

authorities from where the captain has sailed. Any delay, any inaccuracy, demands explanation and proofs. In these times movements on the great waters must be above any suspicion, and the slightest evasion renders vessel and captain suspects.

Then her cargo lists have to be scrutinised. Illegible scrawls, often with extraordinary abbreviations, foreign weights and measures, and statements drawn up in the technical terms of commerce. Every line contains a snare, and a score of special technical dictionaries could not reveal the traps and pitfalls. Most carefully the boarding officer considers, unravels, and interprets these hieroglyphics, and, from a certain notation list kept up-to-date, he runs over the lists of senders, of consignees known to be favorable to the enemy, and makes certain their names do not appear on the bills of lading. Every vessel poses a fresh problem. Certain goods are pass, others under certain conditions, and some are lawful prizes.

But the preventive men of the Royal Navy are as sharp as the sharpest neutral ever running contraband. Cargo that is non-contraband on the manifest may be wholly other when inspected. So the Swede or other is requested to uncover his hatches. Then the innocent onions have been found to consist of solid rubber cunningly disguised, bagfuls of beans of the finest Para, too, ploughshares of copper, and so on; for many are the very ingenious devices of the blockade-runners. Strange things are found in the holds of professedly innocent neutrals by the preventive men, hidden away sometimes under the so-called ballast. Then the vessel conveying the contraband, or that has aroused sharp suspicion, is forthwith detained, to find herself duly taken into some secluded and crowded base, where, before the war, seldom was a merchant steamer ever seen.

Once again, then, the stores that the enemy are so hard pushed for, and seek to get at any price, fall into the maw of the naval constrictor. The tightening coils of the Allies' naval forces have slowly squeezed Germany and her dupes to the final defeat.

When, however, the "search" is a neutral liner, after her papers and cargo have been overhauled, the passengers are examined, having been drawn up in two or more lines, their passports and other identification papers in their hands. But what the boarding officer relies upon more than any passport or other voucher of nationality, is the touchstone of speech. A few words in a sentence or two reveal many secrets to his expert ears; and hesitation accuses when the deed of nationality appears to clear its owner. He puts embarrassing questions pointblank, varying the style of them, never enters into discussion, but passes a silent, instantaneous decision, and proceeds to examine the next passenger. He is fully aware of the kodaks clicking, and of the personal comments about him, but is heedless of it all.

Though incisive as he is decisive, the boarding officer, who in the case of a "liner" search is a fluent linguist, remains ever urbanely polite. He keeps in mind that all his audience are on the keen lookout for any cause which will afford them grounds of complaint to their own government.

If suspicion does arise concerning one of the passengers, the boarding officer goes escorted down to the particular cabin, if necessary, and everything is examined. His suspicions verified, he forthwith arrests the individual, and has him transferred to the boat, bag and baggage.

It is noteworthy with reference to sharpness of the boarding officers that one of the most important captures of most important spies was due to the fact that the German, though speaking true American, appeared to the British officer to wear his eyeglasses in an awkward manner. Search below confirmed the lieutenant's suspicions.

When the affair of the "suspect" is ended, the boarding officer enters in the ship's log the formalities necessary, writes down a statement of all taking place, exonerates the captain, and signs this deposition which eventually goes

through official hands. Then, perhaps, discreet words. Ten minutes later the neutral is holding onward, the sea-boat is pulling for her ship, and the prisoner is silently raging at the cuteness of the

stolid British officer sitting in the stern-sheets.

And so the stranglehold of the naval constrictor does its work.

Candy a Splendid Food

One of the most attractive forms in which food can be eaten—is candy.

Candy is composed principally of sugar, nuts, fruits, some fats such as butter, and chocolate.

All these ingredients are recognized by eminent medical authorities as food products, which the system craves and demands.

Let us examine their food values separately.

We all know that sugar is a body-building essential; about one-quarter pound of sugar being required by an adult every twenty-four hours.

Nuts and fruits yield a high percentage of nutritious materials.

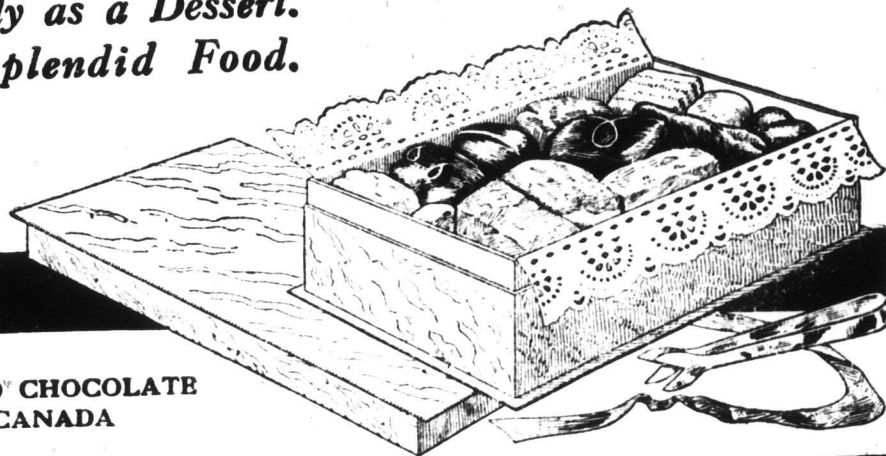
Fats supply the bodily fuel and should be used in every dietary.

Chocolate is a delightful stimulant, especially valuable in restoring energy.

Combine these ingredients and are they not still food?—satisfying, nutritious, essential and in a most delightful and properly balanced form.

Eat more candy. Candy is beneficial to all and harmful to none.

*Serve Candy as a Dessert.
It Is a Splendid Food.*



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