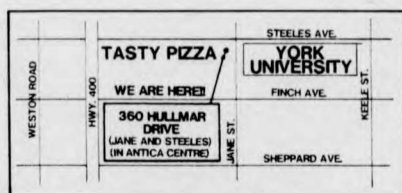
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