

January, 1905.

The Well Groomed Girl.

The "clean looking" girl is the most popular type of beauty to-day. The time when the studied carelessness of a straying curl, a sunburned nose and picturesque fussiness were considered attractive has passed. It is the girl whose locks shine as though they had been polished, whose wavy hair curls with absolute exactitude, whose healthy skin seems to glow, whose collars look as though they had just stepped out of the laundry, whose hat is on perfectly straight, whose boots shine, whose gloves are whole and unscrubbed and whose dainty self looks as though she had just emerged from the tub and been dressed, that modern men admire. Picturesque sloppiness went out of fashion with trailing street skirts and fussy silk petticoats. Not even a faded bunch of violets or a half withered chrysanthemum must mar the freshness of the well-groomed girl's toilet.

To-day we dress for the street in a way to make ourselves "stay together." If a high wind should blow us awry or a mud puddle should damage our boots or a misdirected parasol should entangle itself in our hair it is only a step to the dressing room of some shop where we may take forth from our vanity bags a comb and a powder puff, a needle, a button or a cloth and repair the damage.

One of the secrets of the modern girl's perfection is the keeping of a perfectly clean dressing table. A soiled comb, a passe powder puff or a broken nail file can do as much damage to one's appearance as a dusty frock. Besides, soiled combs, brushes and other toilet articles are unhealthy for skin and hair. They not only leave traces of untidiness, but they endanger the pores.

Few women know how and few take the trouble to clean a comb and brush properly. A hair brush should be washed in a clean solution of water and ammonia and set to dry in an open window with the bristles pointing downward. This allows the water to run off the bristles instead of soaking into the back of the brush. Cleaning a comb is a more difficult process. Every tooth, fine and large, should be scraped and washed separately. There is a new device for cleaning combs. It is a rubber strip containing fine holes, through which the teeth of the comb are passed. The rubber strip is then pressed back over the handle. When it is removed, it presses and scrapes every particle of dirt off each tooth. In a single moment the whole comb is perfectly cleaned. Women who have dandruff

will find that it will gradually disappear if both scalp and comb are kept perfectly clean.

The man who has a talkative wife will be delighted with the new device for keeping the feminine mouth closed. It is nothing more nor less than a gauze chin strap which is passed under the chin and tied with ribbon ties on top of the head. Unfortunately for the unhappy Benedict, however, it is only to be worn at night.

It is supposed to serve three purposes—to keep the chin in shape and preserve its youthful lines, to make the sleeper breathe through the nose and to cure her of the unbecoming and unhealthy habit of sleeping with the mouth open.

The most disenchanting thing about the society girl is that droopy "next-morning" expression which constantly dims and darkens her eyes during the gay season. She can freshen up her complexion and keep her figure erect and buoyant by baths and exercise, but after a few weeks of constant going her eyes have a tired look that is anything but beautiful.

A girl with this tired look shows all of her age and a great deal more. The only thing that can be done for it, however, is to rest the eyes whenever possible. When driving from place to place make a practice of closing them, not tightly and with tension, but gently and comfortably. Occasionally bathe them in hamamelis. Wet two small wads of cotton with the liquid, bathe the eyes and place the wads on the lids. Tie a dark green or black silk handkerchief loosely across them. After they begin to feel cool and rested, massage the lids gently with a pure cold cream. If there are dark lines beneath them, powder the lids and flesh beneath thoroughly and wash the powder out of brows and lashes with rose water. When going out in the evening, rouge the lids slightly.

Nothing is so essential to the retention of that youthful, brilliant look as the care of the eyes. Above all, never cry. Nothing is worth it.

Notes About Nature.

The number of leaves on a large sixty-foot-high oak tree has been counted and found to exceed 6,000,000.

A French scientist declares that he has been able to stimulate the growth of plants by applying glucose or glycine to the roots.

Lightning, when it strikes a tree, sometimes converts the sap into steam with such energy that it explodes, scattering the wood in every direction.

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crosses with peaches and nectarines, and the plumcot is a new fruit obtained by breeding the Japanese plum and the common apricot.

A caterpillar in the course of a month will devour 6,000 times its own weight in food. It will take an average man three months before he eats a quantity of food equal to his own weight.

Fruit breeders have produced many marvels, but nothing quite akin to the unaided performance of a tree in Forfarshire, Scotland, which last year grew apples, and whose branches were this year laden with pears. There are more than 500 different standard kinds of apples on the English market and more than 800 different kinds of pears, but a tree with an alternating crop of apples and pears is an unaccountable oddity.

Out of 4,200 species of plants gathered in Europe for commercial purposes, one-tenth have a pleasing perfume and are used in the manufacture of scents and soaps. The color of 1,124 species is white, 187 having a perfume; 951 are yellow, 77 with a scent; 823 are red, 594 blue and 3,208 violet, the number of these having a pleasant odor being 84, 34 and 13 respectively.



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